

HHS Public Access

Author manuscript Occup Environ Med. Author manuscript; available in PMC 2021 October 01.

Published in final edited form as:

Occup Environ Med. 2020 October; 77(10): 706-712. doi:10.1136/oemed-2020-106445.

Exposure-response assessment of cancer mortality in styreneexposed boatbuilders

Robert D. Daniels^{1,*}, Stephen J. Bertke²

¹Division of Science Integration (DSI), National Institute for Occupational Safety and Health (NIOSH), Cincinnati, OH, USA

²Division of Field Studies and Engineering (DFSE), NIOSH, Cincinnati, OH, USA

Abstract

Objectives—To improve exposure estimates and reexamine exposure-response relationships between cumulative styrene exposure and cancer mortality in a previously studied cohort of U.S. boatbuilders exposed between 1959 and 1978 and followed through 2016.

Methods—Cumulative styrene exposure was estimated from work assignments and air-sampling data. Exposure-response relationships between styrene and select cancers were examined in Cox proportional hazards models matched on attained age, sex, race, birth cohort, and employment duration. Models adjusted for socioeconomic status (SES). Exposures were lagged 10-years or by a period maximizing the likelihood. Hazard ratios (HRs) included 95% profile-likelihood confidence intervals (CIs). Actuarial methods were used to estimate the styrene exposure corresponding to 10^{-4} extra lifetime risk.

Results—The cohort (n = 5,163) contributed 201,951 person-years. Exposures were rightskewed, with mean and median of 31 and 5.7 ppm-years, respectively. Positive, monotonic exposure-response associations were evident for leukemia (HR at 50 ppm-years styrene = 1.46; 95% CI: 1.04 to 1.97) and bladder cancer (HR at 50 ppm-years styrene = 1.64; 95% CI: 1.14 to 2.33). There was no evidence of confounding by SES. A working lifetime exposure to 0.05 ppm styrene corresponded to one extra leukemia death per 10,000 workers.

^{*}Corresponding author: Robert Daniels (CDC/NIOSH/DSI), 1090 Tusculum Avenue, Mailstop C-15, Cincinnati, OH 45226. rtd2@cdc.gov; Phone: (513) 533-8329; Fax: (513) 533-8224.

CONTRIBUTORS

Data collection was accomplished by contributors to previous studies, including RDD and SJB. RDD and SJB participated in design, analysis, and manuscript development. Both authors participated in the interpretation and presentation of results and have read and approved the final manuscript.

COMPETING INTERESTS

There are no competing interests for any author.

Institution and Ethics approval and informed consent: This work was conducted at the National Institute for Occupational Safety and Health, which is part of the Centers for Disease Control and Prevention (CDC) under the United States Department of Health and Human Services. The research was approved by the NIOSH Human Subjects Review Board.

Study data availability: Study data are maintained by the National Institute for Occupational Safety and Health (NIOSH) of the Centers for Disease Control and Prevention (CDC) according to the Privacy Act System Notice 09–20-0147. Some data are protected by an Assurance of Confidentiality authorized under Section 308(d) of the Public Health Service Act (42 U.S.C. 242m). Data may be accessible upon reasonable requests meeting the provisions of these protections and CDC data sharing policies made to NIOSH, via the corresponding author.

DISCLAIMER: The findings and conclusions in this report are those of the authors and do not necessarily represent the views of the National Institute for Occupational Safety and Health.

Conclusions—The study contributes evidence of exposure-response associations between cumulative styrene exposure and cancer. Simple risk projections at current exposure levels indicate a need for formal risk assessment. Future recommendations on worker protection would benefit from additional research clarifying cancer risks from styrene exposure.

BACKGROUND

This study extends analysis of a cohort of U.S. boatbuilders in Washington State exposed to styrene and followed from 1959 through 2016.[1] The previous study found evidence of an exposure-response between employment duration (a proxy for styrene exposure) and leukemia mortality. The current study introduces new exposure assessment information, including estimates of individual cumulative styrene exposures, and improved exposure-response modeling for leukemia and other cancers of *a priori* interest.

Styrene is a high production chemical that is widely used to manufacture polystyrene plastics and resins. U.S. production is about 5 million metric tons per year, employing about 128,000 U.S. workers.[2] The primary route of occupational exposure is inhalation, although styrene is readily absorbed through skin. Among multiple styrene uses, the reinforced plastics and composites (RPC) industry is of particular interest for epidemiologic study, especially those RPC workers involved in manual lay-up and spray operations (e.g., as in fiberglass boatbuilding), given exposures to relatively high levels of styrene in the absence of other occupational carcinogens.[3]

Associations between styrene and cancer have been studied extensively.[3–8] Based on sufficient evidence in animals, but limited evidence in humans, the National Toxicology Program (NTP) identified styrene as reasonably anticipated to be a human carcinogen.[5] Similarly, the International Agency for Research on Cancer (IARC) classified styrene as a probable human carcinogen (Group 2A).[8] In observational studies, modest associations between styrene exposure and cancers of the lymphohematopoietic (LH), respiratory, digestive, and urinary systems occur most often.[1–5, 8–16] Still, uncertainty in animal-to-human extrapolation, inconsistencies across human observational studies, and a general lack of exposure-response information raises questions on styrene carcinogenicity.[7]

METHODS

Study Population

Cohort enumeration and vital status ascertainment were conducted previously.[1, 9, 17] The cohort comprised all workers employed in one of two Washington State boatbuilding facilities between January 1, 1959 and September 31, 1978. Workers without adequate information for planned analysis were excluded (n = 38). Observation was from the date of cohort entry to the earliest of the date of death, date last observed, or study end (December 31, 2016). To reduce exposure misclassification, person-time was truncated at October 1, 1978 + exposure lag, for those workers who were actively employed on that date (~15%), which was the last day of available records for assessing exposure. Vital status was ascertained using data from the National Death Index (NDI), Social Security Administration, Internal Revenue Service, Washington State Department of Motor Vehicles, and a case

location service. Death data were collected from death certificates prior to 1979 and from the NDI hereafter. Mortality from cancers of the LH, digestive, urinary, and respiratory systems was determined from the underlying cause of death, coded by a trained nosologist according to the revision of the International Classification of Diseases (ICD) in effect at the time of death. Data on tobacco use were not available; therefore, patterns of smoking-related solid cancers[18] were examined to assess the potential for confounding by smoking. Outcome definitions are provided in the supplement (Table S-1).

Exposure Assessment

For this cohort, previous studies have relied on limited data to construct proxies for styrene exposure for use in exposure-response assessments, such as employment duration and crude categories of exposure potential.[1,9, 17] The current analysis is the first to make full use of available employment information and exposure measurement data to construct a job-exposure matrix describing career cumulative exposures for each worker as a continuous variable that accounted for changes in exposure potential over time.

The exposure assessment was conducted by exposure scientists blinded to case status. Work history information for each worker was abstracted and coded into a relational database. Samples of records were periodically recoded and compared to the database for quality control. These records (n = 9731) comprised job titles and department assignments from both plants held throughout a worker's career, including periods of unemployment and other time away from work (e.g., furlough, medical leave, and vacation). This information was linked to exposure data from personal air samples (n = 399) collected in each plant during operations in 1978 that also included job titles, task, and department assignment (Table S-2). [19, 20] Measurements were recorded as 8-hour time-weighted average (TWA) styrene concentrations in parts per million (ppm). General area air-sampling data collected during the same surveys were used in job locations with inadequate personal measurements. For example, personal measurements were not available for office workers; however, general-area air sampling was conducted in some offices.

Expert judgement was used to collapse individual jobs and departments into similar exposure groups (SEGs) by plant (Plant 1, n = 19; Plant 2, n = 13), that were derived from the exposure data (Table S-2). Cumulative exposure (ppm-years) for each worker was expressed as $\sum_{i=1}^{n} C_i D_i$, for exposure groups i = 1, 2, ..., n, exposure duration, D_i , in years, and group-specific mean styrene airborne concentration, C_i , in ppm. Exposures were accrued up to the time of the attained age of the index case, with subtraction of any exposure lag. Exposures were reduced by 50% for supervisors in styrene departments to account for time spent in tasks other than styrene work. No credit was given for respiratory protection, contributions from dermal exposure, or changes in exposure controls over time.

Socioeconomic Status (SES)

Information on job descriptions was used as a surrogate for lifestyle and social class, which are risk factors that may confound the association between styrene exposure and cancer.[21] The first job held by each worker was related to occupation categories listed in the 1980 Classified Index of Industries and Occupation [22]. The first job title was chosen to

represent lifestyle behaviors that may be related to cancer risk (e.g., smoking and alcohol use) that are usually established in adolescence and early adulthood. Socioeconomic status (SES) was determined for each worker using the occupational prestige scale developed by Nakao and Treas, linking first job title to a prestige score.[23] Details on the derivation of these indices are provided elsewhere.[24, 25] Briefly, the prestige score was generated by a national sample of survey respondents who placed job titles into nine "ladder rungs" (bins) representing degrees of social standing. Ratings were then averaged for each occupation across all respondents to form scores ranging from 0 (lowest prestige) to 100 (highest prestige). This approach is thought to be a more precise conceptualization of the relationship between occupation and SES.[21]

Statistical Analysis

All statistical analyses were conducted with SAS[®] software, Version 9.4 (2002–2012).[26] Exposure-response relationships were examined in Cox proportional hazards regression models using methods described by Langholz and Richardson.[27] Modeling was restricted to outcomes with 10 or more deaths. Risk sets (each including an index case and matched controls from all others at risk) matched on race, gender, birthdate (within 5 years), and employment tenure (<1 year and 1 year). Attained age was the timescale. The model form is HR = H(D_{50})/H(D_0) and H(D_i)=exp(βD_i), where the hazard ratio (HR) is the ratio of the hazard rate at a specified exposure $D_{50} = 50$ ppm-years to the rate at null exposure, $D_0 = 0$ ppm-years, and β is the estimated exposure parameter. The specified exposure level is equivalent to 1 working year at the current Recommended Exposure Limit.[28] Exposure was lagged 10 years. Models were fitted by excluding person-time with exposure >500 ppm-years (i.e., "trimmed" at <1% of the right-tail of the cumulative exposure distribution). [29] All model estimates included profile likelihood (PL) 95% confidence intervals to ensure adequate coverage.

Additional analyses were conducted for outcomes in a major category with indication of a positive exposure-response association with styrene. In addition to 0, and 10-year lags, a best-fitted lag was determined with a grid search of a range of lags (2–40 years in 1-year increments) to find the period that maximized the likelihood function. Given imprecision in lag estimates, 90% confidence intervals were calculated. The time since last exposure (TSLE) among cases was examined as another descriptor of potential latency. The shape of the exposure-response curve was examined with restricted cubic spline (RCS) models fitted to the full dataset under the best-fitted lag. The RCS used 3 knots set at 50, 100, and 500 ppm-years to reduce the influence of doses in extremes of the dose distribution. The effect of truncating person-time of active workers was examined using leukemia models without person-time truncation, assuming null exposures to workers beyond October 1, 1978.

The estimate of the leukemia excess relative risk per ppm-year was used to project working lifetime risks in a hypothetical working population exposed to styrene. The model applying dose trimming was preferred, given strong risk attenuation at high doses. A 10-year lag was used for consistency with other studies. Given the potential for the loglinear rate function to overestimate risk at higher exposures, the linear slope of the exposure-response between 0

and 50 ppm-years was used to project risk. Actuarial methods (i.e., life table analyses) were used to account for mortality from competing causes. These methods account for age-specific death rates assuming that the relative risk, conditional on exposure, is independent of age.[30] The model further assumes that increased leukemia risk from styrene is persistent, proportional to cumulative exposure, and the exposure-response is without a threshold. The risk was characterized as the styrene concentration estimated to cause one extra leukemia death per 10,000 workers exposed over a working lifetime, defined as 8-hour shifts, 5 days a week, 50 weeks a year, from age 20 to age 65. Lifetime risk was accrued to age 85 years.

Baseline rates for all-cause mortality and all leukemia (ICD10 C91-C95) were extracted from the CDC Wonder Database (1999–2017) with 5-year age groups of the underlying cause of death for all races and both sexes combined.[31] A second analysis restricted to male baseline rates was also conducted. The life table predicts risks within age intervals that are conditional on survival to each age interval for intervals specified over the working lifetime period. Summation of the conditional probabilities of death in each interval, using baseline disease rates, provides an estimate of the lifetime risk in the unexposed (R_0). Likewise, summing the conditional probabilities calculated from rates adjusted for exposure provides a corresponding risk measure, R_x , in the exposed. These measures were used to calculate lifetime extra risk [i.e., $(R_x - R_0)/(1 - R_0)$].

RESULTS

The study cohort (n = 5,163) was predominately Caucasian (93%) and male (87%). The cohort contributed 175,930 person-years with truncation and 201,951 person-years without. The average age at end of follow-up was 68 years; 46 workers (<1%) were lost to follow-up. The average length of employment was less than 2 years and most (68%) were employed less than 1 year. On average, persons working directly with styrene (n = 1,958) worked fewer years (1.18 years) than other groups combined (1.85 years) (Table 1). Unlagged cumulative exposures were highly positively skewed, with mean and median values of 31 ppm-years and 5.7 ppm-years, respectively (Table 2, Figure S-1).

There was no evidence of excess respiratory or digestive cancers from cumulative exposure (Table 3). Elevated HRs were found for urinary and LH sites in models using the full dataset; however, confidence intervals included unity. Trimming person-time by exposure increased risk estimates, resulting in significantly positive HRs for LH and urinary outcomes at 50 ppm-years styrene, including bladder cancer (HR = 1.64; 95% CI: 1.14 to 2.33) and leukemia (HR = 1.46; 95% CI: 1.04 to 1.97). There were no cases among persons with cumulative exposure 500 ppm-years. There was no evidence of confounding by SES for any outcome. There was no evidence of an association between styrene and smoking-related cancers combined. There was little difference in model estimates without lagging exposure, compared to models assuming a 10-year lag (Table S-3). Leukemia findings were not appreciably changed by including person-time for active workers after 1978 (Table S-4).

Best-fitted lags were longer than 10-years for all outcomes. The longest lags were for non-Hodgkin lymphoma (NHL) and multiple myeloma, which were at the boundary of the grid

search (40 years). The shortest period was for kidney cancer (33 years); however, the 90% CI could not be determined. Median TSLE among cases ranged from 28 years for kidney cancer to 35 years for multiple myeloma. For leukemia, the minimum TSLE was 19.1 years. RCS models provided substantively increased HRs compared to full and trimmed loglinear models (Table 4). Figure 1 shows the plot of the dose-response for bladder cancer (HR at 50 ppm-years = 6.20; 95% CI: 3.93 to 11.83) and leukemia (HR at 50 ppm-years = 4.10; 95% CI: 2.88 to 7.29). The plots were truncated at 150 ppm-years, which is above the 99th percentile of lagged cumulative exposure for both outcomes. The observed exposure-responses indicated a pattern of increasing risk at low exposures, followed by attenuation through attrition of cases at higher exposures. This downward curvature was around 120 ppm-years for bladder cancer and 150 ppm-years for leukemia.

The estimate of leukemia risk under a 10-year lag in trimmed data was selected for projecting risk. The linear slope was 0.0088 per ppm-year, which corresponded to a lifetime extra risk of 10^{-4} following a 45-year continuous exposure to about 0.05 ppm styrene using sex-averaged baseline rates and 0.03 ppm using male only rates.

DISCUSSION

This study reexamines exposure-response patterns between cancer and cumulative styrene exposure in a cohort of U.S. boatbuilders.[1] For this analysis, individual estimates of cumulative styrene exposures were derived from employment records and personal air sampling data not used in previous examinations. The employment records also provided for estimating SES; an unmeasured potential confounder in prior exposure-response assessments. Other strengths include lengthy follow-up and relatively high styrene inhalation exposures without concomitant exposure to other occupational carcinogens. Among cancers of *a priori* interest, positive associations were evident only for leukemia and bladder cancer.

The current study reports a 1.5-fold increase in leukemia risk at 50 ppm-years styrene in a model restricted to exposures <500 ppm-years. In a study of Danish RPC workers, Christensen et al. (2018) also found a significant linear trend (p=0.01) in acute myeloid leukemia by increasing cumulative styrene exposure 15–29 years prior, with over a 2-fold increase in the rate ratio (RR) in the highly exposed category (10.6 ppm-years) compared to the unexposed category (RR = 2.4; 95% CI: 1.2 to 4.6).[10] In contrast, other studies of RPC workers have not revealed increased leukemia risk associated with styrene exposure. [11, 12, 14]

In a previous study, Ruder et al. (2016) reported a standardized rate ratio (SRR) for bladder cancer of 1.40 (95% CI: 0.16 to 12.54) comparing high- and low-exposed groups in workers with one or more years of employment (n=1,678).[9] The Standardized Incidence Ratio (SIR) was weakly increased among Danish male RPC workers (SIR = 1.08; 95% CI: 1.00 to 1.16) compared to the general population; however, the study lacked clear indication of an exposure-response.[13] Increased bladder cancer risk was not apparent in other major studies of RPC workers.[11, 12, 14] However, evidence of an association between bladder cancer and styrene has been observed in styrene-butadiene rubber workers.[16] Sathiakumar et al. (2019) reported excess bladder cancer risk associated with exposure in analyses of a

large cohort of North American synthetic rubber workers, including a positive exposureresponse trend in cancer risk with increasing cumulative exposure for both styrene (p= 0.004) and 1,3-butadiene (p= 0.0003), analyzed separately.[16] However, exposures were not jointly analyzed; therefore, it is unclear if the observed associations were due to styrene, 1,3-butadiene, or both monomers combined. Also, smoking data were not available to control for potential confounding by smoking, which is an important risk factor for bladder cancer.[18]

Associations between cumulative styrene exposure and some cancers appeared attenuated at higher exposure levels, as evidenced by increased HRs at 50 ppm-years in trimmed models compared to full models and RCS models with relatively steep slopes in the low dose range of the exposure-response curve, followed by downward curvature in the high exposure range. The downward curvature in risk appeared at exposures levels <200 ppm-years, suggesting that exposure trimming at 500 ppm-years in loglinear models is only partly effective. RCS models revealed much higher risks at low exposures than did loglinear models, including the trimmed models, suggesting that parametric models incorporating standard linear or loglinear response functions may underestimate the risk at lower exposures. However, the cutpoints for trimming are arbitrary and fewer data are available for estimating risk in trimmed models. Therefore, flexible models, such as the RCS model shown here, offer potentially superior methods of assessing risk in the low dose range.

Response attenuation stems from few workers (and fewer cancer cases) residing in the right tail of the highly-skewed exposure distribution. Potential causes of risk attenuation are the small effect size and disease rarity, exposure measurement error, depletion of a susceptible population, biological saturation, and healthy worker survival effects (HWSE), alone or in combination.[32] With respect to HWSE, styrene is a skin and respiratory irritant,[33] and work histories revealed that some workers (<3%) were reassigned to less exposed jobs or left work following the onset of acute symptoms (e.g., dermatitis, cough) from styrene exposure, which may have biased risk estimates. This type of HWSE cannot be adequately addressed by standard methods of confounding control.[34] Other analytic methods, such as G-estimation of structural nested failure time models, may be needed to better elucidate the true exposure-response association between styrene and cancer.[35]

The RCS models also indicated longer latency than 10 years for all outcomes. The bestfitted lag for leukemia mortality was 37 (90% CI: 20 to 39) years, compared to 15–29 years observed in the Danish RPC workers. However, this lag was consistent with the observed 20-year minimum TSLE among leukemia deaths. Similarly, the median TSLE for all outcomes ranged from 28 to 39 years in this cohort, which is characterized by brief career exposures (mean employment duration = 1.6 years) at young ages (median age at hire = 24 years). This exposure pattern may explain longer than expected lags compared to those in other studies. Improvements in cancer survival may also partly explain longer latency.

The current study is among the first to use human exposure-response data to project lifetime cancer risks from occupational styrene exposure. In a simple risk projection, exposure to an 8-hour TWA concentration of 0.05 ppm styrene over a working lifetime corresponded to 10^{-4} extra leukemia risk. In comparison, the Office of Environmental Health Hazard

Assessment (OEHHA) estimated a no significant risk level (NSRL) for styrene at 27 μ g/day from studies of cancer in rodents.[36] The NSRL is the intake level corresponding to one excess case of cancer per 100,000 persons continuously exposed over a 70-year lifetime. Based on an assumed work shift breathing rate of 9.6 m³, this level is roughly equivalent to 0.01 ppm for 10⁻⁴ risk from exposure over a working lifetime. The dose levels corresponding to 10^{-4} cancer risk in these two small assessments fall well below the Threshold Limit Value of 20 ppm [37], suggesting that current recommendations on occupational exposure may benefit from future quantitative risk assessments of cancer and styrene exposure.

Several sources of uncertainty point to cautious interpretation of study findings. First, although improvements were made to exposure assessment, the validity in exposure estimates is still uncertain. Without validation, bias in risk estimates from measurement error cannot be ruled out. Second, the potential for bias from other sources common to occupational studies, such as HWSE and residual confounding remains. However, there was no evidence of confounding by occupational prestige (a proxy for SES) and no apparent association between styrene and smoking related cancers combined. This suggests an absence of strong confounding by lifestyle risk factors. Third, the study lacks adequate information to appropriately examine tumor-specific risks (e.g., leukemia subtypes) which may exhibit different exposure-response patterns. Fourth, this study is relatively small; therefore, is disadvantaged by low statistical power. Lastly, the mode of action for styrene carcinogenicity remains unclear. Lacking these data, this study assumed a linear relationship between leukemia and cumulative exposure at low exposure levels, although a true exposureresponse, if present, may be sublinear or may have a threshold. Indeed, the exposureresponse in RCS models for both leukemia and bladder cancer appear sublinear at low exposure. Thus, the true risk from a working lifetime exposure to 0.05 ppm styrene may range well above the predicted value of 10^{-4} or may actually be zero.

CONCLUSION

In summary, this study builds upon previous examinations of cancer mortality in a cohort of workers exposed to styrene while manufacturing fiberglass boats. Incorporating new study data in the exposure-response assessment revealed additional evidence on associations between cumulative styrene exposure and mortality from leukemia and bladder cancer in these workers. Using the data on leukemia, simple risk projections at current exposure levels suggest further evaluation is needed. Future recommendations on worker protection would benefit from additional research clarifying cancer risks from styrene exposure.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

ACKNOWLEDGEMENTS

The authors acknowledge staff at the National Institute for Occupational Safety and Health (NIOSH) for contributing to the collection, coding, and management of study data.

FUNDING

REFERENCES

- Bertke SJ, Yiin JH, Daniels RD. Cancer mortality update with an exposure response analysis among styrene-exposed workers in the reinforced plastics boatbuilding industry. Am J Ind Med 2018;61:566–571. [PubMed: 29638005]
- Beyer LA, Goodman JE. Polystyrene/styrene In: Harbison RD, Bourgeois MM, Johnson GT, eds. Hamilton and Hardy's Industrial Toxicology: Sixth Edition. Hoboken, NJ: John Wiley & Sons 2015;809–814.
- International Agency for Research on Cancer (IARC). Some Traditional Herbal Medicines, Some Mycotoxins, Naphthalene, and Styrene IARC Monographs on the Evaluation of Carcinogenic Risks to Humans Volume 82 Lyon, France: IARC 2002;1–556. [PubMed: 12687954]
- 4. National Research Council (NRC). Review of the Styrene Assessment in the National Toxicology Program 12th Report on Carcinogens. Washington, DC: The National Academies Press 2014;1–192.
- National Toxicology Program (NTP). Report on Carcinogens, Twelfth Edition. Research Triangle Park, NC: U.S. Department of Health and Human Services, Public Health Service 2011;iii–499.
- Collins JJ, Delzell E. A systematic review of epidemiologic studies of styrene and cancer. Crit Rev Toxicol 2018;48:443–470. [PubMed: 29589466]
- Banton MI, Bus JS, Collins JJ et al. Evaluation of potential health effects associated with occupational and environmental exposure to styrene - an update. J Toxicol Environ Health B Crit Rev 2019;22:1–130. [PubMed: 31284836]
- 8. International Agency for Research on Cancer (IARC). Styrene, Styrene-7, 8-oxide, and Quinoline. IARC Monographs on the Evaluation of Carcinogenic Risks to Humans Volume 121 Lyon, France: IARC 2019;iii–345.
- Ruder AM, Meyers AR, Bertke SJ. Mortality among styrene-exposed workers in the reinforced plastic boatbuilding industry. Occup Environ Med 2016;73:97–102. [PubMed: 26574575]
- Christensen MS, Vestergaard JM, D'Amore F et al. Styrene exposure and risk of lymphohematopoietic malignancies in 73,036 reinforced plastics workers. Epidemiology 2018;29:342–351. [PubMed: 29533250]
- Loomis D, Guha N, Kogevinas M et al. Cancer mortality in an international cohort of reinforced plastics workers exposed to styrene: A reanalysis. Occup Environ Med 2019;76:157–162. [PubMed: 29669820]
- Coggon D, Ntani G, Harris EC et al. Risk of cancer in workers exposed to styrene at eight British companies making glass-reinforced plastics. Occup Environ Med 2015;72:165–170. [PubMed: 25358742]
- Christensen MS, Hansen J, Ramlau-Hansen CH et al. Cancer incidence in workers exposed to styrene in the Danish-reinforced plastics industry, 1968–2012. Epidemiology 2017;28:300–310. [PubMed: 27984421]
- Collins JJ, Bodner KM, Bus JS. Cancer mortality of workers exposed to styrene in the U.S. reinforced plastics and composite industry. Epidemiology 2013;24:195–203. [PubMed: 23344212]
- Ruder AM, Bertke SJ. Cancer incidence among boat-building workers exposed to styrene. Am J Ind Med 2017;60:651–657. [PubMed: 28616886]
- Sathiakumar N, Tipre M, Leader M et al. Mortality among men and women in the North American synthetic rubber industry, 1943–2009. J Occup Environ Med 2019;61(11):887–897. [PubMed: 31464816]
- Okun AH, Beaumont JJ, Meinhardt TJ et al. Mortality patterns among styrene-exposed boatbuilders. Am J Ind Med 1985;8:193–205. [PubMed: 4050802]
- International Agency for Research on Cancer (IARC). Personal Habits and Indoor Combustions. IARC Monographs on the Evaluation of Carcinogenic Risks to Humans Volume 100E. Lyon, France: 2012;1–538.
- 19. Crandall MS. Worker exposure to styrene monomer in the reinforced plastic boat-making industry. Am Ind Hyg Assoc J 1981;42:499–502. [PubMed: 7246427]

- Crandall MS, Hartle RW. An analysis of exposure to styrene in the reinforced plastic boat-making industry. Am J Ind Med 1985;8:183–192. [PubMed: 4050801]
- Fujishiro K, Xu J, Gong F. What does "occupation" represent as an indicator of socioeconomic status?: exploring occupational prestige and health. Soc Sci Med 2010;71:2100–2107. [PubMed: 21041009]
- Bureau of the Census (BOC). 1980 Census of Population: Classified Index of Industries and Occupations. PHC80-R4, Final Edition. Washington DC: US Department of Commerce, BOC, 1982;iii-O-161.
- 23. Nakao K, Treas J. Updating occupational prestige and socioeconomic scores: how the new measures measure up. Sociol Methodol 1994;24:1–72.
- Nakao K, Treas J. The 1989 Socioeconomic Index of Occupations: Construction from the 1989 Occupational Prestige Scores General Social Survey (GSS) Methodological Rpoert No. 74. Chicago, IL: National Opinion Research Center 1992;1–33.
- Nakao K, Treas J. Computing 1989 Occupational Prestige Scores General Social Survey (GSS) Methodological Rpoert No. 70. Chicago, IL: National Opinion Research Center 1990;1–67.
- 26. SAS Institute Inc., SAS 9.4 Software, Cary, NC: SAS Institute Inc., 2002–2012.
- 27. Langholz B, Richardson DB. Fitting general relative risk models for survival time and matched case-control analysis. Am J Epidemiol 2010;171:377–383. [PubMed: 20044379]
- 28. National Institute for Occupational Safety and Health. Styrene In: NIOSH Pocket Guide to Chemical Hazards. Cincinnati, OH: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, National Institute for Occupational Safety and Health, DHHS (NIOSH) Accessed at https://www.cdc.gov/niosh/npg/npgd0571.html. on 04/29/2020
- 29. Rosario AS, Wellmann J, Heid IM, et al. Radon epidemiology: continuous and categorical trend estimators when the exposure distribution is skewed and outliers may be present. J Toxicol Environ Health A 2006;69:681–700. [PubMed: 16608833]
- National Research Council (NRC) Committee on the Biological Effects of Ionizing Radiations (BEIR). Health Risks of Radon and Other Internally Deposited Alpha-Emitters: BEIR IV. Washington (DC): National Academies Press, 1988;iii–602.
- 31. United States Department of Health and Human Services (US DHHS), Centers for Disease Control and Prevention (CDC), National Center for Health Statistics (NCHS), Underlying Cause of Death 1999–2017 on CDC WONDER Online Database, released 2020 Accessed at http:// wonder.cdc.gov/ucd-icd10.html on 10/10/2019.
- Stayner L, Steenland K, Dosemeci M, et al. Attenuation of exposure-response curves in occupational cohort studies at high exposure levels. Scand J Work Environ Health 2003;29:317– 324. [PubMed: 12934726]
- Bond JA. Review of the toxicology of styrene. Crit Rev Toxicol 1989;19:227–249. [PubMed: 2653733]
- 34. Robins J A new approach to causal inference in mortality studies with a sustained exposure period —application to control of the healthy worker survivor effect. Math Model 1986;7(9–12):1393– 1512.
- Naimi AI, Richardson DB, Cole SR. Causal inference in occupational epidemiology: accounting for the healthy worker effect by using structural nested models. Am J Epidemiol 2013;178:1681– 1686. [PubMed: 24077092]
- 36. Office of Environmental Health Hazard Assessment (OEHHA). Chemicals Considered or Listed Under Proposition 65: Styrene. Sacramento, CA: OEHHA https://oehha.ca.gov/proposition-65/ chemicals/styrene (accessed 01/20/2020).
- 37. American Conference of Industrial Hygienists (ACGIH). Styrene, Monomer: TLV(R) Chemical Substances 7th Edition Documentation, Cincinnati, OH: ACGIH 2001;1–17.

KEY MESSAGES

What is already known about this subject?

- Styrene is a widely used high-production chemical that is deemed a probable human carcinogen, on the basis of sufficient evidence in animals, but limited evidence in humans.
- Styrene exposure, primarily via inhalation, is highest among workers in the fiberglass-reinforced plastics industry.
- Consistency among study examining cancer and styrene is lacking, as is adequate exposure-response information for quantifying occupational cancer risks.

What are the new findings?

• In line with recent findings in other working populations, this study revealed exposure-response associations between styrene inhalation exposure and mortality from leukemia and bladder cancer in a cohort of U.S. boatbuilders.

How might this impact policy or clinical practice in the foreseeable future?

• The study supports future efforts in risk assessment to develop occupational exposure limits and other risk management practices aimed to reduce cancer risks in workers exposed to styrene.

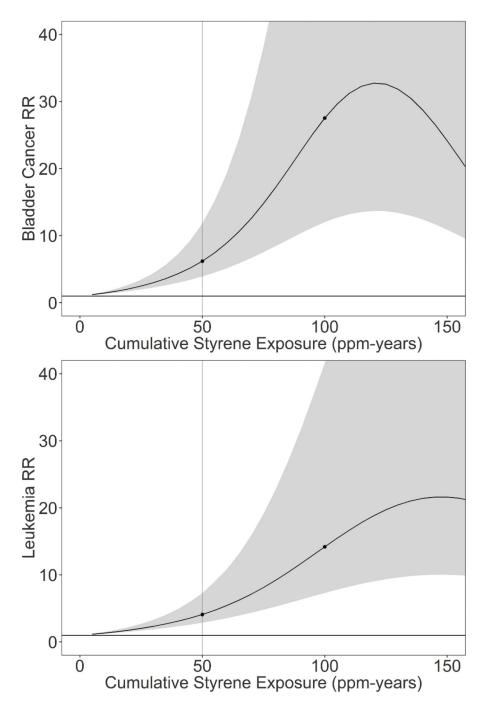


Figure 1.

Results of restricted cubic spline (RCS) models of the relative risk (RR) of mortality from bladder cancer (top) and leukemia (bottom). The plot shows the dose response curve (solid line) with knots (solid circles) and the 95% profile-likelihood based confidence interval.

Table 1.

Cohort Characteristics by tertiles of cumulative exposure

Tertiles of cumulative exposure (ppm-years)					
Characteristic	0-<2	2-<15	15+	Total	
Gender, n (%)					
Male	1510 (92%)	1620 (89%)	1363 (80%)	4,493 (87%)	
Female	133 (8%)	204 (11%)	333 (20%)	670 (13%)	
Race, n (%)					
White	1522 (93%)	1700 (93%)	1589 (94%)	4,811 (93%)	
Other	89 (5%)	104 (6%)	96 (6%)	289 (6%)	
Unknown	32 (2%)	20 (1%)	11 (<1%)	63 (1%)	
Vital status, n (%) ^{1}					
Alive	906 (55%)	1119 (61%)	997 (59%)	3,022 (59%)	
Deceased	716 (44%)	689 (38 %)	690 (41%)	2,095 (41%)	
Lost to follow-up	21 (1%)	16 (<1%)	9 (<1%)	46 (<1%)	
Follow-up, years ¹					
Person-years	59782	64992	51156	175930	
Mean age last observed (IQR)	65 (61–73)	63 (60–72)	59 (46–71)	62 (58–72)	
Employment, mean (IQR)					
Year hired	1970 (1967–1974)	1971 (1967–1974)	1969 (1966–1974)	1970 (1967–1974)	
Age at hire in years	29 (21–33)	28 (21–31)	29 (21–34)	28 (21–33)	
Duration in years	0.2 (<0.01-0.2)	0.8 (0.1–1.1)	3.9 (0.8–5.5)	1.6 (0.1–1.4)	
Facility employment, n (%)					
Plant 1	428 (26%)	560 (31%)	690 (41%)	1,678 (33%)	
Plant 2	1215 (74%)	1262 (69%)	1003 (59%)	3,480 (67%)	
Both plants	0	2 (<1%)	3 (<1%)	5 (<1%)	
Active as of 10/01/1978	86 (5%)	188 (10%)	507 (30%)	781 (15%)	
Prestige score, median (range)	35 (22–71)	33 (22–71)	33 (22–71)	35 (22–71)	

¹. Following truncation of person-time of workers employed on or after October 1, 1978.

Abbreviation: IQR, interquartile range

Table 2.

Cumulative unlagged styrene exposure (ppm-years) by plant.

				percentile				
plant	n	mean	median	25th	75th	95th	99th	maximum
1	1681	33.9	9.6	1.9	36.3	158.3	310.9	509.5
2	3482	29.3	4.4	1.1	19.6	131.3	439.4	1259.5
1&2	5163	30.8	5.7	1.3	24.6	149.2	385.8	1259.5

Author Manuscript	Hazard ratios at 50 ppm-years styrene (lagged 10 years) by exposur	Without SES adjustment ³
Author Manuscript	Hazard ratios at 50 ppm	

pharynx, nasopharynx, hypopharynx, esophagus (adenocarcinoma and squamous-cell carcinoma), stomach, colorectum, liver, pancreas, nasal cavity and paranasal sinuses, larynx, lung, uterine cervix, ovary (mucinous), urinary bladder, kidney (body and pelvis), and ureter

1.45 (0.89 to 2.25)

1.33 (0.86 to 1.83)

1.46 (1.04 to 1.97)

.21 (0.93 to 1.49)

17

 2 There were no cases observed with cumulative exposure 500 ppm-years.

 \mathcal{X} All models matched on attained age, sex, race (Caucasian, other), birth cohort (within 5 years), and employment duration (<1 year, >1 year).

Abbreviations: NC, not calculable; MN, malignant neoplasm

Exposure <500 ppm-years

Full Data

Exposure <500 ppm-years

Full Data

 $cases^2$

With SES adjustment

1.04 (0.83 to 1.24) 1.08 (0.54 to 1.62)

0.97 (0.80 to 1.11) 0.96 (0.86 to 1.05)

> 1.05 (0.84 to 1.26) 1.07 (0.54 to 1.60)

0.98 (0.81 to 1.12)

1.00 (0.52 to 1.30)

18 Ξ

1.03 (0.91 to 1.15)

0.97 (0.87 to 1.06)

358 132 1.00 (0.53 to 1.31)

1.01 (0.89 to 1.13)

1.19 (0.82 to 1.58) 0.85 (0.43 to 1.30)

1.07 (0.78 to 1.29)

1.19 (0.82 to 1.58) 0.87 (0.43 to 1.32)

1.07 (0.78 to 1.29)

24 36

0.84 (0.43 to 1.13)

.06 (0.68 to 1.28)

37

1.15 (0.70 to 1.65)

0.06 (NC to 1.64)

0.06 (NC to 1.64)

0.83 (0.42 to 1.12) 0.86 (0.69 to 1.00) 0.85 (0.68 to 1.00) 1.18 (0.97 to 1.37)

1.04 (0.67 to 1.27)

1.13 (0.69 to 1.62)

0.03 (NC to 1.41)

0.03 (NC to 1.41)

0.87 (0.69 to 1.04)

0.89 (0.71 to 1.06) 1.43 (1.11 to 1.79) 1.28 (0.86 to 1.73)

0.89 (0.72 to 1.07)

0.87 (0.71 to 1.02) 0.87 (0.70 to 1.02)

187 182 1.44 (1.11 to 1.80) 1.30 (0.87 to 1.77) 1.63 (1.13 to 2.32)

1.13 (0.81 to 1.39)

0.87 (0.70 to 1.05)

1.38 (1.09 to 1.70)

1.19 (0.99 to 1.38)

1.37 (1.09 to 1.69) 1.13 (0.59 to 1.66) 1.55 (0.92 to 2.56)

1.19 (0.99 to 1.37)

1.10 (0.58 to 1.51) .18 (0.80 to 1.56)

 $\frac{18}{18}$ Ξ

1.64 (1.14 to 2.33)

16 48

ther urinary site nematopoietic

1.12 (0.80 to 1.37) .27 (0.95 to 1.61)

1.18 (0.97 to 1.37)

28 12 1.26 (0.95 to 1.60)

1.17 (0.61 to 1.72) 1.50 (0.89 to 2.49) 1.46 (1.04 to 1.98) 1.44 (0.88 to 2.24)

1.13 (0.60 to 1.54)

1.16 (0.78 to 1.53) 1.22 (0.93 to 1.50) 1.32 (0.85 to 1.82)

Author Manuscript

Table 3.

osure trimming and adjustment for socioeconomic status (SES)

Table 4.

Best-fitted lag period, median time since last exposure (TSLE), and hazard ratios (HR) at 50 ppm-years styrene from the restricted-cubic spline models of sites with 10 cancer deaths.¹

Outcome	Best-fitted lag period in years (90% CI) ²	Median TSLE in years among cases (range)	HR at 50 ppm-years (95% CI)
MN urinary	34 (19 to 39)	29.9 (0.3 to 49.5)	2.39 (1.92 to 3.25)
MN kidney	33 (<1 to >40)	27.6 (5.9 to 41.1)	2.39 (1.92 to 3.83)
MN bladder	37 (35 to 39)	32.1 (0.3 to 49.5)	6.20 (3.93 to 11.83)
MN lymphatic & hematopoietic	37 (33 to 39)	34.1 (8.4 to 52.0)	4.32 (3.00 to 6.56)
Non-Hodgkin lymphoma	40 <1 to >40	32.2 (12.9 to 52.0)	0.01 (NC to 3.52)
Multiple myeloma	40 (17 to >40)	38.5 (8.4 to 42.2)	34 (14.08 to 96.94)
Leukemia	37 (20 to 39)	36.4 (19.1 to 51.1)	4.10 (2.88 to 7.29)
Myeloid leukemia	37 (20 to 39)	34.1 (19.1 to 51.1)	11.67 (6.31 to 30.76)

^{*I*}. RCS models matched on attained age, sex, race (Caucasian, other), birth cohort (within 5 years), and employment duration (<1year, 1year) and using the best-fitted lag.

 2 .Lags were examined using a grid search of a range of lags from 2 to 40 years in one-year increments.

Abbreviations: CI, confidence interval; HR; hazard ratio; MN, malignant neoplasm; NC, not calculable; PL, profile-likelihood; RCS, restricted cubic spline; SES, socioeconomic status; TSLE, time since last exposure