SUPPLEMENTARY TABLE. Summary of Food Categories

Number	Food Category Used for Analysis	What We Eat in America (WWEIA) Categories Included in the Food Category[a]	
		Category No.	Category Label
1	Burgers	3702	Burgers (single code)
		n/a	Burgers consumed as part of a combination-code sandwich
2	Hot dogs and sausage sandwiches	3703	Frankfurter sandwiches (single code)
		n/a	Frankfurters and sausages consumed as part of a combination-code sandwich
3	Deli meat sandwiches	n/a	Cold cuts or deli meats consumed as part of a combination-code sandwich
4	Poultry sandwiches	3704	Chicken/turkey sandwiches (single code), excluding cold cut and deli meat sandwiches
		n/a	Poultry consumed as part of a combination-code sandwich
5	Other meat sandwiches	n/a	Pork, beef, fish, bacon, or other meats consumed as part of a combination-code sandwich
6	Egg sandwiches	3706	Egg/breakfast sandwiches (single code), excluding those containing a tortilla
7	Non-meat sandwiches	3720	Cheese sandwiches (single code)
		3722	Peanut butter and jelly sandwiches (single code)
		n/a	Meat alternatives or other fillings consumed as part of a combination-code sandwich
8	Milk, unflavored	1002	Milk, whole
		1004	Milk, reduced fat
		1006	Milk, lowfat
		1008	Milk, nonfat
9	Milk, flavored	1202	Flavored milk, whole
		1204	Flavored milk, reduced fat
		1206	Flavored milk, lowfat
		1208	Flavored milk, nonfat
10	Cream and cream substitutes	8008	Cream and cream substitutes
11	Milk substitutes	1404	Milk substitutes
12	Nutritional beverages and powders	7208	Nutritional beverages
		9802	Protein and nutritional powders
13	Smoothies and grain drinks	7220	Smoothies and grain drinks
14	Cheese (including cottage and ricotta)	1602	Cheese
		1604	Cottage/ricotta cheese
15	Yogurt	1820	Yogurt, regular
		1822	Yogurt, Greek
16	Beef	2002	Beef, excludes ground
		2004	Ground beef
17	Other meat (e.g., pork, lamb, other)	2006	Pork
		2008	Lamb, goat, game
		2010	Liver and organ meats
18	Poultry (excluding nuggets and tenders)	2202	Chicken, whole pieces
		2206	Turkey, duck, other poultry
19	Chicken nuggets and tenders	2204	Chicken patties, nuggets and tenders
20	Fish	2402	Fish
21	Shellfish	2404	Shellfish
22	Eggs and omelets	2502	Eggs and omelets
23	Cold cuts and cured meats (excluding sandwiches)	2602	Cold cuts and cured meats
24	Bacon, frankfurters, sausages (excluding sandwiches)	2604	Bacon
		2606	Frankfurters
		2608	Sausages
25	Beans, peas, legumes	2802	Beans, peas, legumes
26	Processed soy products	2806	Processed soy products

27	Nuts and seeds	2804	Nuts and seeds
28	Meat mixed dishes	3002	Meat mixed dishes
29	Poultry mixed dishes	3004	Poultry mixed dishes
30	Seafood mixed dishes	3006	Seafood mixed dishes
31	Rice mixed dishes	3202	Rice mixed dishes
32	Pasta mixed dishes, excludes macaroni and cheese	3204	Pasta mixed dishes, excludes macaroni and cheese
33	Macaroni and cheese	3206	Macaroni and cheese
34	Turnovers and other grain-based items	3208	Turnovers and other grain-based items
35	Fried rice and lo/chow mein	3402	Fried rice and lo/chow mein
36	Stir-fry and soy-based sauce mixtures	3404	Stir-fry and soy-based sauce mixtures
37	Egg rolls, dumplings, sushi	3406	Egg rolls, dumplings, sushi
38	Burritos and tacos	3502	Burritos and tacos
		3706	Remaining egg/breakfast sandwiches (single code) that included a tortilla
39	Nachos	3504	Nachos
40	Quesadillas, tamales, fajitas and enchiladas	3506	Other Mexican mixed dishes
41	Pizza	3602	Pizza
42	Soups	3802	Soups
43	Rice	4002	Rice
44	Pasta, noodles, cooked grains	4004	Pasta, noodles, cooked grains
45	Breads, rolls and buns	4202	Yeast breads
		4204	Rolls and buns
		4206	Bagels and English muffins
		3708	Remaining other sandwiches (single code) - all bruchetta
46	Tortillas	4208	Tortillas
47	Biscuits, muffins, quick breads	4402	Biscuits, muffins, quick breads
48	Pancakes, waffles, French toast	4404	Pancakes, waffles, French toast
49	Ready to eat cereals	4602	Ready-to-eat cereal, higher sugar (>21.2g/100g)
		4604	Ready-to-eat cereal, lower sugar (=<21.2g/100g)
50	Cooked cereals	4802	Oatmeal
		4804	Grits and other cooked cereals
51	Savory snacks (e.g., chips, crackers, popcorn)	5002	Potato chips
		5004	Tortilla, corn, other chips
		5006	Popcorn
		5008	Pretzels/snack mix
		5202	Crackers, excludes saltines
		5204	Saltine crackers
52	Cereal and nutrition bars	5402	Cereal bars
		5404	Nutrition bars
53	Cookies, brownies, cakes	5502	Cakes and pies
		5504	Cookies and brownies
54	Doughnuts, sweet rolls, pastries	5506	Doughnuts, sweet rolls, pastries
55	Candy	5702	Candy containing chocolate
		5704	Candy not containing chocolate
56		5802	Ice cream and frozen dairy desserts

	Ice cream, milk shakes, and frozen dairy desserts	1402	Milk shakes and other dairy drinks
57	Pudding	5804	Pudding
58	Gelatins, ices, sorbets	5806	Gelatins, ices, sorbets
59	Fruit	6002	Apples
		6004	Bananas
		6006	Grapes
		6008	Peaches and nectarines
		6010	Berries
		6012	Citrus fruits
		6014	Melons
		6016	Dried fruits
		6018	Other fruits and fruit salads
60	Vegetables (excluding white potatoes)	6402	Tomatoes
		6404	Carrots
		6406	Other red and orange vegetables
		6408	Dark green vegetables, excludes lettuce
		6410	Lettuce and lettuce salads
		6412	String beans
		6414	Onions
		6416	Corn
		6418	Other starchy vegetables
		6420	Other vegetables and combinations
61	Vegetable mixed dishes	6422	Vegetable mixed dishes
62	Mashed, baked or boiled white potatoes	6802	White potatoes, baked or boiled
		6806	Mashed potatoes and white potato mixtures
63	Fried white potatoes	6804	French fries and other fried white potatoes
64	100% fruit juice	7002	Citrus juice
		7004	Apple juice
		7006	Other fruit juice
65	Vegetable juice	7008	Vegetable juice
66	Diet beverages	7102	Diet soft drinks
		7104	Diet sport and energy drinks
		7106	Other diet drinks
67	Soft drinks, fruit drinks, and sport/energy drinks	7202	Soft drinks
		7204	Fruit drinks
		7206	Sport and energy drinks
68	Coffee	7302	Coffee
69	Tea	7304	Tea
70	Alcoholic beverages	7502	Beer
		7504	Wine
		7506	Liquor and cocktails
71	Tap and bottled water	7702	Tap water
		7704	Bottled water
72	Flavored, carbonated, and enhanced water	7802	Flavored or carbonated water
		7804	Enhanced or fortified water
73	Butter, margarine, and animal fats	8002	Butter and animal fats
		8004	Margarine
74	Cream cheese, sour cream, whipped cream	8006	Cream cheese, sour cream, whipped cream
75	Salad dressings and vegetable oils	8012	Salad dressings and vegetable oils
76	Mayonnaise	8010	Mayonnaise

77	Tomato-based condiments	8402	Tomato-based condiments
78	Other condiments	8406	Mustard and other condiments
79	Soy-based condiments	8404	Soy-based condiments
80	Olives, pickles, pickled vegetables	8408	Olives, pickles, pickled vegetables
81	Pasta sauces, tomato-based	8410	Pasta sauces, tomato-based
82	Dips, gravies, other sauces	8412	Dips, gravies, other sauces
83	Sugars, honeys, and other sweeteners	8802	Sugars and honey
		8804	Sugar substitutes
		8806	Jams, syrups, toppings
84	Baby foods and beverages	9002	Baby food: cereals
		9004	Baby food: fruit
		9006	Baby food: vegetable
		9008	Baby food: meat and dinners
		9010	Baby food: yogurt
		9012	Baby food: snacks and sweets
		9202	Baby juice
		9204	Baby water
85	Infant formula	9402	Formula, ready-to-feed
		9404	Formula, prepared from powder
		9406	Formula, prepared from concentrate
86	Human milk	9602	Human milk
87	Not included in a food category	9999	Not included in a food category