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| Supplemental Digital Content Table 2. Demographic Characteristics of Employees Participating in the SSWell Study. N = 1,271.  |
|  | OverallN = 1,271 | MicroN = 36 | SmallN = 248 | MediumN = 664 | LargeN = 323 |
| Characteristic | N (%) | Mean (SD) | N (%) | Mean (SD) | N (%) | Mean (SD) | N (%) | Mean (SD) | N (%) | Mean (SD) |
| Age |  | 41.3 (13.1) |  | 39.4 (12.4) |  | 39.0 (12.4) |  | 39.7 (12.9) |  | 46.5 (12.7) |
| Gender |  |  |  |  |  |  |  |  |  |  |
|  Female | 842 (66.2%) |  | 23 (63.9%) |  | 166 (66.9%) |  | 432 (65.4%) |  | 221 (69.1%) |  |
|  Male | 419 (33.0%) |  | 13 (36.1%) |  | 82 (33.1%) |  | 228 (34.5%) |  | 96 (30.0%) |  |
| Race |  |  |  |  |  |  |  |  |  |  |
|  White | 1,184 (93.2%) |  | 31 (86.1%) |  | 228 (91.9%) |  | 618 (93.1%) |  | 307 (95.1) |  |
|  Black/African American | 34 (2.7%) |  | 2 (5.6%) |  | 9 (3.6%) |  | 15 (2.3%) |  | 8 (2.5%) |  |
|  Asian | 30 (2.4%) |  | 1 (2.8%) |  | 9 (3.6%) |  | 13 (2.0%) |  | 7 (2.2%) |  |
|  Native American/Alaskan Native | 21 (1.7%) |  | 1 (2.8%) |  | 3 (1.2%) |  | 9 (1.4%) |  | 8 (2.5%) |  |
|  Native Hawaiian/Pacific Islander | 7 (0.6%) |  | 0 (0%) |  | 2 (0.8%) |  | 3 (0.5%) |  | 2 (0.6%) |  |
| Ethnicity |  |  |  |  |  |  |  |  |  |  |
|  Hispanic/Latino/Spanish | 123 (9.7%) |  | 9 (25.7%) |  | 27 (11.1%) |  | 60 (9.1%) |  | 27 (8.5%) |  |
| Education |  |  |  |  |  |  |  |  |  |  |
|  Did not complete high school | 8 (0.6%) |  | 2 (5.6%) |  | 3 (1.4%) |  | 2 (0.4%) |  | 1 (0.4%) |  |
|  High school diploma or GED | 110 (8.7%) |  | 2 (5.6%) |  | 22 (10.1%) |  | 53 (9.1%) |  | 33 (11.7%) |  |
|  Some college or 2-year degree | 288 (22.7%) |  | 5 (13.9%) |  | 43 (19.8%) |  | 157 (27.0%) |  | 83 (29.5%) |  |
|  4-year college | 462 (36.3%) |  | 15 (41.7%) |  | 96 (44.2%) |  | 252 (43.4%) |  | 99 (35.2%) |  |
|  Graduate or professional degree | 247 (19.4%) |  | 12 (33.3%) |  | 53 (24.4%) |  | 117 (20.1%) |  | 65 (23.1%) |  |
| Job Level |  |  |  |  |  |  |  |  |  |  |
|  Non-management | 768 (60.4%) |  | 20 (55.6%) |  | 139 (56.0%) |  | 397 (59.8%) |  | 212 (65.6%) |  |
|  Management | 500 (39.3%) |  | 16 (44.4%) |  | 109 (43.0%) |  | 267 (40.2%) |  | 109 (33.7%) |  |
| Job Tenure (y, SD) |  | 5.3 (6.7) |  | 2.0 (1.8) |  | 5.0 (6.5) |  | 4.5 (4.7) |  | 7.6 (9.5) |
| Salaried | 661 (52.0%) |  | 20 (55.6%) |  | 148 (60.4%) |  | 342 (52.0%) |  | 151 (46.9%) |  |
| Full-time worker | 1,090 (85.8%) |  | 30 (83.3%) |  | 215 (86.7%) |  | 559 (84.8%) |  | 286 (89.9%) |  |
| Hours worked per week (h, SD) |  | 39.4 (12.4) |  | 37.8 (11.1) |  | 38.9 (13.7) |  | 39.6 (12.9) |  | 39.7 (10.2) |
| Shift work | 181 (14.2%) |  | 5 (13.9%) |  | 12 (4.9%) |  | 143 (21.6%) |  | 21 (6.6%) |  |
| Contract work  | 48 (3.8%) |  | 0 (0.0%) |  | 19 (7.7%) |  | 24 (3.6%) |  | 5 (1.6%) |  |