# Quick Links to COVID-19 Community Mitigation Strategies and Tools: Resources for States, Tribes, Territories, and Localities

CDC will update guidance on community mitigation for COVID-19 to align with the latest available science. (Updated on 07/13/20)

Community mitigation activities are actions that people and communities can take to slow the spread of a new virus with pandemic potential. During the COVID-19 pandemic, community mitigation actions are especially important before a vaccine or therapeutic drug becomes widely available. The goal of community mitigation in areas with local SARS-CoV-2 transmission is to slow its spread and to protect all individuals. These actions can minimize illnesses and deaths in schools, workplaces, healthcare organizations, and other sectors of society. This resource is a reference for states, tribes, territories, and localities as they consider which actions to take to mitigate community transmission of COVID-19 in the United States. It includes links to mitigation guidance for specific sectors as well as tools that communities and facilities can use to assess areas for improvement and to operationalize community mitigation guidance. For more details about key factors to consider before using these strategies, see CDC's <u>community</u> mitigation framework for COVID-19.

### **Overarching Mitigation Strategies:**

- Suggestions for reducing community transmission of COVID-19 include mitigation strategies, such as <u>cloth face coverings</u>, <u>social</u> <u>distancing</u>, <u>quarantining</u>, <u>self-isolation</u>, <u>cough</u> <u>etiquette</u>, and <u>hand-washing</u>. Information on additional cross-cutting mitigation strategies can found <u>here</u>.
- Mitigation strategies that limit the exposure and transmission of COVID-19 are provided for areas where people live, work, learn and play.
- Event planners can determine how to implement appropriate mitigation strategies to limit exposure and transmission of COVID-19 during events and gatherings. Suggestions for mitigation strategies during events and gatherings can be found here.
- **Spanish language** resources that highlight COVID-19 mitigation strategies can be found <u>here</u>.

# **Guidance for Tribes**

• **Tribal officials** can encourage the adoption of mitigation strategies, such as <u>cloth face coverings</u>, <u>social distancing</u>, <u>quarantining</u>, <u>self-isolation</u>,

cough etiquette, and hand-washing, to reduce community transmission of COVID 19 in tribal nations. Additional mitigation strategies relevant to tribal nations can be found here.

• Guidance for **Tribal Ceremonies and Gatherings** can be found <u>here</u>.

### **School and Youth-Focused Activities**

- Working in collaboration with their local health departments, schools and childcare facilities can implement mitigation strategies that protect the health and safety of the general school population and promote safe and healthy learning environments. Suggestions for mitigation strategies relevant to schools and childcare facilities can be found here and here.
- Institutes of higher education can slow the spread and impact of COVID-19 using the mitigation strategies found <u>here</u>.
- Youth sports administrators can limit the exposure and transmission of COVID-19 using the mitigation strategies found <u>here</u>.
- Youth and summer camp administrators can limit the exposure and transmission of COVID-19 using the mitigation strategies found <u>here</u>.



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### **Workplaces and Professions**

- Employers can promote customer and worker safety and support using the mitigation strategies found <u>here</u> and <u>here</u>. The list includes mitigation strategies for:
  - » Restaurants and Bars
  - » Grocery/Food/Retail-Workers
  - » <u>Meat and Poultry Processing Workers and</u> <u>Employers</u>
  - » Agriculture Workers and Employers
  - » Manufacturing workers and employers
  - » Casinos and Gaming Operations
  - » Seafood Processing Workers
  - » <u>Airline Customer Service Representatives and</u> <u>Gate Agents</u>
  - » <u>COVID-19 Employer Information for Office</u> <u>Buildings and Employee Safety</u>
- Direct service providers (for example, personal care attendants, direct support professionals, paraprofessionals, and therapists) can reduce exposure to and transmission of COVID-19 using the mitigation strategies found <u>here</u>.
- Healthcare Professionals can limit exposure and reduce transmission of COVID-19 using the mitigation strategies found <u>here</u>.

### **Congregate Settings**

- Retirement homes, independent living facilities, and long-term care facilities (LTCF) that offer medical services (nursing homes, skilled nursing facilities, assisted living facilities, and adult day care programs for older adults) can mitigate the exposure and transmission of COVID-19 using the mitigation suggestions found here and here.
- Correctional and detention facilities can limit exposure and reduce transmission of COIVD-19 using the mitigation strategies found <u>here</u>.
- COVID-19 mitigation strategies for community and

#### faith-based organizations can be found here.

- COVID-19 mitigation strategies for local and state health departments, homelessness service systems, housing authorities, emergency planners, healthcare facilities, and homeless outreach services serving homeless populations can be found here.
- Mitigation suggestions for administrators and residents of shared and congregate housing to limit the exposure to and transmission of COVID-19 can be found <u>here</u>.

### **Leisure Activities**

- Travelers are encouraged to limit their exposure to and transmission of COVID-19 using the mitigation strategies found <u>here</u>.
- Beach managers can limit the exposure to and transmission of COVID-19 at beaches using the mitigation strategies found <u>here</u>.
- Administrators in **parks and recreational facilities** can limit the exposure to and transmission of COVID-19 in local, state, and national parks using the mitigation strategies found <u>here</u>.
- Operators of **public aquatic venues** can limit the exposure to and transmission of COVID-19 using the migration strategies found <u>here</u>.

### Pets

- Considerations for **pets and other animals**, regarding COVID-19 transmission can be found here.
- Mitigation strategies for what to do when there are pets at a long-term care facility or assisted living facility can be found <u>here</u>.

### **Communication Resources**

• **Communication resources** to support the promotion and use of community mitigation strategies can be found <u>here</u>.

# **COVID-19 Setting-specific Assessment Tools**

The facility and community setting assessment tools listed below are available for use or to adapt when identifying areas for improvement and operationalizing community mitigation guidance.

Community setting	Title	Link
Homeless shelters	COVID-19 Infection Control Inventory and Planning (ICIP) Tool for Homeless Service Providers	https://www.cdc.gov/coronavirus/2019- ncov/community/homeless-shelters/ infection-control-inventory-planning- tool.pdf
Schools/Institutions of higher education	CDC Readiness and Planning Tool to Prevent the Spread of COVID-19 at Institutions of Higher Education	https://www.cdc.gov/coronavirus/2019- ncov/community/schools-childcare/ schools.html
Youth programs and camps	Suggestions for Youth Programs and Camps: Readiness and Planning Tool	https://www.cdc.gov/coronavirus/2019- ncov/downloads/camp-planning-tool.pdf
Meat and poultry facilities	Meat and Poultry Processing Facility Assessment Toolkit	https://www.cdc.gov/coronavirus/2019- ncov/php/meat-processing-assessment- tool.html
Businesses	Resuming Business Toolkit	https://www.cdc.gov/coronavirus/2019- ncov/community/resuming-business- toolkit.html
Non-healthcare work settings	Occupational Health Toolkit – includes an Interim Customizable Non-Healthcare Workplace Infection Control Assessment and Response (WICAR) tool — Coronavirus disease 2019	https://www.cdc.gov/coronavirus/2019- ncov/downloads/php/OccEpiToolkit WICAR.pdf
Nursing homes	Infection Prevention and Control Assessment Tool for Nursing Homes Preparing for COVID-19	https://www.cdc.gov/coronavirus/2019- ncov/downloads/hcp/assessment-tool- nursing-homes.pdf

For assistance with these and other mitigation strategies, please contact the Centers for Disease Control and Prevention's Implementation and Technical Assistance Team at <u>eocevent293@cdc.gov</u>.

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