

Appendix Table 1. Study and Intervention Characteristics from Included Studies

Characteristic		Number of Studies (% of Total)
Study Design	Randomized trial (randomized lottery)	2 (18%) ^{26,27}
	Panel	3 (27%) ^{19,23,24}
	Prospective cohort	1 (9%) ²⁹
	Before-after with comparison group	4 (36%) ^{20,22,25,28}
	Before-after without comparison group	1 (9%) ²¹
Scale of Evaluation	Nation-wide	4 (36%) ^{20,24,26,29}
	State-wide	1 (9%) ¹⁹
	City-wide	4 (36%) ^{22,23,27,28}
	Single school	2 (18%) ^{21,25}
Country	U.S.	9 (82%) ^{19,21-28}
	Israel	1 (9%) ²⁹
	Chile	1 (9%) ²⁰
Degree of urbanization	Urban/suburban	4 (36%) ^{23,25,27,28}
	Mixed (urban, suburban, rural)	6 (55%) ^{19,20,22,24,26,29}
	Rural	1 (9%) ²¹
Setting	Charter public school	5 (45%) ^{19,23,26-28}
	Traditional public school	5 (45%) ^{20-22,24,29}
	Magnet school	1 (9%) ²⁵
School level	Kindergarten	1 (9%) ²⁵
	Elementary	1 (9%) ²⁹
	Middle	1 (9%) ²⁶
	High	4 (36%) ^{20,21,24,28}
	Multiple levels	4 (36%) ^{19,22,23,27}

Hours added to school time	Expanded day ^{20-22,24,28,29}	261 hours added	1 (7%) ²⁰
		288 hours added	1 (7%) ²⁸
		>300 hrs	1 (7%) ²²
		1 instructional hour added per week per subject (math, science, and English)	1 (7%) ²⁹
		1 additional period per day	1 (7%) ²¹
		Comparing number of classes per day (6 or less, 7, 8 or more)	1 (7%) ²⁴
	Expanded year ^{24,25}	15 or 30 days added to the school year	1 (7.3%) ²⁵
		Comparing number of school days to a year (below or above 180)	1 (7.3%) ²⁴
	Expanded year and day ^{19,23,26,27}	95 hours added	1 (7%) ²⁶
		366 hours added	1 (7%) ²⁷
		Days in school year and minutes in school day longer than the state median	1 (7%) ¹⁹
		Expanded school day and year by 25% or greater when compared to traditional public schools	1 (7%) ²³