

**Appendix Table 1.** Study and Intervention Characteristics from Included Studies

<b>Characteristic</b>		<b>Number of Studies (% of Total)</b>
Study Design	Randomized trial (randomized lottery)	2 (18%) <sup>26,27</sup>
	Panel	3 (27%) <sup>19,23,24</sup>
	Prospective cohort	1 (9%) <sup>29</sup>
	Before-after with comparison group	4 (36%) <sup>20,22,25,28</sup>
	Before-after without comparison group	1 (9%) <sup>21</sup>
Scale of Evaluation	Nation-wide	4 (36%) <sup>20,24,26,29</sup>
	State-wide	1 (9%) <sup>19</sup>
	City-wide	4 (36%) <sup>22,23,27,28</sup>
	Single school	2 (18%) <sup>21,25</sup>
Country	U.S.	9 (82%) <sup>19,21-28</sup>
	Israel	1 (9%) <sup>29</sup>
	Chile	1 (9%) <sup>20</sup>
Degree of urbanization	Urban/suburban	4 (36%) <sup>23,25,27,28</sup>
	Mixed (urban, suburban, rural)	6 (55%) <sup>19,20,22,24,26,29</sup>
	Rural	1 (9%) <sup>21</sup>
Setting	Charter public school	5 (45%) <sup>19,23,26-28</sup>
	Traditional public school	5 (45%) <sup>20-22,24,29</sup>
	Magnet school	1 (9%) <sup>25</sup>
School level	Kindergarten	1 (9%) <sup>25</sup>
	Elementary	1 (9%) <sup>29</sup>
	Middle	1 (9%) <sup>26</sup>
	High	4 (36%) <sup>20,21,24,28</sup>
	Multiple levels	4 (36%) <sup>19,22,23,27</sup>

Hours added to school time	Expanded day <sup>20-22,24,28,29</sup>	261 hours added	1 (7%) <sup>20</sup>
		288 hours added	1 (7%) <sup>28</sup>
		>300 hrs	1 (7%) <sup>22</sup>
		1 instructional hour added per week per subject (math, science, and English)	1 (7%) <sup>29</sup>
		1 additional period per day	1 (7%) <sup>21</sup>
		Comparing number of classes per day (6 or less, 7, 8 or more)	1 (7%) <sup>24</sup>
	Expanded year <sup>24,25</sup>	15 or 30 days added to the school year	1 (7.3%) <sup>25</sup>
		Comparing number of school days to a year (below or above 180)	1 (7.3%) <sup>24</sup>
	Expanded year and day <sup>19,23,26,27</sup>	95 hours added	1 (7%) <sup>26</sup>
		366 hours added	1 (7%) <sup>27</sup>
		Days in school year and minutes in school day longer than the state median	1 (7%) <sup>19</sup>
		Expanded school day and year by 25% or greater when compared to traditional public schools	1 (7%) <sup>23</sup>