



CHOLESTEROL IN THE UNITED STATES, 2015–2018

A large red heart is positioned on the left side of the slide. A white ECG (heart rate) line is superimposed over the heart, starting from the left edge, dipping, then rising sharply to a peak before dipping again and rising to a second, slightly lower peak, before ending on the right side of the heart.

**Women have higher levels
of good cholesterol
(high-density lipoprotein cholesterol)
than men**

SOURCE: National Center for Health Statistics, National Health and Nutrition Examination Survey, 2015–2018.
For more information, visit <https://www.cdc.gov/nchs/products/databriefs/db363.htm>.

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