

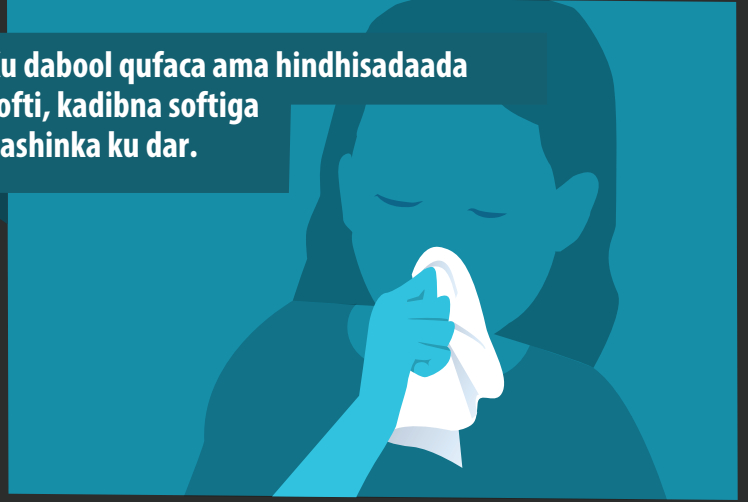
# Jooji Faafidda Jeermiska

Gacan ka gayso kahortagga faafidda cudurrada neefmareenka sida COVID-19.

Iska ilaali inaad u dhawaato dadka xanuusanaya.



Ku dabool qufaca ama hindhisadaada softi, kadibna softiga qashinka ku dar.



Iska ilaali taabashada indhaha, sanka, iyo afkaaga.



Marka aad dadwaynaha dhex joogto, xiro marada wejiga taasi oo daboolaysa sanka iyo afkaaga.

Had iyo jeer nadiifi oo jeermiska ka dil walxaha iyo meelaha la taabto.



Guriga joog markii aad xanuusan tahay, laga reebo marka aad daryeel caafimaad raadinayso.



Ku dhaq gacmahaaga saabuun iyo biyo ugu yaraan 20 ilbiriqsi.



[cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)