

Coronavirus Disease 2019 (COVID-19)

CDC > Coronavirus Disease 2019 (COVID-19) > Travel



Coronavirus Disease 2019 (COVID-19)

Symptoms & Testing +

Prevent Getting Sick +

Daily Life & Coping +

If You Are Sick +

People Who Need Extra Precautions +

Frequently Asked Questions

Travel -

Travelers Returning from International Travel

Returning Cruise Ship Travelers

Travel in the US

Travel Health Notices

Travelers Prohibited from Entry to the US

FAQ for Travelers

Communication Resources for Travelers

Cases & Latest Updates +

Schools, Workplaces & Community Locations +

Healthcare Professionals +

Health Departments +

Laboratories +

Communication Resources +

Get Email Updates

To receive email updates about COVID-19, enter your email address:

Email Address

[What's this?](#)

Submit

Coronavirus and Travel in the United States

[繁體中文](#)

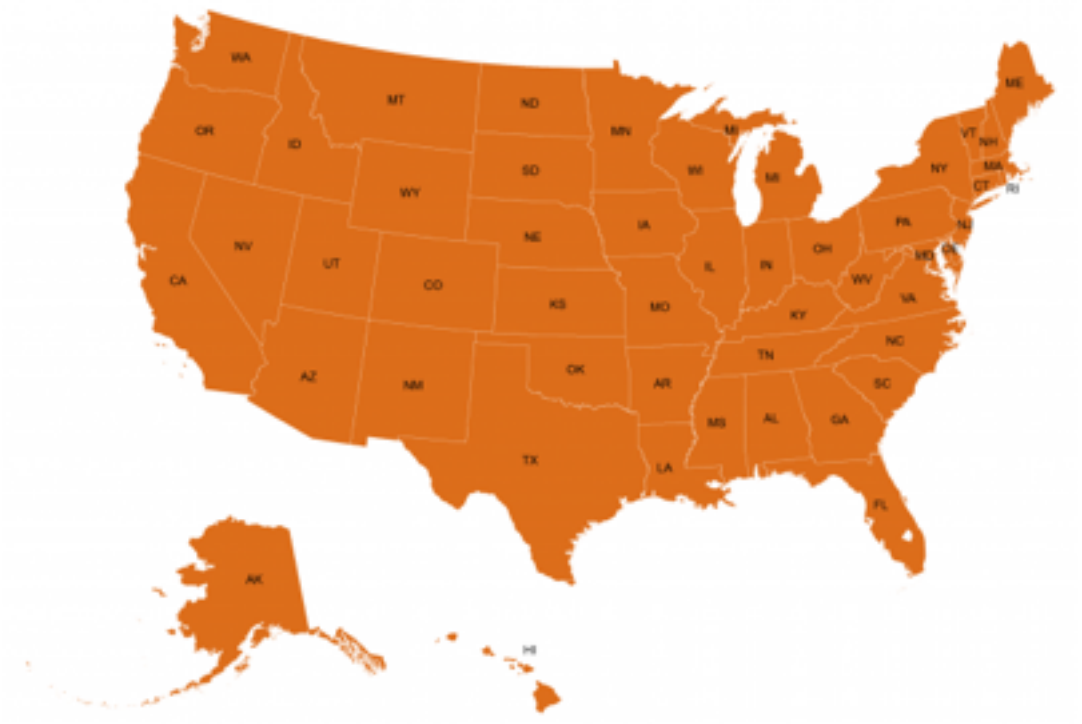
Avoid all nonessential travel in the United States

CDC recommends you [stay home](#) and avoid all nonessential travel within the United States. This includes travel of any distance (across town, state and country) by air, bus, train and car. COVID-19 is spreading in every state, and travel increases your chances of getting and spreading the virus. This guidance does not apply to workers in [critical infrastructure industries](#).

The [State or local government](#) where you are may have issued orders or provided guidance more restrictive than these federal guidelines. In that case, follow the state or local orders and guidance.

If you must travel, [take steps to help prevent getting and spreading COVID-19](#).

CDC also recommends that you avoid all nonessential international travel (see: [COVID-19 Travel Recommendations by Country](#)).



Page last reviewed: April 6, 2020

Content source: National Center for Immunization and Respiratory Diseases (NCIRD), Division of Viral Diseases

HAVE QUESTIONS?

- Visit CDC-INFO
- Call 800-232-4636
- Email CDC-INFO
- Open 24/7

CDC INFORMATION

- About CDC
- Jobs
- Funding
- Policies
- File Viewers & Players

Privacy

- FOIA
- No Fear Act
- OIG
- Nondiscrimination
- Accessibility

CONNECT WITH CDC

