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What's

this?

Situation Summary

guidance as it becomes available.

Updated March 26, 2020 On This Page

This is a rapidly evolving situation and CDC will provide updated information and

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CDC is responding to a pandemic of respiratory disease spreading from person-to-person caused by a novel (new) coronavirus. The

"COVID-19"). This situation poses a serious <u>public health risk</u>. The federal government is working closely with state, local, tribal, and territorial partners, as well as public health partners, to respond to this situation. COVID-19 can cause mild to severe illness; most severe illness occurs in older adults. Situation in U.S. Different parts of the country are seeing different levels of

COVID-19 activity. The United States nationally is in the acceleration phase of the pandemic. The duration and severity of each pandemic phase can vary depending on the characteristics of the virus and the public health response. • CDC and state and local public health laboratories are testing for the virus that causes COVID-19. View CDC's

• U.S. COVID-19 cases include: • Imported cases in travelers Cases among close contacts of a known case

• All 50 states have reported cases of COVID-19 to CDC.

Public Health Laboratory Testing map.

- Community-acquired cases where the source of the infection is unknown.
- Most U.S. states are reporting some community spread of
 - COVID-19.
- View latest case counts, deaths, and a map of states with reported cases.

Situation in U.S. **CDC Recommends** COVID-19 Emergence Severity **COVID-19 Now a Pandemic** Risk Assessment What May Happen CDC Response Highlights of CDC's Response

CDC Recommends

- symptoms compatible with COVID-19 and whether the patient should be tested. Factors to consider in addition to clinical symptoms may include:
 - Has the patient been in close contact with someone with COVID-19 or with patients with pneumonia of unknown cause?
 - please take care of yourself and follow recommended infection control procedures.
 - treatment for this virus. Most people have mild illness and are able to recover at home
- activity. Please follow instructions during this time. Your cooperation is integral to the ongoing public health response to try to slow spread of this virus. COVID-19 is caused by a coronavirus. Coronaviruses are a large family of viruses that are common in

people and many different species of animals, including camels, cattle, cats, and bats. Rarely, animal

coronaviruses can infect people and then spread between people such as with MERS-CoV, SARS-CoV,

The SARS-CoV-2 virus is a betacoronavirus, like MERS-CoV and SARS-CoV. All three of these viruses

posted, suggesting a likely single, recent emergence of this virus from an animal reservoir.

have their origins in bats. The sequences from U.S. patients are similar to the one that China initially

Early on, many of the patients at the epicenter of the outbreak in Wuhan, Hubei Province, China had

some link to a large seafood and live animal market, suggesting animal-to-person spread. Later, a growing number of patients reportedly did not have exposure to animal markets, indicating personto-person spread. Person-to-person spread was subsequently reported outside Hubei and in

and now with this new virus (named SARS-CoV-2).

they became exposed. Learn more about the spread of this newly emerged coronavirus. Severity

The complete clinical picture with regard to COVID-19 is not fully known. Reported illnesses have

resulting in death. While information so far suggests that most COVID-19 illness is mild, a report 🔀

ranged from very mild (including some with no reported symptoms) to severe, including illness

States. Community spread means some people have been infected and it is not known how or where

countries outside China, including in the <u>United States</u>. Some international <u>destinations now have</u>

ongoing community spread with the virus that causes COVID-19, as do some parts of the United

out of China suggests serious illness occurs in 16% of cases. Older people and people of all ages with severe chronic medical conditions — like heart disease, lung disease and diabetes, for example seem to be at higher risk of developing serious COVID-19 illness. A CDC Morbidity & Mortality Weekly Report that looked at severity of disease among COVID-19 cases in the United States by age group found that 80% of deaths were among adults 65 years and older with the highest percentage of severe outcomes occurring in people 85 years and older. Learn more about the symptoms associated with COVID-19.

A pandemic is a global outbreak of disease. Pandemics happen when a new virus emerges to infect

This is the first pandemic known to be caused by a new coronavirus. In the past century, there have

been four pandemics caused by the emergence of new influenza viruses. As a result, most research

people and can spread between people sustainably. Because there is little to no pre-existing

March 11, the COVID-19 outbreak was <u>characterized as a pandemic by the WHO</u> .

Investigation

are being reported in a growing number of states.

Prepandemic Intervals

and guidance around pandemics is specific to influenza, but the same premises can be applied to the current COVID-19 pandemic. Pandemics of respiratory disease follow a certain progression outlined in a "Pandemic Intervals Framework." Pandemics begin with an investigation phase, followed by

Acceleration

Outbreaks of respiratory illness, including pandemics caused by a new virus, typically

Pandemic Intervals

severity of resulting illness; and the medical or other measures available to control the impact of the virus (for example, vaccines or medications that can treat the illness) and the relative success of these. In the absence of vaccine or treatment medications, nonpharmaceutical_interventions become the most important response strategy. These are community interventions that can reduce the impact of disease. The risk from COVID-19 to Americans can be broken down into risk of exposure versus risk of serious illness and death.

• The immediate risk of being exposed to this virus is still low for most Americans, but as the

outbreak expands, that risk will increase. Cases of COVID-19 and instances of community spread

• People in places where ongoing community spread of the virus that causes COVID-19 has been

• Travelers returning from affected international locations where community spread is occurring

also are at elevated risk of exposure, with level of risk dependent on where they traveled.

reported are at elevated risk of exposure, with the level of risk dependent on the location.

• Healthcare workers caring for patients with COVID-19 are at elevated risk of exposure.

Close contacts of persons with COVID-19 also are at elevated risk of exposure.

risk of getting very sick from this illness. This includes: Older adults, with risk increasing by age. People who have serious chronic medical conditions like:

CDC has developed guidance to help in the risk assessment and management of people with

More cases of COVID-19 are likely to be identified in the United States in the coming days, including

more instances of community spread. CDC expects that widespread transmission of COVID-19 in the

United States will occur. In the coming months, most of the U.S. population will be exposed to this

systems may become overloaded, with elevated rates of hospitalizations and deaths. Other critical

overwhelmed. At this time, there is no vaccine to protect against COVID-19 and no medications

approved to treat it. Nonpharmaceutical interventions will be the most important response strategy

Global efforts at this time are focused concurrently on lessening the spread and impact of this virus.

infrastructure, such as law enforcement, emergency medical services, and sectors of the

transportation industry may also be affected. Healthcare providers and hospitals may be

virus.

CDC Response

Heart disease

Lung disease

potential exposures to COVID-19.

What May Happen

Diabetes

The federal government is working closely with state, local, tribal, and territorial partners, as well as public health partners, to respond to this public health threat.

growing public health threat posed by this new coronavirus:

• CDC has issued <u>clinical guidance</u>, including:

• An important part of CDC's role during a public

health emergency is to develop a test for the

<u>19)</u>.

of the 26 European countries in the Schengen Area within the past 14 days cannot enter the United States. o U.S. citizens, residents, and their immediate family members who have been any one of those countries within in the past 14 days can enter the United States, but they are subject to health monitoring and possible quarantine for up to 14 days. • People at higher risk of serious COVID-19 illness avoid cruise travel and non-essential air travel.

• CDC has issued additional specific travel guidance related to COVID-19.

use of personal protective equipment (PPE) during a shortage.

identification, contact tracing, clinical management, and public communications. • CDC has worked with federal partners to support the safe return of Americans overseas who have been affected by COVID-19.

Clinical Guidance for Management of Patients with Confirmed Coronavirus Disease (COVID-

o Infection Prevention and Control Recommendations for Patients, including guidance on the

- pathogen and equip state and local public health labs with testing capacity. CDC developed an rRT-PCR test to diagnose COVID-19.
- CDC COVID-19 diagnostic tests. Commercial manufacturers are now producing their own tests.

successfully verified and are currently using

- for use by the broad scientific community. • CDC also is developing a <u>serology test</u> for COVID-19.
- Other Available Resources
- The following resources are available with information on COVID-19

OIG

Nondiscrimination

Accessibility

USA.gov

Page last reviewed: March 26, 2020 Content source: National Center for Immunization and Respiratory Diseases (NCIRD), Division of Viral Diseases



Does the patient have recent travel from an <u>affected area?</u> Does the patient reside in an area where there has been community spread of COVID-19? • If you are a healthcare provider or a public health responder caring for a COVID-19 patient, People who get a fever or cough should consider whether they might have COVID-19, depending on where they live, their travel history or other exposures. More than half of the U.S. is seeing some level of community spread of COVID-19. Testing for COVID-19 may be accessed through medical providers or public health departments, but there is no without_medical_care._ • For people who are ill with COVID-19, but are not sick enough to be hospitalized, please follow CDC guidance on how to reduce the risk of spreading your illness to others. People who are mildly ill with COVID-19 are able to isolate at home during their illness. • If you have been in China or another affected area or have been exposed to someone sick with COVID-19 in the last 14 days, you will face some limitations on your movement and COVID-19 Emergence

immunity against the new virus, it spreads worldwide. The virus that causes COVID-19 is infecting people and spreading easily from person-to-person. On

COVID-19 Pandemic

CDC

Intervals

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Risk of exposure:

recognition, initiation, and acceleration phases. The peak of illnesses occurs at the end of the acceleration phase, which is followed by a deceleration phase, during which there is a decrease in illnesses. Different countries can be in different phases of the pandemic at any point in time and different parts of the same country can also be in different phases of a pandemic. Preparedness and Response Framework for COVID-19 Pandemic

follow a pattern and can be divided into intervals. cdc.gov/coronavirus Source: CDC's "Updated Preparedness and Response Framework for Influenza Pandemics.". Risk Assessment Risk depends on characteristics of the virus, including how well it spreads between people; the

Risk of Severe Illness: Early information out of China, where COVID-19 first started, shows that some people are at higher

Widespread transmission of COVID-19 could translate into large numbers of people needing medical care at the same time. Schools, childcare centers, and workplaces, may experience more absenteeism. Mass gatherings may be sparsely attended or postponed. Public health and healthcare

to try to delay the spread of the virus and reduce the impact of disease.

Highlights of CDC's Response CDC established a COVID-19 Incident Management System on January 7, 2020. On January 21, CDC activated its Emergency Operations Center to better provide ongoing support to the COVID-19 response.

• The U.S. government has taken unprecedented steps with respect to **travel** in response to the

o Foreign nationals who have been in China, Iran, the United Kingdom, Ireland and any one

- CDC also has issued guidance for other settings, including: • Preparing for COVID-19: Long-term Care Facilities, Nursing Homes Discontinuation of Home Isolation for Persons with COVID-19 • CDC has deployed multidisciplinary teams to support state health departments in case
 - As of the evening of March 17, 89 state and local_public_health_labs in 50 states, the District of Columbia, Guam, and Puerto Rico have
- CDC has grown the COVID-19 virus in cell culture, which is necessary for further studies, including for additional genetic characterization. The cell-grown virus was sent to NIH's <u>BEI Resources Repository</u>
- World Health Organization, Coronavirus

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This is a picture of CDC's laboratory

test kit for severe acute respiratory

syndrome coronavirus 2 (SARS-CoV-

laboratories, Department of Defense

2). CDC tests are provided to U.S.

state and local public health

(DOD) laboratories and select

international laboratories.

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U.S. Department of Health & Human Services

Jobs

Funding

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