

## 2019 Novel Coronavirus

## Interim Guidance for Healthcare Professionals

#### Updated February 2, 2020

Limited information is available to characterize the spectrum of clinical illness associated with 2019-nCoV. No vaccine specific treatment for 2019-nCoV infection is available; care is supportive.

The CDC clinical criteria for a 2019-nCoV patient under investigation (PUI) have been developed based on what is kno about MERS-CoV and SARS-CoV and are subject to change as additional information becomes available.

Health care providers should obtain a detailed travel history for patients being evaluated with fever and acute respiration illness. CDC guidance for evaluating and reporting a PUI for MERS-CoV remains unchanged.

## Criteria to Guide Evaluation of Patients Under Investigation (PUI) for 2019-nCoV

Patients in the United States who meet the following criteria should be evaluated as a PUI for 2019-nCoV.



Flowchart to Identify and Assess 2019 Novel Coronavirus Printable resource for healthcare professionals for the evaluation of patients who may be ill with or who may have been exposed to 2019 Novel Coronavirus (2019-nCoV).

Learn more



### Contact your local or state health department

Healthcare providers should **immediately** notify their local  $\mathbf{C}$  or state  $\mathbf{C}$  health department in the event of a PUI for 2019-nCoV.

Clinical Features	&	Epidemiologic Risk
Fever <sup>1</sup> <b>or</b> signs/symptoms of lower respiratory illness (e.g. cough or shortness of breath)	AND	Any person, including health care workers, who has had close contact <sup>2</sup> with a laboratory-confirmed <sup>3,4</sup> 2019-nCo patient within 14 days of symptom onset

Fever <sup>1</sup> <b>and</b> signs/symptoms of a lower respiratory illness (e.g., cough or shortness of breath)	AND	A history of travel from <b>Hubei Province</b> , China <sup>5</sup> within days of symptom onset
Fever <sup>1</sup> <b>and</b> signs/symptoms of a lower respiratory illness (e.g., cough or shortness of breath) requiring hospitalization <sup>4</sup>	AND	A history of travel from mainland <b>China<sup>5</sup></b> within 14 day of symptom onset

The criteria are intended to serve as guidance for evaluation. Patients should be evaluated and discussed with public health departments on a case-by-case basis if their clinical presentation or exposure history is equivocal (e.g., uncertation or exposure).

# Recommendations for Reporting, Testing, and Specimen Collection

Updated January 17, 2020

Healthcare providers should **immediately** notify both infection control personnel at their healthcare facility and their local or state health department in the event of a PUI for 2019-nCoV. State health departments that have identified a should immediately contact CDC's Emergency Operations Center (EOC) at 770-488-7100 and complete a 2019-nCoV P case investigation form available below.

- Download fillable PDF form 📙 [PDF 211 KB]
- Download Microsoft Word form 🖉 [DOC 90 KB]

CDC's EOC will assist local/state health departments to collect, store, and ship specimens appropriately to CDC, include during afterhours or on weekends/holidays. At this time, diagnostic testing for 2019-nCoV can be conducted only at C

Testing for other respiratory pathogens should not delay specimen shipping to CDC. If a PUI tests positive for anothe respiratory pathogen, after clinical evaluation and consultation with public health authorities, they may no longer be considered a PUI. This may evolve as more information becomes available on possible 2019-nCoV co-infections.

## For biosafety reasons, it is not recommended to perform virus isolation in cell culture or initial characterization of viral agents recovered in cultures of specimens from a PUI for 2019-nCoV.

To increase the likelihood of detecting 2019-nCoV infection, CDC recommends collecting and testing multiple clinical specimens from different sites, including all three specimen types—lower respiratory, upper respiratory, and serum specimens. Additional specimen types (e.g., stool, urine) may be collected and stored. Specimens should be collected soon as possible once a PUI is identified regardless of time of symptom onset. Additional guidance for collection, handling, and testing of clinical specimens is available.

### Interim Healthcare Infection Prevention and Control Recommendations for Patients Under Investigation for 2019–nCoV

 Interim Health Care Infection Prevention and Control Recommendations for Patients Under Investigation for 20 Novel Coronavirus

- Guideline for Isolation Precautions: Preventing Transmission of Infectious Agents in Health Care Settings
- CDC Health Alert Network Advisory Update and Interim Guidance on Outbreak of 2019 Novel Coronavirus (2019 nCoV)

### Footnotes

<sup>1</sup>Fever may be subjective or confirmed

<sup>2</sup>Close contact is defined as—

a) being within approximately 6 feet (2 meters) of a 2019-nCoV case for a prolonged period of time while not weari recommended personal protective equipment or PPE (e.g., gowns, gloves, NIOSH-certified disposable N95 respirate eye protection); close contact can occur while caring for, living with, visiting, or sharing a health care waiting area o room with a 2019-nCoV case – *or* –

b) having direct contact with infectious secretions of a 2019-nCoV case (e.g., being coughed on) while not wearing recommended personal protective equipment.

See CDC's updated Interim Healthcare Infection Prevention and Control Recommendations for Patients Under Investigation for 2019 Novel Coronavirus.

Data to inform the definition of close contact are limited. Considerations when assessing close contact include the duration of exposure (e.g., longer exposure time likely increases exposure risk) and the clinical symptoms of the period with 2019-nCoV (e.g., coughing likely increases exposure risk as does exposure to a severely ill patient). Special consideration should be given to those exposed in health care settings.

<sup>3</sup>Documentation of <u>laboratory-confirmation</u> of 2019-nCoV may not be possible for travelers or persons caring for patients in other countries.

<sup>4</sup>Category also includes any member of a cluster of patients with severe acute lower respiratory illness (e.g., pneumonia, ARDS) of unknown etiology in which 2019-nCoV is being considered that requires hospitalization. Such persons should be evaluated in consultation with state and local health departments regardless of travel history.

<sup>5</sup>For persons with travel to China within 14 days that are being regularly monitored by local health departments or referred for evaluation from border screening, testing for nCoV can be considered at the discretion of the health

officials for all persons with illnesses with fever and lower respiratory symptoms (those hospitalized and those not hospitalized).

### Additional Resources:

- Directory of Local Health Departments 🗹
- World Health Organization (WHO) Coronavirus 🗹
- WHO guidance on clinical management of severe acute respiratory infection when novel coronavirus (nCoV) infection is suspected ☑

Page last reviewed: February 2