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Quantification of 16 urinary biomarkers of exposure to flame retardants, plasticizers, and organophosphate insecticides for biomonitoring studies

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Abstract

Chlorinated alkyl and non-chlorinated aryl organophosphate flame retardants (OPFRs) and some brominated flame retardants (FR) were introduced as replacements for polybrominated diphenyl ethers (PBDEs) after PBDEs phase-out in 2004 and 2013. Organophosphorous (OP) insecticides are mainly used in agricultural settings since the Food Quality Protection Act of 1996 phased-out most residential uses of OP insecticides in the United States.

Urinary metabolites of FRs and OPs are known exposure biomarkers to FRs and OP insecticides, respectively. For large population-based studies, concurrent quantification of these metabolites using a small urine volume is desirable, but until now was not possible. We developed an analytical approach to quantify in 0.2 mL urine 10 FRs and six OP insecticide metabolites: diphenyl phosphate, bis(1,3-dichloro-2-propyl) phosphate, bis(1-chloro-2-propyl) phosphate, bis(2-chloroethyl) phosphate, dicresyl phosphates, dibutyl phosphate, dibenzyl phosphate, 2,3,4,5-tetrabromobenzoic acid, 2-((isopropyl)phenyl) phenyl phosphate, 4-((*tert*-butyl)phenyl)phenyl phosphate, dimethyl phosphate, diethyl phosphate, dimethyl thiophosphate, dimethyl dithiophosphate, diethyl thiophosphate, and diethyl dithiophosphate. The method relies on enzymatic deconjugation, automated off-line solid phase extraction, high-performance liquid chromatography, and isotope dilution tandem mass spectrometry. Detection limits ranged from 0.05 to 0.5 ng mL⁻¹, accuracy from 89 to 118%, and imprecision was <10%.

This method is the first to quantify simultaneously trace levels of 16 biomarkers of FRs and OP insecticides in only four drops of urine. We confirmed the method suitability for use in large epidemiological studies to assess background and occupational exposures to these classes of environmental pollutants by analyzing 303 samples collected from the general population and a

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Disclaimer

The findings and conclusions in this report are those of the authors and do not necessarily represent the views of the Centers for Disease Control and Prevention.

Appendix A. Supplementary data

Supplementary data to this article can be found online at <https://doi.org/10.1016/j.chemosphere.2019.06.181>.

Conflicts of interests

The authors declare they have no competing financial or other conflicts of interests.

group of firefighters. FR metabolite and DAPs concentrations in the general population group were lower than in the firefighters group, and within the ranges reported in the U.S. general population and other non-occupationally exposed populations.

Keywords

Flame retardants; Organophosphates; Insecticides; Metabolites; Biomarkers; Liquid chromatography mass spectrometry

1. Introduction

Flame retardants are added to consumer products such as furniture, electronics, and clothing to meet flammability standards and regulations. Persistent flame retardants such as polybrominated diphenyl ethers (PBDEs) were phased-out from the market (de Wit, 2002; Tullo, 2003), and other chemicals such as chlorinated alkyl and non-chlorinated aryl organophosphate flame retardants (OPFRs), and non-PBDE brominated flame retardants (FR) such as 2-ethylhexyl-2,3,4,5-tetrabromobenzoate (EH-TBB) were introduced to maintain fire resistance requirements (Bergman et al., 2012; van der Veen and de Boer, 2012; US-EPA, 2013, 2014). EH-TBB and OPFRs are used in non-PBDE flame retardant formulations such as Firemaster 550, Firemaster BZ-54, and CN-2065.

Triphenyl phosphate (TPhP), mono-substitute isopropyl triphenyl phosphate (iPTPhP), mono-substitute tertbutyl triphenyl phosphate (tBTPhP), tris(1,3-dichloro-2-propyl) phosphate (TDCPP), tris(1-chloro-2-propyl) phosphate (TCPP), tris(2-chloroethyl) phosphate (TCEtP), tricresyl phosphates (TCP), tri-*n*-butyl phosphate (TBuP), and tribenzyl phosphate (TBzP) are among the most used OPFRs. Some of these compounds are also used as plasticizers and additives in lacquers, resins, lubricants, hydraulic fluids, and polyvinyl chloride (Andresen et al., 2004; Solbu et al., 2007; Wei et al., 2015). Some OPFRs and chemicals in non-PBDE brominated FRs are frequently detected in various consumer products (Stapleton et al., 2008, 2009, 2011, 2012, 2014; Dodson et al., 2012; Carignan et al., 2013a, 2013b), and can be present in higher concentrations than PBDEs (Dodson et al., 2012).

Because OPFRs are not chemically bound to the products, they can easily leach into the environment and expose humans by inhalation, ingestion, and dermal adsorption. Even though OPFRs are assumed to be safer alternatives to PBDEs, several OPFRs are carcinogenic, mutagenic, and neurotoxic (Dishaw et al., 2011; van der Veen and de Boer, 2012), with potential adverse health effects (Meeker and Stapleton, 2010; Meeker et al., 2013; Patisaul et al., 2013). OPFRs can undergo phase I and phase II bio-transformations including hydrolysis to diesters, hydroxylation, oxidative dechlorination, carboxylation, glucuronidation, sulfation and glutathione conjugation, to produce metabolites that are more hydrophilic than the parent compounds and readily excreted in urine (Van den Eede et al., 2013a; Hou et al., 2016). EH-TBB metabolizes to 2,3,4,5-tetrabromobenzoic acid (TBBA) (Roberts et al., 2012). Organophosphate diesters have been detected in people's urine and used to assess exposure to the corresponding parent chemicals (Carignan et al., 2013a, 2013b; Butt et al., 2014; Dodson et al., 2014; Cequier et al., 2015; Hoffman et al., 2017;

Jayatilaka et al., 2017; Romano et al., 2017; He et al., 2018; Ospina et al., 2018; Phillips et al., 2018).

Although organophosphorus (OP) insecticides are still used for controlling insects on many crops, most residential uses were phased-out in the United States after the Food Quality Protection Act of 1996 (US-EPA, 1996). Approximately 40 OP pesticides are still registered for use in agriculture (US-EPA, 2016), and certain OP insecticides such as malathion and naled are registered in the United States for public health applications (e.g., mosquito control).

Approximately 75% of the registered OP pesticides metabolize in the body to dialkylphosphates (DAPs) (Table S1) and yield dimethylphosphate (DMP), dimethylthiophosphate (DMTP), dimethyldithiophosphate (DMDTP), diethylphosphate (DEP), diethylthiophosphate (DETP), and diethyldithiophosphate (DEDTP), which are excreted in urine (Nutley and Cocker, 1993; Bravo et al., 2002). Quantification of these metabolites can provide an estimate of overall exposure to OP pesticides.

Exposure to OP pesticides typically occurs by ingesting contaminated food or by hand-to-mouth contact with surfaces containing OP pesticides (Lu et al., 2008; Curl et al., 2015). Toxic effects to humans, among others, include neurological dysfunction that results from the inhibition of the enzyme acetylcholinesterase leading to excess acetylcholine in the central and peripheral nervous systems (Cocker et al., 2002; Kwong, 2002).

Several methods have been reported for the measurement of either DAPs or FR metabolites in human urine by liquid chromatography-mass spectrometry or gas chromatography-mass spectrometry after derivatization (Bardarov and Mitewa, 1989; Bravo et al., 2002; Bravo et al., 2004; De Alwis et al., 2006; Dulaurent et al., 2006; Ueyama et al., 2006; Petchuay et al., 2008; Schindler et al., 2009b; Schindler et al., 2009a; Odetokun et al., 2010; Cooper et al., 2011; Reemtsma et al., 2011; Van den Eede et al., 2013b; Jayatilaka et al., 2017; Bastiaensen et al., 2018). Even though these analytical methods are well developed, metabolites from both chemical classes are not included in one single method, and most of these methods require relatively large sample volumes. Furthermore, methods for FR metabolite analysis often require between one and 5 mL of urine. There is a need for developing multi-analyte methods which only use a minimum amount of sample, especially for studies where samples are scarce or hard to obtain such as those involving children. To fill in this gap, we developed a mass-spectrometry based method to concurrently quantify nine of the most common chlorinated and non-chlorinated OPFR metabolites, one non-PBDE brominated FR metabolite, and six DAP OP insecticide metabolites in only 200 mL human urine. We assessed the suitability of the method by analyzing samples from the general population, and from a group of firefighters after performing structural firefighting.

2. Materials and methods

2.1. Reagents and standards

Methanol, acetonitrile, ammonium hydroxide (Fisher Scientific, Pittsburgh, PA, USA), and formic acid, acetic acid, (Sigma-Aldrich, St. Louis, MO, USA) were all HPLC-grade.

Deionized water was purified using a NANOpure Infinity ultrapure water system (Barnstead/Thermolyne, IA, USA). Diphenyl phosphate (DPhP), DPhP-d10, di-m-cresyl phosphate (DmCP), di-o-cresyl phosphate (DoCP), DoCP-d14, di-p-cresyl phosphate (DpCP), DpCP-d14, bis(1-chloro-2-propyl) phosphate (BCPP), BCPP-d12, bis(2-chloroethyl) phosphate (BCEtP), and BCEtP-d8 were purchased from Toronto Research Chemicals, TRC (Toronto, Canada). Bis(1,3-dichloro-2-propyl) phosphate (BDCPP), BDCPP-d10, TBBA, and TBBA- $^{13}\text{C}_6$ were purchased from Wellington Laboratories (Guelph, Canada). DBuP, DBuP-d18, DBzP, DBzP-d14, β -glucuronidase Type H-1 from *Helix pomatia*, and 4-Methylumbelliferyl β -D-glucuronidase hydrate (UMB) were purchased from Sigma-Aldrich. DMP, DMP-d6, DMTP, DMTP-d6, DMDTP, DMDTP-d6, DEP, DEP-d10, DETP, DETP-d10, DEDTP, DEDTP-d10, UMB- $^{13}\text{C}_4$ were purchased from Cambridge Isotope Laboratories (Andover, MA, USA). 2-((isopropyl) phenyl) phenyl phosphate (iPPPP) and 4-((*tert*-butyl) phenyl) phenyl phosphate (tBPPP) were purchased from Duke University Small Molecule Synthesis Facility (Durham, NC, USA). All chemicals and standard materials were used without further purification. The analytes chemical structures and abbreviations are shown in Fig. 1.

Individual stock solutions of standards and labeled internal standards were prepared by dissolving or diluting in appropriate solvent (according to manufacturers' solubility recommendations). Using these individual stock solutions, three intermediate stock solutions with all target analytes were prepared in 1:1 (v/v) methanol/water giving a concentration of individual compounds of 1000 ng mL $^{-1}$, 500 ng mL $^{-1}$, or 50 ng mL $^{-1}$. Ten calibration standard solutions containing all target analytes were prepared by diluting appropriate amounts from intermediate stock solutions in 1:4 (v/v) methanol/water. A 200 μL spike from these calibration standards onto 200 μL of urine would cover a final concentration range of 0.05 ng mL $^{-1}$ to 100 ng mL $^{-1}$ for DMP, DMTP, DMDTP, and DEP, and 0.05 ng mL $^{-1}$ to 40 ng mL $^{-1}$ for the rest of the analytes. To monitor the extent of the enzymatic reaction, 4-methylumbelliferyl β -D-glucuronide hydrate and $^{13}\text{C}_4$ -4-methylumbelliferone stock solutions prepared in methanol were used as deconjugation standards. By mixing appropriate amounts from isotope-labeled standards and deconjugation standards in 1:4 (v/v) methanol/water, the spiking solution of isotope-labeled standards and deconjugation standards mixture was prepared, so that a 100 μL spike onto 200 μL of urine would result in 10 ng mL $^{-1}$ concentration of the individual labeled compounds, 1500 ng mL $^{-1}$ of 4-methylumbelliferyl β -D-glucuronide hydrate, and 75 ng mL $^{-1}$ of $^{13}\text{C}_4$ -4-methylumbelliferone. All stock solutions and standards were stored in amber polypropylene vials at or below -10°C .

2.2. Human urine collection for method development and validation

To prepare quality control (QC) pools and for method validation, urine samples were collected anonymously in Atlanta, GA in 2015 from a diverse group of male and female adult volunteers with no documented occupational exposure to target flame retardants or OP pesticides. CDC's Human Subjects Institutional Review Board reviewed and approved the study protocol. A waiver of informed consent was requested under 45 CFR 46.116(d). No personal or demographic data were collected.

These individual samples were screened for endogenous amounts of target analytes. Individual samples with overall lowest concentrations of endogenous target analytes were combined to form a blank pool. The blank urine was stored at or below -20°C in glass vials. QC materials were prepared by spiking portions of blank urine with native target compounds. The low-concentration QC (QCL) was about 4 ng mL^{-1} ; the high concentration QC (QCH) was about 15 ng mL^{-1} . The spiked QC materials were refrigerated, mixed for over 24 h, aliquoted into polypropylene vials (1 mL portions), and stored at or below -20°C until use.

We also used 145 urine samples collected in 2010–2011 from firefighters after performing structural firefighting while wearing full protective clothing and self-contained breathing apparatus (SCBA) (Fent et al., 2014; Pleil et al., 2014). All participants gave consent to have their residual urine stored without identifiers for future research purposes, and the study protocol was approved by the U.S. National Institute for Occupational Safety and Health's IRB. The analysis of these de-identified specimens was determined not to constitute engagement in human subjects research.

2.3. Sample preparation and automated off-line solid phase extraction (SPE)

The extraction procedure was adapted from our previously published method (Jayatilaka et al., 2017), but adjusted for 200 μL urine. In brief, after adding 100 μL of labeled/deconjugation standard spiking mixture to each well, 200 μL of calibration standard solutions were spiked onto the wells assigned for each calibration level, 200 μL of deionized water was added to the solvent blank well, and 200 μL of QCs or study urines were added to the designated wells. Then, 400 μL of enzyme solution was dispensed to each well (a minimum of 1000 units of β -glucuronidase, 33 units of sulfatase per sample in 0.2 M sodium acetate buffer) and incubated overnight (typically 17 h) at 37°C . Samples were cleaned up and concentrated by SPE as previously described (Jayatilaka et al., 2017), but eluted with 800 μL of freshly prepared 2% (v/v) NH_4OH in methanol and reconstituted with 100 μL of 95:5 (v/v) water: acetonitrile/methanol mixture after the drying step.

2.4. Chromatographic separation and detection

High-performance liquid chromatography (HPLC) was performed on an Agilent 1290 (Agilent Technologies, Santa Clara, CA, USA) system equipped with a binary pump, an autosampler with a cooling thermostat module, and a temperature controlled column compartment. Mobile phase A was 0.1% (v/v) acetic acid in deionized water and mobile phase B was a mixture of 1:1 acetonitrile: methanol. The gradient started at 5% of mobile phase B for 0.5 min, increased to 50% B in 4.0 min, ramped to 100% in 9.5 min and held for 1.5 min, returned to 5% B in 1 min and held for 4.0 min to equilibrate the column for the next sample. All analytes eluted within 10 min. The injection volume was 10 μL and the flow rate was constant at 0.7 mL/min. Chromatographic separation was performed on a Hypersil GOLD aQ column ($150 \times 4.6\text{ mm}$, 3 μm ; Thermo scientific, San Jose, CA, USA) preceded by inline filters (2 μm and 0.5 μm , Upchurch Scientific, Oak Harbor, WA, USA). During the sample analysis, the autosampler was kept at 4°C and the column at 45°C .

Mass spectrometry was performed on an AB Sciex 5500 Qtrap mass spectrometer (Applied Biosystems, Foster City, CA, USA) equipped with a TurboIonSpray® source. The parameters were set as follows: curtain gas 20, collision gas medium option, IonSpray voltage –4500 V, temperature 450 °C, and ion source gases 45. The mass spectrometer was operated in scheduled multiple reaction monitoring (sMRM) mode using negative polarity. Table 1 shows the transitions and collision energies used for each analyte.

The operation system and the mass spectrometry data acquisition were controlled by Analyst software version 1.6.3 (Applied Biosystems). This software controls all components of the analytical system. The data were processed and integrated with Multiquant software version 3.0.3 (Applied Biosystems).

2.5. Quality control/quality assurance

Each analytical run prepared in a 96-well plate included a solvent blank, ten calibration standards, two aliquots each from QC low-and high-concentration (QCL, QCH) samples, and the study samples. The concentrations of the QCs, averaged to obtain one measurement of high- and one of low-concentration QC for each run, were evaluated by use of standard statistical probability rules (Caudill et al., 2008). For quantification, we used 10 standard solutions to construct daily calibration curves, weighted by the reciprocal of the standard amount (1/x), of the response factor (calculated as the peak area of each analyte ion divided by the peak area of its internal standard) versus the standard amount. Calibration curves were linear up to 3e4 orders of magnitude, depending on the analyte. Samples with concentrations exceeding the highest calibration standard were diluted, re-extracted, and reanalyzed so that the measured values were within the calibration range. Appropriate dilution factors were used to get the final concentrations. Because standards and study samples went through the same extraction procedure, reagent contributions were automatically corrected by the calibration curve intercept.

3. Results and discussion

3.1. Selection of experimental conditions

The purpose of this work was to add six OP pesticide metabolites and three additional FR metabolites to an existing method which was able to quantify nine FR metabolites in urine (Jayatilaka et al., 2017). Therefore, all analytes were optimized to existing mass spectrometry parameters using negative electrospray ionization (ESI). ESI has been the method of choice for quantifying FRs and DAPs before (Moller et al., 2004; Odetokun et al., 2010; Reemtsma et al., 2011; Van den Eede et al., 2013b; Butt et al., 2014; Been et al., 2017).

Several reversed phase HPLC columns with different dimensions and particle sizes were tested (data not shown). With most of the columns, including ZORBAX Eclipse XDB-C8 column used in our previous work (Jayatilaka et al., 2017), DMP eluted near the injection front and co-eluted with matrix interferences. Hypersil GOLD aQ (4.6 × 150 mm, 3 mm) was selected because it retained DMP a little longer than the other columns without co-

eluting with matrix interferences, and had better chromatography for all the analytes considered. None of the columns evaluated separated DoCP, DmCP, and DpCP isomer peaks completely, and the isomers were quantified together (i.e., total DCP concentration). Fig. 2 shows typical ion chromatograms for all target analytes in urine.

Strata-X-AW (60 mg per well, 96-well plate, Phenomenex, Torrance, CA, USA), used to quantify FR metabolites in urine before (Jayatilaka et al., 2017) was selected as the SPE column. Portions from break-through and wash steps were tested to evaluate any losses during sample loading and washing steps. Samples were eluted with 2% of NH₄OH in methanol. Care was taken to control the sample pass through flow rate to as low as possible, a critical step to achieve good recoveries for DMP and DMDTP. Because Strata-X-AW extracts eluted with 2% NH₄OH in methanol provided satisfying results for all new target analytes, performance for other sorbents was not evaluated.

3.2. Enzymatic treatment

Previous studies have shown that DAPs are directly excreted into urine, while hydroxylated OPFR metabolites need glucuronide conjugation before excretion (Ballesteros-Gómez al., 2015; Eede et al., 2015; Su et al., 2016). These conjugates must be hydrolyzed to measure total (conjugated plus free) concentration of the target analytes. Therefore, enzymatic treatment has been used for quantification of urinary flame retardant metabolites (Van den Eede et al., 2013a; Van den Eede et al., 2015; Su et al., 2016; He et al., 2018). Our previous work showed that the enzyme treatment only had a significant effect on DBuP and DPhP, and showed insignificant differences with the type of enzyme used (Jayatilaka et al., 2017). We tested the same enzyme, β -glucuronidase/sulfatase (Helix Pomatia, type H-1), on all new target analytes. As expected, enzyme treatment did not significantly affect the concentrations of the six DAPs. Also, no significant differences were observed for iPPPP and tBPPP with the enzyme considered. Tested samples had no detectable DCP concentrations to evaluate.

3.3. Method validation

3.3.1. Matrix effects—The composition of urine samples may vary considerably from person to person with regard to types and concentrations of solute. This complexity may cause some matrix-dependent ion enhancement or ion suppression. In most cases, matrix effects can be accounted for by utilizing stable isotope labeled internal standards or by preparing calibration standards in the same matrix as the sample. Other authors have evaluated matrix effects by comparing the spiked target analyte recoveries in urine (Odetokun et al., 2010; Cooper et al., 2011; Van den Eede et al., 2013b) and noted higher matrix effects when isotope labeled analogues were not used (Van den Eede et al., 2013b). Most of the target compounds in this method are quantified with its own deuterium or ¹³C labeled internal standards. Only iPPPP and tBPPP do not have their own isotope labeled internal standards, and were quantified with DPhP-d₁₀. To evaluate matrix effects, ten sets of calibration curves spiked in ten different urines and in deionized water were analyzed in ten different days. The mean slope \pm standard deviation in urine and in water for each analyte, and the percent difference between the slopes are shown in Table 2. Because no urine tested was free of all target analytes, and mean slope in urine of every analyte was not significantly different from its mean slope in water, we chose a water-based calibration curve

for quantification. Percent differences between the slopes in urine and water curves for DBuP, tBPPP, DMTP, and DETP were slightly higher than those for the other analytes (>5%), but still acceptable for the intended purpose of the method (US-FDA, 2018).

3.3.2. SPE recoveries—Weak anion exchange has been the optimal sorbent for SPE in previous methods to quantify separately OPFR metabolites and DAPs in urine (Odetokun et al., 2010; Cooper et al., 2011; Van den Eede et al., 2013b). After experimenting with sample loading and washing steps, Strata-X-AW cartridge afforded the best SPE recovery for most analytes. SPE recoveries were evaluated at four different concentrations (2, 8, 12, 20 ng mL⁻¹) by using pre- and post-extraction spiked aliquots from a blank urine pool. Each concentration was analyzed in triplicate in two different days. Relative recoveries, calculated as ratio of response ratios (native/ label) for pre- and post-spiked extractions, are in Fig. 3. Recoveries of 94–110% were obtained for most analytes at all levels considered. For iPPPP and tBPPP, recoveries were 87% and 69%, respectively; these compounds do not have a corresponding labeled internal standard. Especially for tBPPP, which elutes later, this could be due to a difference in matrix effects compared to DPhP-d10. The extraction recoveries for DAPs were comparable or better than those reported before using the same SPE sorbent (Odetokun et al., 2010).

3.3.3. Precision and accuracy—The precision was calculated as the coefficient of variation (%CV) obtained from repeat measurements (N = 40) of quality control materials at QCL and QCH concentrations and included all sources of variability (Caudill et al., 2008). Two identical Agilent 1290 HPLC coupled to AB Sciex 5500 Qtrap mass spectrometer systems were used by two analysts over the course of a month. Inter-day CVs ranged from 2.1 to 9.8% (Table 3) and the values were within the U.S. FDA recommended limits (US-FDA, 2018). Accuracy was calculated by spike recovery at three different concentrations (0.5, 5, 20 ng mL⁻¹) with 12 repeat measurements. Accuracy, expressed as percent error of measured value to its nominal value, ranged from 90 to 118% depending on the analyte (Table 3).

The blank urine pool contained endogenous amounts of some of the target analytes. These background levels were subtracted for the calculation of accuracy. All values, except the values for DEDTP, were within the U.S. FDA recommendations, 85–115% (US-FDA, 2018). For all three concentrations considered, DEDTP accuracies were 116–118%, just above the recommended values. Our accuracies (except for DEDTP) and precision values were comparable with those reported before (Odetokun et al., 2010; Cooper et al., 2011; Van den Eede et al., 2013b; Jayatilaka et al., 2017).

3.3.4. Analytical sensitivity and stability—The limits of detection (LODs) were estimated by 10 repeated measurements of low concentration standards and by plotting the standard deviation of the measured concentration versus the standard concentration. The expected standard deviation at the zero concentration, S₀ was determined by the y-intercept of a linear regression analysis of the above plot. The LODs, calculated as 3 times S₀ (Taylor, 1987), ranged from 0.05 to 0.1 ng mL⁻¹ for most of the analytes; LOD for DCP was 0.5 ng mL⁻¹ (Table 3).

Our method LODs for BCEtP, BCPP, DBuP, and DPhP were comparable or lower than values reported earlier (Cooper et al., 2011; Van den Eede et al., 2013b; Butt et al., 2014; Kosarac et al., 2016; Jayatilaka et al., 2017). The LOD for BDCPP improved slightly in this method compared to that of our previous method (0.11 ng mL^{-1}) and was lower than the values reported by Van den Eede et al., 2013b and Kosarac et al., (2016) (0.52 and 0.25 ng mL^{-1} respectively), but still higher than the values reported by Butt et al., (2014) (0.02 ng mL^{-1}). LOD of TBBA in the current method is comparable to that of our previous method (0.05 ng mL^{-1}), but about an order of magnitude higher than that was reported by Butt et al., (2014) (ng mL^{-1}). The LODs for two of the newly added flame retardant analytes, iPPPP and tBPPP, were lower than the values reported by Butt et al., (2014) (0.09 ng mL^{-1}). Our method's detection limit of DCP three isomers (DoCP, DmCP, and DpCP) as a sum was 0.5 ng mL^{-1} . However, our previous method had better LODs (0.05 ng mL^{-1}) for the individual DoCP and DpCP isomers. A UPLC-MS/MS method by Kosarac et al., (2016) in positive ESI mode has an LOD of 0.13 ng mL^{-1} for the sum of two DCP isomers, DoCP and DpCP, and a GC-MS/MS method by Schindler et al., (2009a) has an LOD of 1 ng mL^{-1} for the sum of two DCP isomers, DmCP and DpCP (Schindler et al., 2009a). Our LODs for the six DAPs (0.1 ng mL^{-1}) were comparable or better than the previously published values (Bravo et al., 2004; Odetokun et al., 2010; Reemtsma et al., 2011).

Most existing methods for quantification of urinary FR metabolites use $1 \text{e}5 \text{ mL}$ of sample volume (Cooper et al., 2011; Van den Eede et al., 2013b; Kosarac et al., 2016) and our method yields comparable, and in some cases better, sensitivity using a fraction of their volume. A small sample volume may also improve SPE recoveries and reduce matrix interferences. Although urine is considered to be readily available sample matrix, it is not easy to obtain for studies involving infants or small children. Sample volume can also be a critical factor for studies involving the assessment of multiple chemical classes as well as clinical and/or nutritional biomarkers (e.g., hormones, vitamins).

A considerable degradation of the target analytes in urine was not observed during freeze-thaw cycles, on the bench-top, or after extraction. Details of this short-term stability assay are provided in Table S2 of the Supplementary data.

3.4. Method application

We assessed the suitability of the method by analyzing 158 urine samples collected anonymously from a convenience group of adults without known occupational exposure to these chemicals. We also tested the method by analyzing 145 urine samples collected from firefighters after performing structural firefighting while wearing full protective clothing and SCBA respirators. All of these samples were tested once with our previous method (Jayatilaka et al., 2017). With the current method, we were able to quantify concentrations of additional compounds, including DAPs. None of the samples tested had detectable DCP or DBzP (Table 4).

FR metabolite and DAPs concentrations in the general population group are within the ranges reported in the U.S. general population from NHANES (US-CDC, 2009; Ospina et al., 2018), and with those reported from previous research involving non- occupationally exposed populations (Cooper et al., 2011; McKelvey et al., 2013; Meeker et al., 2013; Butt

et al., 2014; Dodson et al., 2014; Jayatilaka et al., 2017). For example, BDCPP and DPhP were also the FR biomarkers most frequently detected and at the highest concentrations in studies of 33 men from couples seeking fertility treatment in Massachusetts, USA (Meeker et al., 2013), 21 North Carolinian mothers and their toddlers (Butt et al., 2014), and nine other North Carolinian adults (Cooper et al., 2011), and 16 Californian adults (Dodson et al., 2014).

Compared to the general population samples, both DAPs and FR metabolite concentrations were higher in the firefighters group, and varied between two times (BCPP: 0.11 vs 0.24 ng mL⁻¹) and 37 times (DMTP: 0.39 vs 15 ng mL⁻¹) the concentrations of the non-occupationally exposed group. A recent study reported that U.S. fire stations were contaminated with higher levels of flame retardants than residences and other occupational settings (Shen et al., 2018), which can result in higher concentrations of flame retardant metabolites in firefighters. Polyurethane spray foam workers have also higher levels of urinary flame retardant metabolites than general population groups (Estill et al., 2019). Although dietary exposure to organophosphate insecticides or their degradation products (e.g., DAPs) influences the measured concentrations of DAPs (Lu et al., 2008; Curl et al., 2015), the reason(s) for the differences between the two populations examined are unknown. We did not have access to diet or other lifestyle related information for these groups of samples. It is possible that DEP and DMP also resulted from metabolism of trimethylphosphate (TMP) and triethylphosphate (TEP). TMP has been used as a gasoline additive for controlling surface ignition and spark-plug fouling; it is also used as a methylating agent, as a catalyst in the preparation of resins and polymers and as a flame retardant in paints and polymers (Connor, 1979). TEP is mostly used as flame retardant and plasticizer. TMP and TEP are metabolized in rats and mice to DMP and DEP, respectively and excreted in urine (Jones, 1970).

4. Conclusions

We developed a sensitive HPLC-isotope dilution tandem mass spectrometry method for the concurrent measurement of ten flame retardants metabolites and six DAPs in urine. The method uses a semi-automated SPE procedure for sample cleanup and a relatively small sample volume (200 µL), and has relatively high sample throughput (72 samples/day). To our knowledge, this is the first method that can quantify metabolites from commonly used FRs and all six DAP metabolites from OP pesticides in one single analysis. Preliminary data suggest that this multianalyte method is sensitive, precise, and accurate enough to assess exposures using urinary biomarkers in large-scale studies such as the National Health and Nutrition Examination Survey.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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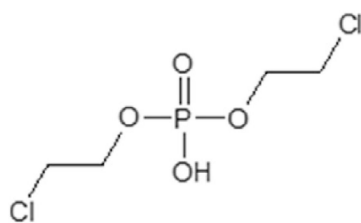
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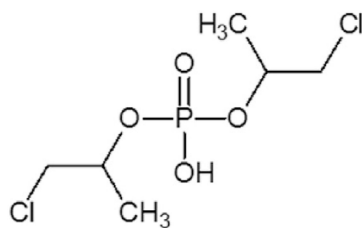
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HIGH LIGHTS

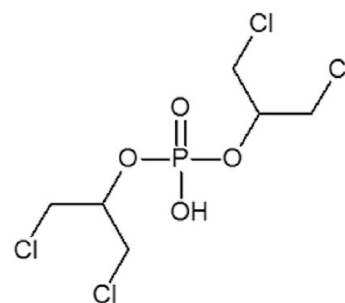
- First assay to quantify 10 flame retardants & 6 organophosphate urinary metabolites.
- Method uses 0.2 mL urine and is sensitive, reproducible, accurate, high throughput.
- Suitable to assess background exposures in large-scale population studies.



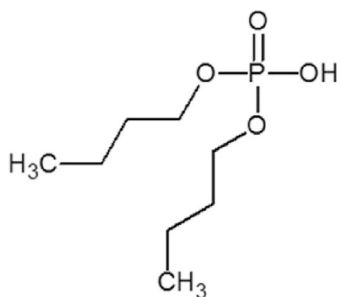
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(BCEtP)**



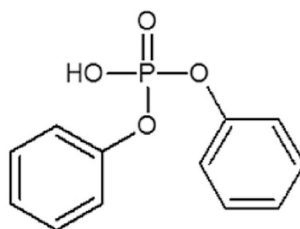
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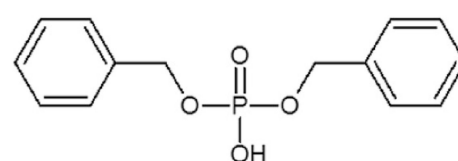
**Bis(1,3-dichloro-2-propyl) phosphate
(BDCPP)**



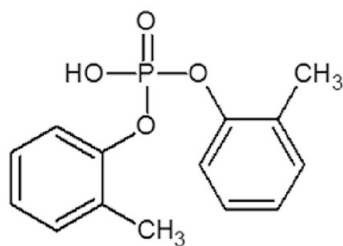
**Di-n-butyl phosphate
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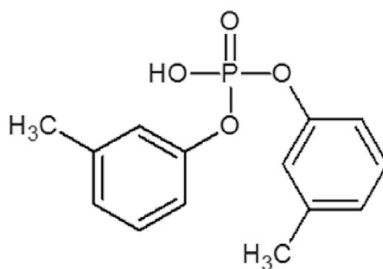
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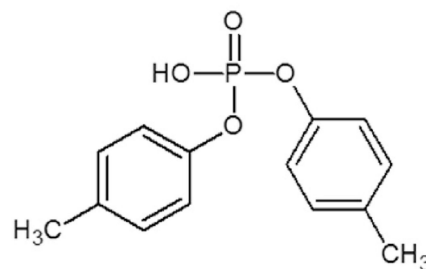
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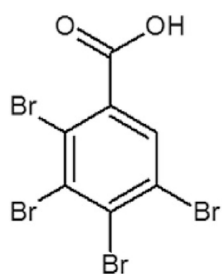
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(DoCP)**



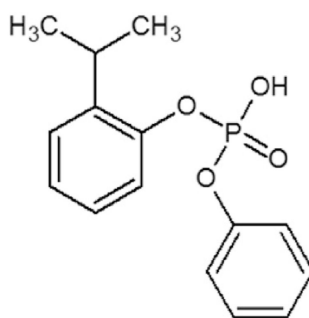
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(DmCP)**



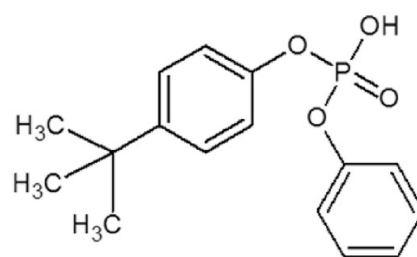
**Di-p-cresyl phosphate
(DpCP)**



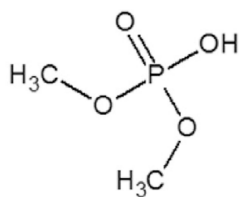
**2,3,4,5-tetrabromobenzoic acid
(TBBA)**



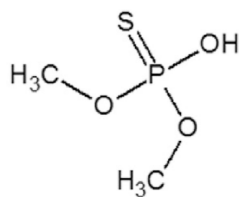
**2-((isopropyl) phenyl) phenyl
hydrogen phosphate (iPPPP)**



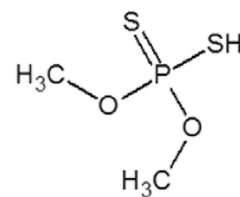
**4-((tert-butyl) phenyl) phenyl hydrogen
phosphate (tBPPP)**



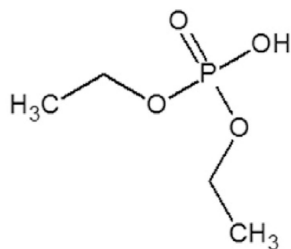
**Dimethyl phosphate
(DMP)**



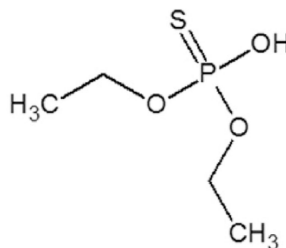
**Dimethyl thiophosphate
(DMTP)**



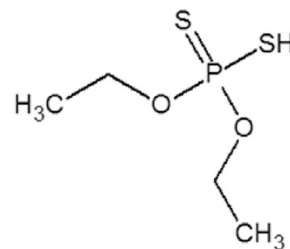
**Dimethyl dithiophosphate
(DMDTP)**



**Diethyl phosphate
(DEP)**



**Diethyl thiophosphate
(DETP)**



**Diethyl dithiophosphate
(DEDTP)**

Fig. 1.
Chemical structures and abbreviations for target analytes.

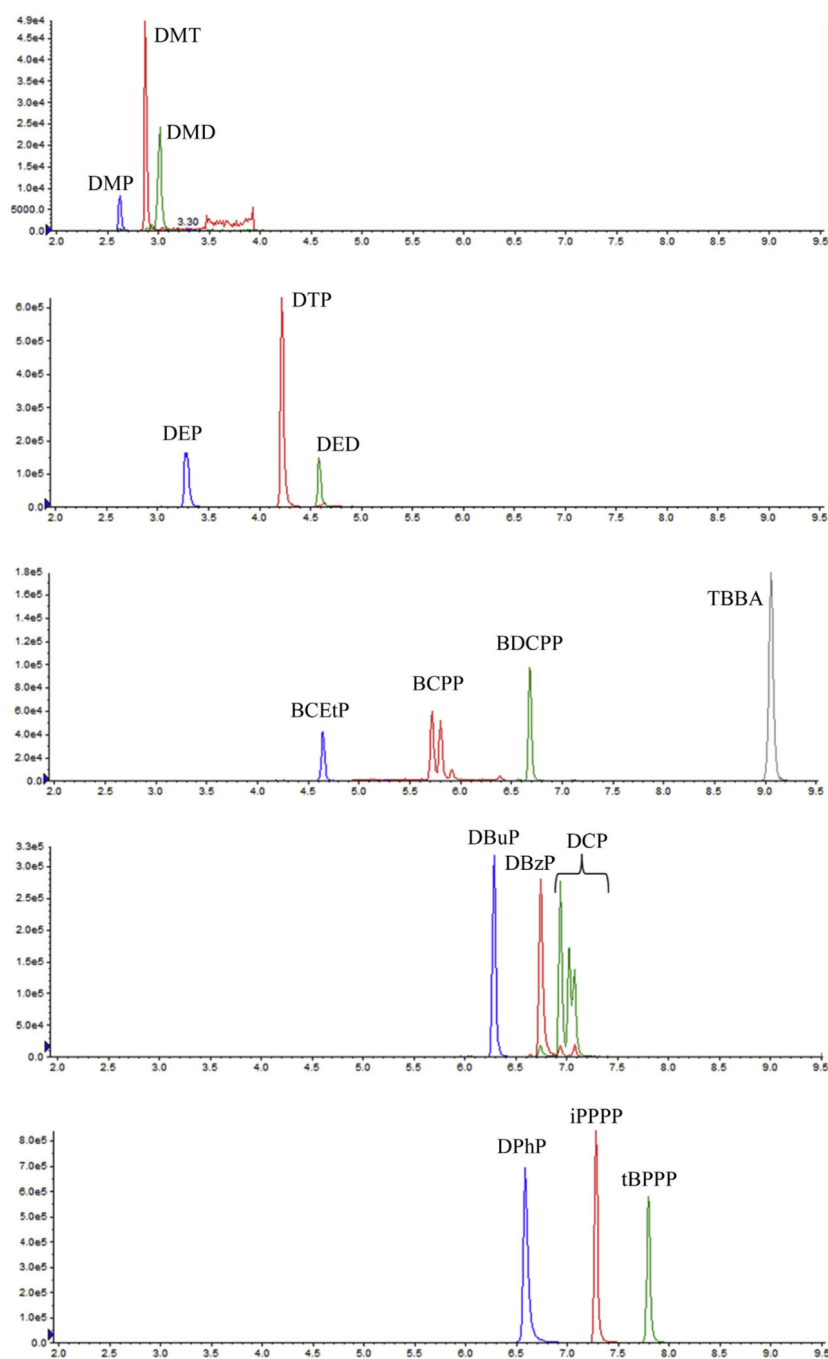
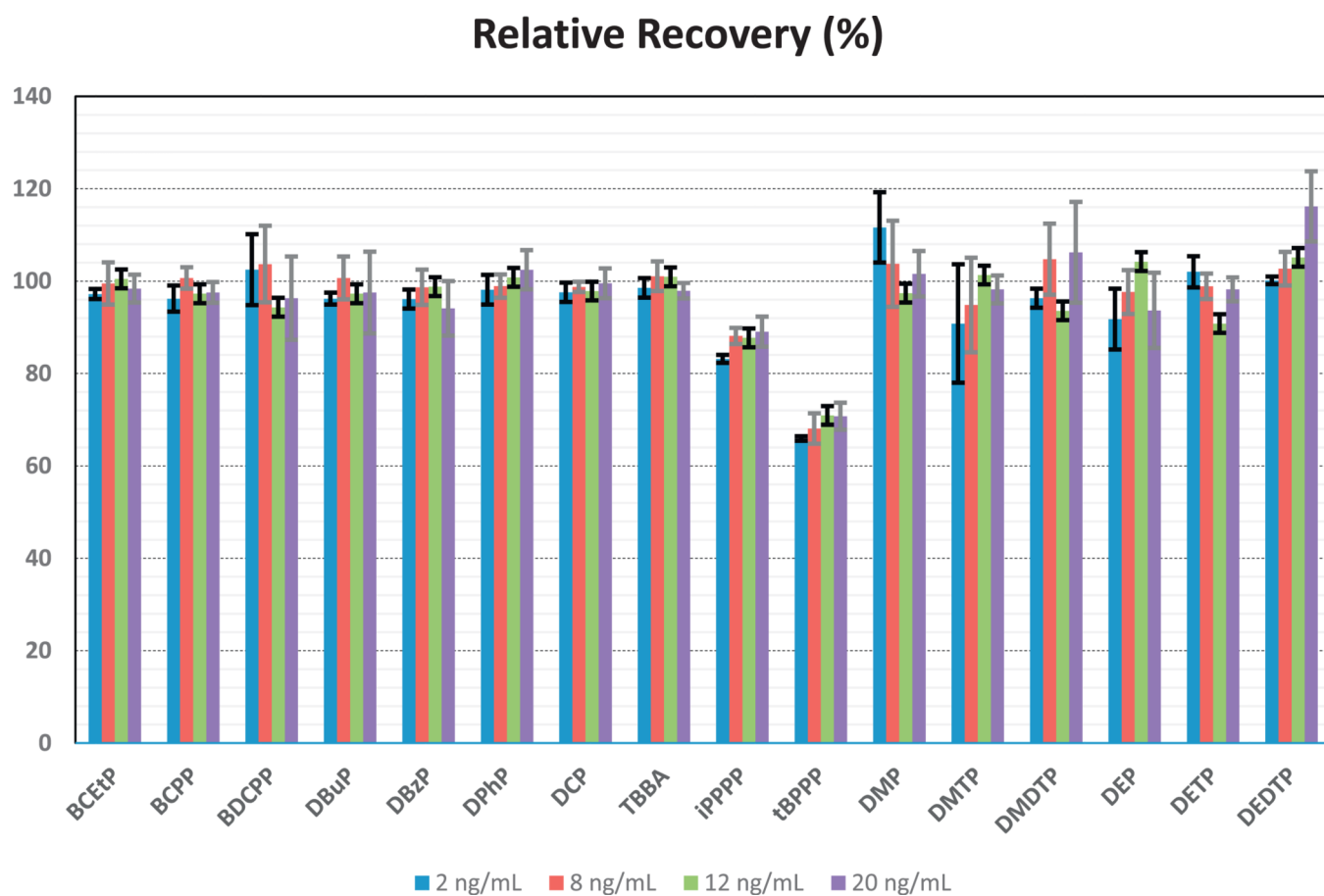


Fig. 2.
Extracted ion chromatograms of target analytes in urine (0.1 ng on column).

**Fig. 3.**

Relative recoveries, calculated as ratio of response ratios (native/label) for pre- and post-spiked extractions, at four different concentrations (2, 8, 12, 20 ng mL⁻¹).

Table 1
Analytes and their labeled analogues, quantitation and confirmation ions, and collision energies (CE).

Analyte	Quantitation ion			Confirmation ion		
	Precursor ion (<i>m/z</i>)	Product ion (<i>m/z</i>)	CE (eV)	Precursor ion (<i>m/z</i>)	Product ion (<i>m/z</i>)	CE (eV)
BCEtP	221	35	25	223	37	31
BCEtP-d8	229	35	27			
BCPP	249	35	33	251	37	27
BCPP-d12	261	35	33			
BDCPP	317	35	40	319	37	39
BDCPP-d10	329	35	40			
DBuP	209	153	19	209	79	28
DBuP-d18	227	79	30			
DBzP	277	79	33	277	63	30
DBzP-d14	291	79	36			
DPhP	249	155	28	249	93	33
DPhP-d10	259	98	33			
DCP	277	107	34	277	169	31
DCP-d14	291	114	34			
TBBA	436.7	392.7	14	434.7	390.7	13
TBBA- ¹³ C6	442.7	398.7	14			
iPPPP	291	135	41	291	93	41
tBPPP	305	149	23	305	133	21
DMP	125	63	24	125	110	22
DMP-d6	131	63	24			
DMTP	141	126	20	141	96	26
DMTP-d6	147	97	20			
DMDTP	157	112	28	157	142	22
DMDTP-d6	163	145	22			
DEP	153	125	14	153	79	26
DEP-d10	163	79	26			

Analyte	Quantitation ion			Confirmation ion		
	Precursor ion (<i>m/z</i>)	Product ion (<i>m/z</i>)	CE (eV)	Precursor ion (<i>m/z</i>)	Product ion (<i>m/z</i>)	CE (eV)
DETP	169	95	26	169	141	16
DETP-d10	179	95	26			
DEFTP	185	111	24	185	157	16
DEFTP-d10	195	111	24			

Table 2

The mean slope of calibration curve \pm standard deviation in water and in urine for each analyte, and % difference between the slopes.

Analyte	Slope \pm standard deviation ^a		% Difference
	Water curve	Urine curve	
BCEtP	0.101 \pm 0.006	0.103 \pm 0.004	2.0
BCPP	0.113 \pm 0.013	0.113 \pm 0.012	0.0
BDCPP	0.113 \pm 0.004	0.108 \pm 0.004	4.4
DBuP	0.147 \pm 0.003	0.144 \pm 0.003	6.8
DBzP	0.111 \pm 0.008	0.108 \pm 0.010	2.7
DPhP	0.117 \pm 0.001	0.116 \pm 0.001	2.1
DCP	0.111 \pm 0.001	0.111 \pm 0.001	2.6
TBBA	0.092 \pm 0.004	0.091 \pm 0.003	1.6
iPPPP	0.030 \pm 0.009	0.031 \pm 0.009	2.6
tBPPP	0.018 \pm 0.001	0.020 \pm 0.001	8.7
DMP	0.103 \pm 0.010	0.098 \pm 0.010	4.8
DMTP	0.715 \pm 0.073	0.657 \pm 0.063	8.1
DMDTP	0.071 \pm 0.007	0.073 \pm 0.004	1.8
DEP	0.091 \pm 0.010	0.089 \pm 0.011	2.3
DETP	0.103 \pm 0.005	0.097 \pm 0.006	5.7
DEDTP	0.176 \pm 0.008	0.180 \pm 0.011	2.3

^aN = 10.

Table 3

Method validation data for each analyte.

Analyte	LOD (ng mL ⁻¹)	Accuracy (%) ^a			Precision (%) ^b		
		0.5 (ng mL ⁻¹)	5 (ng mL ⁻¹)	20 (ng mL ⁻¹)	QCL 4 (ng mL ⁻¹)	QCH 15 (ng mL ⁻¹)	
BCEtP	0.1	106	108	106	5.4	5.2	
BCPP	0.1	99	99	99	5.8	3.7	
BDCPP	0.1	98	98	97	4.2	4.3	
DBuP	0.1	103	102	98	8.5	5.9	
DBzP	0.05	94	95	94	4.6	6.1	
DPhP	0.1	100	102	102	3.6	3.9	
DCP	0.5	101	102	102	3.5	3.5	
TBBA	0.05	102	103	102	2.4	2.3	
iPPPP	0.05	110	108	103	5.8	5.0	
tBPPP	0.05	109	111	109	5.1	6.0	
DMP	0.1	92	89	91	7.2	7.7	
DMTP	0.1	99	100	96	10.1	10.8	
DMDTP	0.1	111	116	114	7.5	8.5	
DEP	0.1	103	102	99	7.1	6.9	
DETP	0.1	112	112	107	6.2	5.6	
DEDTP	0.1	116	118	118	8.4	5.2	

^aN = 12.^bN = 40, two identical instrument set-ups used by two analysts over one month.

Table 4

Method application data for the analytes considered in urine from anonymous adult volunteers (general population), and from occupational firefighters (exposed population)^a.

Analyte	General population (N = 158)			Firefighters (N = 145)		
	Detection Frequency (%)	Median (ng mL ⁻¹)	Range (ng mL ⁻¹)	Detection Frequency (%)	Median (ng mL ⁻¹)	Range (ng mL ⁻¹)
BCEtP	49	< LOD	< LOD – 41	87	0.84	< LOD – 9.8
BCPP	51	0.11	< LOD – 3.0	63	0.24	< LOD – 3.0
BDCPP	78	0.30	< LOD – 64	97	3.3	< LOD – 42
DBuP	9	< LOD	< LOD – 4.3	53	0.12	< LOD – 2.9
DPhP	70	0.26	< LOD – 12	100	4.0	0.14–32
TBBA	2	< LOD	< LOD – 0.38	4	0.10	< LOD – 0.13
iPPPP	16	< LOD	< LOD – 0.45	35	0.11	< LOD – 0.49
tBPPP	9	< LOD	< LOD – 0.19	83	0.17	< LOD – 1.1
DMP	80	0.68	< LOD – 130	88	9.9	< LOD – 190
DMTP	73	0.39	< LOD – 190	90	15	< LOD – 300
DMDTP	35	< LOD	< LOD – 14	57	1.2	< LOD – 11
DEP	92	0.73	< LOD – 52	88	4.2	< LOD – 60
DETP	56	0.12	< LOD – 11	68	0.74	< LOD – 5.0
DEDTP	4	< LOD	< LOD – 0.74	4	0.22	< LOD – 0.35

^aDBzP and DCP were not detected in any of the samples tested.