7,101 records identified through database searching

1,729 duplicates removed

## Identification

5,372 titles/abstracts screened

5,323 records excluded (did not meet eligibility criteria)

## Screening

49 full-text articles assessed for eligibility

31 full-text articles excluded

16 not a BHH

10 no control group

3 wrong population

2 insufficient data

## Eligibility

18 studies included for review and synthesis

## Included

*Figure 1*. PRISMA flow diagram of studies included in the review