|  |  |
| --- | --- |
| Dietary Nutrients | DASH Accordance Score |
| Relative Hazard (95% CI) |
| Quintile 1 | Quintile 2 | Quintile 3 | Quintile 4 | Quintile 5 |
| Baseline Model | 1.72 (1.10-2.71) | 2.22 (1.14-4.13) | 1.20 (0.61-1.80) | 1.09 (0.70-1.74) | 1.0 (Reference) |
| +Fiber | 1.77 (1.13-2.77) | 2.18 (1.15-4.13) | 0.84 (0.46-1.54) | 1.17 (0.85-2.10) | 1.0 (Reference) |
| +Potassium | 0.65 (0.38-1.11) | 0.55 (0.26-1.14) | 0.38 (0.21-0.72) | 0.19 (0.09-0.39) | 1.0 (Reference) |
| +Magnesium | 0.71 (0.42-1.21) | 0.93 (0.47-1.82) | 0.28 (0.14-0.57) | 0.20 (0.09-0.43) | 1.0 (Reference) |
| +Sodium | 1.57 (1.00-2.47) | 2.05 (1.08-3.89) | 0.91 (0.50-1.64) | 1.59 (0.99-2.54) | 1.0 (Reference) |
| +Calcium | 1.67 (1.05-2.66) | 2.11 (1.09-4.07) | 0.80 (0.43-1.47) | 1.50 (0.89-2.51) | 1.0 (Reference) |
| +Protein | 1.24 (0.77-1.98) | 1.26 (0.64-2.49) | 0.92 (0.51-1.68) | 1.07 (0.66-1.75) | 1.0 (Reference) |
| +Cholesterol | 1.66 (1.07-2.59) | 1.78 (0.90-3.51) | 0.94 (0.50-1.74) | 1.77 (1.10-2.87) | 1.0 (Reference) |
| +Saturated Fat | 1.65 (1.06-2.58) | 2.07 (1.08-3.95) | 0.73 (0.39-1.37) | 1.29 (0.76-2.19) | 1.0 (Reference) |
| +Trans Fat | 1.77 (1.12-2.78) | 2.27 (1.19-4.35) | 0.91 (0.47-1.75) | 1.78 (1.03-3.11) | 1.0 (Reference) |
| +Dietary Acid Load | 1.28 (0.80-2.04) | 1.36 (0.69-2.67) | 0.81 (0.45-1.46) | 0.67 (0.39-1.18) | 1.0 (Reference) |