Considerations for Use of Herpes Zoster Vaccine in 50-59 Year Olds

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WG Conclusions on Burden of HZ

- Burden of HZ increases rapidly after age 50
- Incidence of HZ increases with age
- Given occurrence of HZ, the following increase with age:
 - Proportion of HZ progressing to PHN
 - Proportion of HZ with non-pain complications
 - Interference with activities of daily living (ADLs)
 - Proportion of HZ hospitalized

Remaining Years of Risk after Vaccination

	Life Expectancy	
Age	Men	Women
50	29	33
60	21	24
70	14	16
80	8	10
90	4	5
100	2	2

The younger a person is at the time of vaccination, the longer period of time the vaccine needs to provide protection against zoster and its sequelae

WG Conclusions on Short Term Vaccine Protection

- HZ Vaccine provides protection against HZ and HZrelated complications in adults ≥ 60 years of age
 - Vaccine effectiveness from large observational studies is consistent with vaccine efficacy from RCTs
 - Evidence from RCTs that efficacy against HZ lasts at least 5 years
- HZ Vaccine is efficacious against HZ in adults 50-59 years of age
 - Efficacy for preventing HZ from 1 RCT with mean follow up time of 1.3 years
 - No available evidence on efficacy for preventing PHN or other complications in 50-59 year olds
 - No available evidence on duration of protection against HZ or PHN for persons vaccinated at 50-59 years of age

WG Conclusions on Long Term Protection

- LTPS results show waning protection over 11 years
- Due to lack of concurrent control group, data from LTPS are insufficient to determine duration of protection
- Effectiveness of HZ vaccine administered to persons
 ≥60 years of age for preventing HZ beyond 5 years
 remains uncertain

WG Conclusions on Decision and Cost Effectiveness of HZ Vaccine

- Substantially greater reduction of HZ burden, healthcare utilization, and costs achieved through vaccination of older adults who have higher incidence of HZ and HZ-related complications.
- Cost per QALY saved is high with vaccination at age 50 because of limited impact on prevention of severe disease

Work Group Conclusions

 The WG does not propose changes to existing recommendation for routine vaccination of persons 60 years of age and older

□ Rationale:

- HZ vaccine administration should be timed to achieve the greatest reduction in burden of HZ and its complications
- There is insufficient evidence for long term protection offered by the HZ vaccine
- Persons vaccinated under 60 years of age may not be protected when the incidence of HZ and its complications are highest

Other Work Group Considerations

- WG recognized that some 50-59 year olds may wish to be vaccinated
 - HZV approved for use in 50-59 year olds; providers can still offer vaccine to adults in this age group
 - Providers should counsel persons who are vaccinated under 60 years of age that the duration of protection offered by the vaccine is uncertain; therefore they may not be protected when the incidence of HZ and its complications are highest

Other Work Group Considerations

- WG discussed potential role of revaccination
 - WG reviewed partial results on safety and immunogenicity of a second dose
 - Because duration of protection offered by the vaccine is uncertain, need for revaccination is not clear
 - Second dose of vaccine not licensed

Next Steps

- HZ work group will continue to:
 - Monitor data on duration of protection as it becomes available
 - Evaluate the optimal age for vaccination
 - Evaluate the need for revaccination

