Pretesting the PTA Questionnaire on Child Health Supervision

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THE NATIONAL CONGRESS of Parents and Teachers initiated its promotion of health supervision activities in 1925, when it started its summer roundup program for children entering school. This roundup provided for medical examination of the child at a critical transition in his life and created an opportunity for correction of the defects found, especially those which might interfere with his progress in school. It later became clear to leaders in the PTA that it would be desirable to extend PTA efforts to promotion of health supervision from birth through the school years.

After much discussion, the National Board of Managers of the national congress adopted, in 1956, a recommendation supporting and encouraging the program of continuous health supervision of children from birth through their school experience. The intention was not to displace the summer roundup, but to add to it and enhance its value. Local parent-teacher associations were urged to acquaint parents with community resources and to encourage individual efforts to secure health supervision for children. The associations were also urged to work with the health professions and health agencies of the community in planning and specific health supervision carrying out programs.

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A key recommendation, developed by the national congress to implement the general goal of promotion of health supervision, was the administering of questionnaires on basic elements of health supervision by parent volunteers to other parents, particularly parents of children not yet in school. Three pilot projects were carried out in Georgia, Iowa, and Ohio, with the cooperation of selected local PTA councils. On the basis of these projects, two questionnaires were prepared, one for parents of a child under 1 year and another for parents of a child over 1 year. They are incorporated in a booklet entitled, "Keeping Children Healthy," published in 1963 by the National Congress of Parents and Teachers for guidance of State and local parent-teacher organizations.

Michigan Study

The Michigan Congress of Parents and Teachers felt a definite need for further study of the recommendations of the national congress and for development of modifications based on specific conditions and patterns of child health supervision in Michigan. During the 1962-63 school year, the health advisory committee to the Michigan congress, composed of representatives of medical, dental, nursing, public health, and educational agencies and organizations, formulated recommendations for projects and promotional activities which might properly and profitably be undertaken by local PTA organizations. Specific recommendations were approved by the board of directors of the Michigan congress in the fall of 1963. This statement endorsed the program of continuous health supervision from birth through high school of the national congress

and recommended certain specific activities to local parent-teacher groups:

1. Establishing a local committee on the continuous health supervision program.

2. Advising parents to maintain individual health records for their children.

3. Furnishing health information to parents through publications and meeting programs.

4. Continuing development and modification of the kindergarten roundup program to prepare children for successful school experience.

5. Making surveys to ascertain the extent of health supervision and immunization of infants and children in the community, utilizing questionnaires administered by parent volunteers.

6. Assisting local health departments to conduct health screening programs for 3- and 4-year-old children, under guidance of the Michigan Department of Health, and utilizing hearing, vision, tuberculin, and other screening tests.

7. Encouraging school administrations to develop strong health and family living education programs and to employ teachers with adequate knowledge and preparation to deal skillfully with these subjects.

After studying the questionnaires used in the pilot projects, the staff of the division of maternal and child health of the State health department felt the questionnaires needed further pretesting in Michigan. To support the work of the health advisory committee, they arranged for two special tests of the questionnaire developed for children over 1 year of age. These tests were carried out in the spring of 1963 in cooperation with two local health departments; the Ingham County Health Department, Dr. Arthur W. Newitt, director, and the Midland County Health Department, Dr. G. Frederick Moench, director.

Methods

The questionnaires were administered by public health nurses, Mrs. Margyl Terdal, R.N., and Mrs. Judith Silsby, R.N., of the Ingham County Health Department, and Miss Stella Griffith, R.N., of the Midland County Health Department, who were given specific orientation for the project by one author (J.R.). They asked the questions and recorded the answers of parents of preschool children, who were brought to hearing and vision screening programs conducted for 3- and 4-year-old children in these counties.

Pretesting of the questionnaire by experienced nurses made possible a more exact evaluation of parents' reactions to the questions. By probing in some depth the reasons for various responses to the questions, the nurses could test the validity and usefulness of the questions.

These studies were both carried out in medium-sized cities, Lansing and Midland. Though the screening programs during which the questionnaires were pretested were aimed at the entire local populations, it was generally observed that the participating families contained a more than proportionate representation of better educated families and a less than proportionate representation of families at the extreme lower end of the socioeconomic scale. No specific measurement of socioeconomic status was made.

The questions are listed in table 1. The data requested are the same as in the PTA pilot programs except for the addition of two questions on dental visits to probe further the field of dental care. In addition, the nurses were asked to record the reason for negative answers on the back of the sheet. In actual practice, they recorded specific remarks made in connection with positive answers as well.

It was decided to record in these studies whether the child had a dentist and a physician. The type of physician (pediatrician, other medical doctor, or doctor of osteopathy) was also noted. Names of children and families were not recorded, since the primary purpose was validation of the questionnaire.

Results were coded and tabulated with the assistance of Mrs. Rita White, administrative analyst, division of maternal and child health, and Miss Doris Duxbury, chief of statistical methods section of the Michigan Department of Health, and their staffs.

Answers to Questions

A total of 1,197 questionnaires were filled out; 970 in Ingham County (Lansing), and 227 in Midland County (Midland). More than half the children involved were 3-year-olds; somewhat less than half were 4-year-olds; a few were 5-year-olds. There was a sprinkling of 1-, 2-, and 6-year-olds. Of these children, 384 had a pediatrician; 709 had a medical doctor other than a pediatrician; 67 had another type of physician (presumably osteopathic); 20 had a physician of type not stated; 2 did not answer the question; and only 15 in all this group did not have a physician.

A family dentist was reported for 877 children, though not all of them had seen the dentist. One hundred forty-five had no family dentist, and 175 did not answer this question.

Questions 1, 2, 4, 5, 6, 9, and 10 served as indices of the extent of health supervision normally expected at this age. Question 3 probed three aspects of the content of health supervision, and questions 7 and 8 revealed the extent of need for screening tests of hearing and vision. Results of the questions are summarized in table 1. The patterns of answers to the questionnaires from the two cities were sufficiently similar that results have been combined in this presentation for all except the question on fluoridated water in one of the following tables.

Questions 1 and 2, on health checkups, unfortunately confused the parents sufficiently that no clear differentiation is possible between contacts with physicians for health supervision

Table 1.	Data requested on PTA child health supervision questionnaire for parents of	•
	children over 1 year of age and summary of replies, Michigan, 1963	

	Answers							
Questions		Age when event occurred					Don't	
	Yes	Under 1 year	1–2 years	Over 2 years	Not stated	No	know	
1, 2. Has this child had a general health check-								
up by a physician since his or her first birthday? Has there been such a checkup within the past 4 years?3. If so, did you take the opportunity to ask	1, 188					5	4	
about: His (her) nutrition? His (her) behavior?	$\begin{array}{c} 341 \\ 251 \end{array}$					780 879	76	
Accident prevention? 4. Has this child been immunized against: Diphtheria, whooping cough, and	50					1, 087	60	
tetanus (DTP)? (If not all three, circle those given.) Smallpox? Poliomyelitis?	$1, 170 \\ 1, 106 \\ 1, 175$	797 530 714	$101 \\ 275 \\ 145$	32 61 47	$240 \\ 240 \\ 269$	14 83 15	13 8 7	
5. Has there been a booster immunization for:	1, 175	(14	145	11	203	10		
Diphtheria? Whooping cough?	619 619	$\begin{array}{c} 2\\ 2\end{array}$	57 57	386 384	174 176	446 446	132 132	
Tetanus? Smallpox? Poliomyelitis?	643 121 831	$\begin{array}{c} 2\\ 0\\ 3\end{array}$	$\begin{array}{c} 58\\10\\110\end{array}$	400 78 477	$183 \\ 33 \\ 241$	430 859 254	124 217 112	
6. Has this child ever had a tuberculin (Mantoux) test?	339	12	33	199	95	806	52	
7. Has he (she) had a vision test during the past year?	67	1	2	35	29	1, 130	0	
8. Has he (she) had a hearing test during the past 2 years?	25	0	0	17	8	1, 171	1 120	
9. Does he (she) drink fluoridated water? Has he (she) ever had topical fluoride treatments?	712 44			29		365 1, 139	120	
Has he (she) been to a dentist during the past 6 months?	398			20	10	799	0	
Has he (she) been to a dentist at all? Was any treatment given at that time? 10. Does your family have a personal health	511 130	2	9	59 	441 	686 379	0 	
record for this child? If not, would you care to have one?	8 6 9					328	0	

and for illness. The figures in table 1, therefore, show only that most children had contact of some sort with a physician, regardless of reason. Nevertheless, about 100 of these children had no general health examination. They were apparently seen by a physician only when ill (table 2).

The responses show that initial immunizations reached all but a handful of these children, at least two-thirds of them by age 1 and threefourths by age 2. Only 2.6 percent were specifically identified as having their initial immunization after age 2; however, the age was not stated for one-fifth of the children. About onehalf of the children had had boosters against diphtheria, tetanus, and whooping cough and about three-fourths of them had had a booster against poliomyelitis. A little over one-fourth had had a tuberculin test. Nearly one-half had already been taken to the dentist and almost three-fourths of them had a personal health record. These figures indicate that nearly all of the children have been under a physician's care and received basic immunizations, and they give other evidence of health supervision for many.

In the presence of this high level of general health supervision, it was of interest that only 5.5 percent had received a vision test and only 2 percent a hearing test. These results clearly indicate that vision and hearing screening test programs for children in this 3- to 4-year age

 Table 2. Analysis of replies to question (3) on asking physician about nutrition, behavior, and accident prevention, PTA child health supervision questionnaire, Michigan, 1963

Reasons for "yes" answers	Number	Reasons for "no" answers	Number
Nutrition Small, underweight Won't eat certain things Anemic Child large, big eater Has allergies Constipated Just wondered No reason given	9 8 5 4 43	Nutrition Physician routinely discusses Discussed previously with physician Physician would advise if necessary No problems Only minor problems Family can handle Knowledge from reading Never thought of asking Doesn't have care of child No general health examination	39 59 24 429 13 21 52 43 3 97
Total	341	Total	780
Behavior Aggressive; hyperactive Curious Resists bed; poor sleep Conflict with siblings Whines, cries a lot Slow development Afraid of strangers Speech problem	13 9 6 5 4	Behavior Physician routinely discusses Discussed previously with physician Physician would advise if necessary No problems Only minor problems Family can handle Knowledge from reading Never thought of asking Doesn't have care of child No general health examination	$\begin{array}{c} & 2 \\ & 18 \\ & 5 \\ & 633 \\ & 28 \\ & 28 \\ & 28 \\ & 31 \\ & 31 \\ & 1 \\ & 102 \end{array}$
Total	251	Total	879
Accident prevention Child has accidents Had unusual accident Just wanted to know No reason given	6 4 3 37	Accident prevention Physician routinely discusses Discussed previously with physician Physician would advise if necessary No problems Only minor problems Family can handle Family can handle Never thought of asking Doesn't have care of child No general examination	$9 \\ 15 \\ 7 \\ 342 \\ 13 \\ 123 \\ 269 \\ 208 \\ 1 \\ 100$
Total	50	Total	1, 087

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group are a supplement to and not a duplication of services by private physicians.

A little more than one-fourth of the parents had talked about nutrition with the child's physician and less than one-fourth had asked about the child's behavior at the last health checkup (table 1). Answers to the questions dealing with these subjects indicate that they are not raised routinely by parents, nor are they reviewed regularly by many physicians in the course of health supervision activity. They are dealt with primarily when actual problems are observed by the physician or are brought up by parents.

The answers to the part of question 3 on accident prevention are somewhat surprising in view of the emphasis that has been placed by such organizations as the American Academy of Pediatrics on the teaching of accident prevention to parents. Apparently few physicians do, and few parents expect them to, even in these populations where contacts with physicians are almost universal.

Probing the Answers

The results of probing for reasons behind the answers to these questions are shown in tables 2-4. Both the positive and the negative answers to question 3 on nutrition, behavior, or accident prevention were probed. Most mothers gave no particular reason for discussing any of these subjects. Those who did cited problems which are quite usual for this preschool age group (table 2).

It should be noted that the question referred only to the most recent visit to the physician and that a number of parents pointed out that they had discussed these topics on previous visits to the physician. Furthermore, the question asked if the parent "took the opportunity to ask the physician about" the subjects (table 1), and a number of parents pointed out that their physician routinely discussed them. Therefore, it was not necessary to ask. These replies showed up difficulties in the wording of the questions which the Michigan congress has attempted to correct by revision of the questionnaire.

Reasons for "no" and "don't know" ¹	Immunizations			Boosters				
answers		Small- pox	Polio- myelitis	Diph- theria	Whooping cough	Tetanus	Small- pox	Polio- myelitis
"No" answers								
Child has been ill Child has allergy Plan to take child soon No intention of giving Waiting for school entry Didn't know it was necessary Hasn't had money Physician says child too young Hasn't been to physician Booster not due yet Doesn't know when due	3 1 	3 3 6 2	4 1 3 1 	36 1 63 2 221 17 8 $$ 41 25	36 1 63 221 18 8 	33 1 62 2 212 16 8 	37 10 75 392 29 7 128 39	33 1 44 3 82 6 6
No original immunization		10	2			25 5 26	21 118	13 5 33
Total	14	83	15	446	446	430	859	254
"Doesn't remember; not sure				31	31	29	43	21
Leaves it up to physician No reason given				11 90	11 90	11 84	$\begin{array}{r}16\\158\end{array}$	5 86
Total				132	132	124	217	112

Table 3. Analysis of negative replies to questions on basic immunizations (4) and boosterimmunizations (5), PTA child health supervision questionnaire, Michigan, 1963

¹ Answers apply only to question on booster immunizations (5).

Other negative answers to this question indicated that many children had little or no problems in the fields of nutrition and behavior or that the parents can handle such problems as they arise. The replies also indicated that a majority of parents of preschool children have some concern regarding problems with accidents, but families either feel capable of handling accident prevention themselves or have sought help through reading and other sources.

Table 4.	Analysis of replies to questions (6-10), PTA child health supervision questionnaire,					
Ingham and Midland Counties, Mich., 1963						

Don't know it was needed	Reasons for answers	Number	Reasons for answers	Number
Don't know when to get it	"No" to had a tuberculin test (6)	806	"No" to had tonical fluoride treatments (9)	1, 139
Didn't know it was needed	Don't know when to get it		Thought unnecessary.	298
Waiting for school entry	Didn't know it was needed		Has not been to dentist	230
Plan to take child soon	Waiting for school entry			132
Child has not been to a physician 6 Plan to do it soon Don't know where to get it 3 Child has been ill 33 Child has been ill 33 Don't know where to get it 33 No intention of getting 1 No intention of getting 1 No reason given 1 "Dors' k now" to had a tuberculin test (6) 52 "No reason given 7 No reason given 7 "No" to had a vision test in past year (7) 1, 130 Na trouble 47 Waiting for school entry 1 Han't heard of screening tests 201 Only physician's usual examination 115 Hase't had the money 7 Phare take child soon 10 Planto take child soon 10 Planto take child soon 10 Plane to take child soon 10 Phar to take child soon 10 Plane to take child soon 10 Plane to take child soon 10 Plane to take child soon 10 Planot take child the money 10	Plan to take child soon		Waiting for school program	92
Don't know where to get it 33 Child has been ill. Child has allergy 1 No intention of getting 1 No intention of getting 1 No intention of getting 1 Desn't know where given 1 Mo reason given 49 "Don't know" to had a tuberculin test (6) 52 Doesn't remember; not sure. 56 "No'reason given 7 "No'reason given 7 "No'reason given 7 "No'r to had a vision test in past year (7) 1, 130 Hadrit heard of screening tests 201 Only physician's usual examination 11 Physician hasn't mentioned it. 67 Would take child soon 10 Hawer't had the money 7 "No' ro had a hearing test in past 2 years (8) 1, 171 No reason given 7 "No' ro to als echild soon 121 Mait head to faccening tests 203 No reason given 7 "No' ro to als hearing test in past 2 years (8) 1, 171 Didn't think it important 68 Mor	Child has not been to a physician		Plan to do it soon	65
Child has blergy	Don't know where to get it		Child ill, or lack of time	34
Child has allergy	Child has been ill		Doesn't know where given	25
No intention of getting	Child has allergy	1	Hasn't had the money	25
49 Takes fluoride tablets. "Dor't know" to had a tuberculin test (6) 52 Doean't remember; not sure	No intention of getting	1	Doesn't approve of them	14
"Don't know" to had a tuberculin test (6) No reason given	No reason given	49	Takes fluoride tablets	81
"Doen't know" to had a tuberculin test (6) 52 Doen't remember; not sure	5		No reason given	127
Doesn't remember; not sure	"Don't know" to had a tuberculin test (6)	52		
No reason given 7 (9) "No" to had a vision test in past year (7) 1, 130 No reason given "No trouble 479 Waiting for school entry Hadn't heard of screening tests 201 Thought child too young Only physician's usual examination 11 Ham't had the money Physician hasn't mentioned it 67 Would take child if he complained Didn't think it important 67 Would take child if oo young No reason given 10 11 "No' to had a hearing test in past 2 years (8) 11 171 "No' to had a hearing test in past 2 years (8) 11, 171 Didn't think it important 10 "No' to had a hearing test in past 2 years (8) 11, 171 Didn't think to young 11 "No reason given 121 11 11 11 "No' to had a hearing test in past 2 years (8) 12, 171 11 11 11 "No reason given 12 11 11 11 11 11 11 11 11 11 11 11 11 11 11 11 11 11 11 11	Doesn't remember: not sure	15	"No" to has seen a dentist in last 6 months	1
No reason given	Leaves it up to physician	7	(9)	799
"No" to had a vision test in past year (7)	No reason given	30	Never been to a dentist	663
"No" to had a vision test in past year (7)	-		Child taken earlier than last 6 months	88
No trouble	"No" to had a vision test in past year $(7)_{}$	1:130	Plan to take child soon	5
Hadn't heard of screening tests	No trouble	1 479	Waiting for school entry	5 3 2 2 1 3
Only physician's usual examination115Hasn't had the moneyPhysician hasn't mentioned it67Would take child if he complainedDidn't think it important54No reason givenPlanned to take child soon19Haven't had the money7No reason given158"No" to had a hearing test in past 2 years (8)1, 171No trouble19Hadn't heard of screening tests203Only physician's usual examination121Physician hasn't mentioned it68Didn't think it important68None available30Planned to take child soon121Physician hasn't mentioned it68None available30Planned to take child soon16Haven't had the money7Treated, but no test7No reason given168"Yes" to drinks fluoridated water (9) 1572"No" to drinks fluoridated water (9) 1572"No" to drinks fluoridated water (9) 1572"No reason given168No reason given167Physician keeps record; wants copy only ifUses well water278No reason given15Does not approve fluoridation1Child takes fluoridated water5No reason given15Does not approve fluoridated water5No reason given15Does not approve fluoridated water7No reason given15Does not think necessary16 <td>Hadn't heard of screening tests</td> <td>201</td> <td>Thought child too young</td> <td>2</td>	Hadn't heard of screening tests	201	Thought child too young	2
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"No" to had a hearing test in past 2 years (8) 1, 171 Thought child too young	No reason given		Plan to take child soon	243
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¹ Answers apply to Ingham County only. In Midland County, 140 parents replied "yes" and 87 "no." Five said city water was not treated; 82 gave no reason.

Only 1 parent in 20 had actually discussed this matter with the child's physician.

The negative answers to the questions about initial immunizations (table 3) showed few children whose immunizations were put off because of illness. A small scattering of respondents held erroneous conceptions about immunizations, largely in relation to smallpox vaccination. Lack of money should be listed among erroneous conceptions in this instance, since all organized local health departments in Michigan are under statutory obligation to offer immunizations without charge to those who cannot pay. The extremely small number of parents refusing immunization was encouraging.

The negative answers concerning booster immunizations revealed a much larger area of ignorance and misconception. Fully one-fifth of these children had not received booster DTP immunizations because their parents were under the impression that the boosters were not due yet or were waiting for school entry before giving them. Smallpox revaccination is not normally given until school entry, but interestingly, 10 percent of the children had already had a second smallpox vaccination. Apparently more attention has been paid to poliomyelitis boosters than to any other immunization. Nearly threefourths of the children had had poliomyelitis boosters while only one-half had had DTP boosters.

The answers to the question on tuberculin testing (table 4) were reasonably encouraging. More than half of parents replying that no tests had been made were favorably inclined toward getting the test. Only one-fourth of them showed ignorance of the test. A handful of tests had been postponed because of illness and only one parent was definitely opposed to the test.

Questions on testing of vision and hearing clearly revealed that these tests as distinguished from usual medical examination of ears and eyes are still rarely done by physicians or considered necessary by parents (table 4). The objectives of testing in the 3- to 4-year age range are to find children with hearing difficulties close to the time at which language learning is normally starting and to find children with developing amblyopia at an age when proper refraction and fitting of glasses can usually restore binocular vision. In both conditions, the goal is early medical treatment for those who can be treated, and early casefinding for those needing special education to prepare them for school learning experiences.

The answers to the question "Does he (she) drink fluoridated water?" required special interpretation. The Midland city water supply was one of the earliest to be fluoridated in Mich-Yet two-fifths of the parents in Midland igan. who were asked whether their child drank fluoridated water were under the impression that the child did not. At the time of this study, fluoridation of the water supply in Lansing was under active consideration and public discussion, but had not been accomplished. Threefifths of the Lansing parents were under the impression that the water already had been fluoridated. Only one parent in seven correctly knew that the water was not yet fluoridated and one parent in nine was in that desirable state which is the beginning of all wisdom: They did not know whether the city water was fluoridated, and they knew that they did not know it.

The answers to "Has he (she) ever had topical fluoride treatment?" revealed a general lack of knowledge of the value of fluoride treatments to teeth in the preschool age period. Only about 1 child in 25 had actually had fluoride treatments. Two in 25 were receiving fluoride tablets. It is encouraging that very little active opposition either to fluoridation of the water supply or fluoride treatment was expressed.

The question "Has he (she) been to a dentist at all?" was much more productive than one asking if the child had visited a dentist in the last 6 months. A clear majority of these parents either had already taken their child to the dentist or spontaneously expressed a plan to do so soon.

Nevertheless there is educational work to be done. About two-fifths of the parents indicated in one way or another that they did not feel dental care was necessary in the preschool period. About one-fourth of those children who had been to the dentist had received some sort of corrective dental treatment. However, this information is not particularly meaningful since the questionnaire is intended to emphasize preventive health supervision rather than treatment of illness. The replies to the question about maintaining personal health records showed, surprisingly, that three-fourths of the parents maintained some form of health record for their child and another small group preferred to have the physician maintain the record. This was an impressive record of parental concern for health supervision. It is quite possible that the Michigan law requiring presentation of a record of immunization upon school entry has encouraged maintenance of such records.

Discussion

The health advisory committee to the Michigan Congress of Parents and Teachers has carefully studied the questionnaires originally used in pilot tests by the National Congress of Parents and Teachers and the revised questionnaires printed in the new PTA pamphlet, "Keeping Children Healthy." Further revision of these questionnaires has led to recommended forms for children over 1 year of age and infants under 1 year, respectively (see box).

REVISED QUESTIONS

The following questions appear on the two revised questionnaires for child health supervision, prepared by the Michigan Congress of Parents and Teachers. On the final form, space was provided for "yes," "no," and "don't know" answers and the year in which the event occurred. The child's name, age, sex, county, school, and parent or guardian's name and address were also requested.

Babies Under 1 Year

1. How many months has it been since this child was last seen by a physician?

2. Was the visit for: (a) general health examination? (b) illness or accident? (c) immunization only?

3. If there has ever been a general health examination, did you discuss with the doctor: (a) nutrition? (b) growth and development? (c) behavior? (d) accident prevention?

4. Has this child had immunizations against: (a) diphtheria, whooping cough, and tetanus (DTP)? (b) poliomyelitis? Salk (shots) Sabin (oral) (c) smallpox? (d) measles?

5. Has this child been given a tuberculin skin test?

6. Does this child drink fluoridated water? (b) Does this child receive dietary supplements of fluoride?

7. Does your family have a legal copy of this child's birth certificate?

8. Does your family have a health record for this child?

Children Over 1 Year

1. When was the last time this child was seen by a physician?

2. Was this visit for: (a) general health examination? (b) illness or accident? (c) other reasons?

3. If there has ever been a general health examination, did you discuss with the doctor: (a) nutrition? (b) growth and development? (c) behavior? (d) accident prevention?

4. When was this child first immunized against: (a) diphtheria, whooping cough, and tetanus (DTP)? (b) poliomyelitis? Salk (shots) Sabin (oral) (c) smallpox? (d) measles?

5. When was this child last given boosters against: (a) diphtheria? (b) tetanus? (c) whooping cough? (d) poliomyelitis? Salk (shots) Sabin (oral) (e) smallpox? (f) measles?

6. When did this child last have a tuberculin skin test?

7. Has this child had a vision test?

8. Has this child had a hearing test?

9. Has this child been seen by a dentist? When was the last time?

10. Was the visit for: (a) regular dental care (e.g., examination, X-ray, cleaning, fillings)? (b) emergency treatment (e.g., toothache, accident)? (c) other reasons (e.g., orthodontic care)?

11. (a) Does this child drink fluoridated water? (b) Have this child's teeth received applications of fluoride (if over 3-years-old)? (c) Does this child receive dietary supplements of fluoride?

12. Does your family have a health record for this child?

Recommendations to local parent-teacher groups and councils are being formulated. These will emphasize the desirability and necessity of planning and coordination of any questionnaire survey with local health department, school system, physicians, and dentists more strongly than the PTA pamphlet.

The desirability of PTA cooperation with local health departments in developing screening programs for 3- and 4-year-old children including hearing, vision, tuberculin, and other possible tests has already been emphasized in a communication of the health advisory committee, approved by the executive board of the Michigan congress and sent to all local PTA groups. In the 1963-64 school year, 12,092 children, 3- and 4-years old, received hearing screening tests in Michigan and 19,542 received vision screening tests. The development of well-organized pilot programs of questionnaire surveys by local PTA groups in cooperation with local health departments, schools, physicians, and dentists is now likely to become a valuable facet of these screening programs.

Summary

Two special tests of a questionnaire developed by the National Congress of Parents and Teachers for administration by parent volunteers to families with children over 1-year-old were carried out by experienced public health nurses in Lansing and Midland, Mich., under guidance of the division of maternal and child health, Michigan Department of Health. A total of 1,197 questionnaires were completed by the nurses, who interviewed parents bringing their 3- and 4-year-old children for the hearing and vision screening tests conducted by the local health departments.

Results indicated that all but 15 of these children had received some medical health supervision and nearly all had received basic immunizations, three-fourths of them by age 2. About one-half of the children had had boosters against diphtheria, tetanus, and whooping cough and about three-fourths of them had had a booster against poliomyelitis. A little over one-fourth had had a tuberculin test. Nearly one-half had already been taken to the dentist and almost three-fourths of them had a personal health record.

Only about one-fourth of parents had discussed nutrition and behavior with their physician and less than 1 in 20 had discussed accident prevention with the physician. Over onefourth of the parents secured information on accident prevention from other sources, such as reading. Only 1 child in 20 had had a vision test and 1 child in 50 a hearing test. Screening programs for hearing and vision were shown to be filling a need not now met in a population with a high level of medical health supervision.

Validity of individual questions in the questionnaire was tested by probing the reasons for negative and uncertain answers and for some of the positive answers. Suggestions for revision of the questionnaire have been incorporated in revised questionnaires developed by the health advisory committee to the Michigan Congress of Parents and Teachers.

The probing questions revealed fairly numerous misconceptions concerning the proper time for booster immunizations and considerable ignorance of the value of fluoride applications to the teeth of preschool children and their need for routine dental care. Fully half the parents gave erroneous answers when asked if their children drank fluoridated water. The development of pilot questionnaire surveys of child health supervision by a parent group working in close cooperation with local health departments, schools, physicians, and dentist is recommended on the basis of this study.