
MIDDLE SCHOOL

YOUTH RISK BEHAVIOR SURVEY 2003

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U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES

Centers for Disease Control and Prevention

2005

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STATE AND LOCAL YOUTH RISK BEHAVIOR SURVEY COORDINATORS

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INTRODUCTION

In the United States, nearly two-thirds of all deaths among young people 10–14 years of age result from only five causes: motor-vehicle crashes (22.1%), other unintentional injuries (16.7%), cancer (12.9%), suicide (6.8%), and homicide (4.7%).¹ Substantial morbidity and social problems also result from the approximately 20,000 pregnancies that occur annually among girls under 15 years of age and the estimated 3 million cases of sexually transmitted diseases (STDs) that occur each year among persons between the ages of 10 and 19.^{2,3} Among adults age 25 or older, 62.9% of all deaths in the United States result from cardiovascular diseases (39.4%) and cancer (23.5%).¹

Leading causes of illness and death in all age groups in the United States are related to the following: behaviors that contribute to unintentional injuries and violence; tobacco use; alcohol and other drug use; sexual behaviors that contribute to unintended pregnancy and STDs, including human immunodeficiency virus (HIV) infection; unhealthy dietary behaviors; and physical inactivity—plus overweight. These behaviors are frequently interrelated and are often established during youth and extend into adulthood.

To monitor priority health-risk behaviors among adolescents and young adults in each of these six categories, the Centers for Disease Control and Prevention (CDC) developed the Youth Risk Behavior Surveillance System (YRBSS).⁴ The YRBSS includes national, state, and local school-based surveys of high school students in grades 9–12. In addition, some states and cities conduct a school-based Youth Risk Behavior Survey (YRBS) among middle school students. In 2003, eight states and eight cities conducted a middle school YRBS. This report summarizes results from the seven state and six local middle school surveys with weighted data in 2003. Six weighted state surveys and six weighted local surveys were conducted during spring 2003. One weighted state survey was conducted during fall 2003. Data from the one state and one local school-based survey with unweighted data are not included in this report.

M E T H O D O L O G Y

QUESTIONNAIRE DEVELOPMENT

The middle school YRBS questionnaire is modeled on the high school YRBS questionnaire and is designed to determine the prevalence of health-risk behaviors among middle school students. The topics covered on the middle school questionnaire include student demographics, height and weight, unintentional injury, violence, suicide ideation and attempts, tobacco use, drug and alcohol use, sexual risk behaviors, weight control, and physical activity. Questions about fruit, vegetable, and milk consumption, which are used on the high school questionnaire, are not included on the middle school questionnaire because of the complexity of the response options. Given the low prevalence of most risk behaviors among middle school students, the time frame used to measure unintentional injuries, violence, suicide ideation and attempts, alcohol and other drug use, and sexual behaviors is limited to lifetime rather than past 12 months or past 30 days. To meet their needs, sites may modify this questionnaire by adding or deleting questions. The CDC provides each site with a camera-ready copy of the questionnaire along with computer-scannable answer sheets.

SAMPLING

In 2003, each state and local school-based middle school YRBS employed a 2-stage cluster sample design to produce representative samples of students in middle schools in their jurisdiction. Four states (Georgia, Hawaii, Mississippi, and Wyoming) and five cities (District of Columbia, Miami, Milwaukee, San Bernardino, and San Francisco) conducted a YRBS in grades 6, 7, and 8. Three states (Alabama, Maine, and North Dakota) conducted a YRBS in grades 7 and 8. One city (Dallas) conducted a YRBS only in grade 8.

In seven states and one city, schools were selected with probability proportional to school enrollment size. In the

five other cities, all schools with any of the appropriate middle school grades were selected. At the second sampling stage, intact classes of a required subject (e.g., English) or intact classes during a required period (e.g., second period) were selected randomly in all sites. All students in selected classes were eligible to participate in the survey.

In 2003, the student sample sizes for the weighted state and local middle school YRBS ranged from 1,179 to 7,709. School response rates ranged from 76% to 100%, student response rates ranged from 67% to 91%, and overall response rates ranged from 65% to 88% (Table 1). The school response rate multiplied by student response rate produces an overall response rate for each site. The seven state and six local surveys included in this report had an overall response rate of 60% or more and appropriate documentation to allow the data to be weighted. Thus, the data are considered representative of students in specified grades in each jurisdiction.

DATA COLLECTION

Survey procedures for the state and local surveys were designed to protect students' privacy by allowing for anonymous and voluntary participation. Students completed the self-administered questionnaire during one class period and recorded their responses directly on a computer-scannable answer sheet. The core questionnaire contained 49 multiple-choice questions. To meet individual needs, four states and four cities added or deleted some questions. Before the survey was administered, local parental permission procedures were followed. Twelve sites conducted their middle school YRBS during spring 2003. One state survey was conducted during fall 2003.

DATA ANALYSIS

Each data set was cleaned and edited for inconsistencies. Missing data were not statistically imputed. The number

of completed questionnaires that failed quality-control* checks and were excluded from analysis from the state and local surveys ranged from 2 to 120 across states (median: 7) and from 2 to 10 across cities (median: 6.5).

At risk for becoming overweight and overweight were calculated from self-reported height and weight data applied to reference data from the National Health and Nutrition Examination Survey.⁵ At risk for becoming overweight was defined as having a body mass index (BMI)

* A questionnaire that fails quality control has < 20 remaining responses after editing or has the same answer to ≥ 15 questions in a row.

of $\geq 85^{\text{th}}$ percentile and $< 95^{\text{th}}$ percentile by age and sex. Overweight was defined as having a BMI of $\geq 95^{\text{th}}$ percentile by age and sex. A BMI of $\geq 95^{\text{th}}$ percentile by age and sex among young people is approximately equivalent to a BMI of ≥ 30 among adults. For an adult, a BMI of 30 is approximately 30 pounds overweight.

SAS[®] and SUDAAN were used to compute prevalence estimates and confidence intervals for all variables and all data sets.^{6,7} Medians and ranges are presented for states by grade and for cities by grade.

RESULTS

BEHAVIORS THAT CONTRIBUTE TO UNINTENTIONAL INJURIES

Seat Belt Use

Across states, the percentage of students who had rarely or never worn seat belts when riding in a car ranged as follows:

- 6th grade—4.4% to 18.4% (median: 10.2%)
(Tables 2b, 2c, 2e, 2g)
- 7th grade—6.5% to 20.3% (median: 11.0%)
(Tables 2a–2g)
- 8th grade—8.3% to 26.0% (median: 13.1%)
(Tables 2a–2g)

Across cities, the percentage of students who had rarely or never worn seat belts when riding in a car ranged as follows:

- 6th grade—5.4% to 20.9% (median: 13.0%)
(Tables 2i–2m)
- 7th grade—8.1% to 29.4% (median: 13.3%)
(Tables 2i–2m)
- 8th grade—10.1% to 33.1% (median: 13.5%)
(Tables 2h–2m)

Rode with a Driver Who Had Been Drinking Alcohol

Across states, the percentage of students who had ever ridden in a car with a driver who had been drinking alcohol ranged as follows:

- 6th grade—26.7% to 35.4% (median: 31.2%)
(Tables 2b, 2e, 2g)
- 7th grade—26.2% to 42.9% (median: 37.5%)
(Tables 2a, 2b, 2d, 2e, 2g)
- 8th grade—33.5% to 53.1% (median: 46.3%)
(Tables 2a, 2b, 2d, 2e, 2g)

Across cities, the percentage of students who had ever ridden in a car with a driver who had been drinking alcohol ranged as follows:

- 6th grade—13.7% to 35.7% (median: 20.6%)
(Tables 2i–2m)
- 7th grade—18.7% to 36.0% (median: 29.6%)
(Tables 2i–2m)
- 8th grade—22.6% to 58.2% (median: 40.5%)
(Tables 2h–2m)

Bicycle Helmet Use

Across states, among students who had ridden a bicycle, the percentage who had rarely or never worn a bicycle helmet ranged as follows:

- 6th grade—63.4% to 86.4% (median: 71.7%)
(Tables 3b, 3e, 3g)
- 7th grade—44.9% to 93.1% (median: 77.2%)
(Tables 3a, 3b, 3d–3g)
- 8th grade—52.0% to 93.2% (median: 84.9%)
(Tables 3a, 3b, 3d–3g)

Across cities, among students who had ridden a bicycle, the percentage who had rarely or never worn a bicycle helmet ranged as follows:

- 6th grade—51.5% to 87.0% (median: 73.8%)
(Tables 3i–3m)
- 7th grade—55.1% to 93.0% (median: 87.2%)
(Tables 3i–3m)
- 8th grade—64.1% to 94.2% (median: 89.5%)
(Tables 3h–3m)

Rollerblade or Skateboard Helmet Use

Across states, among students who had used rollerblades or rode a skateboard, the percentage who had rarely or never worn a helmet ranged as follows:

- 6th grade—67.2% to 87.6% (median: 67.8%)
(Tables 3b, 3e, 3g)
- 7th grade—60.1% to 87.9% (median: 77.0%)
(Tables 3a, 3b, 3d–3g)
- 8th grade—66.2% to 91.1% (median: 85.5%)
(Tables 3a, 3b, 3d–3g)

Across cities, among students who had used rollerblades or rode a skateboard, the percentage who had rarely or never worn a helmet ranged as follows:

- 6th grade—49.6% to 85.2% (median: 77.3%)
(Tables 3i–3m)
- 7th grade—61.0% to 89.1% (median: 86.2%)
(Tables 3i–3m)
- 8th grade—72.7% to 92.9% (median: 87.2%)
(Tables 3h–3m)

BEHAVIORS THAT CONTRIBUTE TO VIOLENCE

Carried a Weapon

Across states, the percentage of students who had ever carried a weapon (e.g., a gun, knife, or club) ranged as follows:

- 6th grade—31.0% to 50.0% (median: 32.6%)
(Tables 4b, 4e, 4g)
- 7th grade—33.2% to 44.5% (median: 36.9%)
(Tables 4a, 4b, 4d, 4e, 4g)

- 8th grade—38.6% to 53.4% (median: 40.8%)
(Tables 4a, 4b, 4d, 4e, 4g)

Across cities, the percentage of students who had ever carried a weapon (e.g., a gun, knife, or club) ranged as follows:

- 6th grade—13.4% to 25.3% (median: 21.3%)
(Tables 4i–4l)
- 7th grade—25.8% to 33.4% (median: 27.3%)
(Tables 4i–4l)
- 8th grade—27.3% to 43.7% (median: 37.2%)
(Tables 4h–4l)

In a Physical Fight

Across states, the percentage of students who had ever been in a physical fight ranged as follows:

- 6th grade—49.7% to 59.6% (median: 56.1%)
(Tables 4b, 4e, 4g)
- 7th grade—55.1% to 64.8% (median: 58.6%)
(Tables 4a, 4b, 4d, 4e, 4g)
- 8th grade—53.9% to 65.8% (median: 64.9%)
(Tables 4a, 4b, 4d, 4e, 4g)

Across cities, the percentage of students who had ever been in a physical fight ranged as follows:

- 6th grade—51.4% to 66.3% (median: 62.2%)
(Tables 4i–4l)
- 7th grade—55.9% to 76.9% (median: 66.7%)
(Tables 4i–4l)
- 8th grade—64.1% to 81.6% (median: 72.2%)
(Tables 4h–4l)

Hurt in a Physical Fight

Across states, the percentage of students who had ever been hurt in a physical fight and had to be treated by a doctor or nurse ranged as follows:

- 6th grade—6.5% to 7.6% (median: 6.9%)
(Tables 4b, 4e, 4g)
- 7th grade—7.0% to 8.1% (median: 7.2%)
(Tables 4a, 4b, 4d, 4e, 4g)
- 8th grade—5.7% to 7.6% (median: 7.2%)
(Tables 4a, 4b, 4d, 4e, 4g)

Across cities, the percentage of students who had ever been hurt in a physical fight and had to be treated by a doctor or nurse ranged as follows:

- 6th grade—4.5% to 11.1% (median: 7.0%)
(Tables 4i–4m)
- 7th grade—5.6% to 10.9% (median: 6.8%)
(Tables 4i–4m)
- 8th grade—5.6% to 15.1% (median: 7.0%)
(Tables 4h–4m)

Seriously Thought About Killing Themselves

Across states, the percentage of students who had ever seriously thought about killing themselves ranged as follows:

- 6th grade—16.2% to 18.7% (median: 17.7%)
(Tables 5b, 5c, 5e, 5g)
- 7th grade—17.5% to 24.7% (median: 18.7%)
(Tables 5a–5e, 5g)
- 8th grade—21.8% to 27.8% (median: 24.0%)
(Tables 5a–5e, 5g)

Across cities, the percentage of students who had ever seriously thought about killing themselves ranged as follows:

- 6th grade—15.1% to 30.2% (median: 18.2%)
(Tables 5i–5m)

- 7th grade—19.2% to 26.6% (median: 21.5%)
(Tables 5i–5m)
- 8th grade—20.0% to 29.3% (median: 26.6%)
(Tables 5h–5m)

Made a Plan About How to Kill Themselves

Across states, the percentage of students who had ever made a plan about how to kill themselves ranged as follows:

- 6th grade—8.5% to 11.8% (median: 10.8%)
(Tables 5b, 5c, 5e, 5g)
- 7th grade—10.0% to 15.9% (median: 12.0%)
(Tables 5a–5e, 5g)
- 8th grade—14.0% to 19.8% (median: 17.3%)
(Tables 5a–5e, 5g)

Across cities, the percentage of students who had ever made a plan about how to kill themselves ranged as follows:

- 6th grade—7.5% to 16.7% (median: 9.6%)
(Tables 5i–5m)
- 7th grade—10.2% to 15.8% (median: 12.9%)
(Tables 5i–5m)
- 8th grade—13.2% to 18.0% (median: 15.7%)
(Tables 5h–5m)

Tried to Kill Themselves

Across states, the percentage of students who had ever tried to kill themselves ranged as follows:

- 6th grade—6.1% to 8.0% (median: 7.2%)
(Tables 5b, 5c, 5e, 5g)
- 7th grade—7.3% to 11.2% (median: 8.7%)
(Tables 5a–5e, 5g)
- 8th grade—9.5% to 13.2% (median: 10.9%)
(Tables 5a–5e, 5g)

Across cities, the percentage of students who had ever tried to kill themselves ranged as follows:

- 6th grade—4.7% to 12.2% (median: 6.5%)
(Tables 5i–5m)
- 7th grade—8.5% to 14.8% (median: 9.9%)
(Tables 5i–5m)
- 8th grade—10.0% to 14.3% (median: 12.3%)
(Tables 5h–5m)

TOBACCO USE

Lifetime Cigarette Use

Across states, the percentage of students who had ever tried cigarette smoking (even one or two puffs) (i.e., lifetime cigarette use) ranged as follows:

- 6th grade—12.5% to 37.8% (median: 24.5%)
(Tables 6b, 6c, 6e, 6g)
- 7th grade—20.6% to 50.9% (median: 37.0%)
(Tables 6a–6g)
- 8th grade—32.9% to 58.6% (median: 37.8%)
(Tables 6a–6g)

Across cities, the percentage of students who had ever tried cigarette smoking (even one or two puffs) (i.e., lifetime cigarette use) ranged as follows:

- 6th grade—13.2% to 36.5% (median: 18.8%)
(Tables 6i–6m)
- 7th grade—19.1% to 45.8% (median: 30.0%)
(Tables 6i–6m)
- 8th grade—28.6% to 58.0% (median: 49.0%)
(Tables 6h–6m)

Lifetime Daily Cigarette Use

Across states, the percentage of students who had ever smoked at least one cigarette every day for 30 days (i.e., lifetime daily cigarette use) ranged as follows:

- 6th grade—3.2% to 6.9% (median: 3.5%)
(Tables 6b, 6e, 6g)
- 7th grade—3.2% to 9.4% (median: 5.0%)
(Tables 6a, 6b, 6d–6g)
- 8th grade—7.1% to 11.8% (median: 8.4%)
(Tables 6a, 6b, 6d–6g)

Across cities, the percentage of students who had ever smoked at least one cigarette every day for 30 days (i.e., lifetime daily cigarette use) ranged as follows:

- 6th grade—1.7% to 8.6% (median: 3.4%)
(Tables 6i–6m)
- 7th grade—3.2% to 5.9% (median: 4.4%)
(Tables 6i–6m)
- 8th grade—3.6% to 8.9% (median: 5.8%)
(Tables 6h–6m)

Current Cigarette Use

Across states, the percentage of students who had smoked cigarettes on 1 or more of the 30 days preceding the survey (i.e., current cigarette use) ranged as follows:

- 6th grade—2.7% to 9.1% (median: 5.0%)
(Tables 7b, 7c, 7e, 7g)
- 7th grade—5.0% to 17.6% (median: 9.1%)
(Tables 7a–7g)
- 8th grade—10.5% to 19.4% (median: 12.5%)
(Tables 7a–7g)

Across cities, the percentage of students who had smoked cigarettes on 1 or more of the 30 days preceding the survey (i.e., current cigarette use) ranged as follows:

- 6th grade—2.4% to 5.2% (median: 4.9%)
(Tables 7i–7m)
- 7th grade—5.0% to 8.6% (median: 7.0%)
(Tables 7i–7m)
- 8th grade—6.3% to 16.5% (median: 10.3%)
(Tables 7h–7m)

Current Frequent Cigarette Use

Across states, the percentage of students who had smoked cigarettes on 20 or more of the 30 days preceding the survey (i.e., current frequent cigarette use) ranged as follows:

- 6th grade—0.0% to 3.2% (median: 1.5%)
(Tables 7b, 7c, 7e, 7g)
- 7th grade—0.7% to 4.4% (median: 1.6%)
(Tables 7a–7g)
- 8th grade—2.6% to 6.2% (median: 4.1%)
(Tables 7a–7g)

Across cities, the percentage of students who had smoked cigarettes on 20 or more of the 30 days preceding the survey (i.e., current frequent cigarette use) ranged as follows:

- 6th grade—0.0% to 1.2% (median: 0.6%)
(Tables 7i–7m)
- 7th grade—0.3% to 1.4% (median: 0.8%)
(Tables 7i–7m)
- 8th grade—1.4% to 2.6% (median: 1.7%)
(Tables 7h–7m)

Current Smokeless Tobacco Use

Across states, the percentage of students who had used smokeless tobacco (e.g., chewing tobacco, snuff, or dip) on 1 or more of the 30 days preceding the survey (i.e., current smokeless tobacco use) ranged as follows:

- 6th grade—1.1% to 6.1% (median: 4.7%)
(Tables 8b, 8c, 8e, 8g)
- 7th grade—1.6% to 9.2% (median: 3.9%)
(Tables 8a–8g)
- 8th grade—3.3% to 8.3% (median: 5.0%)
(Tables 8a–8g)

Across cities, the percentage of students who had used smokeless tobacco (e.g., chewing tobacco, snuff, or dip) on 1 or more of the 30 days preceding the survey (i.e., current smokeless tobacco use) ranged as follows:

- 6th grade—2.0% to 13.5% (median: 3.2%)
(Tables 8i–8l)
- 7th grade—2.4% to 5.9% (median: 4.6%)
(Tables 8i–8l)
- 8th grade—3.1% to 6.9% (median: 4.4%)
(Tables 8h–8l)

Current Cigar Use

Across states, the percentage of students who had smoked cigars, cigarillos, or little cigars on 1 or more of the 30 days preceding the survey (i.e., current cigar use) ranged as follows:

- 6th grade—4.5% to 6.5% (median: 4.8%)
(Tables 8b, 8e, 8g)
- 7th grade—2.6% to 9.7% (median: 4.9%)
(Tables 8a, 8b, 8d–8g)
- 8th grade—5.5% to 13.9% (median: 7.5%)
(Tables 8a, 8b, 8d–8g)

Across cities, the percentage of students who had smoked cigars, cigarillos, or little cigars on 1 or more of the 30 days preceding the survey (i.e., current cigar use) ranged as follows:

- 6th grade—2.4% to 6.5% (median: 4.6%)
(Tables 8i–8l)
- 7th grade—7.0% to 9.8% (median: 7.1%)
(Tables 8i–8l)
- 8th grade—6.8% to 14.5% (median: 9.3%)
(Tables 8h–8l)

Current Tobacco Use

Across states, the percentage of students who had reported current cigarette use, current smokeless tobacco use, or current cigar use on 1 or more of the 30 days preceding the survey (i.e., current tobacco use) ranged as follows:

- 6th grade—7.9% to 13.5% (median: 8.7%)
(Tables 8b, 8e, 8g)
- 7th grade—8.6% to 22.6% (median: 13.0%)
(Tables 8a, 8b, 8d–8g)
- 8th grade—13.2% to 26.3% (median: 16.8%)
(Tables 8a, 8b, 8d–8g)

Across cities, the percentage of students who had reported current cigarette use, current smokeless tobacco use, or current cigar use on 1 or more of the 30 days preceding the survey (i.e., current tobacco use) ranged as follows:

- 6th grade—3.9% to 15.4% (median: 7.7%)
(Tables 8i–8l)
- 7th grade—9.4% to 12.4% (median: 11.5%)
(Tables 8i–8l)
- 8th grade—10.0% to 20.6% (median: 15.2%)
(Tables 8h–8l)

ALCOHOL AND OTHER DRUG USE

Lifetime Alcohol Use

Across states, the percentage of students who had ever had a drink of alcohol (other than a few sips) (i.e., lifetime alcohol use) ranged as follows:

- 6th grade—23.9% to 36.7% (median: 28.0%)
(Tables 9b, 9e, 9g)
- 7th grade—29.8% to 48.4% (median: 43.8%)
(Tables 9a, 9b, 9d, 9e, 9g)
- 8th grade—45.7% to 65.5% (median: 53.8%)
(Tables 9a, 9b, 9d, 9e, 9g)

Across cities, the percentage of students who had ever had a drink of alcohol (other than a few sips) (i.e., lifetime alcohol use) ranged as follows:

- 6th grade—17.4% to 44.1% (median: 27.7%)
(Tables 9i–9m)
- 7th grade—29.8% to 45.4% (median: 41.5%)
(Tables 9i–9m)
- 8th grade—36.7% to 68.3% (median: 54.3%)
(Tables 9h–9m)

Lifetime Marijuana Use

Across states, the percentage of students who had ever used marijuana (i.e., lifetime marijuana use) ranged as follows:

- 6th grade—4.3% to 10.6% (median: 5.4%)
(Tables 9b, 9e, 9g)
- 7th grade—9.0% to 14.8% (median: 11.8%)
(Tables 9a, 9b, 9d, 9e, 9g)
- 8th grade—17.6% to 24.6% (median: 19.0%)
(Tables 9a, 9b, 9d, 9e, 9g)

Across cities, the percentage of students who had ever used marijuana (i.e., lifetime marijuana use) ranged as follows:

- 6th grade—3.7% to 11.8% (median: 7.6%)
(Tables 9i–9m)
- 7th grade—8.4% to 18.2% (median: 13.9%)
(Tables 9i–9m)
- 8th grade—12.1% to 33.0% (median: 24.3%)
(Tables 9h–9m)

Lifetime Cocaine Use

Across states, the percentage of students who had ever used any form of cocaine (e.g., powder, “crack,”[†] “freebase”[‡]) (i.e., lifetime cocaine use) ranged as follows:

- 6th grade—2.7% to 6.3% (median: 4.1%)
(Tables 9b, 9e, 9g)
- 7th grade—2.7% to 5.9% (median: 3.6%)
(Tables 9a, 9b, 9d, 9e, 9g)
- 8th grade—5.1% to 7.6% (median: 6.3%)
(Tables 9a, 9b, 9d, 9e, 9g)

Across cities, the percentage of students who had ever used any form of cocaine (e.g., powder, “crack,”[†] “freebase”[‡]) (i.e., lifetime cocaine use) ranged as follows:

- 6th grade—1.4% to 7.1% (median: 3.0%)
(Tables 9i–9m)
- 7th grade—2.8% to 5.4% (median: 3.9%)
(Tables 9i–9m)
- 8th grade—3.6% to 9.8% (median: 4.8%)
(Tables 9h–9m)

[†] Pellet-sized pieces of highly purified cocaine.

[‡] A process whereby cocaine is dissolved in ether or sodium hydroxide and the precipitate filtered off.

Lifetime Inhalant Use

Across states, the percentage of students who had ever sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high (i.e., lifetime inhalant use) ranged as follows:

- 6th grade—11.7% to 14.6% (median: 12.0%)
(Tables 10b, 10e, 10g)
- 7th grade—11.8% to 16.0% (median: 12.5%)
(Tables 10a, 10b, 10d, 10e, 10g)
- 8th grade—12.6% to 16.9% (median: 15.7%)
(Tables 10a, 10b, 10d, 10e, 10g)

Across cities, the percentage of students who had ever sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high (i.e., lifetime inhalant use) ranged as follows:

- 6th grade—6.0% to 12.2% (median: 8.4%)
(Tables 10i–10m)
- 7th grade—5.6% to 14.6% (median: 12.4%)
(Tables 10i–10m)
- 8th grade—6.5% to 16.5% (median: 10.6%)
(Tables 10h–10m)

Lifetime Steroid Use

Across states, the percentage of students who had ever used steroids (i.e., lifetime steroid use) ranged as follows:

- 6th grade—2.1% to 4.6% (median: 2.7%)
(Tables 10b, 10e, 10g)
- 7th grade—3.1% to 4.5% (median: 3.9%)
(Tables 10a, 10b, 10d, 10e, 10g)
- 8th grade—3.1% to 5.6% (median: 3.9%)
(Tables 10a, 10b, 10d, 10e, 10g)

Across cities, the percentage of students who had ever used steroids (i.e., lifetime steroid use) ranged as follows:

- 6th grade—0.9% to 2.9% (median: 1.7%)
(Tables 10i–10m)
- 7th grade—1.6% to 4.6% (median: 2.4%)
(Tables 10i–10m)
- 8th grade—1.6% to 4.0% (median: 2.8%)
(Tables 10h–10m)

AGE OF INITIATION OF RISK BEHAVIORS

Cigarette Smoking Before Age 11 Years

Across states, the percentage of students who had smoked a whole cigarette for the first time before age 11 years ranged as follows:

- 6th grade—4.8% to 13.6% (median: 6.8%)
(Tables 11b, 11c, 11e, 11g)
- 7th grade—6.0% to 15.9% (median: 8.7%)
(Tables 11a–11g)
- 8th grade—6.9% to 16.2% (median: 10.6%)
(Tables 11a–11g)

Across cities, the percentage of students who had smoked a whole cigarette for the first time before age 11 years ranged as follows:

- 6th grade—4.3% to 9.3% (median: 5.5%)
(Tables 11i–11m)
- 7th grade—6.1% to 9.4% (median: 7.0%)
(Tables 11i–11m)
- 8th grade—5.5% to 11.0% (median: 7.7%)
(Tables 11h–11m)

Alcohol Use Before Age 11 Years

Across states, the percentage of students who had had their first drink of alcohol (other than a few sips) before age 11 years ranged as follows:

- 6th grade—13.8% to 25.8% (median: 17.2%)
(Tables 11b, 11e, 11g)
- 7th grade—13.6% to 24.0% (median: 17.4%)
(Tables 11a, 11b, 11d–11g)
- 8th grade—13.3% to 29.0% (median: 17.3%)
(Tables 11a, 11b, 11d–11g)

Across cities, the percentage of students who had had their first drink of alcohol (other than a few sips) before age 11 years ranged as follows:

- 6th grade—14.1% to 22.8% (median: 17.5%)
(Tables 11i–11m)
- 7th grade—16.7% to 23.0% (median: 20.4%)
(Tables 11i–11m)
- 8th grade—16.8% to 25.2% (median: 20.7%)
(Tables 11h–11m)

Marijuana Use Before Age 11 Years

Across states, the percentage of students who had tried marijuana for the first time before age 11 years ranged as follows:

- 6th grade—2.0% to 3.7% (median: 3.1%)
(Tables 11b, 11e, 11g)
- 7th grade—1.3% to 3.8% (median: 3.0%)
(Tables 11a, 11b, 11d–11g)
- 8th grade—1.3% to 4.2% (median: 2.4%)
(Tables 11a, 11b, 11d–11g)

Across cities, the percentage of students who had tried marijuana for the first time before age 11 years ranged as follows:

- 6th grade—0.5% to 5.6% (median: 1.8%)
(Tables 11i–11m)
- 7th grade—1.3% to 4.5% (median: 2.9%)
(Tables 11i–11m)
- 8th grade—1.7% to 5.6% (median: 3.0%)
(Tables 11h–11m)

SEXUAL BEHAVIORS THAT CONTRIBUTE TO UNINTENDED PREGNANCY AND STDS, INCLUDING HIV INFECTION

Sexual Intercourse

Across states, the percentage of students who had ever had sexual intercourse ranged as follows:

- 6th grade—3.5% to 21.3% (median: 8.6%)
(Tables 12c, 12e, 12g)
- 7th grade—6.6% to 31.2% (median: 15.6%)
(Tables 12a, 12c–12e, 12g)
- 8th grade—14.0% to 41.1% (median: 19.1%)
(Tables 12a, 12c–12e, 12g)

Across cities, the percentage of students who had ever had sexual intercourse ranged as follows:

- 6th grade—4.9% to 20.7% (median: 10.0%)
(Tables 12i–12m)
- 7th grade—9.0% to 34.8% (median: 19.9%)
(Tables 12i–12m)
- 8th grade—11.1% to 40.5% (median: 33.4%)
(Tables 12h–12m)

Sexual Intercourse Before Age 11 Years

Across states, the percentage of students who had had sexual intercourse for the first time before age 11 years ranged as follows:

- 6th grade—3.9% to 10.4% (median: 7.1%)
(Tables 12e, 12g)
- 7th grade—3.4% to 9.8% (median: 7.6%)
(Tables 12a, 12d, 12e, 12g)
- 8th grade—2.9% to 9.9% (median: 4.9%)
(Tables 12a, 12d, 12e, 12g)

Across cities, the percentage of students who had had sexual intercourse for the first time before age 11 years ranged as follows:

- 6th grade—3.1% to 10.3% (median: 5.4%)
(Tables 12i–12m)
- 7th grade—2.7% to 13.9% (median: 7.8%)
(Tables 12i–12m)
- 8th grade—2.4% to 8.9% (median: 6.8%)
(Tables 12h–12m)

Three or More Sex Partners

Across states, the percentage of students who had ever had sexual intercourse with ≥ 3 sex partners ranged as follows:

- 6th grade—2.6% to 5.9% (median: 4.3%)
(Tables 12e, 12g)
- 7th grade—3.2% to 13.2% (median: 8.5%)
(Tables 12a, 12d, 12e, 12g)
- 8th grade—5.6% to 18.8% (median: 9.7%)
(Tables 12a, 12d, 12e, 12g)

Across cities, the percentage of students who had ever had sexual intercourse with ≥ 3 sex partners ranged as follows:

- 6th grade—1.7% to 6.6% (median: 3.9%)
(Tables 12i–12m)
- 7th grade—3.1% to 14.5% (median: 8.9%)
(Tables 12i–12m)
- 8th grade—4.8% to 18.0% (median: 12.2%)
(Tables 12h–12m)

Condom Use During Last Sexual Intercourse

Across states, among students who had ever had sexual intercourse, the percentage who reported that either they or their partner had used a condom during last sexual intercourse ranged as follows:

- 6th grade—Data not available
- 7th grade—60.1% to 74.0% (median: 69.4%)
(Tables 13a, 13c–13e, 13g)
- 8th grade—58.1% to 77.6% (median: 69.4%)
(Tables 13a, 13c–13e, 13g)

Across cities, among students who had ever had sexual intercourse, the percentage who reported that either they or their partner had used a condom during last sexual intercourse ranged as follows:

- 6th grade—Data not available
- 7th grade—73.1% to 81.8% (median: 75.3%)
(Tables 13i–13l)
- 8th grade—67.3% to 81.7% (median: 70.8%)
(Tables 13h–13l)

Acquired Immunodeficiency Syndrome (AIDS) or HIV Infection Education

Across states, the percentage of students who had ever been taught in school about AIDS or HIV infection ranged as follows:

- 6th grade—34.2% to 62.4% (median: 47.7%)
(Tables 13b, 13c, 13e, 13g)
- 7th grade—51.6% to 83.4% (median: 71.8%)
(Tables 13a–13g)
- 8th grade—70.5% to 88.7% (median: 85.8%)
(Tables 13a–13g)

Across cities, the percentage of students who had ever been taught in school about AIDS or HIV infection ranged as follows:

- 6th grade—38.3% to 79.0% (median: 59.5%)
(Tables 13i–13m)
- 7th grade—73.3% to 83.5% (median: 77.5%)
(Tables 13i–13m)
- 8th grade—67.7% to 88.0% (median: 81.5%)
(Tables 13h–13m)

PHYSICAL ACTIVITY

Sufficient Vigorous Physical Activity

Across states, the percentage of students who had exercised or participated in physical activities that made them sweat and breathe hard (e.g., basketball, soccer, running, swimming laps, fast bicycling, fast dancing, or similar aerobic activities) for 20 minutes or more on at least 3 of the 7 days preceding the survey (i.e., sufficient vigorous physical activity) ranged as follows:

- 6th grade—58.7% to 79.5% (median: 62.5%)
(Tables 14b, 14c, 14e, 14g)
- 7th grade—63.7% to 82.5% (median: 69.5%)
(Tables 14a–14g)
- 8th grade—59.7% to 80.9% (median: 73.8%)
(Tables 14a–14g)

Across cities, the percentage of students who had exercised or participated in physical activities that made them sweat and breathe hard (e.g., basketball, soccer, running, swimming laps, fast bicycling, fast dancing, or similar aerobic activities) for 20 minutes or more on at least 3 of the 7 days preceding the survey (i.e., sufficient vigorous physical activity) ranged as follows:

- 6th grade—48.4% to 60.4% (median: 57.3%)
(Tables 14i–14m)
- 7th grade—58.7% to 68.4% (median: 65.2%)
(Tables 14i–14m)
- 8th grade—54.5% to 73.8% (median: 65.3%)
(Tables 14h–14m)

Played on Sports Teams

Across states, the percentage of students who had played on any sports teams run by their school or community groups ranged as follows:

- 6th grade—52.9% to 69.3% (median: 53.2%)
(Tables 14b, 14e, 14g)
- 7th grade—54.6% to 73.2% (median: 58.7%)
(Tables 14a, 14b, 14d, 14e, 14g)
- 8th grade—53.8% to 72.7% (median: 59.7%)
(Tables 14a, 14b, 14d, 14e, 14g)

Across cities, the percentage of students who had played on any sports teams run by their school or community groups ranged as follows:

- 6th grade—41.4% to 50.9% (median: 45.9%)
(Tables 14i–14m)
- 7th grade—39.3% to 50.1% (median: 45.1%)
(Tables 14i–14m)
- 8th grade—42.0% to 50.2% (median: 45.3%)
(Tables 14h–14m)

Watched Television (TV)

Across states, the percentage of students who had watched TV 3 or more hours per day on an average school day ranged as follows:

- 6th grade—29.7% to 52.8% (median: 44.7%)
(Tables 14b, 14c, 14e, 14g)
- 7th grade—30.2% to 55.6% (median: 42.4%)
(Tables 14a–14g)
- 8th grade—30.1% to 64.2% (median: 47.3%)
(Tables 14a–14g)

Across cities, the percentage of students who had watched TV 3 or more hours per day on an average school day ranged as follows:

- 6th grade—43.8% to 56.6% (median: 52.3%)
(Tables 14i–14m)
- 7th grade—53.6% to 68.5% (median: 60.2%)
(Tables 14i–14m)
- 8th grade—55.9% to 67.3% (median: 62.6%)
(Tables 14h–14m)

Enrolled in Physical Education Class

Across states, the percentage of students who went to physical education (PE) classes on one or more days in an average week when they were in school (i.e., enrolled in PE class) ranged as follows:

- 6th grade—58.5% to 95.5% (median: 65.9%)
(Tables 15b, 15e, 15g)
- 7th grade—58.5% to 90.8% (median: 83.1%)
(Tables 15a, 15b, 15d–15g)
- 8th grade—60.0% to 90.3% (median: 82.5%)
(Tables 15a, 15b, 15d–15g)

Across cities, the percentage of students who went to physical education (PE) classes on one or more days in an average week when they were in school (i.e., enrolled in PE class) ranged as follows:

- 6th grade—32.9% to 97.5% (median: 77.0%)
(Tables 15i–15m)
- 7th grade—42.3% to 97.1% (median: 73.6%)
(Tables 15i–15m)
- 8th grade—37.5% to 96.9% (median: 72.1%)
(Tables 15h–15m)

Attended PE Class Daily

Across states, the percentage of students who went to PE classes 5 days in an average week when they were in school (i.e., attended PE class daily) ranged as follows:

- 6th grade—25.4% to 45.8% (median: 44.2%)
(Tables 15b, 15e, 15g)
- 7th grade—15.7% to 77.5% (median: 37.9%)
(Tables 15a, 15b, 15d–15g)
- 8th grade—14.1% to 77.5% (median: 44.0%)
(Tables 15a, 15b, 15d–15g)

Across cities, the percentage of students who went to PE classes 5 days in an average week when they were in school (i.e., attended PE class daily) ranged as follows:

- 6th grade—10.8% to 89.7% (median: 30.6%)
(Tables 15i–15m)
- 7th grade—8.7% to 91.2% (median: 24.2%)
(Tables 15i–15m)
- 8th grade—11.7% to 88.0% (median: 29.1%)
(Tables 15h–15m)

OVERWEIGHT AND WEIGHT CONTROL

At Risk for Becoming Overweight

Across states, the percentage of students who were at risk for becoming overweight ranged as follows:

- 6th grade—19.5% to 21.7% (median: 20.8%)
(Tables 16b, 16c, 16e, 16g)
- 7th grade—13.3% to 23.1% (median: 18.0%)
(Tables 16a–16g)
- 8th grade—12.9% to 19.3% (median: 17.7%)
(Tables 16a–16g)

Across cities, the percentage of students who were at risk for becoming overweight ranged as follows:

- 6th grade—17.9% to 24.1% (median: 20.8%)
(Tables 16i–16m)
- 7th grade—20.5% to 22.5% (median: 21.0%)
(Tables 16i–16m)
- 8th grade—16.3% to 21.5% (median: 18.5%)
(Tables 16h–16m)

Overweight

Across states, the percentage of students who were overweight ranged as follows:

- 6th grade—13.3% to 23.8% (median: 19.8%)
(Tables 16b, 16c, 16e, 16g)
- 7th grade—9.0% to 17.3% (median: 14.7%)
(Tables 16a–16g)
- 8th grade—7.6% to 17.9% (median: 12.8%)
(Tables 16a–16g)

Across cities, the percentage of students who were overweight ranged as follows:

- 6th grade—18.8% to 23.4% (median: 20.1%)
(Tables 16i–16m)
- 7th grade—12.7% to 19.9% (median: 15.6%)
(Tables 16i–16m)
- 8th grade—9.8% to 17.1% (median: 15.1%)
(Tables 16h–16m)

Described Themselves as Overweight

Across states, the percentage of students who described themselves as slightly or very overweight ranged as follows:

- 6th grade—21.3% to 26.3% (median: 23.4%)
(Tables 17b, 17c, 17e, 17g)
- 7th grade—23.9% to 32.4% (median: 26.2%)
(Tables 17a–17g)
- 8th grade—26.0% to 32.5% (median: 28.5%)
(Tables 17a–17g)

Across cities, the percentage of students who described themselves as slightly or very overweight ranged as follows:

- 6th grade—18.3% to 24.7% (median: 20.4%)
(Tables 17i–17m)
- 7th grade—18.3% to 28.7% (median: 26.2%)
(Tables 17i–17m)
- 8th grade—21.2% to 32.0% (median: 29.3%)
(Tables 17h–17m)

Trying to Lose Weight

Across states, the percentage of students who were trying to lose weight ranged as follows:

- 6th grade—40.1% to 47.7% (median: 44.5%)
(Tables 17b, 17c, 17e, 17g)

- 7th grade—39.8% to 47.4% (median: 45.0%)
(Tables 17a–17g)
- 8th grade—41.6% to 50.2% (median: 48.0%)
(Tables 17a–17g)

Across cities, the percentage of students who were trying to lose weight ranged as follows:

- 6th grade—37.5% to 45.4% (median: 42.0%)
(Tables 17i–17m)
- 7th grade—38.2% to 47.7% (median: 41.6%)
(Tables 17i–17m)
- 8th grade—41.1% to 50.2% (median: 44.7%)
(Tables 17h–17m)

Ate Less Food to Lose Weight or to Keep from Gaining Weight

Across states, the percentage of students who had ever eaten less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight ranged as follows:

- 6th grade—40.0% to 44.5% (median: 40.8%)
(Tables 18b, 18e, 18g)
- 7th grade—38.7% to 45.0% (median: 43.9%)
(Tables 18a, 18b, 18d, 18e, 18g)
- 8th grade—42.8% to 47.8% (median: 44.5%)
(Tables 18a, 18b, 18d, 18e, 18g)

Across cities, the percentage of students who had ever eaten less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight ranged as follows:

- 6th grade—35.2% to 45.6% (median: 43.1%)
(Tables 18i–18m)
- 7th grade—34.9% to 46.9% (median: 36.9%)
(Tables 18i–18m)
- 8th grade—38.3% to 47.5% (median: 42.6%)
(Tables 18h–18m)

Exercised to Lose Weight or to Keep from Gaining Weight

Across states, the percentage of students who had ever exercised to lose weight or to keep from gaining weight ranged as follows:

- 6th grade—63.0% to 68.4% (median: 66.0%)
(Tables 18b, 18e, 18g)
- 7th grade—65.0% to 71.2% (median: 65.4%)
(Tables 18a, 18b, 18d, 18e, 18g)
- 8th grade—66.2% to 69.8% (median: 67.3%)
(Tables 18a, 18b, 18d, 18e, 18g)

Across cities, the percentage of students who had ever exercised to lose weight or to keep from gaining weight ranged as follows:

- 6th grade—51.4% to 61.1% (median: 59.5%)
(Tables 18i–18m)
- 7th grade—59.1% to 68.1% (median: 60.7%)
(Tables 18i–18m)
- 8th grade—58.5% to 72.1% (median: 64.6%)
(Tables 18h–18m)

Went Without Eating for 24 Hours or More to Lose Weight or to Keep from Gaining Weight

Across states, the percentage of students who had ever gone without eating for at least 24 hours to lose weight or to keep from gaining weight ranged as follows:

- 6th grade—13.4% to 15.5% (median: 15.4%)
(Tables 19b, 19e, 19g)
- 7th grade—17.1% to 25.0% (median: 19.6%)
(Tables 19a, 19b, 19d, 19e, 19g)
- 8th grade—18.1% to 26.4% (median: 20.4%)
(Tables 19a, 19b, 19d, 19e, 19g)

Across cities, the percentage of students who had ever gone without eating for at least 24 hours to lose weight or to keep from gaining weight ranged as follows:

- 6th grade—9.9% to 23.0% (median: 16.7%)
(Tables 19i–19m)
- 7th grade—10.8% to 19.2% (median: 18.4%)
(Tables 19i–19m)
- 8th grade—9.8% to 25.3% (median: 21.1%)
(Tables 19h–19m)

Took Diet Pills, Powders, or Liquids to Lose Weight or to Keep from Gaining Weight

Across states, the percentage of students who had ever taken diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight ranged as follows:

- 6th grade—3.5% to 6.5% (median: 4.4%)
(Tables 19b, 19e, 19g)
- 7th grade—5.2% to 8.1% (median: 6.5%)
(Tables 19a, 19b, 19d, 19e, 19g)
- 8th grade—8.3% to 14.4% (median: 10.5%)
(Tables 19a, 19b, 19d, 19e, 19g)

Across cities, the percentage of students who had ever taken diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight ranged as follows:

- 6th grade—3.1% to 4.8% (median: 4.1%)
(Tables 19i–19m)
- 7th grade—3.1% to 8.2% (median: 6.3%)
(Tables 19i–19m)
- 8th grade—3.9% to 10.5% (median: 7.9%)
(Tables 19h–19m)

Vomited or Took Laxatives to Lose Weight or to Keep from Gaining Weight

Across states, the percentage of students who had ever vomited or taken laxatives to lose weight or to keep from gaining weight ranged as follows:

- 6th grade—4.5% to 7.6% (median: 6.2%)
(Tables 19b, 19e, 19g)
- 7th grade—5.2% to 9.6% (median: 5.8%)
(Tables 19a, 19b, 19d, 19e, 19g)
- 8th grade—8.0% to 12.2% (median: 8.4%)
(Tables 19a, 19b, 19d, 19e, 19g)

Across cities, the percentage of students who had ever vomited or taken laxatives to lose weight or to keep from gaining weight ranged as follows:

- 6th grade—1.9% to 9.0% (median: 5.7%)
(Tables 19i–19m)
- 7th grade—2.9% to 8.2% (median: 5.0%)
(Tables 19i–19m)
- 8th grade—2.6% to 8.4% (median: 7.5%)
(Tables 19h–19m)

DISCUSSION

Too many middle school students engage in behaviors that place them at risk for death, disability, and social problems. Risk behaviors associated with unintentional injuries and violence, tobacco, alcohol and other drug use, HIV infection and other STDs, unintended pregnancy, physical inactivity, and overweight are problematic among middle school students.

Certain risk behaviors are more likely to occur among particular subpopulations of students defined by sex, race/ethnicity, and grade. However, this analysis could not isolate the effects of sex, race/ethnicity, or grade from those measures of socioeconomic status (SES) or culture on risk behaviors with substantial disparities. In a 1992 national study, after controlling for age, sex, race/ethnicity, and school enrollment status (in or out of school), adolescents 12–17 years of age were less likely to report selected risk behaviors (e.g., smoking, physical inactivity, eating too little fruit and vegetables, episodic heavy drinking) as the SES (education or family income) of the responsible adult increased.⁸ Additional research is needed to assess the effect of specific educational, socioeconomic, cultural, and racial/ethnic factors on the prevalence of health-risk behaviors among middle school students.

For the majority of risk behaviors, limited variability in their prevalence occurs from state to state and from city to city. However, across state surveys, a range of more than 25 percentage points was identified for the following categories:

6TH GRADE

- Lifetime cigarette use (minimum: 12.5%; maximum: 37.8%).
- Had been taught in school about AIDS or HIV infection (minimum: 34.2%; maximum: 62.4%).

- Were enrolled in PE class (minimum: 58.5%; maximum: 95.5%).

7TH GRADE

- Rarely or never wore a bicycle helmet (minimum: 44.9%; maximum: 93.1%).
- Rarely or never wore a helmet when using rollerblades or riding a skateboard (minimum: 60.1%; maximum: 87.9%).
- Lifetime cigarette use (minimum: 20.6%; maximum: 50.9%).
- Ever had sexual intercourse (minimum: 6.6%; maximum: 31.2%).
- Had been taught in school about AIDS or HIV infection (minimum: 51.6%; maximum: 83.4%).
- Watched television 3 or more hours per day (minimum: 30.2%; maximum: 55.6%).
- Were enrolled in PE class (minimum: 58.5%; maximum: 90.8%).
- Attended PE class daily (minimum: 15.7%; maximum: 77.5%).

8TH GRADE

- Rarely or never wore a bicycle helmet (minimum: 52.0%; maximum: 93.2%).
- Lifetime cigarette use (minimum: 32.9%; maximum: 58.6%).
- Ever had sexual intercourse (minimum: 14.0%; maximum: 41.1%).
- Watched television 3 or more hours per day (minimum: 30.1%; maximum: 64.2%).

- Were enrolled in PE class (minimum: 60.0%; maximum: 90.3%).
- Attended PE class daily (minimum: 14.1%; maximum: 77.5%).

Across local surveys, a range of more than 25 percentage points was identified for the following risk behaviors:

6TH GRADE

- Rarely or never wore a helmet when using rollerblades or riding a skateboard (minimum: 49.6%; maximum: 85.2%).
- Lifetime alcohol use (minimum: 17.4%; maximum: 44.1%).
- Had been taught in school about AIDS or HIV infection (minimum: 38.3%; maximum: 79.0%).
- Were enrolled in PE class (minimum: 32.9%; maximum: 97.5%).
- Attended PE class daily (minimum: 10.8%; maximum: 89.7%).

7TH GRADE

- Rarely or never wore a helmet when using rollerblades or riding a skateboard (minimum: 61.0%; maximum: 89.1%).
- Lifetime cigarette use (minimum: 19.1%; maximum: 45.8%).
- Ever had sexual intercourse (minimum: 9.0%; maximum: 34.8%).
- Were enrolled in PE class (minimum: 42.3%; maximum: 97.1%).
- Attended PE class daily (minimum: 8.7%; maximum: 91.2%).

8TH GRADE

- Rode with a driver who had been drinking alcohol (minimum: 22.6%; maximum: 58.2%).
- Lifetime cigarette use (minimum: 28.6%; maximum: 58.0%).
- Lifetime alcohol use (minimum: 36.7%; maximum: 68.3%).
- Ever had sexual intercourse (minimum: 11.1%; maximum: 40.5%).
- Were enrolled in PE class (minimum: 37.5%; maximum: 96.9%).
- Attended PE class daily (minimum: 11.7%; maximum: 88.0%).

These variations might occur, in part, because of differences in state and local laws and policies, enforcement practices, availability of effective interventions, prevailing behavioral norms, demographic characteristics of the population, and adult practices. Longitudinal research is needed to better understand the effect of these factors on the prevalence of risk behaviors.

The National Youth Tobacco Survey (NYTS) and Monitoring the Future (MTF) provide nationally representative data on select health-risk behaviors among middle school students.^{9,10} The NYTS middle school data provide prevalence estimates on tobacco usage among students in grades 6–8. Across the seven states with weighted 2003 YRBS middle school data, the median percentages of all students who reported current cigarette use (YRBS state median: 9.5%; NYTS: 10.1%), current smokeless tobacco use (YRBS state median: 4.7%; NYTS: 3.7%), current cigar use (YRBS state median: 5.9%; NYTS: 6.0%), and current tobacco use (YRBS state median: 13.3%; NYTS: 13.3%) were similar to the prevalence estimates from the 2002 NYTS middle school survey.

MTF middle school data provide prevalence estimates on tobacco, alcohol, and other drug use among students in grade 8. Across the seven states with weighted 2003 YRBS middle school data, the median percentages of eighth grade students who reported current cigarette use (YRBS state median: 12.5%; MTF: 10.2%), current smokeless tobacco use (YRBS state median: 5.0%; MTF: 4.1%), lifetime marijuana use (YRBS state median: 19.0%; MTF: 17.5%), and lifetime inhalant use (YRBS state median: 15.7%; MTF: 15.8%) were similar to the prevalence estimates from the 2003 MTF survey among eighth grade students. Across the seven YRBS middle school states, the median percentages of eighth grade students who reported lifetime cigarette use (YRBS state median: 37.8%; MTF: 28.4%), lifetime alcohol use (YRBS state median: 53.8%; MTF: 45.6%), and lifetime cocaine use (YRBS state median: 6.3%; MTF: 3.6%) were somewhat higher than the prevalence estimates from the MTF survey among eighth grade students.

LIMITATIONS

The findings in this report are subject to multiple limitations. First, these data apply only to young people who attend grades 6, 7, and 8 and, therefore, are not representative of all persons in this age group.¹¹ Second, the extent of underreporting or overreporting of behaviors cannot be determined because no psychometric studies have been conducted on the middle school YRBS questionnaire. However, one study did find that the high school YRBS questionnaire demonstrates good test-retest reliability among high school students.¹² Third, BMI is calculated on the basis of self-reported height and weight and, therefore, tends to underestimate the prevalence of overweight and risk for overweight.¹³

USES OF MIDDLE SCHOOL YRBS DATA

State and local agencies and nongovernmental organizations use middle school YRBS data to support curricula or program modifications and support legislation or new initiatives that promote health. For example, the District of Columbia (DC) Public Schools combined their 2003 middle and high school YRBS data and distributed the results to all health and physical education teachers in the district. Teachers were encouraged to integrate these data into their health instruction on HIV infection, STD, and teen pregnancy prevention. The DC Public Schools also distributed the combined YRBS data via bookmarks and book covers to students and included a list of resources and services students could access if they believed they were part of a particular risk group. The San Bernardino Unified School District used its middle school YRBS data to identify risk behaviors among students and to establish activities and community programs that addressed those risk behaviors. The Georgia Department of Human Resources, Division of Public Health, provided its middle school YRBS data to the American Heart Association Southeast Affiliate, which used the data in legislative efforts to restore physical education in schools. Also, many state and local agencies post their YRBS data on their Web sites to ensure use of their data by community agencies. Continued support for the YRBSS will help monitor and ensure the effectiveness of public health and school health programs for young people.

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TABLES

MIDDLE SCHOOL YOUTH RISK BEHAVIOR SURVEY

2003

Table 1. Sample Sizes, Response Rates, and Demographic Characteristics—Selected U.S. Sites, Middle School Youth Risk Behavior Survey, 2003

	Student sample size	Response Rate (%)			Sex (%)		Grade (%)			Race/Ethnicity (%)				
		School	Student	Overall	Male	Female	6	7	8	White*	Black*	Hispanic	Asian	Other
State Surveys														
Alabama	1179	80	87	69	51.6	48.4	— [†]	51.6	47.7	60.4	36.3	0.8	—	2.6 [§]
Georgia	2195	96	91	87	51.4	48.6	33.8	33.6	32.2	51.7	38.8	5.7	—	3.8 [§]
Hawaii	7709	96	69	66	52.4	47.6	18.8	40.2	40.5	14.9	1.6	—	53.4 [†]	30.0 ^{**}
Maine	2128	97	91	88	51.1	48.9	—	48.9	49.1	94.8	0.8	0.8	—	3.6 [§]
Mississippi	1510	76	86	65	50.6	49.4	33.5	34.5	31.6	48.1	50.1	0.4	—	1.5 [§]
North Dakota	1818	83	85	71	51.2	48.8	—	49.4	50.6	87.2	0.3	0.8	—	11.7 [§]
Wyoming	1945	76	90	69	52.8	47.2	17.2	41.4	40.4	86.5	0.7	8.1	—	4.7 [§]
Local Surveys^{††}														
Dallas ISD, TX	1664	100	79	79	50.4	49.6	—	—	98.4	6.9	36.4	55.4	—	1.3 [§]
District of Columbia PS	1750	100	86	86	49.9	50.1	29.5	38.9	31.4	0.9	76.6	11.3	—	11.2 [§]
Miami-Dade County PS, FL	1920	95	88	84	51.4	48.6	33.6	33.4	32.6	10.4	30.4	57.8	—	1.3 [§]
Milwaukee PS, WI	1676	100	78	78	51.0	49.0	31.8	35.3	32.8	13.9	63.8	16.7	—	5.6 [§]
San Bernardino USD, CA	2026	100	67	67	51.1	48.9	34.4	34.3	31.1	18.1	21.1	57.5	—	3.3 [§]
San Francisco USD, CA	2139	100	70	70	52.7	47.3	32.5	33.8	33.5	8.8	16.1	23.6	44.0 ^{§§}	7.5 ^{¶¶}

*Non-Hispanic.

[†]Not available.

[§]American Indian or Alaska Native, Asian, Native Hawaiian or Other Pacific Islander, and multiple racial/ethnic groups.

[¶]Filipino, Hawaiian, or Japanese.

^{**}Chinese, Samoan, other, and multiple racial/ethnic groups.

^{††}ISD = independent school district, PS = public school, USD = unified school district.

^{§§}Chinese, Filipino, or Other Pacific Islander.

^{¶¶}American Indian or Alaska Native, other, and multiple racial/ethnic groups.

ALABAMA

MIDDLE SCHOOL YOUTH RISK BEHAVIOR SURVEY

2003

Table 2a. Percentage of Middle School Students Who Had Rarely or Never Worn Seatbelts* and Who Had Ever Ridden in a Car with a Driver Who Had Been Drinking Alcohol, by Sex, Race/Ethnicity, and Grade—Alabama, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [†] (±)	%	CI (±)	%	CI (±)
Rarely or never wore seat belts						
Race/Ethnicity						
White [§]	14.4	5.5	9.2	3.6	12.0	4.1
Black [§]	18.7	4.3	7.6	4.6	13.0	3.4
Hispanic	— [¶]	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	15.0	6.0	5.6	3.1	10.5	4.5
8	15.9	5.1	10.1	3.5	13.1	2.8
Total	15.7	3.9	8.8	2.6	12.3	2.9
Rode with a driver who had been drinking alcohol						
Race/Ethnicity						
White	37.5	6.3	46.4	5.5	41.7	5.0
Black	53.5	10.5	49.2	9.2	51.1	8.3
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	41.4	6.8	42.6	7.6	41.9	5.9
8	44.6	6.9	51.9	6.5	48.1	4.9
Total	43.2	4.7	47.9	4.6	45.4	3.8

*When riding in a car.

†95% confidence interval.

§Non-Hispanic.

¶Not available.

Table 3a. Percentage of Middle School Students Who Had Rarely or Never Worn Bicycle Helmets* or Rollerblade or Skateboard Helmets,† by Sex, Race/Ethnicity, and Grade—Alabama, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Rarely or never wore bicycle helmets						
Race/Ethnicity						
White [¶]	88.7	5.3	85.1	6.8	87.2	4.8
Black [¶]	95.6	2.8	95.2	2.9	95.4	2.1
Hispanic	— ^{**}	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	87.1	5.5	88.7	4.9	87.9	3.7
8	95.5	3.4	90.1	5.5	93.2	3.3
Total	91.0	4.2	89.5	3.8	90.4	3.0
Rarely or never wore a helmet when using rollerblades or riding a skateboard						
Race/Ethnicity						
White	86.2	5.7	88.3	6.1	87.1	4.9
Black	—	—	—	—	89.9	4.8
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	82.3	7.6	88.7	5.7	85.1	5.9
8	88.8	6.8	93.3	5.1	91.0	4.0
Total	85.3	5.5	91.2	4.5	88.0	4.2

*Among the 74.6% of students who had ridden a bicycle.

†Among the 47.5% of students who had used rollerblades or ridden a skateboard.

§95% confidence interval.

¶Non-Hispanic.

**Not available.

Table 4a. Percentage of Middle School Students Who Had Ever Carried a Weapon,* Who Had Ever Been in a Physical Fight, and Who Had Ever Been Hurt in a Physical Fight,† by Sex, Race/Ethnicity, and Grade—Alabama, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Carried a weapon						
Race/Ethnicity						
White [¶]	65.2	7.0	20.0	4.7	43.8	5.6
Black [¶]	42.2	9.2	15.4	3.1	28.4	5.1
Hispanic	— ^{**}	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	54.0	8.3	18.4	3.8	36.9	6.4
8	60.4	6.7	17.0	6.1	39.2	5.3
Total	57.2	6.3	18.4	3.1	38.3	4.6
Were in a physical fight						
Race/Ethnicity						
White	71.7	5.3	41.3	7.3	57.4	5.3
Black	81.3	5.7	58.4	9.3	69.6	5.7
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	72.8	4.6	43.0	7.6	58.6	4.3
8	77.3	5.0	51.6	6.0	64.9	4.4
Total	75.1	3.5	47.8	5.6	61.9	3.6
Were hurt in a physical fight						
Race/Ethnicity						
White	7.9	1.7	5.8	2.5	6.9	1.5
Black	7.5	3.6	5.8	3.9	6.7	3.1
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	8.8	2.2	5.5	3.3	7.2	2.6
8	6.5	2.9	4.7	3.4	5.7	2.2
Total	7.7	1.6	6.0	1.9	6.9	1.3

*For example, a gun, knife, or club.

†Had to be treated by a doctor or nurse.

§95% confidence interval.

¶Non-Hispanic.

**Not available.

Table 5a. Percentage of Middle School Students Who Had Ever Seriously Thought About Killing Themselves, Who Had Ever Made a Plan About How To Kill Themselves, and Who Had Ever Tried To Kill Themselves, by Sex, Race/Ethnicity, and Grade—Alabama, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Seriously thought about killing themselves						
Race/Ethnicity						
White†	16.3	5.6	27.6	5.9	21.6	4.0
Black†	12.5	6.8	23.5	4.5	18.0	3.4
Hispanic	—§	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	13.4	6.3	22.0	4.1	17.5	4.0
8	17.1	6.3	30.0	5.6	23.3	4.1
Total	15.2	4.9	26.3	4.2	20.6	3.1
Made a plan about how to kill themselves						
Race/Ethnicity						
White	10.8	3.2	18.1	5.1	14.2	2.7
Black	6.0	3.9	17.3	4.6	11.7	3.4
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	9.7	4.2	14.8	4.1	12.1	2.8
8	7.9	3.2	20.6	5.7	14.0	3.4
Total	9.0	2.2	18.1	3.8	13.4	2.2
Tried to kill themselves						
Race/Ethnicity						
White	6.5	3.2	12.2	5.0	9.2	3.3
Black	8.2	4.1	12.7	5.4	10.4	4.1
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	7.7	3.2	10.2	2.2	8.9	2.3
8	6.3	2.8	14.4	6.2	10.2	3.9
Total	7.0	2.4	12.7	3.7	9.7	2.5

*95% confidence interval.

†Non-Hispanic.

§Not available.

Table 6a. Percentage of Middle School Students Who Had Ever Smoked Cigarettes, by Sex, Race/Ethnicity, and Grade—Alabama, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Lifetime cigarette use[†]						
Race/Ethnicity						
White [§]	51.7	5.6	54.0	9.8	52.8	6.5
Black [§]	56.6	9.1	54.0	9.1	55.1	5.8
Hispanic	— [¶]	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	52.2	6.2	49.7	6.7	50.9	5.0
8	54.5	8.7	57.1	9.4	55.8	6.9
Total	53.6	5.6	53.9	7.6	53.7	5.1
Lifetime daily cigarette use^{**}						
Race/Ethnicity						
White	13.4	3.8	12.6	4.6	13.0	3.4
Black	7.3	3.0	5.4	3.5	6.3	2.4
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	12.2	3.4	6.5	2.9	9.4	2.1
8	10.3	4.2	11.3	4.7	10.8	3.3
Total	11.4	2.4	9.7	3.4	10.6	2.4

*95% confidence interval.

[†]Ever tried cigarette smoking, even one or two puffs.[§]Non-Hispanic.[¶]Not available.^{**}Ever smoked at least one cigarette every day for 30 days.

Table 7a. Percentage of Middle School Students Who Smoked Cigarettes, by Sex, Race/Ethnicity, and Grade—Alabama, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Current cigarette use[†]						
Race/Ethnicity						
White [§]	20.5	5.9	22.2	5.9	21.3	5.0
Black [§]	17.1	7.3	13.2	4.3	15.1	4.5
Hispanic	— [¶]	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	19.3	5.4	15.8	4.6	17.6	4.0
8	19.1	6.1	19.6	5.5	19.4	4.8
Total	19.4	4.7	18.3	4.6	18.9	3.9
Current frequent cigarette use^{**}						
Race/Ethnicity						
White	7.3	2.7	7.6	3.4	7.4	2.2
Black	3.4	2.8	1.4	2.0	2.4	1.6
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	5.7	2.4	3.0	1.8	4.4	1.5
8	6.0	2.9	6.4	3.1	6.2	2.1
Total	5.8	1.8	5.1	2.5	5.5	1.5

*95% confidence interval.

†Smoked cigarettes on ≥ 1 of the 30 days preceding the survey.

§Non-Hispanic.

¶Not available.

**Smoked cigarettes on ≥ 20 of the 30 days preceding the survey.

Table 8a. Percentage of Middle School Students Who Used Smokeless Tobacco,* Smoked Cigars,† and Used Any Tobacco Product,§ by Sex, Race/Ethnicity, and Grade—Alabama, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [¶] (±)	%	CI (±)	%	CI (±)
Current smokeless tobacco use						
Race/Ethnicity						
White**	21.7	6.2	2.8	1.8	12.8	3.2
Black**	2.0	1.9	2.5	2.0	2.3	1.2
Hispanic	— ^{††}	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	15.3	4.8	2.6	1.8	9.2	3.0
8	13.8	5.7	2.4	1.6	8.3	3.1
Total	14.8	4.5	2.8	1.2	9.0	2.5
Current cigar use						
Race/Ethnicity						
White	11.7	5.1	5.8	2.8	8.9	3.4
Black	11.1	4.7	8.7	5.0	10.0	3.9
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	8.5	4.4	5.2	3.1	7.0	3.0
8	14.8	3.6	7.6	3.0	11.3	2.7
Total	11.7	3.6	7.0	2.5	9.4	2.8
Current tobacco use						
Race/Ethnicity						
White	31.4	6.3	23.4	6.3	27.6	5.5
Black	18.7	7.0	17.0	4.9	17.8	4.6
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	26.8	4.9	18.2	4.6	22.6	4.3
8	27.0	5.7	21.8	6.2	24.5	5.1
Total	27.2	4.3	20.5	4.8	23.9	4.2

*Used chewing tobacco, snuff, or dip on ≥ 1 of the 30 days preceding the survey.†Smoked cigars, cigarillos, or little cigars on ≥ 1 of the 30 days preceding the survey.§Reported current cigarette use, current cigar use, or had used chewing tobacco, snuff, or dip on ≥ 1 of the 30 days preceding the survey.

¶95% confidence interval.

**Non-Hispanic.

††Not available.

Table 9a. Percentage of Middle School Students Who Had Ever Had a Drink of Alcohol,* Who Had Ever Used Marijuana, and Who Had Ever Used Cocaine,† by Sex, Race/Ethnicity, and Grade—Alabama, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Lifetime alcohol use						
Race/Ethnicity						
White [¶]	49.1	5.4	46.9	8.2	48.0	5.6
Black [¶]	56.2	8.7	51.4	8.3	53.5	7.1
Hispanic	— ^{**}	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	48.9	6.6	42.9	7.2	46.0	5.6
8	53.9	7.0	53.7	7.5	53.8	6.0
Total	51.6	4.5	48.6	6.2	50.1	4.4
Lifetime marijuana use						
Race/Ethnicity						
White	16.9	4.2	13.6	5.1	15.3	4.0
Black	18.5	6.7	13.2	5.7	15.7	4.5
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	14.2	4.4	9.3	3.6	11.8	3.7
8	20.9	5.7	16.8	6.2	18.9	5.0
Total	17.3	3.6	13.8	4.1	15.6	3.3
Lifetime cocaine use						
Race/Ethnicity						
White	5.0	2.0	7.6	3.4	6.3	2.2
Black	2.0	2.5	2.5	2.0	2.2	2.0
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	4.5	1.9	2.6	1.6	3.6	1.3
8	4.4	2.4	7.8	4.5	6.1	2.9
Total	4.4	1.3	5.7	2.3	5.0	1.4

*Ever had a drink of alcohol, other than a few sips.

†Ever used any form of cocaine (e.g., powder, “crack,” or “freebase”).

§95% confidence interval.

¶Non-Hispanic.

**Not available.

Table 10a. Percentage of Middle School Students Who Had Ever Used Inhalants* and Who Had Ever Used Steroids, by Sex, Race/Ethnicity, and Grade—Alabama, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [†] (±)	%	CI (±)	%	CI (±)
Lifetime inhalant use						
Race/Ethnicity						
White [§]	16.6	4.2	18.9	5.3	17.7	2.8
Black [§]	6.5	4.0	9.6	5.0	8.2	3.6
Hispanic	— [¶]	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	11.8	3.4	13.0	5.8	12.5	3.2
8	14.1	5.4	17.6	6.4	15.8	3.7
Total	13.2	3.3	15.5	4.2	14.3	2.4
Lifetime steroid use						
Race/Ethnicity						
White	5.2	2.4	4.0	2.1	4.6	1.5
Black	4.4	3.4	3.4	3.0	3.9	2.2
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	5.8	3.1	3.0	2.0	4.5	2.1
8	4.4	2.3	4.4	3.1	4.4	1.9
Total	5.1	1.8	3.9	1.7	4.5	1.2

*Sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high.

†95% confidence interval.

§Non-Hispanic.

¶Not available.

Table 11a. Percentage of Middle School Students Who Had Initiated Drug-Related Behaviors Before Age 11 Years, by Sex, Race/Ethnicity, and Grade—Alabama, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Smoked a whole cigarette before age 11 years						
Race/Ethnicity						
White†	18.4	3.9	14.0	4.2	16.3	3.3
Black†	14.1	7.0	11.9	4.9	12.9	4.6
Hispanic	—§	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	20.0	5.0	11.7	3.2	15.9	3.0
8	12.9	4.4	13.7	5.2	13.3	3.9
Total	16.9	3.5	13.2	3.0	15.1	2.4
Had first drink of alcohol before age 11 years¹						
Race/Ethnicity						
White	23.4	5.1	14.1	4.7	19.0	4.1
Black	26.8	7.5	19.8	6.9	23.0	5.7
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	24.6	4.2	17.3	5.6	21.0	3.9
8	23.9	5.5	14.4	5.3	19.1	4.9
Total	24.5	3.7	16.5	4.1	20.5	3.2
Tried marijuana before age 11 years						
Race/Ethnicity						
White	2.1	1.5	1.0	0.9	1.6	0.9
Black	4.6	4.2	1.9	1.6	3.2	2.1
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	4.4	2.8	1.9	1.3	3.2	1.3
8	1.9	1.5	0.8	1.0	1.3	0.9
Total	3.1	1.7	1.5	0.9	2.3	1.0

*95% confidence interval.

†Non-Hispanic.

§Not available.

¶Other than a few sips.

Table 12a. Percentage of Middle School Students Who Had Engaged in Sexual Behaviors, by Sex, Race/Ethnicity, and Grade—Alabama, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Ever had sexual intercourse						
Race/Ethnicity						
White [†]	27.3	4.6	18.9	4.9	23.2	4.2
Black [†]	53.8	9.2	32.4	8.4	42.8	8.1
Hispanic	— [§]	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	36.5	8.0	21.6	6.4	29.3	6.3
8	36.8	7.4	25.5	6.6	31.2	6.3
Total	36.8	5.0	24.3	3.6	30.6	3.5
Had first sexual intercourse before age 11 years						
Race/Ethnicity						
White	7.6	2.5	2.8	2.1	5.2	1.5
Black	19.8	6.7	3.6	2.9	11.5	3.4
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	15.1	3.9	3.8	3.1	9.6	2.0
8	8.9	4.9	2.1	1.6	5.5	2.2
Total	12.1	3.6	3.4	2.0	7.8	1.8
Had ≥ 3 sex partners						
Race/Ethnicity						
White	11.5	3.2	7.6	4.1	9.6	3.2
Black	27.9	8.6	10.8	5.0	19.3	4.9
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	19.5	7.1	6.5	3.3	13.2	4.3
8	15.0	4.7	10.9	5.3	13.0	4.6
Total	17.3	3.7	9.3	3.4	13.3	2.4

*95% confidence interval.

[†]Non-Hispanic.[§]Not available.

Table 13a. Percentage of Middle School Students Who Had Used a Condom During Last Sexual Intercourse* and Who Had Ever Been Taught About Acquired Immunodeficiency Syndrome (AIDS) or Human Immunodeficiency Virus (HIV) Infection in School, by Sex, Race/Ethnicity, and Grade—Alabama, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [†] (±)	%	CI (±)	%	CI (±)
Used condom during last sexual intercourse						
Race/Ethnicity						
White [§]	— [¶]	—	—	—	69.0	6.4
Black [§]	—	—	—	—	77.8	7.9
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	68.3	8.1	—	—	69.4	7.9
8	—	—	—	—	77.6	7.5
Total	75.5	6.2	70.6	8.4	73.6	4.7
Had been taught in school about AIDS or HIV infection						
Race/Ethnicity						
White	82.9	5.7	79.0	7.8	81.1	6.5
Black	81.9	7.3	82.9	5.9	82.4	4.5
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	78.1	9.3	72.5	8.0	75.4	8.1
8	87.3	4.3	90.1	3.8	88.7	3.0
Total	82.6	5.4	80.6	5.0	81.6	4.7

*Among 30.6% of students who ever had sexual intercourse.

[†]95% confidence interval.

[§]Non-Hispanic.

[¶]Not available.

Table 14a. Percentage of Middle School Students Who Had Participated in Sufficient Vigorous Physical Activity,* Who Had Played on Any Sports Teams,† and Who Had Watched ≥ 3 Hours per Day of TV,§ by Sex, Race/Ethnicity, and Grade—Alabama, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [¶] (\pm)	%	CI (\pm)	%	CI (\pm)
Participated in sufficient vigorous physical activity						
Race/Ethnicity						
White**	79.8	3.2	79.2	5.7	79.6	3.1
Black**	70.9	8.0	60.7	6.5	65.4	5.7
Hispanic	— ^{††}	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	69.4	4.0	70.0	9.0	69.5	4.9
8	83.8	6.0	74.6	7.3	79.3	5.0
Total	76.4	4.2	72.1	5.5	74.1	3.7
Played on any sports teams						
Race/Ethnicity						
White	61.4	5.6	59.8	4.7	60.7	4.0
Black	67.0	8.7	45.4	11.1	55.8	8.3
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	62.3	5.0	53.3	7.0	58.0	3.7
8	64.3	6.4	55.0	6.9	59.7	5.3
Total	63.4	3.7	53.8	6.5	58.7	4.1
Watched ≥ 3 hours per day of TV						
Race/Ethnicity						
White	44.8	4.7	42.7	4.9	43.8	3.7
Black	71.6	9.5	78.3	5.1	74.8	4.6
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	49.7	6.0	55.1	8.1	52.1	6.0
8	57.2	9.5	57.3	8.8	57.3	7.9
Total	53.5	5.4	56.2	5.9	54.7	4.8

*Exercised or participated in physical activities that made them sweat and breathe hard for ≥ 20 minutes on ≥ 3 of the 7 days preceding the survey (e.g., basketball, soccer, running, swimming laps, fast bicycling, fast dancing, or similar aerobic activities).

†Run by their school or community groups.

§On an average school day.

¶95% confidence interval.

**Non-Hispanic.

††Not available.

Table 15a. Percentage of Middle School Students Who Were Enrolled in Physical Education (PE) Class* and Attended PE Class Daily,† by Sex, Race/Ethnicity, and Grade—Alabama, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Were enrolled in PE class						
Race/Ethnicity						
White [¶]	92.8	3.1	90.3	6.7	91.6	4.4
Black [¶]	88.7	4.1	89.3	7.0	88.6	4.6
Hispanic	— ^{**}	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	92.7	3.7	89.3	8.3	90.8	5.8
8	89.0	3.6	91.4	5.1	90.1	3.9
Total	90.9	2.6	89.7	5.7	90.2	4.0
Attended PE class daily						
Race/Ethnicity						
White	85.7	4.6	82.1	7.4	84.0	5.1
Black	67.6	13.7	66.3	15.4	66.7	14.2
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	78.4	10.8	77.0	11.7	77.5	10.6
8	79.4	6.3	75.5	10.0	77.5	7.5
Total	79.0	7.6	75.6	9.9	77.2	8.4

*On one or more days in an average week when they were in school.

†5 days in an average week when they were in school.

§95% confidence interval.

¶Non-Hispanic.

**Not available.

Table 16a. Percentage of Middle School Students Who Were at Risk for Becoming* or Were Overweight,† by Sex, Race/Ethnicity, and Grade—Alabama, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
At risk for becoming overweight						
Race/Ethnicity						
White [¶]	17.8	4.8	15.3	4.8	16.7	2.5
Black [¶]	27.2	7.0	19.3	5.2	23.3	4.1
Hispanic	— ^{**}	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	18.6	5.3	21.3	6.1	19.9	2.6
8	22.8	5.9	12.1	4.7	17.7	4.0
Total	20.6	4.3	16.5	3.5	18.7	2.1
Overweight						
Race/Ethnicity						
White	17.6	3.1	9.2	4.0	13.7	2.3
Black	16.6	6.2	17.9	5.5	17.2	3.5
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	16.9	4.3	12.8	3.8	15.0	3.0
8	17.9	4.6	12.1	5.6	15.2	3.2
Total	17.4	3.0	12.3	3.7	15.0	2.1

*Students who were \geq 85th percentile but $<$ 95th percentile for body mass index, by age and sex, based on reference data.

†Students who were \geq 95th percentile for body mass index, by age and sex, based on reference data.

§95% confidence interval.

¶Non-Hispanic.

**Not available.

Table 17a. Percentage of Middle School Students Who Described Themselves as Slightly or Very Overweight and Who Were Trying To Lose Weight, by Sex, Race/Ethnicity, and Grade—Alabama, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Described themselves as overweight						
Race/Ethnicity						
White†	25.2	3.6	36.5	7.0	30.5	3.3
Black†	18.8	6.8	23.3	6.9	21.0	4.8
Hispanic	— [§]	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	20.7	4.0	32.3	7.6	26.2	4.3
8	24.2	7.2	30.0	6.9	27.0	4.3
Total	22.5	3.5	31.4	5.3	26.8	2.6
Were trying to lose weight						
Race/Ethnicity						
White	33.0	3.2	63.2	5.4	47.3	3.5
Black	41.0	5.6	46.8	3.7	43.9	3.1
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	36.6	4.1	53.6	5.5	44.7	3.6
8	35.5	5.0	61.3	6.4	48.0	5.1
Total	36.1	2.8	56.6	4.8	46.0	2.7

*95% confidence interval.

†Non-Hispanic.

§Not available.

Table 18a. Percentage of Middle School Students Who Had Ever Engaged in Healthy Behaviors Associated with Weight Control To Lose Weight or To Keep from Gaining Weight, by Sex, Race/Ethnicity, and Grade—Alabama, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight						
Race/Ethnicity						
White†	29.9	4.0	66.3	4.1	47.2	3.7
Black†	33.3	6.4	50.3	6.4	41.9	5.0
Hispanic	— [§]	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	33.2	5.2	55.6	5.0	44.0	3.6
8	30.0	5.0	66.5	7.1	47.8	5.6
Total	31.7	4.0	60.5	5.0	45.7	3.1
Exercised to lose weight or to keep from gaining weight						
Race/Ethnicity						
White	57.0	4.4	79.9	3.5	67.9	3.4
Black	55.5	7.1	66.5	4.0	61.1	4.7
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	58.6	3.2	71.7	5.2	65.0	3.3
8	54.6	7.1	78.4	4.0	66.2	5.1
Total	56.8	3.9	74.5	3.3	65.4	2.9

*95% confidence interval.

†Non-Hispanic.

§Not available.

Table 19a. Percentage of Middle School Students Who Had Ever Engaged in Unhealthy Behaviors Associated with Weight Control To Lose Weight or To Keep from Gaining Weight, by Sex, Race/Ethnicity, and Grade—Alabama, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Went without eating for \geq 24 hours to lose weight or to keep from gaining weight						
Race/Ethnicity						
White [†]	13.2	3.2	28.0	4.8	20.2	3.7
Black [†]	15.3	5.5	27.0	5.9	21.4	4.0
Hispanic	— [§]	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	16.9	4.8	29.7	6.2	23.1	3.7
8	10.8	3.1	25.9	4.5	18.1	3.0
Total	14.0	2.6	27.9	3.8	20.8	2.5
Took diet pills, powders, or liquids to lose weight or to keep from gaining weight[†]						
Race/Ethnicity						
White	6.0	2.8	17.3	5.8	11.4	3.6
Black	6.6	3.7	3.9	2.2	5.2	1.9
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	6.9	3.7	9.3	2.9	8.0	2.3
8	5.8	3.5	15.4	5.9	10.5	3.4
Total	6.3	2.3	12.3	3.8	9.3	2.3
Vomited or took laxatives to lose weight or to keep from gaining weight						
Race/Ethnicity						
White	4.6	2.5	14.6	4.3	9.4	2.7
Black	7.7	4.3	10.7	5.5	9.4	3.4
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	6.8	2.9	12.4	4.6	9.6	2.6
8	5.0	3.4	14.0	5.3	9.4	3.0
Total	5.9	2.4	13.4	3.4	9.6	2.1

*95% confidence interval.

[†]Non-Hispanic.

[§]Not available.

[¶]Without a doctor's advice.

GEORGIA

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Table 2b. Percentage of Middle School Students Who Had Rarely or Never Worn Seatbelts* and Who Had Ever Ridden in a Car with a Driver Who Had Been Drinking Alcohol, by Sex, Race/Ethnicity, and Grade—Georgia, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [†] (±)	%	CI (±)	%	CI (±)
Rarely or never wore seat belts						
Race/Ethnicity						
White [§]	9.5	2.6	4.6	1.7	7.2	1.7
Black [§]	14.7	4.2	9.3	3.4	11.9	2.7
Hispanic	— [¶]	—	—	—	10.8	7.6
Other	12.7	8.3	—	—	10.3	6.0
Grade						
6	7.5	2.1	6.6	3.5	7.1	1.6
7	11.0	3.8	4.7	2.2	7.9	2.5
8	16.3	5.2	8.8	3.4	12.6	3.7
Total	11.9	2.5	6.6	1.7	9.3	1.7
Rode with a driver who had been drinking alcohol						
Race/Ethnicity						
White	32.5	3.7	33.0	4.0	32.8	3.3
Black	39.0	6.0	36.9	5.3	37.9	4.4
Hispanic	—	—	—	—	23.0	11.0
Other	32.3	7.3	—	—	32.5	6.0
Grade						
6	26.9	6.9	26.5	3.8	26.7	4.0
7	33.7	5.5	33.9	4.8	33.8	4.0
8	41.6	5.6	41.9	5.3	41.7	4.2
Total	34.0	3.8	34.0	3.3	34.0	2.9

*When riding in a car.

†95% confidence interval.

§Non-Hispanic.

¶Not available.

Table 3b. Percentage of Middle School Students Who Had Rarely or Never Worn Bicycle Helmets* or Rollerblade or Skateboard Helmets,† by Sex, Race/Ethnicity, and Grade—Georgia, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Rarely or never wore bicycle helmets						
Race/Ethnicity						
White [¶]	69.0	6.0	62.9	5.1	66.3	5.0
Black [¶]	89.8	3.4	83.7	4.6	86.9	3.2
Hispanic	— ^{**}	—	—	—	—	—
Other	—	—	—	—	80.1	6.9
Grade						
6	73.6	7.6	69.7	6.7	71.7	5.8
7	74.7	8.1	68.9	8.6	72.0	7.5
8	84.0	7.6	75.5	8.4	80.4	7.4
Total	77.4	4.6	71.1	4.2	74.5	4.1
Rarely or never wore a helmet when using rollerblades or riding a skateboard						
Race/Ethnicity						
White	64.8	5.5	67.7	4.9	66.2	4.6
Black	85.0	6.8	81.0	5.8	82.8	4.0
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	73.0	9.2
Grade						
6	66.8	7.0	67.8	6.2	67.2	5.3
7	67.6	7.9	74.7	6.9	71.2	6.5
8	80.1	9.4	75.3	8.5	77.8	8.0
Total	70.8	4.7	72.4	3.8	71.7	3.6

*Among the 82.7% of students who had ridden a bicycle.

†Among the 59.5% of students who had used rollerblades or ridden a skateboard.

§95% confidence interval.

¶Non-Hispanic.

**Not available.

Table 4b. Percentage of Middle School Students Who Had Ever Carried a Weapon,* Who Had Ever Been in a Physical Fight, and Who Had Ever Been Hurt in a Physical Fight,† by Sex, Race/Ethnicity, and Grade—Georgia, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Carried a weapon						
Race/Ethnicity						
White [¶]	65.5	4.9	18.2	3.0	42.9	3.9
Black [¶]	39.3	5.9	13.7	3.6	26.2	4.4
Hispanic	— ^{**}	—	—	—	26.7	12.7
Other	46.2	10.5	—	—	36.8	8.9
Grade						
6	48.2	9.0	12.8	3.2	31.0	5.7
7	50.5	6.4	15.1	3.3	33.2	4.8
8	58.8	6.0	22.1	4.1	40.8	4.4
Total	52.7	5.0	16.6	2.4	35.1	3.3
Were in a physical fight						
Race/Ethnicity						
White	72.1	5.2	35.5	6.1	54.6	4.9
Black	80.7	4.5	60.1	5.9	70.2	4.0
Hispanic	—	—	—	—	55.0	10.5
Other	79.0	8.8	—	—	61.5	9.0
Grade						
6	72.3	6.6	38.8	5.7	56.1	5.7
7	74.7	5.5	48.2	6.6	61.8	5.1
8	77.6	4.7	51.9	7.5	65.1	5.1
Total	75.0	3.7	46.2	5.0	61.0	3.7
Were hurt in a physical fight						
Race/Ethnicity						
White	9.5	2.5	4.5	1.7	7.1	1.4
Black	10.2	3.2	3.7	1.6	6.9	1.9
Hispanic	—	—	—	—	9.4	5.8
Other	—	—	—	—	7.8	4.5
Grade						
6	9.7	3.3	4.0	1.8	6.9	1.8
7	10.4	3.6	4.1	1.3	7.3	2.0
8	9.2	3.2	5.2	1.8	7.2	2.2
Total	9.8	1.8	4.5	1.0	7.2	1.0

*For example, a gun, knife, or club.

†Had to be treated by a doctor or nurse.

§95% confidence interval.

¶Non-Hispanic.

**Not available.

Table 5b. Percentage of Middle School Students Who Had Ever Seriously Thought About Killing Themselves, Who Had Ever Made a Plan About How To Kill Themselves, and Who Had Ever Tried To Kill Themselves, by Sex, Race/Ethnicity, and Grade—Georgia, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Seriously thought about killing themselves						
Race/Ethnicity						
White†	17.7	2.9	22.0	4.0	19.7	2.6
Black†	13.6	3.7	24.9	5.1	19.3	3.4
Hispanic	— [§]	—	—	—	14.3	7.3
Other	22.0	9.9	—	—	26.1	7.4
Grade						
6	14.3	4.2	20.4	4.8	17.2	2.9
7	15.7	3.7	21.2	4.7	18.4	2.5
8	17.0	4.2	28.8	5.5	22.7	3.7
Total	15.8	2.4	23.5	3.2	19.5	2.1
Made a plan about how to kill themselves						
Race/Ethnicity						
White	11.1	2.6	14.5	3.3	12.8	2.3
Black	12.2	2.9	16.2	4.8	14.2	2.9
Hispanic	—	—	—	—	11.5	6.4
Other	—	—	—	—	17.2	8.5
Grade						
6	12.8	3.9	10.8	2.9	11.8	2.2
7	9.1	3.1	14.6	4.4	11.8	2.8
8	12.6	4.2	21.1	5.7	16.8	3.8
Total	11.5	2.3	15.5	3.0	13.4	2.1
Tried to kill themselves						
Race/Ethnicity						
White	5.2	2.6	9.2	2.5	7.1	1.9
Black	8.6	2.8	10.0	3.6	9.3	2.5
Hispanic	—	—	—	—	11.4	7.1
Other	5.2	5.3	—	—	8.7	5.2
Grade						
6	7.2	3.6	7.1	2.2	7.2	2.0
7	6.2	3.3	8.8	2.8	7.5	2.4
8	6.0	2.9	14.8	4.9	10.3	3.3
Total	6.5	2.4	10.2	2.2	8.3	1.8

*95% confidence interval.

†Non-Hispanic.

§Not available.

Table 6b. Percentage of Middle School Students Who Had Ever Smoked Cigarettes, by Sex, Race/Ethnicity, and Grade—Georgia, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Lifetime cigarette use[†]						
Race/Ethnicity						
White [§]	39.6	6.1	32.0	5.4	36.0	4.9
Black [§]	42.0	7.7	38.1	6.8	40.0	6.2
Hispanic	— [¶]	—	—	—	29.5	15.1
Other	—	—	—	—	29.7	6.0
Grade						
6	30.2	7.1	22.2	3.7	26.4	4.6
7	38.1	8.2	36.3	7.0	37.2	6.5
8	50.1	9.3	43.1	8.3	46.6	7.7
Total	39.5	5.8	33.8	4.4	36.7	4.6
Lifetime daily cigarette use^{**}						
Race/Ethnicity						
White	6.4	2.5	6.2	2.0	6.3	1.8
Black	4.2	2.1	2.1	1.3	3.1	1.2
Hispanic	—	—	—	—	6.3	4.4
Other	6.2	5.9	—	—	6.0	4.3
Grade						
6	4.9	2.5	1.4	1.4	3.2	1.7
7	4.3	2.7	3.1	1.5	3.7	1.6
8	8.2	3.1	8.6	3.2	8.4	2.4
Total	5.8	1.7	4.3	1.2	5.1	1.2

*95% confidence interval.

[†]Ever tried cigarette smoking, even one or two puffs.[§]Non-Hispanic.[¶]Not available.^{**}Ever smoked at least one cigarette every day for 30 days.

Table 7b. Percentage of Middle School Students Who Smoked Cigarettes, by Sex, Race/Ethnicity, and Grade—Georgia, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Current cigarette use[†]						
Race/Ethnicity						
White [§]	12.9	4.2	10.0	3.0	11.5	3.0
Black [§]	7.6	3.2	6.1	3.3	6.8	2.9
Hispanic	— [¶]	—	—	—	10.7	7.5
Other	—	—	—	—	6.9	4.8
Grade						
6	5.7	2.2	3.2	2.2	4.5	1.5
7	10.8	3.6	8.2	3.2	9.5	2.5
8	14.5	5.9	14.2	3.3	14.3	3.9
Total	10.5	2.5	8.4	2.3	9.4	2.0
Current frequent cigarette use^{**}						
Race/Ethnicity						
White	2.8	1.7	2.4	1.2	2.6	1.2
Black	1.5	1.3	1.2	1.2	1.3	0.9
Hispanic	—	—	—	—	1.2	1.9
Other	—	—	—	—	4.2	3.7
Grade						
6	1.2	1.2	0.6	0.9	0.9	0.6
7	1.6	1.3	0.3	0.5	1.0	0.7
8	4.0	2.8	4.7	1.8	4.3	1.7
Total	2.3	1.3	1.8	0.8	2.1	0.8

*95% confidence interval.

[†]Smoked cigarettes on ≥ 1 of the 30 days preceding the survey.

[§]Non-Hispanic.

[¶]Not available.

^{**}Smoked cigarettes on ≥ 20 of the 30 days preceding the survey.

Table 8b. Percentage of Middle School Students Who Used Smokeless Tobacco,* Smoked Cigars,† and Used Any Tobacco Product,§ by Sex, Race/Ethnicity, and Grade—Georgia, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Current smokeless tobacco use						
Race/Ethnicity						
White**	9.3	2.7	1.5	1.0	5.6	1.4
Black**	4.8	2.9	1.2	1.4	2.9	1.6
Hispanic	— ^{††}	—	—	—	5.7	5.2
Other	7.8	4.9	—	—	6.2	3.9
Grade						
6	7.9	3.5	1.2	1.1	4.6	2.0
7	6.3	2.9	1.4	0.9	3.9	1.5
8	7.6	4.2	2.2	1.6	5.0	2.3
Total	7.5	2.0	1.7	0.7	4.7	1.1
Current cigar use						
Race/Ethnicity						
White	6.3	2.4	5.3	1.4	5.8	1.5
Black	8.9	3.5	4.0	2.9	6.4	2.7
Hispanic	—	—	—	—	8.5	5.8
Other	10.5	8.0	—	—	8.0	5.4
Grade						
6	5.5	2.2	4.0	2.6	4.8	1.4
7	6.4	2.9	3.6	2.3	5.0	2.1
8	10.2	4.0	7.1	2.4	8.7	2.2
Total	7.5	2.2	4.9	1.5	6.3	1.6
Current tobacco use						
Race/Ethnicity						
White	18.2	4.5	11.7	3.1	15.1	3.0
Black	10.1	3.5	6.9	3.5	8.4	3.0
Hispanic	—	—	—	—	11.1	8.2
Other	—	—	—	—	10.8	5.8
Grade						
6	10.6	4.1	5.0	3.6	7.9	2.6
7	14.7	4.3	9.3	3.3	12.0	2.9
8	17.9	6.2	15.0	2.9	16.4	3.8
Total	14.5	2.9	9.6	2.5	12.1	2.1

*Used chewing tobacco, snuff, or dip on ≥ 1 of the 30 days preceding the survey.

†Smoked cigars, cigarillos, or little cigars on ≥ 1 of the 30 days preceding the survey.

§Reported current cigarette use, current cigar use, or had used chewing tobacco, snuff, or dip on ≥ 1 of the 30 days preceding the survey.

[§]95% confidence interval.

**Non-Hispanic.

^{††}Not available.

Table 9b. Percentage of Middle School Students Who Had Ever Had a Drink of Alcohol,* Who Had Ever Used Marijuana, and Who Had Ever Used Cocaine,† by Sex, Race/Ethnicity, and Grade—Georgia, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Lifetime alcohol use						
Race/Ethnicity						
White [¶]	35.1	5.7	29.0	6.0	32.2	5.0
Black [¶]	38.8	6.6	36.0	6.1	37.3	5.3
Hispanic	— ^{**}	—	—	—	—	—
Other	—	—	—	—	32.9	9.7
Grade						
6	28.1	5.1	19.3	4.6	23.9	3.7
7	36.6	7.4	28.7	5.3	32.8	5.5
8	45.4	7.1	46.1	6.4	45.7	5.0
Total	36.8	4.8	31.3	4.6	34.1	4.0
Lifetime marijuana use						
Race/Ethnicity						
White	12.2	3.3	8.2	3.4	10.3	3.0
Black	17.4	4.9	7.6	2.5	12.3	3.4
Hispanic	—	—	—	—	12.4	6.2
Other	—	—	—	—	6.5	3.1
Grade						
6	8.1	2.6	2.5	1.8	5.4	1.6
7	13.8	4.8	3.9	1.6	9.0	2.8
8	20.8	5.5	17.2	5.1	19.0	4.5
Total	14.2	3.3	7.7	2.3	11.0	2.6
Lifetime cocaine use						
Race/Ethnicity						
White	4.8	1.7	2.4	1.7	3.6	1.3
Black	4.4	2.5	1.3	1.0	2.8	1.4
Hispanic	—	—	—	—	10.7	7.5
Other	4.5	3.7	—	—	4.4	2.7
Grade						
6	3.7	1.9	1.7	1.5	2.7	1.2
7	5.3	2.8	1.3	1.3	3.4	1.5
8	6.4	2.2	3.9	2.0	5.1	1.4
Total	5.2	1.3	2.3	1.1	3.8	1.0

*Ever had a drink of alcohol, other than a few sips.

†Ever used any form of cocaine (e.g., powder, “crack,” or “freebase”).

§95% confidence interval.

¶Non-Hispanic.

**Not available.

Table 10b. Percentage of Middle School Students Who Had Ever Used Inhalants* and Who Had Ever Used Steroids, by Sex, Race/Ethnicity, and Grade—Georgia, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [†] (±)	%	CI (±)	%	CI (±)
Lifetime inhalant use						
Race/Ethnicity						
White [§]	14.7	3.2	12.3	4.6	13.6	3.4
Black [§]	14.6	3.8	9.1	3.2	11.7	2.2
Hispanic	— [¶]	—	—	—	15.8	7.8
Other	17.2	9.1	—	—	16.1	6.4
Grade						
6	17.2	4.0	6.6	2.6	12.0	2.6
7	11.4	3.7	12.2	3.9	11.8	3.0
8	14.2	4.3	16.0	4.9	15.0	4.0
Total	14.4	2.1	11.5	3.3	13.0	2.3
Lifetime steroid use						
Race/Ethnicity						
White	5.2	1.7	3.1	1.4	4.2	1.0
Black	3.6	1.9	2.8	1.2	3.2	1.1
Hispanic	—	—	—	—	3.4	4.7
Other	6.0	5.7	—	—	3.7	3.6
Grade						
6	5.8	2.4	3.3	1.8	4.6	1.5
7	3.1	2.0	3.0	1.9	3.1	1.4
8	4.7	2.6	1.8	1.3	3.2	1.3
Total	4.6	1.3	2.8	0.9	3.7	0.8

*Sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high.

†95% confidence interval.

§Non-Hispanic.

¶Not available.

Table 11b. Percentage of Middle School Students Who Had Initiated Drug-Related Behaviors Before Age 11 Years, by Sex, Race/Ethnicity, and Grade—Georgia, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Smoked a whole cigarette before age 11 years						
Race/Ethnicity						
White†	9.7	2.7	6.8	2.5	8.3	2.4
Black†	8.7	4.0	5.6	2.3	7.1	2.8
Hispanic	— [§]	—	—	—	1.6	2.7
Other	—	—	—	—	5.1	4.1
Grade						
6	7.4	2.4	3.2	1.7	5.4	1.3
7	9.7	3.3	7.7	3.5	8.7	2.9
8	9.3	4.4	6.6	3.0	7.9	3.2
Total	8.7	2.2	5.8	1.8	7.3	1.8
Had first drink of alcohol before age 11 years[†]						
Race/Ethnicity						
White	15.9	2.7	8.6	2.8	12.4	2.3
Black	19.1	4.7	18.0	3.8	18.5	3.3
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	14.3	5.1
Grade						
6	16.8	3.8	10.7	3.1	13.8	2.4
7	17.1	5.1	11.3	4.2	14.3	3.8
8	16.2	4.2	14.9	4.3	15.5	3.2
Total	16.9	2.9	12.3	3.0	14.7	2.3
Tried marijuana before age 11 years						
Race/Ethnicity						
White	2.7	1.8	0.9	0.8	1.8	1.1
Black	2.5	2.2	1.8	1.3	2.2	1.1
Hispanic	—	—	—	—	0.3	0.7
Other	3.2	3.5	—	—	2.3	2.3
Grade						
6	2.2	1.6	1.7	1.0	2.0	0.9
7	1.9	2.0	0.8	0.9	1.3	1.1
8	3.5	2.5	1.3	1.2	2.4	1.5
Total	2.5	1.3	1.3	0.5	1.9	0.7

*95% confidence interval.

†Non-Hispanic.

§Not available.

¶Other than a few sips.

Table 12b. Percentage of Middle School Students Who Had Engaged in Sexual Behaviors, by Sex, Race/Ethnicity, and Grade—Georgia, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Ever had sexual intercourse						
Race/Ethnicity						
White†						
Black†						
Hispanic						
Other						
Grade						
6						
7						
8						
Total						
Had first sexual intercourse before age 11 years						
Race/Ethnicity						
White						
Black						
Hispanic						
Other						
Grade						
6						
7						
8						
Total						
Had ≥ 3 sex partners						
Race/Ethnicity						
White						
Black						
Hispanic						
Other						
Grade						
6						
7						
8						
Total						

Question Not Asked

Question Not Asked

Question Not Asked

*95% confidence interval.

†Non-Hispanic.

Table 13b. Percentage of Middle School Students Who Had Used a Condom During Last Sexual Intercourse and Who Had Ever Been Taught About Acquired Immunodeficiency Syndrome (AIDS) or Human Immunodeficiency Virus (HIV) Infection in School, by Sex, Race/Ethnicity, and Grade—Georgia, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Used condom during last sexual intercourse						
Race/Ethnicity						
White†						
Black†						
Hispanic						
Other						
Question Not Asked						
Grade						
6						
7						
8						
Total						
Had been taught in school about AIDS or HIV infection						
Race/Ethnicit						
White	78.4	6.2	76.2	6.2	77.3	5.5
Black	72.8	6.8	79.2	5.9	76.1	5.3
Hispanic	— [§]	—	—	—	60.2	12.5
Other	—	—	—	—	77.1	8.2
Grade						
6	63.5	8.9	61.1	9.7	62.4	7.9
7	76.6	8.9	79.6	8.2	78.1	7.3
8	86.7	4.7	88.9	3.9	87.8	3.7
Total	75.1	5.0	76.3	5.3	75.7	4.6

*95% confidence interval.

†Non-Hispanic.

§Not available.

Table 14b. Percentage of Middle School Students Who Had Participated in Sufficient Vigorous Physical Activity,* Who Had Played on Any Sports Teams,† and Who Had Watched ≥ 3 Hours per Day of TV,§ by Sex, Race/Ethnicity, and Grade—Georgia, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [¶] (\pm)	%	CI (\pm)	%	CI (\pm)
Participated in sufficient vigorous physical activity						
Race/Ethnicity						
White**	74.2	3.4	68.7	3.0	71.6	2.2
Black**	66.8	5.9	56.1	5.7	61.2	4.6
Hispanic	— ^{††}	—	—	—	73.2	10.3
Other	70.5	10.2	—	—	69.3	7.8
Grade						
6	67.6	6.7	63.9	5.5	65.8	4.3
7	72.9	6.3	63.1	6.6	68.1	5.5
8	73.4	4.6	64.5	4.7	68.9	3.2
Total	71.0	3.1	63.9	3.3	67.5	2.4
Played on any sports teams						
Race/Ethnicity						
White	59.8	4.3	55.0	5.2	57.5	4.1
Black	62.2	5.7	41.6	5.5	51.7	4.1
Hispanic	—	—	—	—	44.0	9.5
Other	—	—	—	—	50.2	6.9
Grade						
6	58.5	7.9	47.4	7.5	53.2	6.9
7	58.4	5.2	50.6	6.6	54.6	5.4
8	63.8	5.6	45.3	5.5	54.9	3.8
Total	60.1	2.9	47.9	4.1	54.2	3.1
Watched ≥ 3 hours per day of TV						
Race/Ethnicity						
White	42.5	5.5	35.0	4.3	38.9	3.6
Black	67.1	5.4	72.6	5.3	69.9	3.7
Hispanic	—	—	—	—	50.1	10.0
Other	39.1	10.6	—	—	43.1	8.4
Grade						
6	52.6	8.3	52.6	8.6	52.6	6.8
7	53.7	8.2	49.2	7.5	51.5	7.0
8	49.7	6.9	53.7	7.9	51.7	6.4
Total	51.8	5.3	51.7	5.7	51.7	4.8

*Exercised or participated in physical activities that made them sweat and breathe hard for ≥ 20 minutes on ≥ 3 of the 7 days preceding the survey (e.g., basketball, soccer, running, swimming laps, fast bicycling, fast dancing, or similar aerobic activities).

†Run by their school or community groups.

§On an average school day.

¶95% confidence interval.

**Non-Hispanic.

††Not available.

Table 15b. Percentage of Middle School Students Who Were Enrolled in Physical Education (PE) Class* and Attended PE Class Daily,† by Sex, Race/Ethnicity, and Grade—Georgia, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Were enrolled in PE class						
Race/Ethnicity						
White [¶]	65.3	9.1	60.1	10.4	62.8	8.7
Black [¶]	65.0	8.9	68.0	8.3	66.4	7.9
Hispanic	— ^{**}	—	—	—	68.9	11.3
Other	65.7	9.0	—	—	65.1	8.0
Grade						
6	59.0	11.0	57.9	10.1	58.5	9.4
7	68.3	9.9	70.1	10.1	69.2	9.2
8	71.0	7.2	63.3	8.6	67.1	7.0
Total	65.9	6.8	64.0	7.0	64.9	6.3
Attended PE class daily						
Race/Ethnicity						
White	29.2	11.2	26.8	9.9	28.1	10.1
Black	28.5	13.8	35.1	15.1	31.8	14.0
Hispanic	—	—	—	—	25.3	11.8
Other	23.6	9.6	—	—	23.4	7.8
Grade						
6	21.7	8.9	29.2	13.1	25.4	10.5
7	30.4	13.3	29.2	11.3	29.8	12.1
8	34.7	13.1	30.6	13.6	32.7	12.8
Total	28.6	9.7	29.7	10.2	29.1	9.7

*On one or more days in an average week when they were in school.

†5 days in an average week when they were in school.

§95% confidence interval.

¶Non-Hispanic.

**Not available.

Table 16b. Percentage of Middle School Students Who Were at Risk for Becoming* or Were Overweight,† by Sex, Race/Ethnicity, and Grade—Georgia, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
At risk for becoming overweight						
Race/Ethnicity						
White [¶]	20.0	4.2	12.4	3.1	16.5	2.4
Black [¶]	20.0	4.7	23.6	4.6	21.8	3.4
Hispanic	— ^{**}	—	—	—	—	—
Other	—	—	—	—	17.4	5.4
Grade						
6	22.2	6.3	19.0	7.4	20.7	5.4
7	18.3	4.3	16.8	4.9	17.6	3.5
8	21.2	3.6	17.4	3.9	19.3	2.6
Total	20.4	2.9	17.6	3.2	19.0	1.9
Overweight						
Race/Ethnicity						
White	15.0	3.2	7.4	2.0	11.5	2.1
Black	18.9	3.7	17.1	4.7	18.0	2.9
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	4.8	4.0
Grade						
6	21.9	5.1	15.4	6.0	18.9	4.2
7	14.7	5.0	9.3	3.2	12.1	3.5
8	13.4	3.2	12.1	3.0	12.8	2.3
Total	16.0	2.4	12.0	2.2	14.1	1.9

*Students who were \geq 85th percentile but $<$ 95th percentile for body mass index, by age and sex, based on reference data.

†Students who were \geq 95th percentile for body mass index, by age and sex, based on reference data.

§95% confidence interval.

¶Non-Hispanic.

**Not available.

Table 17b. Percentage of Middle School Students Who Described Themselves as Slightly or Very Overweight and Who Were Trying To Lose Weight, by Sex, Race/Ethnicity, and Grade—Georgia, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Described themselves as overweight						
Race/Ethnicity						
White†	26.4	3.6	29.0	3.4	27.6	2.2
Black†	17.7	4.4	23.3	4.4	20.6	3.1
Hispanic	— [§]	—	—	—	24.6	11.2
Other	—	—	—	—	26.8	5.8
Grade						
6	20.4	4.2	22.3	5.3	21.3	4.2
7	23.4	3.8	24.5	3.4	23.9	2.7
8	25.0	4.6	32.3	4.3	28.5	3.0
Total	22.9	2.5	26.4	2.5	24.6	1.8
Were trying to lose weight						
Race/Ethnicity						
White	38.1	4.8	56.3	4.0	46.8	2.5
Black	32.9	5.9	46.5	5.4	39.8	4.5
Hispanic	—	—	—	—	45.3	12.7
Other	34.1	9.9	—	—	42.2	7.7
Grade						
6	38.4	5.8	51.1	5.1	44.6	4.1
7	36.2	5.1	50.1	4.7	43.0	2.7
8	32.9	4.2	55.1	5.7	43.7	4.3
Total	36.0	3.5	52.0	3.6	43.8	2.5

*95% confidence interval.

†Non-Hispanic.

§Not available.

Table 18b. Percentage of Middle School Students Who Had Ever Engaged in Healthy Behaviors Associated with Weight Control To Lose Weight or To Keep from Gaining Weight, by Sex, Race/Ethnicity, and Grade—Georgia, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight						
Race/Ethnicity						
White†	34.5	4.3	62.9	3.8	48.1	2.7
Black†	29.7	5.0	46.5	5.8	38.3	3.7
Hispanic	— [§]	—	—	—	45.0	10.7
Other	29.2	7.8	—	—	40.7	6.1
Grade						
6	38.6	4.7	50.8	5.6	44.5	3.7
7	30.4	4.2	57.1	4.8	43.4	3.1
8	29.0	6.7	58.7	6.3	43.6	6.3
Total	32.7	3.3	55.3	3.9	43.7	2.9
Exercised to lose weight or to keep from gaining weight						
Race/Ethnicity						
White	61.2	4.0	78.3	4.0	69.4	3.0
Black	59.9	4.8	70.2	4.4	65.2	3.0
Hispanic	—	—	—	—	74.3	10.2
Other	59.7	9.0	—	—	65.8	6.2
Grade						
6	64.5	5.4	72.6	4.2	68.4	3.3
7	57.8	6.2	74.4	4.0	65.9	3.8
8	62.2	5.7	77.5	4.7	69.8	4.4
Total	61.5	3.1	74.8	3.0	68.0	1.9

*95% confidence interval.

†Non-Hispanic.

§Not available.

Table 19b. Percentage of Middle School Students Who Had Ever Engaged in Unhealthy Behaviors Associated with Weight Control To Lose Weight or To Keep from Gaining Weight, by Sex, Race/Ethnicity, and Grade—Georgia, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Went without eating for ≥ 24 hours to lose weight or to keep from gaining weight						
Race/Ethnicity						
White†	12.5	2.7	25.6	4.1	18.7	2.4
Black†	11.4	3.8	20.0	4.1	15.8	3.1
Hispanic	— [§]	—	—	—	13.2	7.1
Other	10.4	6.9	—	—	14.9	7.4
Grade						
6	14.1	4.4	16.7	4.5	15.4	3.4
7	10.9	3.2	23.5	4.5	17.1	3.4
8	10.2	3.8	28.4	4.6	19.1	3.5
Total	11.8	2.1	22.7	2.5	17.1	2.0
Took diet pills, powders, or liquids to lose weight or to keep from gaining weight[¶]						
Race/Ethnicity						
White	6.4	2.5	9.3	2.6	7.8	1.9
Black	3.9	2.7	6.1	2.6	5.0	1.7
Hispanic	—	—	—	—	10.9	8.4
Other	4.1	3.9	—	—	4.9	3.2
Grade						
6	4.4	2.2	4.3	2.1	4.4	1.4
7	3.8	2.0	7.3	2.6	5.5	1.3
8	8.0	4.0	13.1	4.0	10.5	3.3
Total	5.3	1.8	8.2	2.1	6.7	1.5
Vomited or took laxatives to lose weight or to keep from gaining weight						
Race/Ethnicity						
White	4.4	1.9	9.5	3.0	6.8	1.5
Black	5.1	2.4	7.0	2.9	6.1	2.0
Hispanic	—	—	—	—	8.7	5.1
Other	4.1	5.1	—	—	6.9	4.3
Grade						
6	5.3	2.7	7.2	2.7	6.2	1.9
7	3.1	1.7	7.5	2.9	5.2	1.6
8	4.7	2.8	12.2	4.0	8.4	2.1
Total	4.7	1.2	8.9	2.3	6.7	1.2

*95% confidence interval.

†Non-Hispanic.

§Not available.

¶Without a doctor's advice.

HAWAII

MIDDLE SCHOOL YOUTH RISK BEHAVIOR SURVEY

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Table 2c. Percentage of Middle School Students Who Had Rarely or Never Worn Seatbelts* and Who Had Ever Ridden in a Car with a Driver Who Had Been Drinking Alcohol, by Sex, Race/Ethnicity, and Grade—Hawaii, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI† (±)	%	CI (±)	%	CI (±)
Rarely or never wore seat belts						
Race/Ethnicity						
White§	5.2	2.5	4.3	2.4	4.8	1.8
Black§	10.2	5.4	—†	—	9.8	4.2
Asian**	9.0	1.7	5.8	1.2	7.5	1.1
Other	8.3	1.5	6.2	1.2	7.2	1.0
Grade						
6	6.0	2.0	2.8	1.3	4.4	1.2
7	7.7	1.8	5.1	1.3	6.5	1.2
8	9.0	1.7	7.5	1.5	8.3	1.2
Total	8.2	1.1	5.8	0.8	7.1	0.8
Rode with a driver who had been drinking alcohol						
Race/Ethnicity						
White	Question Not Asked					
Black						
Asian						
Other						
Grade						
6	Question Not Asked					
7						
8						
Total	Question Not Asked					

*When riding in a car.

†95% confidence interval.

§Non-Hispanic.

†Not available.

**Filipino, Hawaiian, or Japanese.

Table 3c. Percentage of Middle School Students Who Had Rarely or Never Worn Bicycle Helmets or Rollerblade or Skateboard Helmets, by Sex, Race/Ethnicity, and Grade—Hawaii, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Rarely or never wore bicycle helmets						
Race/Ethnicity						
White [†]						
Black [†]						
Asian [§]						
Other						
Grade						
6						
7						
8						
Total						
Rarely or never wore a helmet when using rollerblades or riding a skateboard						
Race/Ethnicity						
White						
Black						
Asian						
Other						
Grade						
6						
7						
8						
Total						

Question Not Asked

Question Not Asked

*95% confidence interval.
[†]Non-Hispanic.
[§]Filipino, Hawaiian, or Japanese.

Table 4c. Percentage of Middle School Students Who Had Ever Carried a Weapon,* Who Had Ever Been in a Physical Fight, and Who Had Ever Been Hurt in a Physical Fight,† by Sex, Race/Ethnicity, and Grade—Hawaii, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Carried a weapon						
Race/Ethnicity						
White [¶]						
Black [¶]						
Asian ^{**}						
Other						
Grade						
6						
7						
8						
Total						
Were in a physical fight						
Race/Ethnicity						
White						
Black						
Asian						
Other						
Grade						
6						
7						
8						
Total						
Were hurt in a physical fight						
Race/Ethnicity						
White						
Black						
Asian						
Other						
Grade						
6						
7						
8						
Total						

Question Not Asked

Question Not Asked

Question Not Asked

*For example, a gun, knife, or club.

†Had to be treated by a doctor or nurse.

§95% confidence interval.

¶Non-Hispanic.

**Filipino, Hawaiian, or Japanese.

Table 5c. Percentage of Middle School Students Who Had Ever Seriously Thought About Killing Themselves, Who Had Ever Made a Plan About How To Kill Themselves, and Who Had Ever Tried To Kill Themselves, by Sex, Race/Ethnicity, and Grade—Hawaii, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Seriously thought about killing themselves						
Race/Ethnicity						
White [†]	17.0	4.1	19.2	4.3	18.1	3.0
Black [†]	23.4	7.9	— [§]	—	25.7	6.2
Asian [¶]	18.4	2.0	26.3	2.5	22.2	1.6
Other	20.2	2.2	25.6	2.2	23.1	1.6
Grade						
6	19.2	2.8	17.0	3.2	18.2	2.3
7	16.0	2.2	21.4	2.3	18.6	1.6
8	21.0	2.2	32.4	2.8	26.6	1.8
Total	18.8	1.4	25.2	1.7	21.9	1.1
Made a plan about how to kill themselves						
Race/Ethnicity						
White	11.7	3.6	12.1	3.8	12.0	2.6
Black	16.3	6.6	—	—	17.9	5.2
Asian	11.5	1.7	15.0	2.0	13.2	1.3
Other	12.9	1.7	17.5	2.0	15.3	1.4
Grade						
6	10.0	2.6	6.9	1.9	8.5	1.7
7	10.8	1.8	12.9	2.0	11.8	1.4
8	14.0	2.0	21.8	2.7	17.8	1.6
Total	12.0	1.2	15.5	1.5	13.7	1.0
Tried to kill themselves						
Race/Ethnicity						
White	9.7	3.0	7.4	3.0	8.8	2.2
Black	10.1	5.4	—	—	13.0	4.8
Asian	9.2	1.7	11.9	1.6	10.5	1.2
Other	8.1	1.4	12.4	1.6	10.5	1.1
Grade						
6	7.7	2.2	6.7	1.9	7.2	1.4
7	7.5	1.6	9.3	1.7	8.5	1.1
8	10.8	2.1	15.7	2.0	13.2	1.4
Total	9.1	1.2	11.5	1.1	10.4	0.8

*95% confidence interval.

[†]Non-Hispanic.

[§]Not available.

[¶]Filipino, Hawaiian, or Japanese.

Table 6c. Percentage of Middle School Students Who Had Ever Smoked Cigarettes, by Sex, Race/Ethnicity, and Grade—Hawaii, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Lifetime cigarette use[†]						
Race/Ethnicity						
White [§]	22.3	4.5	18.7	4.9	20.8	3.3
Black [§]	35.8	9.2	— [¶]	—	33.3	6.6
Asian ^{**}	24.7	2.4	27.1	2.7	25.8	2.0
Other	24.1	2.4	26.8	2.4	25.6	1.8
Grade						
6	13.0	2.9	12.1	2.8	12.5	2.1
7	20.2	2.3	21.1	2.4	20.6	1.7
8	33.5	2.9	36.7	3.0	35.1	2.3
Total	24.4	1.7	25.8	1.8	25.1	1.4
Lifetime daily cigarette use^{††}						
Race/Ethnicity						
White	Question Not Asked					
Black						
Asian						
Other						
Grade						
6	Question Not Asked					
7						
8						
Total	Question Not Asked					

*95% confidence interval.

[†]Ever tried cigarette smoking, even one or two puffs.

[§]Non-Hispanic.

[¶]Not available.

^{**}Filipino, Hawaiian, or Japanese.

^{††}Ever smoked at least one cigarette every day for 30 days.

Table 7c. Percentage of Middle School Students Who Smoked Cigarettes, by Sex, Race/Ethnicity, and Grade—Hawaii, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (\pm)	%	CI (\pm)	%	CI (\pm)
Current cigarette use[†]						
Race/Ethnicity						
White [§]	3.4	1.9	3.4	1.9	3.4	1.4
Black [§]	8.8	5.2	— [¶]	—	10.3	4.3
Asian ^{**}	6.9	1.4	8.7	1.6	7.7	1.2
Other	6.7	1.4	7.7	1.4	7.2	1.1
Grade						
6	3.0	1.5	2.4	1.2	2.7	1.0
7	4.4	1.2	5.5	1.3	5.0	0.9
8	9.2	1.7	11.9	2.0	10.5	1.4
Total	6.3	0.9	7.7	1.1	7.0	0.8
Current frequent cigarette use^{††}						
Race/Ethnicity						
White	0.6	0.8	0.0	0.0	0.3	0.4
Black	2.5	2.8	—	—	2.0	1.9
Asian	1.7	0.8	1.7	0.7	1.7	0.6
Other	1.7	0.9	1.5	0.6	1.6	0.5
Grade						
6	0.1	0.1	0.0	0.0	0.0	0.1
7	0.6	0.4	0.7	0.5	0.7	0.3
8	2.7	1.1	2.6	1.0	2.6	0.8
Total	1.5	0.5	1.4	0.5	1.5	0.4

*95% confidence interval.

[†]Smoked cigarettes on ≥ 1 of the 30 days preceding the survey.[§]Non-Hispanic.[¶]Not available.^{**}Filipino, Hawaiian, or Japanese.^{††}Smoked cigarettes on ≥ 20 of the 30 days preceding the survey.

Table 8c. Percentage of Middle School Students Who Used Smokeless Tobacco,* Smoked Cigars,† and Used Any Tobacco Product,§ by Sex, Race/Ethnicity, and Grade—Hawaii, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Current smokeless tobacco use						
Race/Ethnicity						
White**	2.2	1.6	0.6	0.8	1.5	0.9
Black**	7.4	4.5	— ^{††}	—	5.5	3.0
Asian ^{§§}	3.6	1.2	2.8	0.9	3.2	0.8
Other	3.3	1.1	2.0	0.6	2.7	0.6
Grade						
6	1.0	0.7	1.2	1.0	1.1	0.7
7	2.1	0.8	1.2	0.6	1.6	0.5
8	4.7	1.5	3.4	1.0	4.1	1.0
Total	3.3	0.8	2.2	0.5	2.8	0.5
Current cigar use						
Race/Ethnicity						
White	Question Not Asked					
Black						
Asian						
Other						
Grade						
6	Question Not Asked					
7						
8						
Total	Question Not Asked					
Current tobacco use						
Race/Ethnicity						
White	Question Not Asked					
Black						
Asian						
Other						
Grade						
6	Question Not Asked					
7						
8						
Total	Question Not Asked					

*Used chewing tobacco, snuff, or dip on ≥ 1 of the 30 days preceding the survey.

†Smoked cigars, cigarillos, or little cigars on ≥ 1 of the 30 days preceding the survey.

§Reported current cigarette use, current cigar use, or had used chewing tobacco, snuff, or dip on ≥ 1 of the 30 days preceding the survey.

§95% confidence interval.

**Non-Hispanic.

††Not available.

§§Filipino, Hawaiian, or Japanese.

Table 9c. Percentage of Middle School Students Who Had Ever Had a Drink of Alcohol,* Who Had Ever Used Marijuana, and Who Had Ever Used Cocaine,† by Sex, Race/Ethnicity, and Grade—Hawaii, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Lifetime alcohol use						
Race/Ethnicity						
White [¶]						
Black [¶]						
Asian ^{**}						
Other						
Grade						
6						
7						
8						
Total						
Lifetime marijuana use						
Race/Ethnicity						
White						
Black						
Asian						
Other						
Grade						
6						
7						
8						
Total						
Lifetime cocaine use						
Race/Ethnicity						
White						
Black						
Asian						
Other						
Grade						
6						
7						
8						
Total						

Question Not Asked

Question Not Asked

Question Not Asked

*Ever had a drink of alcohol, other than a few sips.
 †Ever used any form of cocaine (e.g., powder, “crack,” or “freebase”).
 §95% confidence interval.
 ¶Non-Hispanic.
 **Filipino, Hawaiian, or Japanese.

Table 10c. Percentage of Middle School Students Who Had Ever Used Inhalants* and Who Had Ever Used Steroids, by Sex, Race/Ethnicity, and Grade—Hawaii, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [†] (±)	%	CI (±)	%	CI (±)
Lifetime inhalant use						
Race/Ethnicity						
White [§]						
Black [§]						
Asian [¶]						
Other						
Grade						
6						
7						
8						
Total						
Lifetime steroid use						
Race/Ethnicity						
White						
Black						
Asian						
Other						
Grade						
6						
7						
8						
Total						

Question Not Asked

Question Not Asked

*Sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high.

[†]95% confidence interval.

[§]Non-Hispanic.

[¶]Filipino, Hawaiian, or Japanese.

Table 11c. Percentage of Middle School Students Who Had Initiated Drug-Related Behaviors Before Age 11 Years, by Sex, Race/Ethnicity, and Grade—Hawaii, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total							
	%	CI* (±)	%	CI (±)	%	CI (±)						
Smoked a whole cigarette before age 11 years												
Race/Ethnicity												
White†	5.6	2.5	6.7	3.3	6.1	2.0						
Black‡	7.9	4.8	—§	—	10.4	4.1						
Asian¶	7.3	1.4	7.8	1.6	7.5	1.1						
Other	7.3	1.3	7.7	1.4	7.5	1.0						
Grade												
6	5.0	1.7	4.7	1.5	4.8	1.1						
7	6.1	1.4	6.8	1.6	6.4	1.1						
8	8.8	1.7	9.7	2.0	9.2	1.3						
Total	7.1	0.9	7.7	1.1	7.4	0.7						
Had first drink of alcohol before age 11 years**												
Race/Ethnicity												
White	Question Not Asked											
Black												
Asian												
Other												
Grade												
6	Question Not Asked											
7												
8												
Total	Question Not Asked											
Tried marijuana before age 11 years												
Race/Ethnicity												
White							Question Not Asked					
Black												
Asian												
Other												
Grade												
6	Question Not Asked											
7												
8												
Total	Question Not Asked											

*95% confidence interval.

†Non-Hispanic.

§Not available.

¶Filipino, Hawaiian, or Japanese.

**Other than a few sips.

Table 12c. Percentage of Middle School Students Who Had Engaged in Sexual Behaviors, by Sex, Race/Ethnicity, and Grade—Hawaii, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Ever had sexual intercourse						
Race/Ethnicity						
White [†]	8.9	3.3	5.5	2.7	7.5	2.2
Black [†]	19.0	7.4	— [§]	—	18.2	5.8
Asian [†]	10.7	1.9	8.9	1.7	9.9	1.4
Other	12.2	1.8	8.7	1.6	10.3	1.3
Grade						
6	4.0	1.9	3.0	1.5	3.5	1.2
7	7.9	1.7	5.1	1.3	6.6	1.1
8	16.6	2.5	13.9	2.1	15.2	1.8
Total	11.1	1.4	8.4	1.1	9.8	1.0
Had first sexual intercourse before age 11 years						
Race/Ethnicity						
White	Question Not Asked					
Black						
Asian						
Other						
Grade						
6	Question Not Asked					
7						
8						
Total	Question Not Asked					
Had ≥ 3 sex partners						
Race/Ethnicity						
White	Question Not Asked					
Asian						
Other						
Grade						
6	Question Not Asked					
7						
8						
Total	Question Not Asked					

*95% confidence interval.

[†]Non-Hispanic.

[§]Not available.

[†]Filipino, Hawaiian, or Japanese.

Table 13c. Percentage of Middle School Students Who Had Used a Condom During Last Sexual Intercourse* and Who Had Ever Been Taught About Acquired Immunodeficiency Syndrome (AIDS) or Human Immunodeficiency Virus (HIV) Infection in School, by Sex, Race/Ethnicity, and Grade—Hawaii, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [†] (±)	%	CI (±)	%	CI (±)
Used condom during last sexual intercourse						
Race/Ethnicity						
White [§]	— [†]	—	—	—	—	—
Black [§]	—	—	—	—	—	—
Asian**	62.3	8.5	53.0	9.6	58.4	5.8
Other	60.9	7.4	57.3	8.7	59.2	5.8
Grade						
6	—	—	—	—	—	—
7	58.3	10.2	—	—	60.1	7.3
8	62.5	7.7	52.9	8.1	58.1	5.4
Total	61.0	5.7	54.6	6.6	58.2	4.1
Had been taught in school about AIDS or HIV infection						
Race/Ethnicity						
White	62.5	5.5	62.2	5.8	62.3	4.2
Black	70.0	9.1	—	—	67.7	7.2
Asian	53.4	2.8	60.5	2.8	56.6	2.3
Other	55.2	2.7	61.0	2.7	58.2	2.1
Grade						
6	39.7	4.8	43.1	4.6	41.3	3.8
7	49.6	2.7	54.0	3.0	51.6	2.1
8	68.7	2.9	75.8	2.5	72.1	2.1
Total	55.7	2.1	61.0	2.1	58.1	1.8

*Among the 9.8% of students who ever had sexual intercourse.

[†]95% confidence interval.

[§]Non-Hispanic.

[†]Not available.

**Filipino, Hawaiian, or Japanese.

Table 14c. Percentage of Middle School Students Who Had Participated in Sufficient Vigorous Physical Activity,* Who Had Played on Any Sports Teams,† and Who Had Watched \geq 3 Hours per Day of TV,[§] by Sex, Race/Ethnicity, and Grade—Hawaii, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [¶] (\pm)	%	CI (\pm)	%	CI (\pm)
Participated in sufficient vigorous physical activity						
Race/Ethnicity						
White**	70.8	5.0	69.3	5.2	70.1	3.6
Black**	66.3	8.5	— ^{††}	—	62.7	7.0
Asian ^{§§}	60.2	2.8	57.6	2.7	58.9	2.0
Other	66.1	2.6	62.5	2.4	64.1	1.8
Grade						
6	59.1	3.8	59.2	4.4	59.1	2.9
7	64.5	3.2	62.8	3.0	63.7	2.2
8	65.1	3.2	59.8	3.0	62.5	2.2
Total	63.5	2.0	60.9	1.9	62.2	1.4
Played on any sports teams						
Race/Ethnicity						
White	Question Not Asked					
Black						
Asian						
Other						
Grade						
6	Question Not Asked					
7						
8						
Total	Question Not Asked					
Watched \geq 3 hours per day of TV						
Race/Ethnicity						
White	30.9	5.0	41.6	6.0	35.8	4.1
Black	54.5	9.8	—	—	56.5	7.2
Asian	42.7	2.7	46.5	2.8	44.4	2.0
Other	44.6	2.6	43.7	2.4	44.2	1.8
Grade						
6	37.6	4.5	36.0	4.2	36.8	3.2
7	39.6	3.1	45.3	2.9	42.4	2.2
8	45.5	2.8	49.2	3.0	47.3	2.0
Total	41.6	1.8	45.1	1.9	43.3	1.3

*Exercised or participated in physical activities that made them sweat and breathe hard for \geq 20 minutes on \geq 3 of the 7 days preceding the survey (e.g., basketball, soccer, running, swimming laps, fast bicycling, fast dancing, or similar aerobic activities).

†Run by their school or community groups.

§On an average school day.

¶95% confidence interval.

**Non-Hispanic.

††Not available.

§§Filipino, Hawaiian, or Japanese.

Table 15c. Percentage of Middle School Students Who Were Enrolled in Physical Education (PE) Class* and Attended PE Class Daily,[†] by Sex, Race/Ethnicity, and Grade—Hawaii, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Were enrolled in PE class						
Race/Ethnicity						
White [†]						
Black [†]						
Asian ^{**}						
Other						
Grade						
6						
7						
8						
Total						
Attended PE class daily						
Race/Ethnicity						
White						
Black						
Asian						
Other						
Grade						
6						
7						
8						
Total						

Question Not Asked

Question Not Asked

*On one or more days in an average week when they were in school.

[†]5 days in an average week when they were in school.

[§]95% confidence interval.

[†]Non-Hispanic.

^{**}Filipino, Hawaiian, or Japanese.

Table 16c. Percentage of Middle School Students Who Were at Risk for Becoming* or Were Overweight,† by Sex, Race/Ethnicity, and Grade—Hawaii, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
At risk for becoming overweight						
Race/Ethnicity						
White [¶]	18.3	4.6	12.3	4.3	15.6	3.3
Black [¶]	—**	—	—	—	16.7	6.5
Asian ^{††}	20.1	2.2	18.4	2.5	19.3	1.6
Other	20.0	2.4	17.1	2.0	18.5	1.6
Grade						
6	20.6	4.0	18.3	4.4	19.5	3.1
7	19.9	2.6	17.3	2.6	18.7	1.8
8	19.2	2.3	16.4	2.5	17.9	1.8
Total	19.7	1.6	17.1	1.6	18.5	1.2
Overweight						
Race/Ethnicity						
White	12.9	3.9	4.9	2.9	9.3	2.5
Black	—	—	—	—	17.0	6.6
Asian	22.8	2.5	13.7	2.3	18.7	1.6
Other	22.0	2.4	12.0	1.6	16.8	1.5
Grade						
6	25.7	5.7	15.4	3.6	20.8	3.6
7	21.6	2.5	12.3	2.5	17.3	1.9
8	18.6	2.4	10.1	1.9	14.5	1.5
Total	20.9	1.7	11.8	1.4	16.6	1.1

*Students who were \geq 85th percentile but $<$ 95th percentile for body mass index, by age and sex, based on reference data.

†Students who were \geq 95th percentile for body mass index, by age and sex, based on reference data.

§95% confidence interval.

¶Non-Hispanic.

**Not available.

††Filipino, Hawaiian, or Japanese.

Table 17c. Percentage of Middle School Students Who Described Themselves as Slightly or Very Overweight and Who Were Trying To Lose Weight, by Sex, Race/Ethnicity, and Grade—Hawaii, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Described themselves as overweight						
Race/Ethnicity						
White [†]	25.0	4.7	26.8	5.2	26.0	3.6
Black [†]	16.7	6.4	— [§]	—	20.6	5.7
Asian [¶]	25.6	2.2	27.1	2.3	26.3	1.6
Other	28.1	2.4	30.8	2.1	29.5	1.6
Grade						
6	26.2	4.0	23.6	3.3	24.9	2.5
7	24.9	2.3	27.9	2.7	26.3	1.8
8	27.0	2.4	30.9	2.4	29.0	1.7
Total	26.0	1.6	28.3	1.6	27.1	1.1
Were trying to lose weight						
Race/Ethnicity						
White	35.6	4.9	44.1	5.4	39.5	3.7
Black	34.1	8.6	—	—	38.9	7.0
Asian	45.8	2.5	56.3	2.5	50.7	1.8
Other	45.4	2.3	54.1	2.3	50.0	1.7
Grade						
6	46.3	3.9	49.3	3.8	47.7	2.7
7	43.2	2.6	52.2	2.7	47.4	1.9
8	43.3	2.7	57.5	2.7	50.2	2.2
Total	43.7	1.7	53.8	1.7	48.5	1.3

*95% confidence interval.

[†]Non-Hispanic.

[§]Not available.

[¶]Filipino, Hawaiian, or Japanese.

Table 18c. Percentage of Middle School Students Who Had Ever Engaged in Healthy Behaviors Associated with Weight Control To Lose Weight or To Keep from Gaining Weight, by Sex, Race/Ethnicity, and Grade—Hawaii, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight						
Race/Ethnicity						
White [†]						
Black [†]						
Asian [§]						
Other						
Grade						
6						
7						
8						
Total						
Exercised to lose weight or to keep from gaining weight						
Race/Ethnicity						
White						
Black						
Asian						
Other						
Grade						
6						
7						
8						
Total						

Question Not Asked

Question Not Asked

*95% confidence interval.

[†]Non-Hispanic.

[§]Filipino, Hawaiian, or Japanese.

Table 19c. Percentage of Middle School Students Who Had Ever Engaged in Unhealthy Behaviors Associated with Weight Control To Lose Weight or To Keep from Gaining Weight, by Sex, Race/Ethnicity, and Grade—Hawaii, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Went without eating for ≥ 24 hours to lose weight or to keep from gaining weight						
Race/Ethnicity						
White [†]						
Black [†]						
Asian [§]						
Other						
Grade						
6						
7						
8						
Total						
Took diet pills, powders, or liquids to lose weight or to keep from gaining weight[¶]						
Race/Ethnicity						
White						
Black						
Asian						
Other						
Grade						
6						
7						
8						
Total						
Vomited or took laxatives to lose weight or to keep from gaining weight						
Race/Ethnicity						
White						
Black						
Asian						
Other						
Grade						
6						
7						
8						
Total						

Question Not Asked

Question Not Asked

Question Not Asked

*95% confidence interval.
[†]Non-Hispanic.
[§]Filipino, Hawaiian, or Japanese.
[¶]Without a doctor's advice.

MAINE

MIDDLE SCHOOL YOUTH RISK BEHAVIOR SURVEY

2003

Table 2d. Percentage of Middle School Students Who Had Rarely or Never Worn Seatbelts* and Who Had Ever Ridden in a Car with a Driver Who Had Been Drinking Alcohol, by Sex, Race/Ethnicity, and Grade—Maine, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [†] (±)	%	CI (±)	%	CI (±)
Rarely or never wore seat belts						
Race/Ethnicity						
White [§]	15.4	2.8	8.1	2.2	11.9	2.3
Black [§]	— [¶]	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	16.1	6.4	18.1	11.5	17.1	8.2
Grade						
6	—	—	—	—	—	—
7	14.6	3.3	6.8	2.0	11.0	2.1
8	16.2	3.9	9.6	3.2	13.1	3.1
Total	15.5	2.7	8.6	2.1	12.2	2.2
Rode with a driver who had been drinking alcohol						
Race/Ethnicity						
White	28.1	4.3	30.6	6.5	29.4	4.7
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	33.3	8.8	32.8	10.7	32.8	6.8
Grade						
6	—	—	—	—	—	—
7	24.2	2.7	28.3	7.4	26.2	4.4
8	32.9	6.2	33.9	5.9	33.5	5.0
Total	28.7	3.9	30.9	6.3	29.8	4.5

*When riding in a car.

†95% confidence interval.

§Non-Hispanic.

¶Not available.

Table 3d. Percentage of Middle School Students Who Had Rarely or Never Worn Bicycle Helmets* or Rollerblade or Skateboard Helmets,† by Sex, Race/Ethnicity, and Grade—Maine, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Rarely or never wore bicycle helmets						
Race/Ethnicity						
White [¶]	52.1	5.9	43.5	5.2	48.1	4.6
Black [¶]	— ^{**}	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	56.5	10.7	49.2	11.2	52.1	9.3
Grade						
6	—	—	—	—	—	—
7	49.4	6.5	39.9	6.8	44.9	5.5
8	55.1	7.2	48.1	6.9	52.0	5.1
Total	52.5	5.7	44.1	5.2	48.5	4.3
Rarely or never wore a helmet when using rollerblades or riding a skateboard						
Race/Ethnicity						
White	64.8	4.9	61.2	4.9	63.1	3.8
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	60.7	9.7
Grade						
6	—	—	—	—	—	—
7	61.2	6.5	58.8	5.2	60.1	5.2
8	67.7	7.3	64.7	7.0	66.2	5.5
Total	64.4	4.7	61.7	4.7	63.0	3.7

*Among the 92.5% of students who had ridden a bicycle.

†Among the 69.4% of students who had used rollerblades or ridden a skateboard.

§95% confidence interval.

¶Non-Hispanic.

**Not available.

Table 4d. Percentage of Middle School Students Who Had Ever Carried a Weapon,* Who Had Ever Been in a Physical Fight, and Who Had Ever Been Hurt in a Physical Fight,† by Sex, Race/Ethnicity, and Grade—Maine, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Carried a weapon						
Race/Ethnicity						
White [¶]	54.4	4.9	21.3	5.2	38.2	4.8
Black [¶]	— ^{**}	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	58.2	9.4	24.0	13.8	41.0	10.0
Grade						
6	—	—	—	—	—	—
7	52.3	5.7	22.9	6.6	38.0	5.7
8	56.8	5.9	19.5	4.7	38.6	4.8
Total	54.5	4.8	21.5	5.0	38.3	4.7
Were in a physical fight						
Race/Ethnicity						
White	67.5	3.5	40.2	5.9	54.2	3.9
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	72.8	6.5	45.9	13.6	59.0	8.1
Grade						
6	—	—	—	—	—	—
7	69.3	3.3	40.3	6.9	55.1	4.5
8	65.6	5.1	41.6	6.1	53.9	4.2
Total	67.7	3.6	40.9	6.1	54.7	3.8
Were hurt in a physical fight						
Race/Ethnicity						
White	10.3	1.8	4.7	1.4	7.6	1.2
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	13.9	5.9	11.7	9.2	12.7	5.1
Grade						
6	—	—	—	—	—	—
7	12.2	2.7	3.9	2.0	8.1	1.6
8	9.1	2.0	5.9	2.5	7.6	1.3
Total	10.7	1.8	5.1	1.5	8.0	1.3

*For example, a gun, knife, or club.

†Had to be treated by a doctor or nurse.

§95% confidence interval.

¶Non-Hispanic.

**Not available.

Table 5d. Percentage of Middle School Students Who Had Ever Seriously Thought About Killing Themselves, Who Had Ever Made a Plan About How To Kill Themselves, and Who Had Ever Tried To Kill Themselves, by Sex, Race/Ethnicity, and Grade—Maine, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Seriously thought about killing themselves						
Race/Ethnicity						
White†	13.3	1.4	26.9	5.3	20.0	2.8
Black†	— [§]	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	16.3	5.1	29.8	8.8	23.1	5.8
Grade						
6	—	—	—	—	—	—
7	13.3	2.9	24.9	6.0	18.9	3.6
8	14.1	3.4	29.7	5.7	21.8	3.1
Total	13.7	1.4	27.1	5.1	20.3	2.7
Made a plan about how to kill themselves						
Race/Ethnicity						
White	9.2	2.5	16.1	4.4	12.6	2.5
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	12.1	3.6	16.4	7.5	15.5	4.0
Grade						
6	—	—	—	—	—	—
7	8.1	2.3	12.0	3.1	10.0	1.9
8	11.0	3.9	20.3	5.9	15.6	3.6
Total	9.5	2.4	16.1	4.1	12.8	2.4
Tried to kill themselves						
Race/Ethnicity						
White	5.1	1.5	11.8	3.1	8.3	1.7
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	3.2	2.2	15.6	10.5	10.7	4.0
Grade						
6	—	—	—	—	—	—
7	4.6	1.4	10.2	3.2	7.3	1.9
8	5.5	2.7	13.6	3.6	9.5	2.4
Total	5.0	1.4	12.2	2.9	8.6	1.6

*95% confidence interval.

†Non-Hispanic.

§Not available.

Table 6d. Percentage of Middle School Students Who Had Ever Smoked Cigarettes, by Sex, Race/Ethnicity, and Grade—Maine, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (\pm)	%	CI (\pm)	%	CI (\pm)
Lifetime cigarette use[†]						
Race/Ethnicity						
White [§]	27.3	3.7	28.7	5.8	28.1	4.2
Black [§]	— [¶]	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	33.6	11.4	33.3	11.2	33.3	7.8
Grade						
6	—	—	—	—	—	—
7	23.3	4.3	24.4	5.7	23.9	3.9
8	32.4	4.9	33.4	7.2	32.9	4.9
Total	27.7	3.6	29.1	5.6	28.5	4.0
Lifetime daily cigarette use^{**}						
Race/Ethnicity						
White	5.1	2.0	5.8	2.6	5.5	1.7
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	8.3	2.4	14.7	11.9	12.1	6.3
Grade						
6	—	—	—	—	—	—
7	3.8	1.9	2.5	1.5	3.2	1.3
8	7.0	3.1	9.7	3.6	8.4	2.4
Total	5.4	2.0	6.4	2.4	5.9	1.7

*95% confidence interval.

[†]Ever tried cigarette smoking, even one or two puffs.[§]Non-Hispanic.[¶]Not available.^{**}Ever smoked at least one cigarette every day for 30 days.

Table 7d. Percentage of Middle School Students Who Smoked Cigarettes, by Sex, Race/Ethnicity, and Grade—Maine, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Current cigarette use[†]						
Race/Ethnicity						
White [§]	7.8	2.2	8.7	3.5	8.4	2.3
Black [§]	— [¶]	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	8.6	3.3	16.8	7.5	12.8	4.0
Grade						
6	—	—	—	—	—	—
7	5.0	2.0	6.2	3.1	5.6	2.2
8	10.5	3.8	11.8	4.2	11.2	2.9
Total	7.8	2.2	9.2	3.2	8.7	2.2
Current frequent cigarette use^{**}						
Race/Ethnicity						
White	2.1	1.3	2.1	1.6	2.1	1.2
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	3.4	2.1	5.3	6.1	4.6	3.4
Grade						
6	—	—	—	—	—	—
7	0.7	0.6	0.9	0.9	0.8	0.7
8	3.5	2.4	3.4	2.6	3.5	2.0
Total	2.2	1.2	2.4	1.6	2.3	1.2

*95% confidence interval.

[†]Smoked cigarettes on ≥ 1 of the 30 days preceding the survey.[§]Non-Hispanic.[¶]Not available.^{**}Smoked cigarettes on ≥ 20 of the 30 days preceding the survey.

Table 8d. Percentage of Middle School Students Who Used Smokeless Tobacco,* Smoked Cigars,† and Used Any Tobacco Product,§ by Sex, Race/Ethnicity, and Grade—Maine, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Current smokeless tobacco use						
Race/Ethnicity						
White**	3.7	1.3	2.9	1.1	3.3	1.0
Black**	— ^{††}	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	6.1	3.6	5.5	7.4	6.0	4.7
Grade						
6	—	—	—	—	—	—
7	4.5	1.8	1.9	1.1	3.3	1.1
8	3.1	1.5	3.6	1.6	3.3	1.0
Total	3.9	1.2	3.1	1.0	3.5	0.9
Current cigar use						
Race/Ethnicity						
White	5.5	1.8	3.3	1.3	4.5	1.0
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	4.1	2.8	8.3	8.6	6.5	5.0
Grade						
6	—	—	—	—	—	—
7	4.3	2.4	2.4	1.4	3.4	1.7
8	6.6	2.8	4.3	1.8	5.6	1.5
Total	5.5	1.8	3.6	1.2	4.7	1.1
Current tobacco use						
Race/Ethnicity						
White	11.0	2.2	10.4	3.2	10.8	2.0
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	10.7	3.5	18.6	7.6	14.7	4.0
Grade						
6	—	—	—	—	—	—
7	9.6	3.2	7.5	3.2	8.6	2.3
8	12.5	3.7	13.8	3.9	13.2	2.5
Total	11.1	2.2	10.9	2.8	11.0	1.9

*Used chewing tobacco, snuff, or dip on ≥ 1 of the 30 days preceding the survey.†Smoked cigars, cigarillos, or little cigars on ≥ 1 of the 30 days preceding the survey.§Reported current cigarette use, current cigar use, or had used chewing tobacco, snuff, or dip on ≥ 1 of the 30 days preceding the survey.

¶95% confidence interval.

**Non-Hispanic.

††Not available.

Table 9d. Percentage of Middle School Students Who Had Ever Had a Drink of Alcohol,* Who Had Ever Used Marijuana, and Who Had Ever Used Cocaine,† by Sex, Race/Ethnicity, and Grade—Maine, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Lifetime alcohol use						
Race/Ethnicity						
White [¶]	38.9	4.8	36.7	6.7	37.9	5.4
Black [¶]	—**	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	49.3	10.1	40.0	12.9	44.7	8.8
Grade						
6	—	—	—	—	—	—
7	30.9	4.4	28.4	5.9	29.8	4.4
8	47.9	6.2	45.2	8.4	46.7	6.1
Total	39.3	4.5	36.8	6.5	38.2	5.2
Lifetime marijuana use						
Race/Ethnicity						
White	18.2	2.7	11.8	3.7	15.1	2.9
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	20.0	6.7	16.4	8.7	18.4	5.6
Grade						
6	—	—	—	—	—	—
7	12.7	3.0	6.4	2.6	9.7	2.2
8	24.4	2.9	17.6	4.6	21.1	3.6
Total	18.4	2.7	12.1	3.3	15.4	2.8
Lifetime cocaine use						
Race/Ethnicity						
White	6.4	1.4	5.9	2.6	6.2	1.4
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	8.8	5.4	8.2	8.0	8.7	5.2
Grade						
6	—	—	—	—	—	—
7	5.4	1.4	4.4	2.6	4.9	1.7
8	7.8	2.4	7.1	3.3	7.6	1.6
Total	6.4	1.3	6.1	2.3	6.3	1.3

*Ever had a drink of alcohol, other than a few sips.

†Ever used any form of cocaine (e.g., powder, “crack,” or “freebase”).

§95% confidence interval.

¶Non-Hispanic.

**Not available.

Table 10d. Percentage of Middle School Students Who Had Ever Used Inhalants* and Who Had Ever Used Steroids, by Sex, Race/Ethnicity, and Grade—Maine, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [†] (±)	%	CI (±)	%	CI (±)
Lifetime inhalant use						
Race/Ethnicity						
White [§]	11.5	2.8	13.5	4.7	12.4	3.2
Black [§]	— [¶]	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	15.9	6.3	13.7	4.7	14.9	4.0
Grade						
6	—	—	—	—	—	—
7	12.5	3.5	11.5	4.9	12.0	3.6
8	10.4	3.3	15.0	6.3	12.6	3.4
Total	11.7	2.5	13.5	4.6	12.6	3.0
Lifetime steroid use						
Race/Ethnicity						
White	3.3	1.6	2.7	1.3	3.0	1.0
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	5.9	4.1	5.7	5.3	6.0	3.1
Grade						
6	—	—	—	—	—	—
7	3.2	1.9	3.0	2.2	3.1	1.5
8	3.8	1.7	2.3	1.5	3.1	1.2
Total	3.4	1.5	2.9	1.2	3.2	1.0

*Sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high.

†95% confidence interval.

§Non-Hispanic.

¶Not available.

Table 11d. Percentage of Middle School Students Who Had Initiated Drug-Related Behaviors Before Age 11 Years, by Sex, Race/Ethnicity, and Grade—Maine, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Smoked a whole cigarette before age 11 years						
Race/Ethnicity						
White†	6.8	1.9	5.6	2.2	6.2	1.6
Black†	— [§]	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	13.3	8.1	11.4	5.1	12.4	4.9
Grade						
6	—	—	—	—	—	—
7	6.7	2.5	5.2	2.6	6.0	2.0
8	7.8	2.6	6.1	2.6	6.9	2.2
Total	7.3	1.8	6.0	2.2	6.6	1.6
Had first drink of alcohol before age 11 years[†]						
Race/Ethnicity						
White	14.5	3.1	11.9	3.6	13.3	3.1
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	28.7	8.0	16.6	9.1	22.9	6.7
Grade						
6	—	—	—	—	—	—
7	15.1	3.4	12.4	4.7	13.8	3.6
8	15.1	3.7	11.5	4.1	13.3	3.5
Total	15.0	2.9	12.2	3.6	13.7	3.0
Tried marijuana before age 11 years						
Race/Ethnicity						
White	3.3	1.2	1.4	1.4	2.4	1.1
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	0.6	1.3	4.7	5.7	2.6	2.9
Grade						
6	—	—	—	—	—	—
7	3.4	1.9	1.1	0.9	2.2	1.2
8	2.9	1.5	1.8	1.9	2.4	1.2
Total	3.2	1.1	1.6	1.3	2.4	1.0

*95% confidence interval.

†Non-Hispanic.

§Not available.

¶Other than a few sips.

Table 12d. Percentage of Middle School Students Who Had Engaged in Sexual Behaviors, by Sex, Race/Ethnicity, and Grade—Maine, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Ever had sexual intercourse						
Race/Ethnicity						
White [†]	14.4	2.7	9.3	2.8	11.9	2.2
Black [†]	— [§]	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	17.2	6.2	19.0	10.0	17.7	6.2
Grade						
6	—	—	—	—	—	—
7	13.2	3.3	8.6	3.1	10.9	2.6
8	16.6	3.6	11.4	3.5	14.0	2.3
Total	14.9	2.5	10.2	2.8	12.5	2.2
Had first sexual intercourse before age 11 years						
Race/Ethnicity						
White	3.9	1.6	2.2	1.0	3.0	0.9
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	2.9	2.8	3.8	2.7	3.3	1.6
Grade						
6	—	—	—	—	—	—
7	4.3	2.2	2.4	1.1	3.4	1.4
8	3.9	2.3	2.0	1.5	2.9	1.4
Total	4.0	1.5	2.4	0.9	3.2	0.9
Had ≥ 3 sex partners						
Race/Ethnicity						
White	5.7	1.6	2.8	1.7	4.2	1.1
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	8.0	4.1	5.1	6.2	6.5	4.0
Grade						
6	—	—	—	—	—	—
7	4.2	2.0	2.2	1.4	3.2	1.1
8	7.8	2.6	3.4	2.4	5.6	1.5
Total	5.9	1.6	3.1	1.5	4.5	1.1

*95% confidence interval.

[†]Non-Hispanic.[§]Not available.

Table 13d. Percentage of Middle School Students Who Had Used a Condom During Last Sexual Intercourse* and Who Had Ever Been Taught About Acquired Immunodeficiency Syndrome (AIDS) or Human Immunodeficiency Virus (HIV) Infection in School, by Sex, Race/Ethnicity, and Grade—Maine, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [†] (±)	%	CI (±)	%	CI (±)
Used condom during last sexual intercourse						
Race/Ethnicity						
White [§]	72.2	9.1	— [¶]	—	73.3	6.3
Black [§]	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	74.0	6.9
8	—	—	—	—	69.4	7.7
Total	72.4	7.9	68.9	10.0	70.9	5.9
Had been taught in school about AIDS or HIV infection						
Race/Ethnicity						
White	73.0	4.7	73.6	3.7	73.4	3.8
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	71.4	9.8	74.9	8.4	73.4	6.8
Grade						
6	—	—	—	—	—	—
7	63.0	8.5	64.8	6.2	63.9	6.6
8	83.1	4.1	83.0	5.7	83.1	4.6
Total	73.1	4.5	73.6	3.6	73.4	3.7

*Among the 12.5% of students who ever had sexual intercourse.

[†]95% confidence interval.

[§]Non-Hispanic.

[¶]Not available.

Table 14d. Percentage of Middle School Students Who Had Participated in Sufficient Vigorous Physical Activity,* Who Had Played on Any Sports Teams,† and Who Had Watched ≥ 3 Hours per Day of TV,§ by Sex, Race/Ethnicity, and Grade—Maine, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [¶] (\pm)	%	CI (\pm)	%	CI (\pm)
Participated in sufficient vigorous physical activity						
Race/Ethnicity						
White**	72.0	4.2	72.7	2.9	72.2	2.8
Black**	— ^{††}	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	74.3	9.7	66.3	9.8	70.6	6.5
Grade						
6	—	—	—	—	—	—
7	70.4	4.4	72.1	4.6	71.3	3.8
8	74.6	5.6	73.3	5.7	73.8	4.2
Total	72.0	4.2	72.6	2.8	72.2	2.8
Played on any sports teams						
Race/Ethnicity						
White	71.5	3.1	73.1	3.7	72.2	2.9
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	70.4	10.1	61.4	7.4	66.4	5.8
Grade						
6	—	—	—	—	—	—
7	73.3	4.0	73.3	4.2	73.2	3.7
8	69.6	3.9	72.3	7.0	70.9	4.3
Total	71.4	2.9	72.6	4.0	72.0	3.0
Watched ≥ 3 hours per day of TV						
Race/Ethnicity						
White	36.2	3.3	26.7	3.1	31.6	2.5
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	42.6	6.7	28.4	13.0	36.5	7.6
Grade						
6	—	—	—	—	—	—
7	36.3	5.3	29.3	4.3	32.9	3.5
8	35.9	4.3	25.1	3.7	30.6	3.0
Total	36.2	3.2	27.3	2.9	32.0	2.4

*Exercised or participated in physical activities that made them sweat and breathe hard for ≥ 20 minutes on ≥ 3 of the 7 days preceding the survey (e.g., basketball, soccer, running, swimming laps, fast bicycling, fast dancing, or similar aerobic activities).

†Run by their school or community groups.

§On an average school day.

¶95% confidence interval.

**Non-Hispanic.

††Not available.

Table 15d. Percentage of Middle School Students Who Were Enrolled in Physical Education (PE) Class* and Attended PE Class Daily,† by Sex, Race/Ethnicity, and Grade—Maine, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Were enrolled in PE class						
Race/Ethnicity						
White [¶]	79.3	7.4	78.9	7.2	79.1	7.0
Black [¶]	—**	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	73.0	12.6	78.2	15.3	75.7	11.9
Grade						
6	—	—	—	—	—	—
7	79.5	7.0	83.4	7.4	81.4	6.7
8	78.2	9.1	74.0	8.6	76.2	8.5
Total	79.1	7.1	78.9	7.1	79.1	6.9
Attended PE class daily						
Race/Ethnicity						
White	15.9	8.7	13.6	8.2	14.8	8.4
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	13.1	8.5	7.4	4.8	10.1	5.9
Grade						
6	—	—	—	—	—	—
7	16.4	8.7	14.8	8.7	15.7	8.3
8	15.2	9.5	12.9	9.3	14.1	9.2
Total	15.8	8.3	13.7	8.3	14.8	8.3

*On one or more days in an average week when they were in school.

†5 days in an average week when they were in school.

§95% confidence interval.

¶Non-Hispanic.

**Not available.

Table 16d. Percentage of Middle School Students Who Were at Risk for Becoming* or Were Overweight,† by Sex, Race/Ethnicity, and Grade—Maine, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
At risk for becoming overweight						
Race/Ethnicity						
White [¶]	18.5	3.1	16.5	3.7	17.5	2.5
Black [¶]	—**	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	18.3	7.1	21.5	7.7	19.9	5.1
Grade						
6	—	—	—	—	—	—
7	18.6	2.9	16.2	4.8	17.5	3.2
8	18.4	4.2	16.8	3.7	17.7	2.6
Total	18.4	3.0	16.5	3.4	17.5	2.3
Overweight						
Race/Ethnicity						
White	15.9	3.4	8.4	2.3	12.3	2.4
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	27.4	7.3	10.3	6.1	18.9	5.5
Grade						
6	—	—	—	—	—	—
7	20.2	4.3	11.0	3.5	15.9	2.9
8	12.7	3.2	6.3	2.9	9.6	2.3
Total	16.2	3.3	8.6	2.2	12.6	2.3

*Students who were \geq 85th percentile but $<$ 95th percentile for body mass index, by age and sex, based on reference data.

†Students who were \geq 95th percentile for body mass index, by age and sex, based on reference data.

§95% confidence interval.

¶Non-Hispanic.

**Not available.

Table 17d. Percentage of Middle School Students Who Described Themselves as Slightly or Very Overweight and Who Were Trying To Lose Weight, by Sex, Race/Ethnicity, and Grade—Maine, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Described themselves as overweight						
Race/Ethnicity						
White†	25.9	2.8	34.5	2.9	30.1	1.8
Black†	— [§]	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	33.5	9.1	36.7	10.2	34.8	6.9
Grade						
6	—	—	—	—	—	—
7	28.2	3.7	36.7	5.0	32.4	3.2
8	23.9	4.1	33.4	4.9	28.5	3.1
Total	26.0	2.7	35.0	2.9	30.4	1.8
Were trying to lose weight						
Race/Ethnicity						
White	32.7	3.1	57.1	4.0	44.5	3.1
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	43.3	8.9	55.2	10.0	48.9	8.5
Grade						
6	—	—	—	—	—	—
7	35.0	4.9	55.4	4.3	45.0	3.3
8	31.1	3.5	58.9	5.9	44.7	3.7
Total	33.1	3.0	57.3	3.8	44.8	3.0

*95% confidence interval.

†Non-Hispanic.

§Not available.

Table 18d. Percentage of Middle School Students Who Had Ever Engaged in Healthy Behaviors Associated with Weight Control To Lose Weight or To Keep from Gaining Weight, by Sex, Race/Ethnicity, and Grade—Maine, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight						
Race/Ethnicity						
White [†]	29.9	3.9	60.2	3.1	44.6	2.4
Black [†]	— [§]	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	32.3	9.7	58.8	14.8	45.2	7.8
Grade						
6	—	—	—	—	—	—
7	33.0	4.9	57.8	5.0	45.0	3.7
8	26.8	5.5	63.1	4.7	44.5	2.4
Total	29.9	3.6	60.3	3.1	44.7	2.4
Exercised to lose weight or to keep from gaining weight						
Race/Ethnicity						
White	56.2	3.8	77.1	2.7	66.3	2.2
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	57.6	10.6	71.9	8.8	65.2	7.6
Grade						
6	—	—	—	—	—	—
7	57.9	4.9	73.5	2.9	65.4	2.8
8	54.2	5.2	80.9	3.5	67.3	2.8
Total	56.2	3.6	77.0	2.5	66.3	2.1

*95% confidence interval.

[†]Non-Hispanic.[§]Not available.

Table 19d. Percentage of Middle School Students Who Had Ever Engaged in Unhealthy Behaviors Associated with Weight Control To Lose Weight or To Keep from Gaining Weight, by Sex, Race/Ethnicity, and Grade—Maine, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Went without eating for ≥ 24 hours to lose weight or to keep from gaining weight						
Race/Ethnicity						
White†	11.0	3.1	26.7	5.9	18.7	3.7
Black†	— [§]	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	16.1	6.3	19.7	8.3	17.5	5.9
Grade						
6	—	—	—	—	—	—
7	12.2	2.9	23.0	4.4	17.5	3.1
8	10.5	3.5	30.5	8.5	20.4	4.6
Total	11.3	2.8	26.7	6.0	18.9	3.6
Took diet pills, powders, or liquids to lose weight or to keep from gaining weight[¶]						
Race/Ethnicity						
White	4.0	1.5	9.7	2.7	6.8	1.5
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	5.4	3.8	7.6	6.5	6.4	4.0
Grade						
6	—	—	—	—	—	—
7	3.0	1.4	7.5	2.2	5.2	1.5
8	4.9	3.0	11.8	3.4	8.3	2.2
Total	4.1	1.4	9.6	2.5	6.8	1.4
Vomited or took laxatives to lose weight or to keep from gaining weight						
Race/Ethnicity						
White	3.8	1.0	10.0	3.2	6.8	1.7
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	5.2	2.7	13.2	11.2	9.0	6.5
Grade						
6	—	—	—	—	—	—
7	3.3	1.9	8.4	4.1	5.8	2.4
8	4.4	1.7	11.8	3.8	8.0	1.9
Total	3.8	1.0	10.1	3.0	6.9	1.6

*95% confidence interval.

†Non-Hispanic.

§Not available.

¶Without a doctor's advice.

MISSISSIPPI

MIDDLE SCHOOL YOUTH RISK BEHAVIOR SURVEY

2003

Table 2e. Percentage of Middle School Students Who Had Rarely or Never Worn Seatbelts* and Who Had Ever Ridden in a Car with a Driver Who Had Been Drinking Alcohol, by Sex, Race/Ethnicity, and Grade—Mississippi, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [†] (±)	%	CI (±)	%	CI (±)
Rarely or never wore seat belts						
Race/Ethnicity						
White [§]	22.6	6.8	12.2	5.0	17.4	4.4
Black [§]	33.5	6.7	18.1	4.1	25.8	4.2
Hispanic	— [¶]	—	—	—	—	—
Other	—	—	—	—	28.3	10.0
Grade						
6	26.8	9.6	9.9	4.9	18.4	5.0
7	24.5	6.7	16.1	4.7	20.3	4.4
8	32.5	6.4	19.6	5.5	26.0	3.8
Total	28.3	5.4	15.2	3.5	21.8	3.2
Rode with a driver who had been drinking alcohol						
Race/Ethnicity						
White	41.1	6.4	43.0	5.8	42.0	5.0
Black	48.1	9.2	42.5	6.2	45.3	5.9
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	40.6	9.6
Grade						
6	37.6	9.5	33.3	8.9	35.4	7.8
7	43.8	11.4	42.0	6.3	42.9	7.8
8	53.0	5.3	53.2	6.6	53.1	5.4
Total	44.7	6.1	42.7	4.4	43.7	4.5

*When riding in a car.

†95% confidence interval.

§Non-Hispanic.

¶Not available.

Table 3e. Percentage of Middle School Students Who Had Rarely or Never Worn Bicycle Helmets* or Rollerblade or Skateboard Helmets,† by Sex, Race/Ethnicity, and Grade—Mississippi, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Rarely or never wore bicycle helmets						
Race/Ethnicity						
White [¶]	87.1	5.3	87.1	4.2	87.1	3.7
Black [¶]	97.0	2.5	90.7	2.9	94.1	2.1
Hispanic	— ^{**}	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	90.2	6.1	82.5	5.5	86.4	3.8
7	94.4	3.9	91.7	3.3	93.1	3.2
8	91.9	3.5	93.8	4.5	92.7	3.0
Total	92.2	3.2	88.7	2.9	90.6	2.5
Rarely or never wore a helmet when using rollerblades or riding a skateboard						
Race/Ethnicity						
White	85.5	6.0	85.2	4.7	85.3	3.5
Black	97.3	2.8	88.2	5.6	92.5	3.4
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	83.9	6.3	87.6	2.1
7	88.2	6.7	87.8	6.3	87.9	5.7
8	90.3	5.8	87.9	6.6	89.0	4.3
Total	90.1	4.5	86.3	3.5	88.1	2.6

*Among the 79.4% of students who had ridden a bicycle.

†Among the 54.1% of students who had used rollerblades or ridden a skateboard.

§95% confidence interval.

¶Non-Hispanic.

**Not available.

Table 4e. Percentage of Middle School Students Who Had Ever Carried a Weapon,* Who Had Ever Been in a Physical Fight, and Who Had Ever Been Hurt in a Physical Fight,† by Sex, Race/Ethnicity, and Grade—Mississippi, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Carried a weapon						
Race/Ethnicity						
White [¶]	65.9	8.9	24.1	5.4	45.2	6.7
Black [¶]	45.8	6.1	15.4	5.7	30.7	4.6
Hispanic	— ^{**}	—	—	—	—	—
Other	—	—	—	—	56.7	9.7
Grade						
6	46.7	9.1	17.8	7.9	32.6	8.4
7	56.5	8.8	16.0	5.5	36.5	5.9
8	63.9	8.7	26.1	7.9	45.1	7.0
Total	55.7	7.1	19.8	4.6	38.0	5.5
Were in a physical fight						
Race/Ethnicity						
White	76.2	6.4	40.3	5.7	58.4	3.8
Black	80.4	4.7	55.3	5.2	67.8	4.1
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	79.4	6.9
Grade						
6	74.3	8.6	44.9	11.2	59.6	7.0
7	80.9	5.2	48.4	7.9	64.8	5.1
8	79.9	4.3	51.6	6.9	65.8	3.1
Total	78.4	3.4	48.3	4.7	63.5	2.9
Were hurt in a physical fight						
Race/Ethnicity						
White	11.8	4.3	4.8	2.2	8.3	2.1
Black	8.3	3.3	2.6	2.0	5.5	2.0
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	21.0	8.4
Grade						
6	10.6	8.5	4.5	3.6	7.6	4.4
7	10.8	5.7	3.3	1.9	7.1	3.1
8	9.7	3.5	3.6	2.7	6.6	1.9
Total	10.4	2.9	3.8	1.9	7.1	1.7

*For example, a gun, knife, or club.

†Had to be treated by a doctor or nurse.

§95% confidence interval.

¶Non-Hispanic.

**Not available.

Table 5e. Percentage of Middle School Students Who Had Ever Seriously Thought About Killing Themselves, Who Had Ever Made a Plan About How To Kill Themselves, and Who Had Ever Tried To Kill Themselves, by Sex, Race/Ethnicity, and Grade—Mississippi, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Seriously thought about killing themselves						
Race/Ethnicity						
White†	18.2	6.5	27.8	5.3	22.9	3.5
Black†	18.0	4.6	27.1	5.1	22.5	3.1
Hispanic	—§	—	—	—	—	—
Other	—	—	—	—	29.8	11.9
Grade						
6	13.7	9.5	18.7	6.4	16.2	5.5
7	20.5	4.9	29.0	5.1	24.7	3.1
8	20.8	7.4	34.8	5.3	27.8	5.1
Total	18.1	4.4	27.5	4.0	22.8	2.7
Made a plan about how to kill themselves						
Race/Ethnicity						
White	14.1	4.3	18.7	4.1	16.4	2.6
Black	11.9	3.5	13.3	4.1	12.6	2.9
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	24.7	14.3
Grade						
6	10.5	6.9	10.5	5.9	10.5	4.0
7	11.7	4.5	16.0	2.9	13.8	3.3
8	17.8	4.9	21.8	5.5	19.8	3.9
Total	13.1	2.6	16.0	3.6	14.6	2.4
Tried to kill themselves						
Race/Ethnicity						
White	7.5	3.6	13.7	4.1	10.6	1.7
Black	8.5	3.0	11.6	3.8	10.1	2.9
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	14.4	11.9
Grade						
6	5.7	5.5	10.3	3.7	8.0	3.3
7	9.5	3.2	12.9	4.1	11.2	2.8
8	9.1	4.3	14.3	4.7	11.7	3.0
Total	8.1	2.4	12.6	2.7	10.3	1.7

*95% confidence interval.

†Non-Hispanic.

§Not available.

Table 6e. Percentage of Middle School Students Who Had Ever Smoked Cigarettes, by Sex, Race/Ethnicity, and Grade—Mississippi, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Lifetime cigarette use[†]						
Race/Ethnicity						
White [§]	47.7	7.9	46.3	6.7	47.0	6.4
Black [§]	53.7	5.2	40.2	7.5	47.1	5.3
Hispanic	— [¶]	—	—	—	—	—
Other	—	—	—	—	51.5	13.9
Grade						
6	43.3	11.3	31.9	9.3	37.8	8.1
7	48.6	9.8	42.1	6.1	45.4	6.7
8	61.3	6.1	56.0	7.4	58.6	5.1
Total	50.9	5.0	43.3	5.2	47.1	4.7
Lifetime daily cigarette use**						
Race/Ethnicity						
White	11.4	4.5	9.9	3.3	10.7	3.3
Black	8.1	3.7	4.6	2.6	6.4	2.4
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	7.6	6.7	6.1	4.4	6.9	4.4
7	8.3	3.1	6.5	2.5	7.4	2.1
8	14.1	5.2	9.4	3.2	11.8	3.5
Total	10.0	3.5	7.3	2.4	8.6	2.5

*95% confidence interval.

†Ever tried cigarette smoking, even one or two puffs.

§Non-Hispanic.

¶Not available.

**Ever smoked at least one cigarette every day for 30 days.

Table 7e. Percentage of Middle School Students Who Smoked Cigarettes, by Sex, Race/Ethnicity, and Grade—Mississippi, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Current cigarette use[†]						
Race/Ethnicity						
White [§]	17.3	6.1	14.4	4.4	15.9	4.1
Black [§]	13.7	4.0	8.7	3.7	11.1	3.0
Hispanic	— [¶]	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	11.1	8.7	7.1	3.9	9.1	4.5
7	15.2	4.7	12.2	3.7	13.7	3.4
8	21.3	5.1	15.9	6.3	18.6	4.4
Total	15.8	3.9	11.7	3.2	13.7	3.0
Current frequent cigarette use^{**}						
Race/Ethnicity						
White	7.7	4.7	3.9	2.3	5.8	2.9
Black	1.4	1.5	1.4	1.4	1.4	1.1
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	4.9	5.3	1.5	2.1	3.2	2.9
7	4.3	3.2	1.7	1.3	3.0	2.1
8	5.1	3.4	5.1	3.4	5.1	3.0
Total	4.7	2.6	2.7	1.8	3.7	1.9

*95% confidence interval.

[†]Smoked cigarettes on ≥ 1 of the 30 days preceding the survey.[§]Non-Hispanic.[¶]Not available.^{**}Smoked cigarettes on ≥ 20 of the 30 days preceding the survey.

Table 8e. Percentage of Middle School Students Who Used Smokeless Tobacco,* Smoked Cigars,† and Used Any Tobacco Product,§ by Sex, Race/Ethnicity, and Grade—Mississippi, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Current smokeless tobacco use						
Race/Ethnicity						
White**	20.2	4.5	1.7	0.7	11.1	2.4
Black**	2.4	1.7	2.1	1.2	2.3	1.1
Hispanic	— ^{††}	—	—	—	—	—
Other	—	—	—	—	22.3	9.9
Grade						
6	10.7	5.6	1.5	0.7	6.1	3.0
7	10.0	5.1	3.5	2.0	6.8	3.2
8	14.0	4.4	0.8	1.1	7.4	2.3
Total	11.5	3.1	2.0	0.6	6.8	1.6
Current cigar use						
Race/Ethnicity						
White	11.6	4.5	5.9	2.9	8.8	3.3
Black	14.4	5.0	7.3	2.9	10.8	3.5
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	17.7	10.0
Grade						
6	8.5	7.0	4.5	3.3	6.5	4.0
7	11.9	5.6	7.4	2.9	9.7	3.9
8	19.9	4.3	8.0	4.4	13.9	3.7
Total	13.3	3.6	6.7	2.3	10.0	2.6
Current tobacco use						
Race/Ethnicity						
White	30.2	5.1	16.6	4.4	23.4	3.5
Black	18.5	5.4	10.9	4.4	14.7	4.3
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	18.2	9.6	9.0	3.5	13.5	5.3
7	21.8	6.5	14.7	4.0	18.3	4.6
8	34.9	4.5	17.9	6.7	26.3	4.4
Total	24.8	4.2	13.9	3.2	19.3	3.2

*Used chewing tobacco, snuff, or dip on ≥ 1 of the 30 days preceding the survey.†Smoked cigars, cigarillos, or little cigars on ≥ 1 of the 30 days preceding the survey.§Reported current cigarette use, current cigar use, or had used chewing tobacco, snuff, or dip on ≥ 1 of the 30 days preceding the survey.

¶95% confidence interval.

**Non-Hispanic.

††Not available.

Table 9e. Percentage of Middle School Students Who Had Ever Had a Drink of Alcohol,* Who Had Ever Used Marijuana, and Who Had Ever Used Cocaine,† by Sex, Race/Ethnicity, and Grade—Mississippi, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Lifetime alcohol use						
Race/Ethnicity						
White [¶]	50.1	6.2	45.8	7.7	48.0	6.2
Black [¶]	57.0	10.5	45.9	9.9	51.4	9.2
Hispanic	— ^{**}	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	45.2	12.0	27.9	8.9	36.7	9.5
7	48.9	9.7	47.9	8.9	48.4	8.2
8	69.6	4.2	61.5	6.3	65.5	3.9
Total	53.7	6.7	45.8	7.2	49.8	6.3
Lifetime marijuana use						
Race/Ethnicity						
White	16.8	5.1	13.4	4.9	15.1	4.0
Black	22.3	8.9	12.9	4.9	17.6	5.8
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	11.0	6.9	10.2	5.9	10.6	3.9
7	19.2	7.0	10.5	4.7	14.8	4.7
8	29.9	9.4	19.4	7.2	24.6	7.4
Total	19.6	6.0	13.2	3.6	16.4	4.2
Lifetime cocaine use						
Race/Ethnicity						
White	4.2	2.8	5.5	3.0	4.9	1.8
Black	3.9	2.4	6.5	3.9	5.2	2.6
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	13.7	12.5
Grade						
6	3.6	5.2	9.2	5.5	6.3	3.5
7	2.6	2.1	2.9	2.3	2.7	1.5
8	6.1	3.9	6.6	3.4	6.3	3.3
Total	4.2	2.4	6.2	2.7	5.2	1.9

*Ever had a drink of alcohol, other than a few sips.

†Ever used any form of cocaine (e.g., powder, “crack,” or “freebase”).

§95% confidence interval.

¶Non-Hispanic.

**Not available.

Table 10e. Percentage of Middle School Students Who Had Ever Used Inhalants* and Who Had Ever Used Steroids, by Sex, Race/Ethnicity, and Grade—Mississippi, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [†] (±)	%	CI (±)	%	CI (±)
Lifetime inhalant use						
Race/Ethnicity						
White [§]	18.7	6.3	19.4	3.5	19.1	3.8
Black [§]	11.6	4.5	13.4	4.6	12.5	2.9
Hispanic	— [¶]	—	—	—	—	—
Other	—	—	—	—	20.4	9.1
Grade						
6	14.2	7.8	15.1	6.2	14.6	5.4
7	14.8	3.4	17.3	4.5	16.0	2.3
8	17.2	4.8	16.7	6.6	16.9	4.5
Total	15.2	3.6	16.4	3.3	15.8	2.4
Lifetime steroid use						
Race/Ethnicity						
White	4.8	2.5	4.0	2.1	4.4	1.7
Black	4.7	2.5	2.6	1.8	3.7	1.6
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	12.0	13.4
Grade						
6	2.5	2.4	2.9	2.3	2.7	1.5
7	5.1	3.5	3.5	1.9	4.4	2.3
8	7.4	3.1	3.9	2.5	5.6	2.1
Total	4.9	1.6	3.4	1.8	4.2	1.4

*Sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high.

†95% confidence interval.

§Non-Hispanic.

¶Not available.

Table 11e. Percentage of Middle School Students Who Had Initiated Drug-Related Behaviors Before Age 11 Years, by Sex, Race/Ethnicity, and Grade—Mississippi, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Smoked a whole cigarette before age 11 years						
Race/Ethnicity						
White†	19.1	5.0	13.5	3.6	16.3	3.6
Black†	13.5	4.3	9.3	3.5	11.4	3.2
Hispanic	— [§]	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	13.2	6.4	14.0	5.8	13.6	4.9
7	12.8	4.5	10.3	2.8	11.6	2.9
8	23.2	6.3	9.2	4.2	16.2	4.1
Total	16.5	3.4	11.4	2.3	14.0	2.5
Had first drink of alcohol before age 11 years[†]						
Race/Ethnicity						
White	30.1	5.1	18.7	4.3	24.5	4.1
Black	31.6	8.4	22.9	6.4	27.2	6.1
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	31.7	11.3	19.6	6.3	25.8	7.3
7	28.6	6.8	19.3	5.8	24.0	5.6
8	33.8	5.0	24.3	5.5	29.0	3.9
Total	31.1	5.0	21.1	3.9	26.1	3.8
Tried marijuana before age 11 years						
Race/Ethnicity						
White	4.2	2.8	4.7	2.0	4.5	1.7
Black	4.1	1.9	1.3	1.3	2.7	1.2
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	3.9	4.4	3.6	2.6	3.7	2.2
7	3.5	1.7	2.6	1.9	3.1	1.2
8	5.2	3.8	2.6	2.7	3.9	2.8
Total	4.2	1.9	2.9	1.2	3.6	1.1

*95% confidence interval.

†Non-Hispanic.

§Not available.

¶Other than a few sips.

Table 12e. Percentage of Middle School Students Who Had Engaged in Sexual Behaviors, by Sex, Race/Ethnicity, and Grade—Mississippi, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Ever had sexual intercourse						
Race/Ethnicity						
White [†]	25.8	7.9	13.9	5.0	20.0	5.7
Black [†]	58.3	8.1	25.9	5.7	42.2	5.6
Hispanic	— [§]	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	29.8	9.5	11.9	4.4	21.3	4.8
7	45.1	11.1	17.4	5.9	31.2	8.3
8	51.5	9.8	30.9	6.9	41.1	7.0
Total	41.6	6.9	19.9	4.7	31.0	5.0
Had first sexual intercourse before age 11 years						
Race/Ethnicity						
White	8.6	5.0	2.9	1.5	5.8	2.5
Black	23.5	4.8	4.8	3.4	14.3	3.5
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	14.6	6.2	5.8	3.9	10.4	4.1
7	16.3	4.3	3.1	1.9	9.8	2.7
8	17.1	9.1	2.7	1.3	9.9	4.3
Total	15.9	4.7	3.8	1.7	10.0	2.7
Had ≥ 3 sex partners						
Race/Ethnicity						
White	10.0	4.2	2.6	2.0	6.4	2.7
Black	26.6	6.5	8.7	3.2	17.7	3.8
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	9.0	5.6	2.6	2.8	5.9	3.1
7	19.0	7.4	4.7	4.4	11.8	5.2
8	27.7	4.4	10.0	3.6	18.8	3.3
Total	18.1	4.2	5.7	2.3	12.0	2.7

*95% confidence interval.

[†]Non-Hispanic.[§]Not available.

Table 13e. Percentage of Middle School Students Who Had Used a Condom During Last Sexual Intercourse* and Who Had Ever Been Taught About Acquired Immunodeficiency Syndrome (AIDS) or Human Immunodeficiency Virus (HIV) Infection in School, by Sex, Race/Ethnicity, and Grade—Mississippi, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [†] (±)	%	CI (±)	%	CI (±)
Used condom during last sexual intercourse						
Race/Ethnicity						
White [§]	— [¶]	—	—	—	72.6	8.4
Black [§]	74.2	7.1	—	—	71.4	8.1
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	74.1	7.7	—	—	71.3	7.1
8	75.4	7.5	—	—	73.4	6.8
Total	74.7	6.8	66.0	8.2	71.9	6.3
Had been taught in school about AIDS or HIV infection						
Race/Ethnicity						
White	49.5	10.6	49.3	8.6	49.4	9.1
Black	60.8	8.6	67.6	11.3	64.2	8.9
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	36.4	9.9	32.0	12.9	34.2	10.7
7	64.9	8.7	67.3	12.8	66.1	10.4
8	64.1	6.0	76.7	7.6	70.5	6.8
Total	55.0	6.5	58.7	8.7	56.8	7.5

*Among the 31.0% of students who ever had sexual intercourse.

[†]95% confidence interval.

[§]Non-Hispanic.

[¶]Not available.

Table 14e. Percentage of Middle School Students Who Had Participated in Sufficient Vigorous Physical Activity,* Who Had Played on Any Sports Teams,† and Who Had Watched ≥ 3 Hours per Day of TV,§ by Sex, Race/Ethnicity, and Grade—Mississippi, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [¶] (\pm)	%	CI (\pm)	%	CI (\pm)
Participated in sufficient vigorous physical activity						
Race/Ethnicity						
White**	69.8	6.8	62.1	5.8	66.0	5.1
Black**	57.2	9.3	56.6	5.6	56.9	5.6
Hispanic	— ^{††}	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	59.6	10.2	57.9	8.9	58.7	6.0
7	65.6	7.6	65.5	7.3	65.5	6.5
8	65.1	5.2	54.4	6.6	59.7	5.1
Total	63.3	5.9	59.4	4.2	61.4	4.2
Played on any sports teams						
Race/Ethnicity						
White	67.2	5.6	52.0	6.2	59.7	4.7
Black	60.5	6.1	40.8	6.6	50.6	5.0
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	61.0	7.0	44.3	10.5	52.9	7.7
7	68.4	5.6	49.3	9.5	58.7	6.3
8	62.7	7.7	45.0	6.9	53.8	4.6
Total	63.7	4.4	46.5	4.6	55.2	3.9
Watched ≥ 3 hours per day of TV						
Race/Ethnicity						
White	42.4	5.5	43.9	5.9	43.1	5.0
Black	71.1	5.3	73.1	6.9	72.1	4.2
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	51.5	11.4	54.0	11.5	52.8	9.5
7	53.2	7.9	58.1	6.7	55.6	5.4
8	64.8	5.8	63.5	7.2	64.2	4.9
Total	56.5	4.8	58.6	6.1	57.5	4.6

*Exercised or participated in physical activities that made them sweat and breathe hard for ≥ 20 minutes on ≥ 3 of the 7 days preceding the survey (e.g., basketball, soccer, running, swimming laps, fast bicycling, fast dancing, or similar aerobic activities).

†Run by their school or community groups.

§On an average school day.

¶95% confidence interval.

**Non-Hispanic.

††Not available.

Table 15e. Percentage of Middle School Students Who Were Enrolled in Physical Education (PE) Class* and Attended PE Class Daily,† by Sex, Race/Ethnicity, and Grade—Mississippi, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Were enrolled in PE class						
Race/Ethnicity						
White [†]	71.7	7.2	56.4	8.8	64.1	7.3
Black [†]	60.5	8.5	56.8	7.3	58.7	6.6
Hispanic	— ^{**}	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	67.4	9.6	64.3	15.8	65.9	10.5
7	64.0	8.3	53.0	7.5	58.5	6.3
8	66.8	9.8	53.1	7.0	60.0	7.2
Total	66.3	6.7	56.8	5.9	61.5	5.4
Attended PE class daily						
Race/Ethnicity						
White	54.4	10.6	38.7	10.9	46.6	9.3
Black	47.8	7.9	43.6	10.3	45.7	7.0
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	45.8	17.2	42.6	16.1	44.2	14.5
7	50.7	6.9	37.8	9.6	44.2	6.7
8	56.0	9.1	43.1	7.8	49.6	6.5
Total	51.1	7.7	41.2	7.8	46.2	6.5

*On one or more days in an average week when they were in school.

†5 days in an average week when they were in school.

§95% confidence interval.

†Non-Hispanic.

**Not available.

Table 16e. Percentage of Middle School Students Who Were at Risk for Becoming* or Were Overweight,† by Sex, Race/Ethnicity, and Grade—Mississippi, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
At risk for becoming overweight						
Race/Ethnicity						
White [¶]	22.2	5.3	16.3	4.3	19.3	3.2
Black [¶]	20.0	5.9	23.3	4.8	21.7	3.0
Hispanic	— ^{**}	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	21.7	6.5
7	23.4	6.8	22.7	6.1	23.1	4.7
8	15.9	3.4	20.0	4.7	17.9	2.4
Total	21.1	3.9	20.3	3.0	20.7	1.9
Overweight						
Race/Ethnicity						
White	23.6	5.4	6.9	3.1	15.4	3.2
Black	22.6	6.6	20.0	4.5	21.3	4.3
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	23.8	7.7
7	14.6	5.1	14.9	4.8	14.7	3.2
8	24.9	6.5	10.6	4.3	17.9	3.5
Total	22.9	4.3	14.0	3.1	18.5	2.9

*Students who were \geq 85th percentile but $<$ 95th percentile for body mass index, by age and sex, based on reference data.

†Students who were \geq 95th percentile for body mass index, by age and sex, based on reference data.

§95% confidence interval.

¶Non-Hispanic.

**Not available.

Table 17e. Percentage of Middle School Students Who Described Themselves as Slightly or Very Overweight and Who Were Trying To Lose Weight, by Sex, Race/Ethnicity, and Grade—Mississippi, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Described themselves as overweight						
Race/Ethnicity						
White†	27.2	4.0	33.9	5.0	30.6	2.6
Black†	13.7	4.3	24.4	6.4	19.0	3.8
Hispanic	— [§]	—	—	—	—	—
Other	—	—	—	—	30.2	8.0
Grade						
6	18.9	5.3	25.1	6.3	22.0	4.4
7	19.6	5.6	31.9	6.5	25.6	5.1
8	21.8	5.4	30.3	5.5	26.0	3.8
Total	20.2	3.0	29.0	3.9	24.5	2.7
Were trying to lose weight						
Race/Ethnicity						
White	37.3	4.4	64.0	3.8	50.5	3.1
Black	34.4	7.6	50.8	4.4	42.5	5.3
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	53.6	8.8
Grade						
6	37.7	5.7	51.3	7.8	44.4	6.3
7	35.7	5.0	58.0	5.8	46.7	4.5
8	34.4	7.3	62.9	5.7	48.6	5.5
Total	35.9	4.3	57.2	2.5	46.4	2.8

*95% confidence interval.

†Non-Hispanic.

§Not available.

Table 18e. Percentage of Middle School Students Who Had Ever Engaged in Healthy Behaviors Associated with Weight Control To Lose Weight or To Keep from Gaining Weight, by Sex, Race/Ethnicity, and Grade—Mississippi, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight						
Race/Ethnicity						
White†	32.0	4.7	62.7	4.0	47.3	3.2
Black†	32.6	5.9	44.9	7.1	38.7	3.7
Hispanic	— [§]	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	33.9	3.9	46.1	7.6	40.0	5.0
7	31.5	8.9	56.4	7.0	43.9	5.1
8	30.8	7.9	59.6	9.1	45.2	6.3
Total	32.4	3.7	53.8	4.7	43.0	2.4
Exercised to lose weight or to keep from gaining weight						
Race/Ethnicity						
White	63.1	5.1	79.9	4.2	71.5	2.6
Black	60.1	5.6	67.5	7.8	63.8	4.6
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	77.4	10.1
Grade						
6	60.4	7.8	65.6	6.2	63.0	5.4
7	61.8	5.4	80.7	5.5	71.2	4.7
8	63.0	7.0	74.8	5.1	68.9	3.1
Total	61.7	4.4	73.5	4.3	67.6	3.0

*95% confidence interval.

†Non-Hispanic.

§Not available.

Table 19e. Percentage of Middle School Students Who Had Ever Engaged in Unhealthy Behaviors Associated with Weight Control To Lose Weight or To Keep from Gaining Weight, by Sex, Race/Ethnicity, and Grade—Mississippi, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Went without eating for ≥ 24 hours to lose weight or to keep from gaining weight						
Race/Ethnicity						
White [†]	16.4	4.8	30.4	5.2	23.4	4.2
Black [†]	14.7	5.2	27.3	5.0	21.0	3.5
Hispanic	— [§]	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	11.4	6.1	19.6	5.9	15.5	5.0
7	17.4	4.1	32.6	5.2	25.0	3.8
8	18.1	5.9	34.8	5.9	26.4	4.4
Total	15.7	3.9	28.9	4.2	22.2	3.2
Took diet pills, powders, or liquids to lose weight or to keep from gaining weight[†]						
Race/Ethnicity						
White	9.1	3.7	15.2	4.6	12.2	3.5
Black	4.8	2.7	9.5	4.2	7.1	2.4
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	6.7	5.1	6.3	4.1	6.5	3.6
7	5.8	3.4	10.4	2.8	8.1	2.6
8	7.9	3.7	21.0	5.7	14.4	4.5
Total	6.9	1.9	12.4	3.2	9.6	2.1
Vomited or took laxatives to lose weight or to keep from gaining weight						
Race/Ethnicity						
White	5.6	3.1	12.3	3.1	9.0	2.0
Black	9.1	3.3	11.2	4.3	10.1	2.8
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	8.2	4.5	6.9	3.5	7.6	3.1
7	7.6	3.8	10.6	3.7	9.2	2.2
8	6.4	2.6	18.0	4.5	12.2	3.5
Total	7.4	2.3	11.7	2.8	9.5	1.8

*95% confidence interval.

[†]Non-Hispanic.

[§]Not available.

[¶]Without a doctor's advice.

NORTH DAKOTA

MIDDLE SCHOOL YOUTH RISK BEHAVIOR SURVEY

2003

Table 2f. Percentage of Middle School Students Who Had Rarely or Never Worn Seatbelts* and Who Had Ever Ridden in a Car with a Driver Who Had Been Drinking Alcohol, by Sex, Race/Ethnicity, and Grade—North Dakota, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [†] (±)	%	CI (±)	%	CI (±)
Rarely or never wore seat belts						
Race/Ethnicity						
White [§]	16.4	3.7	8.9	2.4	12.8	2.5
Black [§]	— [¶]	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	23.6	8.6
Grade						
6	—	—	—	—	—	—
7	15.7	4.5	9.5	4.8	12.7	3.2
8	19.4	4.5	11.5	3.8	15.6	3.8
Total	17.6	3.5	10.5	3.5	14.1	2.9
Rode with a driver who had been drinking alcohol						
Race/Ethnicity						
White	Question Not Asked					
Black						
Hispanic						
Other						
Grade						
6	Question Not Asked					
7						
8						
Total	Question Not Asked					

*When riding in a car.

[†]95% confidence interval.

[§]Non-Hispanic.

[¶]Not available.

Table 3f. Percentage of Middle School Students Who Had Rarely or Never Worn Bicycle Helmets* or Rollerblade or Skateboard Helmets,† by Sex, Race/Ethnicity, and Grade—North Dakota, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Rarely or never wore bicycle helmets						
Race/Ethnicity						
White [¶]	84.9	3.9	85.0	3.9	85.0	3.4
Black [¶]	—**	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	92.2	5.6
Grade						
6	—	—	—	—	—	—
7	85.2	4.8	79.4	7.2	82.4	5.5
8	87.4	5.0	91.5	4.0	89.4	3.7
Total	86.3	4.0	85.3	4.1	85.8	3.6
Rarely or never wore a helmet when using rollerblades or riding a skateboard						
Race/Ethnicity						
White	85.3	4.4	88.0	3.6	86.8	3.5
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	88.8	6.0
Grade						
6	—	—	—	—	—	—
7	83.3	6.1	82.4	6.9	82.8	6.1
8	88.9	4.4	93.0	2.4	91.1	2.6
Total	86.1	4.0	87.8	3.6	87.0	3.4

*Among the 92.6% of students who had ridden a bicycle.

†Among the 75.4% of students who had used rollerblades or ridden a skateboard.

§95% confidence interval.

¶Non-Hispanic.

**Not available.

Table 4f. Percentage of Middle School Students Who Had Ever Carried a Weapon,* Who Had Ever Been in a Physical Fight, and Who Had Ever Been Hurt in a Physical Fight,† by Sex, Race/Ethnicity, and Grade—North Dakota, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Carried a weapon						
Race/Ethnicity						
White [¶]						
Black [¶]						
Hispanic						
Other						
Grade						
6						
7						
8						
Total						
Were in a physical fight						
Race/Ethnicity						
White						
Black						
Hispanic						
Other						
Grade						
6						
7						
8						
Total						
Were hurt in a physical fight						
Race/Ethnicity						
White						
Black						
Hispanic						
Other						
Grade						
6						
7						
8						
Total						

Question Not Asked

Question Not Asked

Question Not Asked

*For example, a gun, knife, or club.

†Had to be treated by a doctor or nurse.

§95% confidence interval.

¶Non-Hispanic.

Table 5f. Percentage of Middle School Students Who Had Ever Seriously Thought About Killing Themselves, Who Had Ever Made a Plan About How To Kill Themselves, and Who Had Ever Tried To Kill Themselves, by Sex, Race/Ethnicity, and Grade—North Dakota, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Seriously thought about killing themselves						
Race/Ethnicity						
White†						
Black†						
Hispanic						
Other						
Question Not Asked						
Grade						
6						
7						
8						
Total						
Made a plan about how to kill themselves						
Race/Ethnicity						
White						
Black						
Hispanic						
Other						
Question Not Asked						
Grade						
6						
7						
8						
Total						
Tried to kill themselves						
Race/Ethnicity						
White						
Black						
Hispanic						
Other						
Question Not Asked						
Grade						
6						
7						
8						
Total						

*95% confidence interval.
 †Non-Hispanic.

Table 6f. Percentage of Middle School Students Who Had Ever Smoked Cigarettes, by Sex, Race/Ethnicity, and Grade—North Dakota, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Lifetime cigarette use[†]						
Race/Ethnicity						
White [§]	30.5	3.2	26.0	4.9	28.3	3.2
Black [§]	— [¶]	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	66.5	11.5
Grade						
6	—	—	—	—	—	—
7	27.7	6.6	28.2	7.4	27.9	6.1
8	41.5	5.4	34.0	8.7	37.8	5.8
Total	34.6	4.0	31.2	6.3	32.9	4.4
Lifetime daily cigarette use^{**}						
Race/Ethnicity						
White	3.6	1.3	3.5	1.4	3.6	0.9
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	17.4	8.0
Grade						
6	—	—	—	—	—	—
7	3.8	2.2	3.7	1.8	3.8	1.4
8	7.0	2.6	7.2	3.3	7.1	2.3
Total	5.5	1.5	5.4	1.9	5.5	1.3

*95% confidence interval.

[†]Ever tried cigarette smoking, even one or two puffs.[§]Non-Hispanic.[¶]Not available.^{**}Ever smoked at least one cigarette every day for 30 days.

Table 7f. Percentage of Middle School Students Who Smoked Cigarettes, by Sex, Race/Ethnicity, and Grade—North Dakota, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Current cigarette use[†]						
Race/Ethnicity						
White [§]	5.6	2.0	7.4	2.1	6.4	1.6
Black [§]	— [¶]	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	30.0	7.2
Grade						
6	—	—	—	—	—	—
7	4.8	2.6	8.8	5.2	6.8	2.9
8	10.0	3.5	14.1	5.0	12.0	3.4
Total	7.5	2.1	11.6	4.1	9.5	2.6
Current frequent cigarette use^{**}						
Race/Ethnicity						
White	1.9	1.3	1.5	0.9	1.7	0.8
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	9.9	5.9
Grade						
6	—	—	—	—	—	—
7	1.5	1.4	1.7	1.2	1.6	1.0
8	4.2	2.1	3.9	2.2	4.1	1.8
Total	2.9	1.3	2.8	1.3	2.8	1.1

*95% confidence interval.

†Smoked cigarettes on ≥ 1 of the 30 days preceding the survey.

§Non-Hispanic.

¶Not available.

**Smoked cigarettes on ≥ 20 of the 30 days preceding the survey.

Table 8f. Percentage of Middle School Students Who Used Smokeless Tobacco,* Smoked Cigars,[†] and Used Any Tobacco Product,[§] by Sex, Race/Ethnicity, and Grade—North Dakota, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [¶] (±)	%	CI (±)	%	CI (±)
Current smokeless tobacco use						
Race/Ethnicity						
White**	5.1	1.8	1.3	0.8	3.3	1.0
Black**	— ^{††}	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	3.2	3.0
Grade						
6	—	—	—	—	—	—
7	3.4	2.4	1.8	1.3	2.6	1.4
8	6.9	2.2	1.1	0.8	4.0	1.2
Total	5.2	1.7	1.4	0.8	3.3	1.0
Current cigar use						
Race/Ethnicity						
White	3.5	1.5	2.8	1.0	3.2	1.0
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	9.8	4.9
Grade						
6	—	—	—	—	—	—
7	1.9	1.5	3.4	1.7	2.6	1.0
8	6.0	2.1	4.9	2.0	5.5	1.7
Total	4.0	1.3	4.1	1.4	4.1	1.0
Current tobacco use						
Race/Ethnicity						
White	9.5	2.2	8.6	2.3	9.1	1.7
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	30.8	7.0
Grade						
6	—	—	—	—	—	—
7	7.3	3.3	10.5	5.2	8.9	3.1
8	14.7	3.7	14.6	5.0	14.6	3.7
Total	11.1	2.3	12.6	4.0	11.8	2.7

*Used chewing tobacco, snuff, or dip on ≥ 1 of the 30 days preceding the survey.[†]Smoked cigars, cigarillos, or little cigars on ≥ 1 of the 30 days preceding the survey.[§]Reported current cigarette use, current cigar use, or had used chewing tobacco, snuff, or dip on ≥ 1 of the 30 days preceding the survey.[¶]95% confidence interval.

**Non-Hispanic.

††Not available.

Table 9f. Percentage of Middle School Students Who Had Ever Had a Drink of Alcohol,* Who Had Ever Used Marijuana, and Who Had Ever Used Cocaine,† by Sex, Race/Ethnicity, and Grade—North Dakota, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Lifetime alcohol use						
Race/Ethnicity						
White [¶]						
Black [¶]						
Hispanic						
Other						
Grade						
6						
7						
8						
Total						
Lifetime marijuana use						
Race/Ethnicity						
White						
Black						
Hispanic						
Other						
Grade						
6						
7						
8						
Total						
Lifetime cocaine use						
Race/Ethnicity						
White						
Black						
Hispanic						
Other						
Grade						
6						
7						
8						
Total						

Question Not Asked

Question Not Asked

Question Not Asked

*Ever had a drink of alcohol, other than a few sips.
 †Ever used any form of cocaine (e.g., powder, “crack,” or “freebase”).
 §95% confidence interval.
 ¶Non-Hispanic.

Table 10f. Percentage of Middle School Students Who Had Ever Used Inhalants* and Who Had Ever Used Steroids, by Sex, Race/Ethnicity, and Grade—North Dakota, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI† (±)	%	CI (±)	%	CI (±)
Lifetime inhalant use						
Race/Ethnicity						
White§						
Black§						
Hispanic						
Other						
Grade						
6						
7						
8						
Total						
Lifetime steroid use						
Race/Ethnicity						
White						
Black						
Hispanic						
Other						
Grade						
6						
7						
8						
Total						

Question Not Asked

Question Not Asked

*Sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high.

†95% confidence interval.

§Non-Hispanic.

Table 11f. Percentage of Middle School Students Who Had Initiated Drug-Related Behaviors Before Age 11 Years, by Sex, Race/Ethnicity, and Grade—North Dakota, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Smoked a whole cigarette before age 11 years						
Race/Ethnicity						
White†	7.1	2.5	5.7	1.7	6.5	1.6
Black†	— [§]	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	27.1	8.3
Grade						
6	—	—	—	—	—	—
7	6.3	4.0	8.0	4.9	7.1	4.0
8	11.7	3.9	10.0	4.0	10.9	2.6
Total	9.1	3.0	9.0	3.3	9.0	2.7
Had first drink of alcohol before age 11 years[†]						
Race/Ethnicity						
White	16.3	3.3	10.7	2.5	13.6	2.5
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	19.7	4.5
Grade						
6	—	—	—	—	—	—
7	14.5	4.1	12.7	3.8	13.6	2.9
8	18.6	4.1	11.1	3.6	14.9	3.4
Total	16.6	3.0	11.9	2.8	14.3	2.4
Tried marijuana before age 11 years						
Race/Ethnicity						
White	3.0	1.3	1.4	0.9	2.2	0.7
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	13.3	6.2
Grade						
6	—	—	—	—	—	—
7	4.9	3.0	1.1	1.2	3.0	1.6
8	4.4	2.6	3.9	2.3	4.2	1.8
Total	4.6	2.5	2.5	1.4	3.6	1.3

*95% confidence interval.

†Non-Hispanic.

§Not available.

¶Other than a few sips.

Table 12f. Percentage of Middle School Students Who Had Engaged in Sexual Behaviors, by Sex, Race/Ethnicity, and Grade—North Dakota, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Ever had sexual intercourse						
Race/Ethnicity						
White†						
Black†						
Hispanic						
Other						
Grade						
6						
7						
8						
Total						
Had first sexual intercourse before age 11 years						
Race/Ethnicity						
White						
Black						
Hispanic						
Other						
Grade						
6						
7						
8						
Total						
Had ≥ 3 sex partners						
Race/Ethnicity						
White						
Black						
Hispanic						
Other						
Grade						
6						
7						
8						
Total						

Question Not Asked

Question Not Asked

Question Not Asked

*95% confidence interval.

†Non-Hispanic.

Table 13f. Percentage of Middle School Students Who Had Used a Condom During Last Sexual Intercourse and Who Had Ever Been Taught About Acquired Immunodeficiency Syndrome (AIDS) or Human Immunodeficiency Virus (HIV) Infection in School, by Sex, Race/Ethnicity, and Grade—North Dakota, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Used condom during last sexual intercourse						
Race/Ethnicity						
White†						
Black†						
Hispanic						
Other						
Question Not Asked						
Grade						
6						
7						
8						
Total						
Had been taught in school about AIDS or HIV infection						
Race/Ethnicity						
White	85.8	3.5	85.0	3.6	85.5	3.1
Black	— [§]	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	80.2	5.9
Grade						
6	—	—	—	—	—	—
7	85.0	6.2	81.8	5.7	83.4	5.4
8	84.6	3.8	87.5	3.3	86.0	2.8
Total	84.9	3.8	84.7	3.4	84.8	3.2

*95% confidence interval.

†Non-Hispanic.

§Not available.

Table 14f. Percentage of Middle School Students Who Had Participated in Sufficient Vigorous Physical Activity,* Who Had Played on Any Sports Teams,† and Who Had Watched ≥ 3 Hours per Day of TV,§ by Sex, Race/Ethnicity, and Grade—North Dakota, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [¶] (±)	%	CI (±)	%	CI (±)
Participated in sufficient vigorous physical activity						
Race/Ethnicity						
White**	83.8	3.0	80.6	2.8	82.2	2.3
Black**	— ^{††}	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	73.7	7.1
Grade						
6	—	—	—	—	—	—
7	84.8	4.2	80.2	4.3	82.5	3.0
8	80.5	4.4	78.7	3.7	79.6	3.3
Total	82.7	3.1	79.3	2.8	81.0	2.2
Played on any sports teams						
Race/Ethnicity						
White	Question Not Asked					
Black						
Hispanic						
Other						
Other						
Grade						
6	Question Not Asked					
7						
8						
Total	Question Not Asked					
Watched ≥ 3 hours per day of TV						
Race/Ethnicity						
White	33.1	3.4	27.4	3.7	30.3	2.6
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	34.5	7.0
Grade						
6	—	—	—	—	—	—
7	35.4	5.2	28.0	4.7	31.8	3.1
8	33.1	4.2	26.9	4.1	30.1	3.4
Total	34.3	3.5	27.4	3.1	30.9	2.4

*Exercised or participated in physical activities that made them sweat and breathe hard for ≥ 20 minutes on ≥ 3 of the 7 days preceding the survey (e.g., basketball, soccer, running, swimming laps, fast bicycling, fast dancing, or similar aerobic activities).

†Run by their school or community groups.

§On an average school day.

¶95% confidence interval.

**Non-Hispanic.

††Not available.

Table 15f. Percentage of Middle School Students Who Were Enrolled in Physical Education (PE) Class* and Attended PE Class Daily,† by Sex, Race/Ethnicity, and Grade—North Dakota, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Were enrolled in PE class						
Race/Ethnicity						
White [¶]	91.6	3.5	90.6	2.7	91.1	2.8
Black [¶]	—**	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	86.1	6.5
Grade						
6	—	—	—	—	—	—
7	89.8	5.1	91.1	4.6	90.4	4.6
8	91.6	4.1	88.9	3.9	90.3	3.3
Total	90.7	3.4	90.0	3.1	90.3	3.0
Attended PE class daily						
Race/Ethnicity						
White	33.8	6.6	34.2	6.8	34.0	6.2
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	44.7	20.6
Grade						
6	—	—	—	—	—	—
7	30.3	9.5	32.9	12.1	31.6	10.4
8	36.8	10.8	39.8	11.7	38.3	10.6
Total	33.5	7.0	36.4	8.1	34.9	7.1

*On one or more days in an average week when they were in school.

†5 days in an average week when they were in school.

§95% confidence interval.

¶Non-Hispanic.

**Not available.

Table 16f. Percentage of Middle School Students Who Were at Risk for Becoming* or Were Overweight,† by Sex, Race/Ethnicity, and Grade—North Dakota, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
At risk for becoming overweight						
Race/Ethnicity						
White [¶]	18.3	4.0	13.5	3.3	16.0	2.4
Black [¶]	—**	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	24.1	7.6
Grade						
6	—	—	—	—	—	—
7	17.8	4.5	18.2	6.5	18.0	4.7
8	18.5	5.0	13.4	5.0	16.1	2.4
Total	18.2	3.6	15.5	4.5	16.9	2.8
Overweight						
Race/Ethnicity						
White	14.4	2.7	7.2	2.3	11.0	1.9
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	12.6	5.7
Grade						
6	—	—	—	—	—	—
7	18.6	4.6	10.4	3.7	14.6	3.2
8	9.6	2.7	6.7	2.9	8.2	2.1
Total	13.6	2.4	8.3	2.6	11.0	1.8

*Students who were \geq 85th percentile but $<$ 95th percentile for body mass index, by age and sex, based on reference data.

†Students who were \geq 95th percentile for body mass index, by age and sex, based on reference data.

§95% confidence interval.

¶Non-Hispanic.

**Not available.

Table 17f. Percentage of Middle School Students Who Described Themselves as Slightly or Very Overweight and Who Were Trying To Lose Weight, by Sex, Race/Ethnicity, and Grade—North Dakota, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Described themselves as overweight						
Race/Ethnicity						
White†	25.7	3.5	36.5	3.4	30.9	2.7
Black†	— [§]	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	38.1	8.2
Grade						
6	—	—	—	—	—	—
7	26.9	4.6	34.4	5.2	30.6	3.6
8	26.0	3.8	39.2	4.7	32.5	3.7
Total	26.5	3.1	36.8	3.2	31.5	2.4
Were trying to lose weight						
Race/Ethnicity						
White	33.8	3.9	61.7	2.9	47.1	2.9
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	50.9	7.7
Grade						
6	—	—	—	—	—	—
7	35.1	6.0	58.7	4.8	46.7	3.4
8	35.7	4.6	61.7	4.6	48.4	3.8
Total	35.5	4.5	60.3	3.2	47.6	2.8

*95% confidence interval.

†Non-Hispanic.

§Not available.

Table 18f. Percentage of Middle School Students Who Had Ever Engaged in Healthy Behaviors Associated with Weight Control To Lose Weight or To Keep from Gaining Weight, by Sex, Race/Ethnicity, and Grade—North Dakota, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight						
Race/Ethnicity						
White†						
Black†						
Hispanic						
Other						
Grade						
6						
7						
8						
Total						
Exercised to lose weight or to keep from gaining weight						
Race/Ethnicity						
White						
Black						
Hispanic						
Other						
Grade						
6						
7						
8						
Total						

Question Not Asked

Question Not Asked

*95% confidence interval.

†Non-Hispanic.

Table 19f. Percentage of Middle School Students Who Had Ever Engaged in Unhealthy Behaviors Associated with Weight Control To Lose Weight or To Keep from Gaining Weight, by Sex, Race/Ethnicity, and Grade—North Dakota, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Went without eating for ≥ 24 hours to lose weight or to keep from gaining weight						
Race/Ethnicity						
White†						
Black†						
Hispanic						
Other						
Question Not Asked						
Grade						
6						
7						
8						
Total						
Took diet pills, powders, or liquids to lose weight or to keep from gaining weight§						
Race/Ethnicity						
White						
Black						
Hispanic						
Other						
Question Not Asked						
Grade						
6						
7						
8						
Total						
Vomited or took laxatives to lose weight or to keep from gaining weight						
Race/Ethnicity						
White						
Black						
Hispanic						
Other						
Question Not Asked						
Grade						
6						
7						
8						
Total						

*95% confidence interval.
 †Non-Hispanic.
 §Without a doctor’s advice.

WYOMING

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Table 2g. Percentage of Middle School Students Who Had Rarely or Never Worn Seatbelts* and Who Had Ever Ridden in a Car with a Driver Who Had Been Drinking Alcohol, by Sex, Race/Ethnicity, and Grade—Wyoming, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [†] (±)	%	CI (±)	%	CI (±)
Rarely or never wore seat belts						
Race/Ethnicity						
White [§]	16.5	3.0	11.5	2.2	14.2	1.9
Black [§]	— [¶]	—	—	—	—	—
Hispanic	—	—	—	—	27.0	7.0
Other	18.5	7.3	—	—	18.8	5.8
Grade						
6	15.0	6.6	11.7	6.0	13.4	3.7
7	17.7	4.7	9.6	3.5	13.8	3.6
8	19.1	3.9	16.7	2.8	18.1	2.6
Total	18.1	2.7	13.0	2.0	15.7	1.8
Rode with a driver who had been drinking alcohol						
Race/Ethnicity						
White	38.0	4.2	39.7	3.8	38.8	3.0
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	50.0	8.8
Other	40.4	8.8	—	—	45.5	7.3
Grade						
6	34.2	9.1	27.6	7.2	31.2	6.0
7	34.5	5.6	40.8	5.7	37.5	3.8
8	45.0	4.0	47.7	5.5	46.3	3.7
Total	39.1	3.8	41.3	3.5	40.1	2.7

*When riding in a car.

†95% confidence interval.

§Non-Hispanic.

¶Not available.

Table 3g. Percentage of Middle School Students Who Had Rarely or Never Worn Bicycle Helmets* or Rollerblade or Skateboard Helmets,† by Sex, Race/Ethnicity, and Grade—Wyoming, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Rarely or never wore bicycle helmets						
Race/Ethnicity						
White [¶]	71.9	4.4	64.1	4.2	68.3	3.4
Black [¶]	—**	—	—	—	—	—
Hispanic	—	—	—	—	81.7	6.9
Other	77.9	7.2	—	—	76.8	6.5
Grade						
6	67.3	8.9	58.7	9.9	63.4	8.3
7	69.9	6.3	62.4	7.2	66.4	5.4
8	80.5	5.3	73.5	5.8	77.2	4.5
Total	73.7	3.9	65.8	3.8	70.0	3.0
Rarely or never wore a helmet when using rollerblades or riding a skateboard						
Race/Ethnicity						
White	71.5	4.5	74.5	4.3	73.0	3.0
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	87.8	6.6
Other	—	—	—	—	76.3	8.1
Grade						
6	67.8	11.2	67.8	12.0	67.8	9.2
7	69.7	7.1	70.9	6.1	70.3	4.8
8	79.1	5.9	84.7	4.5	81.9	3.9
Total	72.7	3.8	75.6	3.9	74.1	2.6

*Among the 89.8% of students who had ridden a bicycle.

†Among the 65.6% of students who had used rollerblades or ridden a skateboard.

§95% confidence interval.

¶Non-Hispanic.

**Not available.

Table 4g. Percentage of Middle School Students Who Had Ever Carried a Weapon,* Who Had Ever Been in a Physical Fight, and Who Had Ever Been Hurt in a Physical Fight,† by Sex, Race/Ethnicity, and Grade—Wyoming, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Carried a weapon						
Race/Ethnicity						
White [¶]	69.7	3.5	26.1	3.0	48.9	3.1
Black [¶]	—**	—	—	—	—	—
Hispanic	—	—	—	—	45.8	6.7
Other	72.9	6.8	—	—	59.2	6.5
Grade						
6	70.0	8.9	27.4	7.1	50.0	9.1
7	65.6	5.5	21.5	4.4	44.5	4.8
8	74.5	3.4	29.9	4.7	53.4	3.9
Total	69.7	3.1	26.4	2.7	49.3	2.8
Were in a physical fight						
Race/Ethnicity						
White	69.8	3.7	34.8	3.4	53.2	3.0
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	66.7	8.7
Other	72.3	6.9	—	—	66.0	5.5
Grade						
6	71.2	9.9	26.5	6.3	49.7	6.2
7	70.9	5.7	41.1	6.5	56.7	4.9
8	71.9	3.9	37.6	4.4	55.7	3.2
Total	71.3	3.3	37.2	3.2	55.3	2.7
Were hurt in a physical fight						
Race/Ethnicity						
White	10.6	2.0	2.6	1.1	6.7	1.2
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	7.9	4.4
Other	12.4	6.1	—	—	13.4	5.2
Grade						
6	9.2	5.3	3.4	1.9	6.5	2.8
7	10.8	3.2	2.8	1.9	7.0	2.1
8	10.8	2.8	3.2	1.5	7.3	1.8
Total	10.5	1.8	3.4	1.0	7.2	1.2

*For example, a gun, knife, or club.

†Had to be treated by a doctor or nurse.

§95% confidence interval.

¶Non-Hispanic.

**Not available.

Table 5g. Percentage of Middle School Students Who Had Ever Seriously Thought About Killing Themselves, Who Had Ever Made a Plan About How To Kill Themselves, and Who Had Ever Tried To Kill Themselves, by Sex, Race/Ethnicity, and Grade—Wyoming, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Seriously thought about killing themselves						
Race/Ethnicity						
White†	17.4	2.5	25.2	3.4	21.1	2.2
Black†	— [§]	—	—	—	—	—
Hispanic	—	—	—	—	29.5	7.1
Other	26.2	8.7	—	—	34.9	7.2
Grade						
6	16.1	6.2	21.5	4.9	18.7	4.1
7	18.1	4.1	27.0	5.9	22.4	3.5
8	19.0	3.7	30.8	4.8	24.6	3.2
Total	18.1	2.5	27.6	3.1	22.6	2.1
Made a plan about how to kill themselves						
Race/Ethnicity						
White	14.5	2.8	16.8	2.9	15.6	2.1
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	18.8	6.6
Other	16.9	7.2	—	—	23.8	6.1
Grade						
6	9.7	5.5	12.3	5.7	11.0	4.1
7	15.1	4.7	16.7	3.7	15.9	2.9
8	15.9	3.8	22.1	4.9	18.8	3.4
Total	14.5	2.7	18.3	2.6	16.3	2.0
Tried to kill themselves						
Race/Ethnicity						
White	7.6	1.9	10.6	2.6	9.0	1.6
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	11.7	4.8
Other	13.0	6.2	—	—	17.3	5.6
Grade						
6	5.8	4.1	6.5	3.7	6.1	2.4
7	7.7	3.0	10.7	4.2	9.1	2.4
8	9.1	2.5	13.6	3.2	11.4	2.0
Total	8.0	1.7	11.3	2.5	9.6	1.5

*95% confidence interval.

†Non-Hispanic.

§Not available.

Table 6g. Percentage of Middle School Students Who Had Ever Smoked Cigarettes, by Sex, Race/Ethnicity, and Grade—Wyoming, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (\pm)	%	CI (\pm)	%	CI (\pm)
Lifetime cigarette use[†]						
Race/Ethnicity						
White [§]	32.2	3.6	33.2	4.5	32.7	3.1
Black [§]	— [‡]	—	—	—	—	—
Hispanic	—	—	—	—	50.1	7.1
Other	46.8	8.2	—	—	52.1	7.8
Grade						
6	25.8	7.3	18.7	6.5	22.6	4.8
7	35.2	5.7	39.0	7.2	37.0	5.1
8	36.8	5.2	38.6	5.0	37.7	4.0
Total	34.6	3.2	35.4	4.2	35.0	2.8
Lifetime daily cigarette use^{**}						
Race/Ethnicity						
White	6.6	1.7	6.7	2.2	6.7	1.4
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	6.5	3.9
Other	9.9	5.7	—	—	12.1	5.1
Grade						
6	1.6	1.7	5.5	4.3	3.5	2.3
7	5.7	2.5	6.7	2.6	6.2	1.8
8	9.7	2.7	7.2	2.5	8.5	2.2
Total	6.8	1.6	6.8	2.0	6.8	1.4

*95% confidence interval.

[†]Ever tried cigarette smoking, even one or two puffs.[§]Non-Hispanic.[‡]Not available.^{**}Ever smoked at least one cigarette every day for 30 days.

Table 7g. Percentage of Middle School Students Who Smoked Cigarettes, by Sex, Race/Ethnicity, and Grade—Wyoming, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Current cigarette use[†]						
Race/Ethnicity						
White [§]	8.9	2.2	10.5	2.6	9.7	1.8
Black [§]	— [¶]	—	—	—	—	—
Hispanic	—	—	—	—	13.5	4.7
Other	11.7	6.6	—	—	14.9	5.5
Grade						
6	3.4	2.6	7.8	4.9	5.5	2.9
7	8.0	3.1	10.4	3.6	9.1	2.5
8	12.4	3.4	12.7	3.0	12.5	2.7
Total	9.3	2.0	11.1	2.4	10.2	1.7
Current frequent cigarette use^{**}						
Race/Ethnicity						
White	2.9	1.6	3.2	1.3	3.0	1.1
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	2.5	2.2
Other	6.7	4.9	—	—	6.9	4.3
Grade						
6	1.6	1.8	2.4	2.2	2.0	1.3
7	3.0	2.7	2.8	1.7	2.9	1.6
8	3.4	1.9	3.9	1.8	3.7	1.6
Total	3.0	1.4	3.4	1.2	3.2	1.0

*95% confidence interval.

[†]Smoked cigarettes on ≥ 1 of the 30 days preceding the survey.

[§]Non-Hispanic.

[¶]Not available.

^{**}Smoked cigarettes on ≥ 20 of the 30 days preceding the survey.

Table 8g. Percentage of Middle School Students Who Used Smokeless Tobacco,* Smoked Cigars,† and Used Any Tobacco Product,§ by Sex, Race/Ethnicity, and Grade—Wyoming, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Current smokeless tobacco use						
Race/Ethnicity						
White**	7.8	2.4	3.8	1.3	5.9	1.3
Black**	— ^{††}	—	—	—	—	—
Hispanic	—	—	—	—	5.7	3.8
Other	14.3	6.8	—	—	11.2	4.5
Grade						
6	5.0	3.9	4.6	2.6	4.8	2.1
7	8.5	3.9	3.3	1.8	6.0	2.2
8	9.0	2.9	4.1	1.9	6.8	1.7
Total	8.2	2.0	3.9	1.1	6.2	1.1
Current cigar use						
Race/Ethnicity						
White	6.3	1.7	3.2	1.1	4.8	1.0
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	5.4	3.5
Other	14.6	7.4	—	—	13.1	5.3
Grade						
6	4.0	3.2	5.0	3.4	4.5	2.3
7	7.0	3.1	2.2	1.6	4.7	1.8
8	8.8	3.0	3.4	1.9	6.4	2.0
Total	7.3	1.8	3.4	1.1	5.5	1.1
Current tobacco use						
Race/Ethnicity						
White	14.6	3.1	12.9	2.6	13.9	2.1
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	17.9	4.8
Other	22.5	9.0	—	—	22.6	6.9
Grade						
6	5.9	4.3	11.6	4.8	8.7	3.5
7	14.8	4.1	13.0	4.2	14.0	2.8
8	19.3	4.5	14.8	3.2	17.2	3.0
Total	15.5	2.8	13.5	2.5	14.6	1.9

*Used chewing tobacco, snuff, or dip on ≥ 1 of the 30 days preceding the survey.†Smoked cigars, cigarillos, or little cigars on ≥ 1 of the 30 days preceding the survey.§Reported current cigarette use, current cigar use, or had used chewing tobacco, snuff, or dip on ≥ 1 of the 30 days preceding the survey.

¶95% confidence interval.

**Non-Hispanic.

††Not available.

Table 9g. Percentage of Middle School Students Who Had Ever Had a Drink of Alcohol,* Who Had Ever Used Marijuana, and Who Had Ever Used Cocaine,† by Sex, Race/Ethnicity, and Grade—Wyoming, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Lifetime alcohol use						
Race/Ethnicity						
White [¶]	47.8	4.2	40.1	4.2	44.1	3.3
Black [¶]	—**	—	—	—	—	—
Hispanic	—	—	—	—	58.4	8.4
Other	52.5	10.5	—	—	52.8	8.2
Grade						
6	33.6	7.9	21.5	8.1	28.0	6.2
7	49.0	6.4	38.4	6.4	43.8	5.0
8	56.2	5.9	53.0	5.9	54.7	5.0
Total	49.5	4.0	41.9	3.9	45.8	3.2
Lifetime marijuana use						
Race/Ethnicity						
White	12.9	2.7	10.7	2.6	11.8	1.9
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	27.1	6.6
Other	17.8	10.7	—	—	20.4	11.3
Grade						
6	3.9	2.8	4.8	3.3	4.3	2.2
7	13.9	4.2	11.6	4.6	12.7	3.7
8	18.9	4.5	16.2	5.0	17.6	3.7
Total	14.3	2.8	12.3	2.6	13.3	2.0
Lifetime cocaine use						
Race/Ethnicity						
White	6.6	2.0	4.9	1.5	5.8	1.3
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	7.2	3.7
Other	7.8	5.6	—	—	8.6	4.5
Grade						
6	5.9	3.5	2.2	1.9	4.1	2.0
7	7.2	3.7	4.6	2.3	5.9	2.2
8	6.7	2.5	7.1	2.6	6.9	2.0
Total	6.8	1.9	5.3	1.6	6.1	1.3

*Ever had a drink of alcohol, other than a few sips.

†Ever used any form of cocaine (e.g., powder, “crack,” or “freebase”).

§95% confidence interval.

¶Non-Hispanic.

**Not available.

Table 10g. Percentage of Middle School Students Who Had Ever Used Inhalants* and Who Had Ever Used Steroids, by Sex, Race/Ethnicity, and Grade—Wyoming, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [†] (±)	%	CI (±)	%	CI (±)
Lifetime inhalant use						
Race/Ethnicity						
White [§]	14.9	2.9	12.2	2.5	13.6	2.2
Black [§]	— [¶]	—	—	—	—	—
Hispanic	—	—	—	—	19.6	6.6
Other	19.2	8.7	—	—	22.2	6.4
Grade						
6	13.4	3.4	9.6	3.9	11.7	2.4
7	16.2	4.5	13.5	3.8	14.9	3.3
8	16.6	4.0	14.7	3.8	15.7	3.0
Total	15.8	2.7	13.4	2.2	14.6	2.0
Lifetime steroid use						
Race/Ethnicity						
White	5.2	1.9	2.2	1.2	3.8	1.1
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	1.4	1.5
Other	8.1	5.1	—	—	8.5	4.6
Grade						
6	3.1	2.6	1.0	1.4	2.1	1.4
7	5.1	2.9	2.6	1.9	3.9	1.8
8	5.6	2.3	2.0	1.5	3.9	1.4
Total	5.1	1.6	2.4	1.1	3.8	1.0

*Sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high.

†95% confidence interval.

§Non-Hispanic.

¶Not available.

Table 1 | g. Percentage of Middle School Students Who Had Initiated Drug-Related Behaviors Before Age 11 Years, by Sex, Race/Ethnicity, and Grade—Wyoming, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Smoked a whole cigarette before age 11 years						
Race/Ethnicity						
White [†]	10.1	1.8	8.9	2.4	9.6	1.5
Black [†]	— [§]	—	—	—	—	—
Hispanic	—	—	—	—	16.6	5.4
Other	14.4	6.5	—	—	19.5	6.0
Grade						
6	8.2	3.8	7.9	4.5	8.1	2.9
7	11.4	2.9	10.3	3.7	10.9	2.2
8	11.4	2.2	9.7	3.5	10.6	2.2
Total	10.9	1.6	10.1	2.3	10.6	1.5
Had first drink of alcohol before age 11 years[†]						
Race/Ethnicity						
White	22.8	3.3	13.1	2.9	18.1	2.4
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	28.6	7.6
Other	33.3	9.8	—	—	30.1	7.1
Grade						
6	20.1	4.6	13.9	6.4	17.2	4.3
7	26.7	6.0	14.1	3.8	20.6	3.4
8	23.8	4.7	14.1	3.8	19.2	3.4
Total	24.5	3.3	14.4	2.6	19.7	2.3
Tried marijuana before age 11 years						
Race/Ethnicity						
White	3.9	1.3	1.8	1.0	2.9	0.8
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	4.3	3.3
Other	4.0	3.7	—	—	3.8	2.7
Grade						
6	3.7	2.8	2.5	2.0	3.1	1.9
7	4.8	2.4	2.8	1.7	3.8	1.5
8	2.8	1.6	1.3	1.1	2.1	0.9
Total	3.7	1.3	2.1	0.9	3.0	0.8

*95% confidence interval.

[†]Non-Hispanic.

[§]Not available.

[¶]Other than a few sips.

Table 12g. Percentage of Middle School Students Who Had Engaged in Sexual Behaviors, by Sex, Race/Ethnicity, and Grade—Wyoming, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Ever had sexual intercourse						
Race/Ethnicity						
White [†]	18.7	2.7	9.4	2.4	14.1	2.0
Black [†]	— [§]	—	—	—	—	—
Hispanic	—	—	—	—	26.8	8.1
Other	28.7	9.3	—	—	25.5	6.0
Grade						
6	12.1	5.6	5.0	3.8	8.6	3.9
7	20.2	5.7	11.0	3.9	15.6	3.9
8	25.2	3.8	12.5	3.4	19.1	2.8
Total	20.8	2.7	10.7	2.3	15.9	2.0
Had first sexual intercourse before age 11 years						
Race/Ethnicity						
White	7.2	2.4	1.8	1.1	4.6	1.4
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	4.9	3.5
Other	10.3	6.1	—	—	9.5	4.7
Grade						
6	5.2	3.8	2.6	2.4	3.9	2.3
7	8.4	4.4	2.7	1.6	5.6	2.6
8	6.9	2.2	1.4	1.2	4.3	1.4
Total	7.3	2.1	2.2	1.1	4.9	1.2
Had ≥ 3 sex partners						
Race/Ethnicity						
White	6.6	2.2	2.9	1.2	4.8	1.4
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	7.6	5.4
Other	11.6	5.6	—	—	11.2	4.8
Grade						
6	3.1	3.1	2.1	2.5	2.6	2.1
7	8.5	4.7	1.9	1.5	5.2	2.8
8	8.2	2.5	4.6	2.1	6.5	1.4
Total	7.6	2.2	3.1	1.1	5.4	1.4

*95% confidence interval.

†Non-Hispanic.

§Not available.

Table 13g. Percentage of Middle School Students Who Had Used a Condom During Last Sexual Intercourse* and Who Had Ever Been Taught About Acquired Immunodeficiency Syndrome (AIDS) or Human Immunodeficiency Virus (HIV) Infection in School, by Sex, Race/Ethnicity, and Grade—Wyoming, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [†] (±)	%	CI (±)	%	CI (±)
Used condom during last sexual intercourse						
Race/Ethnicity						
White [§]	59.6	10.6	— [¶]	—	63.9	9.7
Black [§]	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	65.0	11.5
8	58.1	12.5	—	—	65.1	12.0
Total	60.6	8.6	—	—	63.7	7.9
Had been taught in school about AIDS or HIV infection						
Race/Ethnicity						
White	75.6	5.0	74.7	5.7	75.1	4.6
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	75.4	8.7
Other	66.3	10.8	—	—	68.2	8.6
Grade						
6	55.3	12.4	52.8	14.9	54.1	12.1
7	73.0	8.8	70.5	8.0	71.8	7.2
8	84.1	4.2	87.9	5.2	85.8	4.4
Total	74.9	4.9	74.6	5.5	74.6	4.4

*Among the 15.9% of students who ever had sexual intercourse.

[†]95% confidence interval.

[§]Non-Hispanic.

[¶]Not available.

Table 14g. Percentage of Middle School Students Who Had Participated in Sufficient Vigorous Physical Activity,* Who Had Played on Any Sports Teams,† and Who Had Watched ≥ 3 Hours per Day of TV,§ by Sex, Race/Ethnicity, and Grade—Wyoming, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [¶] (\pm)	%	CI (\pm)	%	CI (\pm)
Participated in sufficient vigorous physical activity						
Race/Ethnicity						
White**	81.1	2.6	82.7	3.1	81.9	2.0
Black**	— ^{††}	—	—	—	—	—
Hispanic	—	—	—	—	77.5	6.0
Other	77.3	6.5	—	—	79.3	5.5
Grade						
6	75.6	6.1	83.6	6.7	79.5	5.2
7	81.0	4.5	82.7	4.1	81.9	3.3
8	80.6	3.2	81.6	4.7	80.9	3.0
Total	80.1	2.4	82.4	2.8	81.2	2.0
Played on any sports teams						
Race/Ethnicity						
White	73.5	4.0	71.4	3.6	72.4	2.8
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	63.6	7.0
Other	67.3	8.8	—	—	66.9	6.6
Grade						
6	68.7	7.8	69.9	6.3	69.3	5.0
7	73.3	5.9	71.0	5.6	72.2	4.5
8	75.6	5.0	69.7	5.4	72.7	4.2
Total	73.1	3.7	70.3	3.3	71.6	2.7
Watched ≥ 3 hours per day of TV						
Race/Ethnicity						
White	31.3	3.4	28.2	3.4	29.8	2.5
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	43.1	8.6
Other	36.0	10.0	—	—	37.3	7.0
Grade						
6	34.7	6.9	24.1	7.1	29.7	4.4
7	30.5	5.4	30.0	6.0	30.2	4.3
8	32.9	4.3	31.0	4.3	32.0	3.1
Total	33.3	3.2	29.4	3.0	31.4	2.3

*Exercised or participated in physical activities that made them sweat and breathe hard for ≥ 20 minutes on ≥ 3 of the 7 days preceding the survey (e.g., basketball, soccer, running, swimming laps, fast bicycling, fast dancing, or similar aerobic activities).

†Run by their school or community groups.

§On an average school day.

¶95% confidence interval.

**Non-Hispanic.

††Not available.

Table 15g. Percentage of Middle School Students Who Were Enrolled in Physical Education (PE) Class* and Attended PE Class Daily,† by Sex, Race/Ethnicity, and Grade—Wyoming, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Were enrolled in PE class						
Race/Ethnicity						
White [¶]	88.7	3.6	86.8	3.6	87.8	3.1
Black [¶]	—**	—	—	—	—	—
Hispanic	—	—	—	—	90.5	4.5
Other	86.8	5.6	—	—	84.8	5.1
Grade						
6	96.7	2.3	94.2	4.8	95.5	2.9
7	84.9	6.1	84.4	6.9	84.7	5.7
8	90.3	5.7	87.0	5.7	88.8	5.1
Total	88.8	3.5	87.0	3.5	88.0	2.9
Attended PE class daily						
Race/Ethnicity						
White	55.7	7.0	56.7	6.4	56.1	5.8
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	56.7	9.5
Other	50.3	11.6	—	—	48.9	11.5
Grade						
6	43.6	20.7	48.4	18.1	45.8	17.9
7	65.4	9.7	65.9	11.5	65.6	9.4
8	50.0	9.9	50.5	8.6	50.2	8.5
Total	55.4	6.8	56.6	6.1	55.9	5.5

*On one or more days in an average week when they were in school.

†5 days in an average week when they were in school.

§95% confidence interval.

¶Non-Hispanic.

**Not available.

Table 16g. Percentage of Middle School Students Who Were at Risk for Becoming* or Were Overweight,† by Sex, Race/Ethnicity, and Grade—Wyoming, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
At risk for becoming overweight						
Race/Ethnicity						
White [†]	15.9	3.2	11.8	2.4	14.0	2.0
Black [†]	—**	—	—	—	—	—
Hispanic	—	—	—	—	15.6	6.2
Other	—	—	—	—	11.0	4.8
Grade						
6	25.1	7.8	15.0	7.2	20.8	5.3
7	16.5	4.8	9.8	3.8	13.3	2.8
8	12.0	3.6	14.1	3.6	12.9	2.7
Total	15.7	2.8	12.2	2.4	14.1	1.8
Overweight						
Race/Ethnicity						
White	9.3	2.4	7.6	2.3	8.5	1.7
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	10.7	4.5
Other	—	—	—	—	11.2	5.5
Grade						
6	15.5	8.0	10.4	5.6	13.3	5.5
7	9.7	3.7	8.1	4.5	9.0	2.6
8	8.8	2.7	6.2	2.8	7.6	2.1
Total	10.1	2.2	7.7	2.2	9.0	1.6

*Students who were \geq 85th percentile but $<$ 95th percentile for body mass index, by age and sex, based on reference data.

†Students who were \geq 95th percentile for body mass index, by age and sex, based on reference data.

§95% confidence interval.

†Non-Hispanic.

**Not available.

Table 17g. Percentage of Middle School Students Who Described Themselves as Slightly or Very Overweight and Who Were Trying To Lose Weight, by Sex, Race/Ethnicity, and Grade—Wyoming, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Described themselves as overweight						
Race/Ethnicity						
White†	20.9	3.2	32.8	3.2	26.6	2.5
Black†	— [§]	—	—	—	—	—
Hispanic	—	—	—	—	28.4	7.7
Other	25.0	7.3	—	—	29.8	6.9
Grade						
6	24.4	6.5	28.4	6.3	26.3	4.2
7	20.9	5.2	31.9	5.6	26.2	3.9
8	18.9	3.6	38.4	5.5	28.0	3.6
Total	21.1	3.0	33.7	3.0	27.0	2.3
Were trying to lose weight						
Race/Ethnicity						
White	29.5	3.7	51.5	3.6	40.0	3.0
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	46.4	7.6
Other	38.6	10.0	—	—	45.9	7.7
Grade						
6	33.5	4.6	47.1	6.4	40.1	4.4
7	31.5	5.7	48.8	6.0	39.8	4.6
8	25.6	4.4	59.7	4.7	41.6	4.1
Total	29.7	3.3	52.8	3.4	40.6	2.7

*95% confidence interval.

†Non-Hispanic.

§Not available.

Table 18g. Percentage of Middle School Students Who Had Ever Engaged in Healthy Behaviors Associated with Weight Control To Lose Weight or To Keep from Gaining Weight, by Sex, Race/Ethnicity, and Grade—Wyoming, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight						
Race/Ethnicity						
White [†]	30.3	3.7	52.2	3.6	40.8	2.7
Black [‡]	— [§]	—	—	—	—	—
Hispanic	—	—	—	—	43.0	7.1
Other	29.3	7.9	—	—	42.3	7.4
Grade						
6	39.5	5.8	42.0	6.3	40.8	4.7
7	29.7	6.3	48.4	5.4	38.7	4.6
8	25.7	4.1	62.0	4.9	42.8	2.9
Total	30.1	3.2	52.8	3.5	40.8	2.5
Exercised to lose weight or to keep from gaining weight						
Race/Ethnicity						
White	58.2	4.8	75.3	3.1	66.4	2.8
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	70.1	8.3
Other	58.7	9.8	—	—	63.2	7.7
Grade						
6	59.2	10.5	73.3	7.3	66.0	6.5
7	58.3	5.6	72.9	5.2	65.3	4.0
8	56.9	5.3	78.6	4.3	67.0	2.9
Total	57.9	4.1	75.3	3.1	66.1	2.5

*95% confidence interval.

†Non-Hispanic.

§Not available.

Table 19g. Percentage of Middle School Students Who Had Ever Engaged in Unhealthy Behaviors Associated with Weight Control To Lose Weight or To Keep from Gaining Weight, by Sex, Race/Ethnicity, and Grade—Wyoming, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Went without eating for ≥ 24 hours to lose weight or to keep from gaining weight						
Race/Ethnicity						
White†	16.6	2.9	22.2	3.1	19.3	2.0
Black†	— [§]	—	—	—	—	—
Hispanic	—	—	—	—	22.6	7.8
Other	21.6	7.0	—	—	26.8	6.1
Grade						
6	11.2	5.8	15.6	4.0	13.4	4.0
7	19.0	5.4	20.3	4.3	19.6	3.5
8	16.5	3.1	30.4	4.8	23.0	2.7
Total	16.8	2.8	23.5	3.1	19.9	2.1
Took diet pills, powders, or liquids to lose weight or to keep from gaining weight[¶]						
Race/Ethnicity						
White	4.0	1.6	10.3	2.1	7.0	1.3
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	11.7	5.8
Other	7.8	4.4	—	—	12.1	5.0
Grade						
6	1.6	1.5	5.4	4.2	3.5	2.5
7	3.8	2.6	9.3	3.4	6.5	2.0
8	6.3	2.5	15.7	3.8	10.7	1.9
Total	4.5	1.6	11.3	2.1	7.7	1.3
Vomited or took laxatives to lose weight or to keep from gaining weight						
Race/Ethnicity						
White	3.7	1.5	8.4	1.7	6.0	1.2
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	7.8	4.1
Other	6.7	5.1	—	—	8.3	3.5
Grade						
6	4.3	2.6	4.5	2.5	4.5	1.6
7	4.1	2.5	6.4	2.2	5.2	1.7
8	3.3	1.7	13.4	2.9	8.1	1.8
Total	3.9	1.4	8.8	1.6	6.2	1.1

*95% confidence interval.

†Non-Hispanic.

§Not available.

¶Without a doctor's advice.

DALLAS INDEPENDENT SCHOOL DISTRICT, TX

MIDDLE SCHOOL YOUTH RISK BEHAVIOR SURVEY

2003

Table 2h. Percentage of Middle School Students Who Had Rarely or Never Worn Seatbelts* and Who Had Ever Ridden in a Car with a Driver Who Had Been Drinking Alcohol, by Sex, Race/Ethnicity, and Grade—Dallas ISD, TX, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [†] (±)	%	CI (±)	%	CI (±)
Rarely or never wore seat belts						
Race/Ethnicity						
White [§]	— [¶]	—	—	—	—	—
Black [§]	11.1	3.5	11.9	3.8	11.5	2.7
Hispanic	15.5	3.6	12.8	3.6	14.2	2.2
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	14.3	3.2	12.0	2.4	13.1	1.7
Total	14.4	3.1	12.0	2.4	13.2	1.7
Rode with a driver who had been drinking alcohol						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	48.8	5.6	53.2	5.0	51.2	3.3
Hispanic	65.9	5.2	59.2	5.5	62.8	2.7
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	59.6	3.7	56.7	3.6	58.2	2.0
Total	59.4	3.7	56.9	3.5	58.2	2.0

*When riding in a car.

[†]95% confidence interval.

[§]Non-Hispanic.

[¶]Not available.

Table 3h. Percentage of Middle School Students Who Had Rarely or Never Worn Bicycle Helmets* or Rollerblade or Skateboard Helmets,† by Sex, Race/Ethnicity, and Grade—Dallas ISD, TX, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Rarely or never wore bicycle helmets						
Race/Ethnicity						
White [¶]	—**	—	—	—	—	—
Black [¶]	92.8	3.0	91.4	3.4	92.2	2.2
Hispanic	90.9	3.6	91.3	3.9	91.1	2.8
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	91.5	2.5	90.0	2.9	90.9	1.9
Total	91.1	2.5	90.1	2.8	90.7	1.9
Rarely or never wore a helmet when using rollerblades or riding a skateboard						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	90.8	5.9	89.8	3.9	90.3	3.7
Hispanic	86.6	5.9	90.4	5.6	88.4	4.5
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	89.1	3.8	88.5	3.6	88.8	2.6
Total	88.8	3.9	88.4	3.5	88.7	2.7

*Among 71.9% of students who had ridden a bicycle.

†Among 42.6% of students who used rollerblades or ridden a skateboard.

§95% confidence interval.

¶Non-Hispanic.

**Not available.

Table 4h. Percentage of Middle School Students Who Had Ever Carried a Weapon,* Who Had Ever Been in a Physical Fight, and Who Had Ever Been Hurt in a Physical Fight,† by Sex, Race/Ethnicity, and Grade—Dallas ISD, TX, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Carried a weapon						
Race/Ethnicity						
White [¶]	—**	—	—	—	—	—
Black [¶]	50.5	6.5	25.6	4.8	37.7	4.1
Hispanic	60.5	5.3	20.9	4.7	41.5	3.0
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	57.5	4.1	23.2	3.2	40.6	2.4
Total	57.8	4.1	23.2	3.3	40.7	2.4
Were in a physical fight						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	88.8	3.5	72.4	5.6	80.5	3.4
Hispanic	79.8	3.8	51.3	5.0	66.2	3.0
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	83.5	2.6	60.6	3.4	72.2	2.0
Total	83.3	2.6	60.5	3.3	72.1	2.0
Were hurt in a physical fight						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	8.6	3.8	5.8	2.7	7.2	2.1
Hispanic	9.2	2.7	4.0	2.0	6.9	1.9
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	9.5	2.2	5.1	1.8	7.4	1.4
Total	9.3	2.2	5.0	1.8	7.3	1.4

*For example, a gun, knife, or club.

†Had to be treated by a doctor or nurse.

§95% confidence interval.

¶Non-Hispanic.

**Not available.

Table 5h. Percentage of Middle School Students Who Had Ever Seriously Thought About Killing Themselves, Who Had Ever Made a Plan About How To Kill Themselves, and Who Had Ever Tried To Kill Themselves, by Sex, Race/Ethnicity, and Grade—Dallas ISD, TX, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Seriously thought about killing themselves						
Race/Ethnicity						
White [†]	— [§]	—	—	—	—	—
Black [†]	20.7	4.3	27.5	5.2	24.1	3.3
Hispanic	16.1	3.1	39.7	4.1	27.5	2.6
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	18.5	2.3	35.1	3.4	26.7	1.9
Total	18.8	2.3	35.1	3.3	26.9	1.9
Made a plan about how to kill themselves						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	10.6	3.4	14.3	4.5	12.5	2.9
Hispanic	9.9	2.7	25.5	4.6	17.4	2.4
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	10.8	2.4	21.5	3.5	16.1	2.0
Total	10.8	2.4	21.3	3.5	16.0	2.0
Tried to kill themselves						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	11.3	3.5	12.1	4.2	11.7	2.7
Hispanic	6.6	2.2	17.1	3.7	11.7	2.1
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	9.3	2.1	15.3	2.9	12.2	1.7
Total	9.2	2.1	15.5	2.9	12.4	1.7

*95% confidence interval.

[†]Non-Hispanic.

[§]Not available.

Table 6h. Percentage of Middle School Students Who Had Ever Smoked Cigarettes, by Sex, Race/Ethnicity, and Grade—Dallas ISD, TX, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Lifetime cigarette use[†]						
Race/Ethnicity						
White [§]	— [¶]	—	—	—	—	—
Black [§]	56.7	5.9	55.7	5.6	56.1	4.2
Hispanic	64.0	5.4	54.2	5.0	59.2	3.6
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	61.2	4.5	54.8	3.7	58.0	3.0
Total	61.3	4.5	54.9	3.7	58.0	2.9
Lifetime daily cigarette use**						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	5.6	2.4	4.0	1.9	4.8	1.5
Hispanic	10.1	3.3	4.9	2.2	7.6	2.0
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	9.6	2.2	5.4	1.9	7.5	1.3
Total	9.8	2.2	5.5	1.8	7.7	1.3

*95% confidence interval.

[†]Ever tried cigarette smoking, even one or two puffs.[§]Non-Hispanic.[¶]Not available.******Ever smoked at least one cigarette every day for 30 days.

Table 7h. Percentage of Middle School Students Who Smoked Cigarettes, by Sex, Race/Ethnicity, and Grade—Dallas ISD, TX, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Current cigarette use[†]						
Race/Ethnicity						
White [§]	— [†]	—	—	—	—	—
Black [§]	11.1	3.7	10.8	3.1	10.9	2.3
Hispanic	22.9	5.4	15.1	4.3	19.1	3.5
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	18.8	3.7	14.1	2.6	16.5	2.3
Total	19.0	3.7	14.3	2.5	16.6	2.2
Current frequent cigarette use^{**}						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	1.0	0.9	0.0	0.0	0.5	0.4
Hispanic	3.9	1.9	2.1	1.5	3.1	1.2
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	3.1	1.4	2.1	1.2	2.6	0.9
Total	3.3	1.4	2.0	1.2	2.6	0.9

*95% confidence interval.

†Smoked cigarettes on ≥ 1 of the 30 days preceding the survey.

§Non-Hispanic.

†Not available.

**Smoked cigarettes on ≥ 20 of the 30 days preceding the survey.

Table 8h. Percentage of Middle School Students Who Used Smokeless Tobacco,* Smoked Cigars,† and Used Any Tobacco Product,§ by Sex, Race/Ethnicity, and Grade—Dallas ISD, TX, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Current smokeless tobacco use						
Race/Ethnicity						
White**	— ^{††}	—	—	—	—	—
Black**	3.0	2.2	1.5	1.2	2.2	1.5
Hispanic	7.4	2.8	4.8	2.2	6.2	1.6
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	6.5	2.0	3.2	1.4	4.8	1.2
Total	7.0	2.2	3.4	1.4	5.2	1.3
Current cigar use						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	12.4	3.6	12.5	3.7	12.4	2.8
Hispanic	18.6	3.9	13.0	3.8	15.8	2.9
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	16.2	2.6	12.9	2.3	14.5	1.8
Total	16.6	2.7	13.1	2.3	14.8	1.8
Current tobacco use						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	16.1	4.0	16.9	4.3	16.5	2.9
Hispanic	25.9	5.4	18.8	4.7	22.4	3.5
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	22.8	3.7	18.4	2.8	20.6	2.3
Total	22.9	3.7	18.6	2.8	20.7	2.2

*Used chewing tobacco, snuff, or dip on ≥ 1 of the 30 days preceding the survey.†Smoked cigars, cigarillos, or little cigars on ≥ 1 of the 30 days preceding the survey.§Reported current cigarette use, current cigar use, or had used chewing tobacco, snuff, or dip on ≥ 1 of the 30 days preceding the survey.

¶95% confidence interval.

**Non-Hispanic.

††Not available.

Table 9h. Percentage of Middle School Students Who Had Ever Had a Drink of Alcohol,* Who Had Ever Used Marijuana, and Who Had Ever Used Cocaine,† by Sex, Race/Ethnicity, and Grade—Dallas ISD, TX, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Lifetime alcohol use						
Race/Ethnicity						
White [¶]	—**	—	—	—	—	—
Black [¶]	61.0	6.4	65.0	4.9	63.1	4.0
Hispanic	74.2	4.3	67.9	5.0	71.0	3.4
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	69.8	3.8	67.0	3.5	68.3	2.7
Total	69.7	3.8	66.9	3.5	68.2	2.7
Lifetime marijuana use						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	29.3	5.5	21.9	4.9	25.6	4.2
Hispanic	40.7	4.8	27.0	4.8	34.0	3.4
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	36.0	3.6	25.1	3.2	30.5	2.4
Total	36.0	3.6	24.8	3.1	30.4	2.4
Lifetime cocaine use						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	3.4	2.4	2.9	1.4	3.2	1.5
Hispanic	14.1	3.1	12.9	3.3	13.5	2.5
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	10.3	2.1	9.2	2.3	9.8	1.7
Total	10.5	2.2	9.4	2.2	10.0	1.7

*Ever had a drink of alcohol, other than a few sips.

†Ever used any form of cocaine (e.g., powder, “crack,” or “freebase”).

§95% confidence interval.

¶Non-Hispanic.

**Not available.

Table 10h. Percentage of Middle School Students Who Had Ever Used Inhalants* and Who Had Ever Used Steroids, by Sex, Race/Ethnicity, and Grade—Dallas ISD, TX, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [†] (±)	%	CI (±)	%	CI (±)
Lifetime inhalant use						
Race/Ethnicity						
White [§]	— [¶]	—	—	—	—	—
Black [§]	13.3	3.7	13.5	4.0	13.4	2.8
Hispanic	14.2	3.5	17.4	3.5	15.7	2.1
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	14.5	2.5	16.3	2.3	15.4	1.6
Total	14.6	2.6	16.7	2.3	15.6	1.6
Lifetime steroid use						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	5.0	3.1	4.1	2.3	4.7	1.7
Hispanic	3.0	1.6	3.7	1.7	3.3	1.2
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	4.2	1.4	3.8	1.1	4.0	0.9
Total	4.4	1.4	3.9	1.2	4.2	0.9

*Sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high.

[†]95% confidence interval.[§]Non-Hispanic.[¶]Not available.

Table 11h. Percentage of Middle School Students Who Had Initiated Drug-Related Behaviors Before Age 11 Years, by Sex, Race/Ethnicity, and Grade—Dallas ISD, TX, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Smoked a whole cigarette before age 11 years						
Race/Ethnicity						
White†	— [§]	—	—	—	—	—
Black†	8.0	3.7	6.0	2.3	7.0	2.2
Hispanic	15.8	4.2	8.5	3.0	12.2	2.2
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	13.8	2.9	8.3	2.0	11.0	1.5
Total	14.2	3.0	8.3	2.0	11.2	1.6
Had first drink of alcohol before age 11 years[†]						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	23.3	5.0	25.0	4.6	24.1	3.3
Hispanic	30.2	4.5	20.9	3.6	25.6	2.9
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	28.3	3.7	22.3	2.6	25.2	2.2
Total	28.3	3.7	22.3	2.6	25.2	2.2
Tried marijuana before age 11 years						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	4.7	2.5	3.1	1.6	3.8	1.5
Hispanic	9.6	3.5	3.7	2.0	6.7	2.1
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	7.8	2.5	3.4	1.2	5.6	1.4
Total	7.7	2.5	3.4	1.2	5.5	1.4

*95% confidence interval.

†Non-Hispanic.

§Not available.

¶Other than a few sips.

Table 12h. Percentage of Middle School Students Who Had Engaged in Sexual Behaviors, by Sex, Race/Ethnicity, and Grade—Dallas ISD, TX, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Ever had sexual intercourse						
Race/Ethnicity						
White [†]	— [§]	—	—	—	—	—
Black [†]	65.3	5.6	37.1	5.9	50.5	4.4
Hispanic	42.8	6.0	18.4	4.1	31.0	4.1
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	50.4	4.2	26.6	3.3	38.4	2.7
Total	50.5	4.2	26.7	3.3	38.5	2.7
Had first sexual intercourse before age 11 years						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	20.8	5.0	3.7	2.4	11.8	3.1
Hispanic	7.3	2.9	1.5	1.3	4.4	1.7
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	12.5	3.0	2.4	1.3	7.4	1.6
Total	13.0	3.0	2.4	1.3	7.6	1.7
Had ≥ 3 sex partners						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	33.1	5.4	7.3	3.1	19.6	3.3
Hispanic	15.7	4.8	4.9	2.0	10.3	2.7
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	22.1	3.7	6.6	1.9	14.3	2.2
Total	22.4	3.7	6.7	1.9	14.4	2.2

*95% confidence interval.

[†]Non-Hispanic.[§]Not available.

Table 13h. Percentage of Middle School Students Who Had Used a Condom During Last Sexual Intercourse* and Who Had Ever Been Taught About Acquired Immunodeficiency Syndrome (AIDS) or Human Immunodeficiency Virus (HIV) Infection in School, by Sex, Race/Ethnicity, and Grade—Dallas ISD, TX, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [†] (±)	%	CI (±)	%	CI (±)
Used condom during last sexual intercourse						
Race/Ethnicity						
White [§]	— [¶]	—	—	—	—	—
Black [§]	78.3	6.2	72.9	8.1	76.3	4.9
Hispanic	66.6	6.9	—	—	59.3	6.6
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	71.3	4.6	60.6	6.4	67.3	4.3
Total	71.0	4.7	60.4	6.3	67.1	4.2
Had been taught in school about AIDS or HIV infection						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	74.1	5.6	76.5	4.1	75.2	3.5
Hispanic	62.9	4.9	62.1	4.6	62.4	3.0
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	67.7	3.2	67.8	3.4	67.7	2.3
Total	67.5	3.2	67.9	3.4	67.6	2.3

*Among 38.5% of students who ever had sexual intercourse.

[†]95% confidence interval.

[§]Non-Hispanic.

[¶]Not available.

Table 14h. Percentage of Middle School Students Who Had Participated in Sufficient Vigorous Physical Activity,* Who Had Played on Any Sports Teams,† and Who Had Watched \geq 3 Hours per Day of TV,§ by Sex, Race/Ethnicity, and Grade—Dallas ISD, TX, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [¶] (\pm)	%	CI (\pm)	%	CI (\pm)
Participated in sufficient vigorous physical activity						
Race/Ethnicity						
White**	— ^{††}	—	—	—	—	—
Black**	74.6	5.3	60.6	6.2	67.3	3.8
Hispanic	72.2	4.6	60.2	4.9	66.2	3.9
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	73.6	3.7	59.9	3.5	66.7	2.6
Total	73.4	3.6	59.7	3.5	66.5	2.7
Played on any sports teams						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	66.1	5.4	45.3	6.5	55.4	3.9
Hispanic	43.1	5.0	25.4	4.3	34.4	3.6
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	51.9	3.8	34.2	3.7	43.1	2.8
Total	51.7	3.7	34.3	3.8	42.9	2.8
Watched \geq 3 hours per day of TV						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	72.9	5.3	76.3	4.4	74.7	3.1
Hispanic	59.5	5.7	63.3	4.4	61.2	4.1
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	64.5	4.0	66.6	3.5	65.5	2.9
Total	64.7	4.0	66.9	3.4	65.8	2.9

*Exercised or participated in physical activities that made them sweat and breathe hard for \geq 20 minutes on \geq 3 of the 7 days preceding the survey (e.g., basketball, soccer, running, swimming laps, fast bicycling, fast dancing, or similar aerobic activities).

†Run by their school or community groups.

§On an average school day.

¶95% confidence interval.

**Non-Hispanic.

††Not available.

Table 15h. Percentage of Middle School Students Who Were Enrolled in Physical Education (PE) Class* and Attended PE Class Daily,† by Sex, Race/Ethnicity, and Grade—Dallas ISD, TX, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Were enrolled in PE class						
Race/Ethnicity						
White [†]	—**	—	—	—	—	—
Black [†]	67.1	5.9	58.2	5.7	62.6	3.9
Hispanic	53.8	4.8	49.2	5.4	51.7	3.7
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	59.0	3.8	53.1	3.7	56.1	2.8
Total	58.9	3.7	53.0	3.6	56.1	2.8
Attended PE class daily						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	23.9	5.9	24.4	5.6	24.1	4.4
Hispanic	26.0	3.9	21.4	4.3	23.9	3.1
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	25.3	3.3	22.9	3.3	24.2	2.6
Total	25.1	3.2	22.8	3.2	24.0	2.6

*On one or more days in an average week when they were in school.

†5 days in an average week when they were in school.

§95% confidence interval.

†Non-Hispanic.

**Not available.

Table 16h. Percentage of Middle School Students Who Were at Risk for Becoming* or Were Overweight,† by Sex, Race/Ethnicity, and Grade—Dallas ISD, TX, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
At risk for becoming overweight						
Race/Ethnicity						
White [¶]	—**	—	—	—	—	—
Black [¶]	18.1	4.5	24.7	5.2	21.5	3.8
Hispanic	17.2	3.7	21.3	4.4	19.0	3.0
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	17.0	2.6	22.9	3.5	19.9	2.4
Total	17.0	2.6	23.0	3.5	19.9	2.4
Overweight						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	16.1	5.2	13.9	4.0	15.0	3.5
Hispanic	23.5	5.0	12.9	3.8	18.6	3.5
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	20.2	3.8	12.7	2.7	16.5	2.6
Total	20.3	3.9	12.6	2.7	16.5	2.7

*Students who were \geq 85th percentile but $<$ 95th percentile for body mass index, by age and sex, based on reference data.

†Students who were \geq 95th percentile for body mass index, by age and sex, based on reference data.

§95% confidence interval.

¶Non-Hispanic.

**Not available.

Table 17h. Percentage of Middle School Students Who Described Themselves as Slightly or Very Overweight and Who Were Trying To Lose Weight, by Sex, Race/Ethnicity, and Grade—Dallas ISD, TX, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Described themselves as overweight						
Race/Ethnicity						
White [†]	— [§]	—	—	—	—	—
Black [†]	15.3	4.4	29.8	5.1	22.8	3.3
Hispanic	29.6	5.0	37.6	5.1	33.6	3.7
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	23.7	3.3	35.0	3.9	29.4	2.6
Total	24.1	3.4	34.7	3.9	29.6	2.6
Were trying to lose weight						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	29.6	5.4	50.9	5.1	40.6	3.7
Hispanic	48.1	4.9	59.1	5.5	53.4	4.3
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	40.3	3.5	57.1	3.9	48.6	2.9
Total	40.0	3.5	56.8	3.8	48.4	2.9

*95% confidence interval.

[†]Non-Hispanic.

[§]Not available.

Table 18h. Percentage of Middle School Students Who Had Ever Engaged in Healthy Behaviors Associated with Weight Control To Lose Weight or To Keep from Gaining Weight, by Sex, Race/Ethnicity, and Grade—Dallas ISD, TX, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight						
Race/Ethnicity						
White [†]	— [§]	—	—	—	—	—
Black [†]	33.4	6.2	47.3	5.7	40.4	4.1
Hispanic	36.8	4.4	55.1	5.1	45.8	3.4
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	35.4	3.3	53.6	3.5	44.5	2.4
Total	35.8	3.4	53.4	3.4	44.6	2.3
Exercised to lose weight or to keep from gaining weight						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	62.4	7.3	73.6	4.5	68.2	4.1
Hispanic	71.7	4.5	77.7	3.9	74.7	3.0
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	67.0	4.3	77.2	2.8	72.1	2.6
Total	66.9	4.2	76.8	2.8	71.9	2.6

*95% confidence interval.

[†]Non-Hispanic.[§]Not available.

Table 19h. Percentage of Middle School Students Who Had Ever Engaged in Unhealthy Behaviors Associated with Weight Control To Lose Weight or To Keep from Gaining Weight, by Sex, Race/Ethnicity, and Grade—Dallas ISD, TX, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Went without eating for ≥ 24 hours to lose weight or to keep from gaining weight						
Race/Ethnicity						
White†	— [§]	—	—	—	—	—
Black†	16.9	4.7	27.8	4.4	22.4	3.6
Hispanic	18.0	3.7	27.2	4.1	22.4	2.7
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	17.4	2.8	28.5	3.0	22.9	2.1
Total	17.7	2.8	28.5	3.0	23.0	2.1
Took diet pills, powders, or liquids to lose weight or to keep from gaining weight¹						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	6.7	3.4	10.6	3.4	8.7	2.8
Hispanic	7.0	2.9	12.5	2.6	9.7	2.1
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	7.2	2.3	12.2	2.1	9.7	1.7
Total	7.2	2.3	12.3	2.1	9.7	1.7
Vomited or took laxatives to lose weight or to keep from gaining weight						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	8.5	3.3	10.1	3.1	9.3	2.2
Hispanic	6.0	2.3	9.7	3.0	7.8	1.8
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	6.7	1.8	10.2	2.6	8.4	1.5
Total	6.9	1.8	10.2	2.6	8.5	1.6

*95% confidence interval.

†Non-Hispanic.

§Not available.

¹Without a doctor's advice.

DISTRICT OF COLUMBIA PUBLIC SCHOOLS

MIDDLE SCHOOL YOUTH RISK BEHAVIOR SURVEY

2003

Table 2i. Percentage of Middle School Students Who Had Rarely or Never Worn Seatbelts* and Who Had Ever Ridden in a Car with a Driver Who Had Been Drinking Alcohol, by Sex, Race/Ethnicity, and Grade—District of Columbia PS, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [†] (±)	%	CI (±)	%	CI (±)
Rarely or never wore seat belts						
Race/Ethnicity						
White [§]	— [¶]	—	—	—	—	—
Black [§]	11.7	3.0	11.1	3.9	11.4	3.0
Hispanic	—	—	—	—	18.5	8.8
Other	—	—	—	—	32.9	14.6
Grade						
6	21.9	12.8	16.2	15.9	18.9	13.4
7	14.3	4.6	12.2	4.2	13.3	3.2
8	12.5	5.0	9.0	3.2	10.7	3.2
Total	17.3	4.9	12.4	5.0	14.8	4.4
Rode with a driver who had been drinking alcohol						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	32.6	4.5	29.2	3.9	30.9	3.4
Hispanic	—	—	—	—	35.1	11.5
Other	—	—	—	—	21.6	9.5
Grade						
6	23.7	10.8	17.8	7.7	20.6	7.7
7	32.6	5.3	28.6	4.7	30.6	3.9
8	39.7	5.0	36.6	6.0	38.1	4.4
Total	32.4	4.5	28.0	4.1	30.2	3.7

*When riding in a car.

†95% confidence interval.

§Non-Hispanic.

¶Not available.

Table 3i. Percentage of Middle School Students Who Had Rarely or Never Worn Bicycle Helmets* or Rollerblade or Skateboard Helmets,† by Sex, Race/Ethnicity, and Grade—District of Columbia PS, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Rarely or never wore bicycle helmets						
Race/Ethnicity						
White [¶]	—**	—	—	—	—	—
Black [¶]	92.4	2.7	87.7	4.2	90.2	2.5
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	83.8	12.2
Grade						
6	—	—	—	—	85.6	8.7
7	89.3	3.7	87.2	3.7	88.4	2.7
8	93.4	4.4	85.3	5.8	89.8	4.5
Total	90.8	2.7	85.0	4.9	88.1	3.0
Rarely or never wore a helmet when using rollerblades or riding a skateboard						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	89.8	3.3	88.9	4.7	89.4	2.5
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	81.4	8.6
7	85.0	5.2	87.7	6.5	86.4	4.4
8	85.4	7.9	89.0	4.5	87.2	4.7
Total	85.7	3.9	84.4	6.1	85.1	3.5

*Among the 80.6% of students who had ridden a bicycle.

†Among the 49.5% of students who had used rollerblades or ridden a skateboard.

§95% confidence interval.

¶Non-Hispanic.

**Not available.

Table 4i. Percentage of Middle School Students Who Had Ever Carried a Weapon,* Who Had Ever Been in a Physical Fight, and Who Had Ever Been Hurt in a Physical Fight,† by Sex, Race/Ethnicity, and Grade—District of Columbia PS, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Carried a weapon						
Race/Ethnicity						
White [¶]	—**	—	—	—	—	—
Black [¶]	46.1	4.6	25.5	4.4	35.6	3.9
Hispanic	—	—	—	—	22.9	10.3
Other	—	—	—	—	44.7	10.7
Grade						
6	33.1	14.3	18.0	12.2	25.3	10.4
7	43.1	6.1	23.6	5.4	33.4	4.5
8	53.2	6.6	34.4	5.0	43.7	4.7
Total	44.3	5.2	25.5	4.6	34.8	4.1
Were in a physical fight						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	85.5	3.2	71.5	4.2	78.3	3.0
Hispanic	—	—	—	—	60.3	9.9
Other	—	—	—	—	68.2	12.7
Grade						
6	74.2	8.4	—	—	66.3	8.8
7	84.3	6.1	69.4	4.6	76.9	3.9
8	87.8	4.0	75.8	4.9	81.6	3.4
Total	81.8	3.9	68.5	4.1	75.2	3.3
Were hurt in a physical fight						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	15.2	3.1	6.9	2.1	11.0	1.7
Hispanic	—	—	—	—	11.2	5.9
Other	—	—	—	—	14.9	10.4
Grade						
6	8.0	4.1	—	—	7.1	4.0
7	15.6	4.0	6.2	2.2	10.9	2.4
8	18.5	4.9	11.9	4.8	15.1	3.3
Total	14.9	2.6	8.1	2.5	11.5	2.2

*For example, a gun, knife, or club.

†Had to be treated by a doctor or nurse.

§95% confidence interval.

¶Non-Hispanic.

**Not available.

Table 5i. Percentage of Middle School Students Who Had Ever Seriously Thought About Killing Themselves, Who Had Ever Made a Plan About How To Kill Themselves, and Who Had Ever Tried To Kill Themselves, by Sex, Race/Ethnicity, and Grade—District of Columbia PS, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Seriously thought about killing themselves						
Race/Ethnicity						
White [†]	— [§]	—	—	—	—	—
Black [†]	20.9	3.5	31.6	3.5	26.4	2.8
Hispanic	—	—	—	—	28.4	8.9
Other	—	—	—	—	32.5	12.3
Grade						
6	29.0	10.8	31.4	11.5	30.2	9.8
7	21.0	4.1	32.3	5.1	26.6	3.7
8	19.3	4.4	33.6	5.5	26.6	4.1
Total	22.5	4.0	32.3	4.0	27.5	3.5
Made a plan about how to kill themselves						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	13.3	2.9	16.5	2.9	15.0	2.1
Hispanic	—	—	—	—	16.6	7.0
Other	—	—	—	—	19.2	9.0
Grade						
6	17.6	9.0	15.9	7.4	16.7	5.4
7	14.1	2.9	17.5	4.5	15.8	2.8
8	11.4	3.6	18.5	4.6	15.0	3.4
Total	14.0	3.0	17.2	3.4	15.6	2.2
Tried to kill themselves						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	11.1	2.9	14.8	2.9	13.0	2.0
Hispanic	—	—	—	—	15.9	7.2
Other	—	—	—	—	18.1	8.8
Grade						
6	13.2	8.4	11.3	5.7	12.2	5.1
7	12.4	3.7	17.1	4.6	14.8	3.0
8	10.8	4.8	15.4	4.1	13.1	3.4
Total	12.7	3.6	14.9	3.0	13.8	2.4

*95% confidence interval.

[†]Non-Hispanic.

[§]Not available.

Table 6i. Percentage of Middle School Students Who Had Ever Smoked Cigarettes, by Sex, Race/Ethnicity, and Grade—District of Columbia PS, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (\pm)	%	CI (\pm)	%	CI (\pm)
Lifetime cigarette use[†]						
Race/Ethnicity						
White [§]	— [‡]	—	—	—	—	—
Black [§]	48.0	4.5	42.0	5.2	44.9	4.2
Hispanic	—	—	—	—	40.1	9.8
Other	—	—	—	—	38.0	10.3
Grade						
6	—	—	—	—	36.5	10.8
7	41.8	5.6	44.7	4.4	43.3	3.7
8	53.9	7.2	47.9	6.7	50.7	5.9
Total	47.4	4.6	40.6	5.2	43.9	4.1
Lifetime daily cigarette use^{**}						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	7.8	2.8	6.1	2.5	6.9	2.0
Hispanic	—	—	—	—	6.8	5.2
Other	—	—	—	—	7.4	7.8
Grade						
6	—	—	—	—	8.6	8.7
7	6.1	2.9	3.6	2.2	4.9	2.0
8	10.6	3.8	7.4	3.1	8.9	2.6
Total	8.1	3.1	6.6	2.9	7.3	2.5

*95% confidence interval.

[†]Ever tried cigarette smoking, even one or two puffs.[§]Non-Hispanic.[‡]Not available.^{**}Ever smoked at least one cigarette every day for 30 days.

Table 7i. Percentage of Middle School Students Who Smoked Cigarettes, by Sex, Race/Ethnicity, and Grade—District of Columbia PS, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Current cigarette use[†]						
Race/Ethnicity						
White [§]	— [†]	—	—	—	—	—
Black [§]	8.4	3.1	7.7	2.0	8.0	1.9
Hispanic	—	—	—	—	12.5	6.7
Other	—	—	—	—	10.5	8.4
Grade						
6	—	—	—	—	4.9	4.3
7	6.9	3.3	10.2	2.7	8.6	2.4
8	11.2	3.7	12.3	4.6	11.8	3.4
Total	8.2	2.6	9.3	2.3	8.8	2.0
Current frequent cigarette use^{**}						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	1.8	1.3	1.2	1.0	1.5	0.7
Hispanic	—	—	—	—	1.4	1.9
Other	—	—	—	—	0.4	0.8
Grade						
6	—	—	—	—	1.2	1.6
7	1.2	1.0	0.5	0.7	0.9	0.6
8	2.3	1.8	1.3	1.2	1.8	1.1
Total	1.9	1.0	0.9	0.8	1.4	0.6

*95% confidence interval.

[†]Smoked cigarettes on ≥ 1 of the 30 days preceding the survey.

[§]Non-Hispanic.

[†]Not available.

^{**}Smoked cigarettes on ≥ 20 of the 30 days preceding the survey.

Table 8i. Percentage of Middle School Students Who Used Smokeless Tobacco,* Smoked Cigars,† and Used Any Tobacco Product,§ by Sex, Race/Ethnicity, and Grade—District of Columbia PS, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Current smokeless tobacco use						
Race/Ethnicity						
White**	— ^{††}	—	—	—	—	—
Black**	8.7	2.9	4.3	2.2	6.4	2.2
Hispanic	—	—	—	—	13.3	7.7
Other	—	—	—	—	18.6	10.7
Grade						
6	15.0	8.8	12.1	13.0	13.5	10.0
7	8.3	2.9	3.5	1.8	5.9	1.9
8	9.8	4.2	4.1	3.7	6.9	3.3
Total	11.2	3.1	6.4	4.2	8.8	3.2
Current cigar use						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	6.9	2.4	5.9	1.9	6.4	1.7
Hispanic	—	—	—	—	10.9	6.1
Other	—	—	—	—	16.0	9.3
Grade						
6	5.1	3.4	7.9	8.0	6.5	4.6
7	7.9	2.8	6.3	2.4	7.1	1.9
8	10.4	4.8	8.2	3.9	9.3	3.4
Total	8.6	2.4	7.6	3.0	8.1	2.0
Current tobacco use						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	14.2	3.9	12.8	3.1	13.5	2.9
Hispanic	—	—	—	—	17.8	9.9
Other	—	—	—	—	19.9	10.7
Grade						
6	—	—	—	—	15.4	11.4
7	12.6	4.1	12.3	2.9	12.4	2.5
8	15.7	5.3	16.6	6.5	16.1	5.2
Total	13.8	3.5	15.5	4.8	14.7	3.8

*Used chewing tobacco, snuff, or dip on ≥ 1 of the 30 days preceding the survey.

†Smoked cigars, cigarillos, or little cigars on ≥ 1 of the 30 days preceding the survey.

§Reported current cigarette use, current cigar use, or had used chewing tobacco, snuff, or dip on ≥ 1 of the 30 days preceding the survey.

[§]95% confidence interval.

**Non-Hispanic.

^{††}Not available.

Table 9i. Percentage of Middle School Students Who Had Ever Had a Drink of Alcohol,* Who Had Ever Used Marijuana, and Who Had Ever Used Cocaine,† by Sex, Race/Ethnicity, and Grade—District of Columbia PS, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Lifetime alcohol use						
Race/Ethnicity						
White [¶]	—**	—	—	—	—	—
Black [¶]	40.7	5.0	44.0	5.1	42.4	4.3
Hispanic	—	—	—	—	46.2	10.7
Other	—	—	—	—	41.0	11.3
Grade						
6	—	—	—	—	27.3	7.0
7	45.8	6.1	44.9	6.3	45.3	4.3
8	50.0	7.4	55.2	6.3	52.8	5.4
Total	41.9	5.0	43.6	5.1	42.8	4.2
Lifetime marijuana use						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	20.2	4.2	15.1	3.5	17.6	3.3
Hispanic	—	—	—	—	12.9	6.0
Other	—	—	—	—	12.6	7.7
Grade						
6	—	—	—	—	9.0	3.8
7	17.4	4.4	12.8	3.6	15.1	3.2
8	29.3	6.2	21.4	5.5	25.2	5.2
Total	18.9	3.7	14.2	3.3	16.5	2.9
Lifetime cocaine use						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	5.0	2.0	3.8	2.3	4.4	2.0
Hispanic	—	—	—	—	9.4	7.4
Other	—	—	—	—	8.2	8.3
Grade						
6	5.4	8.6	8.7	11.7	7.1	10.2
7	5.5	2.7	5.3	2.3	5.4	2.0
8	5.6	2.8	1.9	1.6	3.7	1.6
Total	6.2	3.2	5.2	3.8	5.7	3.3

*Ever had a drink of alcohol, other than a few sips.

†Ever used any form of cocaine (e.g., powder, “crack,” or “freebase”).

§95% confidence interval.

¶Non-Hispanic.

**Not available.

Table 10i. Percentage of Middle School Students Who Had Ever Used Inhalants* and Who Had Ever Used Steroids, by Sex, Race/Ethnicity, and Grade—District of Columbia PS, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [†] (±)	%	CI (±)	%	CI (±)
Lifetime inhalant use						
Race/Ethnicity						
White [§]	— [¶]	—	—	—	—	—
Black [§]	10.7	2.7	11.5	2.8	11.1	1.8
Hispanic	—	—	—	—	15.6	7.0
Other	—	—	—	—	9.5	8.5
Grade						
6	8.5	4.4	11.2	8.3	9.9	4.7
7	11.8	3.9	15.2	3.5	13.5	2.7
8	10.8	4.1	10.1	3.4	10.4	2.9
Total	10.5	2.4	12.3	3.1	11.4	2.1
Lifetime steroid use						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	2.4	1.2	1.4	0.8	1.9	0.7
Hispanic	—	—	—	—	3.5	3.0
Other	—	—	—	—	1.7	1.4
Grade						
6	1.9	2.3	0.0	0.0	0.9	1.1
7	2.1	1.6	2.6	1.8	2.4	1.4
8	3.3	2.2	2.2	1.6	2.7	1.3
Total	2.5	1.1	1.7	0.9	2.1	0.7

*Sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high.

[†]95% confidence interval.

[§]Non-Hispanic.

[¶]Not available.

Table 11i. Percentage of Middle School Students Who Had Initiated Drug-Related Behaviors Before Age 11 Years, by Sex, Race/Ethnicity, and Grade—District of Columbia PS, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Smoked a whole cigarette before age 11 years						
Race/Ethnicity						
White†	— [§]	—	—	—	—	—
Black†	8.1	2.5	5.9	2.2	7.0	1.6
Hispanic	—	—	—	—	14.9	6.7
Other	—	—	—	—	7.6	5.6
Grade						
6	—	—	—	—	9.3	5.2
7	6.6	2.9	8.0	2.8	7.3	1.9
8	9.1	3.9	6.7	2.9	7.8	2.5
Total	9.3	2.6	6.9	2.4	8.0	1.7
Had first drink of alcohol before age 11 years¹						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	21.2	3.6	19.2	3.3	20.2	2.6
Hispanic	—	—	—	—	26.7	7.9
Other	—	—	—	—	34.3	10.4
Grade						
6	—	—	—	—	20.2	4.9
7	24.1	5.0	21.9	4.3	23.0	3.3
8	24.2	7.1	20.6	5.1	22.3	4.6
Total	23.8	3.7	20.7	3.7	22.2	2.6
Tried marijuana before age 11 years						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	4.7	2.1	1.3	1.1	2.9	1.1
Hispanic	—	—	—	—	5.8	5.1
Other	—	—	—	—	7.4	6.4
Grade						
6	—	—	—	—	5.6	3.3
7	2.7	1.5	3.1	2.4	2.9	1.5
8	4.9	2.4	1.2	1.3	3.0	1.3
Total	4.8	1.9	2.7	1.7	3.7	1.2

*95% confidence interval.

†Non-Hispanic.

§Not available.

¹Other than a few sips.

Table 12i. Percentage of Middle School Students Who Had Engaged in Sexual Behaviors, by Sex, Race/Ethnicity, and Grade—District of Columbia PS, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Ever had sexual intercourse						
Race/Ethnicity						
White [†]	— [§]	—	—	—	—	—
Black [†]	50.9	5.3	20.3	4.3	34.8	4.0
Hispanic	—	—	—	—	24.1	9.0
Other	—	—	—	—	25.0	10.5
Grade						
6	—	—	—	—	20.7	7.0
7	49.0	6.7	20.7	4.7	34.8	4.7
8	54.3	8.2	28.4	5.9	40.4	5.8
Total	47.3	5.5	18.4	3.8	32.3	3.9
Had first sexual intercourse before age 11 years						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	21.5	4.4	4.8	2.1	12.8	2.6
Hispanic	—	—	—	—	9.9	5.9
Other	—	—	—	—	2.7	3.2
Grade						
6	—	—	—	—	10.3	5.7
7	20.8	5.2	7.0	3.0	13.9	3.0
8	15.7	6.0	2.8	1.9	8.9	3.2
Total	18.9	3.9	4.3	1.7	11.3	2.2
Had ≥ 3 sex partners						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	23.0	4.3	6.2	2.3	14.2	2.7
Hispanic	—	—	—	—	6.6	4.6
Other	—	—	—	—	10.6	6.6
Grade						
6	—	—	—	—	4.8	2.9
7	22.8	5.5	6.4	2.6	14.5	3.0
8	27.8	5.8	9.5	4.1	18.0	3.9
Total	20.6	4.0	5.5	2.0	12.8	2.5

*95% confidence interval.

†Non-Hispanic.

§Not available.

Table 13i. Percentage of Middle School Students Who Had Used a Condom During Last Sexual Intercourse* and Who Had Ever Been Taught About Acquired Immunodeficiency Syndrome (AIDS) or Human Immunodeficiency Virus (HIV) Infection in School, by Sex, Race/Ethnicity, and Grade—District of Columbia PS, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [†] (±)	%	CI (±)	%	CI (±)
Used condom during last sexual intercourse						
Race/Ethnicity						
White [§]	— [¶]	—	—	—	—	—
Black [§]	81.5	5.0	75.7	6.7	79.7	4.0
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	80.8	5.5	—	—	81.8	4.3
8	80.2	7.8	76.3	6.9	78.7	5.4
Total	81.1	4.6	78.2	6.2	80.2	3.6
Had been taught in school about AIDS or HIV infection						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	83.9	3.7	88.2	3.2	86.1	2.8
Hispanic	—	—	—	—	71.6	7.5
Other	—	—	—	—	76.5	10.1
Grade						
6	78.9	9.9	79.2	10.3	79.0	8.3
7	78.3	6.2	88.9	3.9	83.5	4.1
8	88.0	4.2	88.0	5.3	88.0	4.2
Total	81.2	4.4	85.5	3.3	83.3	3.0

*Among the 32.3% of students who ever had sexual intercourse.

[†]95% confidence interval.

[§]Non-Hispanic.

[¶]Not available.

Table 14i. Percentage of Middle School Students Who Had Participated in Sufficient Vigorous Physical Activity,* Who Had Played on Any Sports Teams,† and Who Had Watched ≥ 3 Hours per Day of TV,§ by Sex, Race/Ethnicity, and Grade—District of Columbia PS, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [¶] (\pm)	%	CI (\pm)	%	CI (\pm)
Participated in sufficient vigorous physical activity						
Race/Ethnicity						
White**	— ^{††}	—	—	—	—	—
Black**	59.9	6.0	52.2	5.7	55.9	5.1
Hispanic	—	—	—	—	60.5	10.4
Other	—	—	—	—	54.4	12.7
Grade						
6	—	—	57.1	15.0	56.9	14.2
7	61.2	7.2	56.4	5.3	58.7	4.7
8	60.9	7.1	48.4	5.3	54.5	4.6
Total	58.8	5.3	54.2	5.3	56.4	4.7
Played on any sports teams						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	61.2	4.7	40.7	4.2	50.6	3.3
Hispanic	—	—	—	—	37.9	11.9
Other	—	—	—	—	48.1	13.8
Grade						
6	—	—	—	—	47.2	9.6
7	57.7	6.3	42.5	5.8	50.1	4.9
8	64.8	4.9	36.3	5.4	50.2	4.1
Total	57.8	4.7	40.4	4.7	49.0	3.8
Watched ≥ 3 hours per day of TV						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	63.7	5.0	67.4	5.7	65.6	4.3
Hispanic	—	—	—	—	61.4	9.7
Other	—	—	—	—	48.5	9.7
Grade						
6	50.5	9.5	—	—	51.8	11.3
7	65.8	6.2	71.2	5.8	68.5	4.6
8	65.6	6.8	68.9	5.9	67.3	4.9
Total	60.2	4.6	65.3	5.8	62.8	4.0

*Exercised or participated in physical activities that made them sweat and breathe hard for ≥ 20 minutes on ≥ 3 of the 7 days preceding the survey (e.g., basketball, soccer, running, swimming laps, fast bicycling, fast dancing, or similar aerobic activities).

†Run by their school or community groups.

§On an average school day.

¶95% confidence interval.

**Non-Hispanic.

††Not available.

Table 15i. Percentage of Middle School Students Who Were Enrolled in Physical Education (PE) Class* and Attended PE Class Daily,† by Sex, Race/Ethnicity, and Grade—District of Columbia PS, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Were enrolled in PE class						
Race/Ethnicity						
White [¶]	—**	—	—	—	—	—
Black [¶]	63.1	6.7	59.3	7.4	61.1	6.5
Hispanic	—	—	—	—	70.2	14.3
Other	—	—	—	—	67.1	13.0
Grade						
6	66.2	17.0	65.4	20.1	65.8	17.9
7	60.6	10.0	57.2	9.0	58.8	9.0
8	65.9	9.6	63.6	11.8	64.7	9.0
Total	64.4	6.9	61.5	7.6	62.9	6.8
Attended PE class daily						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	21.1	6.0	18.9	5.7	20.0	5.2
Hispanic	—	—	—	—	27.5	11.5
Other	—	—	—	—	25.4	14.1
Grade						
6	33.6	18.5	27.8	16.1	30.6	16.1
7	20.2	7.0	17.7	6.3	18.9	6.0
8	19.4	8.1	12.7	6.2	15.9	5.9
Total	23.5	6.6	19.1	6.2	21.3	5.8

*On one or more days in an average week when they were in school.

†5 days in an average week when they were in school.

§95% confidence interval.

¶Non-Hispanic.

**Not available.

Table 16i. Percentage of Middle School Students Who Were at Risk for Becoming* or Were Overweight,† by Sex, Race/Ethnicity, and Grade—District of Columbia PS, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
At risk for becoming overweight						
Race/Ethnicity						
White [†]	—**	—	—	—	—	—
Black [†]	20.4	4.1	28.4	4.0	24.6	3.2
Hispanic	—	—	—	—	14.3	7.7
Other	—	—	—	—	15.0	6.8
Grade						
6	—	—	—	—	24.1	6.6
7	20.0	4.5	25.1	3.6	22.5	3.1
8	18.8	5.2	22.1	5.3	20.5	3.6
Total	18.7	3.3	25.5	3.5	22.2	2.5
Overweight						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	17.9	4.6	15.4	3.2	16.6	3.0
Hispanic	—	—	—	—	22.4	8.1
Other	—	—	—	—	17.3	10.5
Grade						
6	—	—	—	—	20.9	8.5
7	15.3	4.1	18.2	4.0	16.7	3.0
8	15.1	4.5	16.3	4.3	15.7	3.3
Total	18.6	3.7	16.4	3.7	17.5	2.9

*Students who were \geq 85th percentile but $<$ 95th percentile for body mass index, by age and sex, based on reference data.

†Students who were \geq 95th percentile for body mass index, by age and sex, based on reference data.

§95% confidence interval.

†Non-Hispanic.

**Not available.

Table 17i. Percentage of Middle School Students Who Described Themselves as Slightly or Very Overweight and Who Were Trying To Lose Weight, by Sex, Race/Ethnicity, and Grade—District of Columbia PS, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Described themselves as overweight						
Race/Ethnicity						
White†	—§	—	—	—	—	—
Black†	16.9	3.8	21.9	3.3	19.5	2.9
Hispanic	—	—	—	—	24.1	9.6
Other	—	—	—	—	23.7	10.5
Grade						
6	15.1	7.7	21.2	11.7	18.3	8.5
7	16.1	4.2	26.0	5.3	21.0	3.4
8	18.6	5.7	25.8	4.4	22.2	3.9
Total	16.5	3.5	24.6	3.8	20.5	2.9
Were trying to lose weight						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	33.4	5.0	46.8	4.5	40.2	3.4
Hispanic	—	—	—	—	43.0	13.3
Other	—	—	—	—	36.1	10.5
Grade						
6	32.0	13.8	42.6	14.2	37.5	8.0
7	32.3	6.7	48.9	5.4	40.6	4.5
8	37.3	5.9	48.0	5.1	42.8	4.4
Total	33.3	5.3	46.6	4.9	40.0	3.3

*95% confidence interval.

†Non-Hispanic.

§Not available.

Table 18i. Percentage of Middle School Students Who Had Ever Engaged in Healthy Behaviors Associated with Weight Control To Lose Weight or To Keep from Gaining Weight, by Sex, Race/Ethnicity, and Grade—District of Columbia PS, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight						
Race/Ethnicity						
White [†]	— [§]	—	—	—	—	—
Black [†]	33.3	4.3	42.0	4.9	37.8	3.5
Hispanic	—	—	—	—	34.9	7.9
Other	—	—	—	—	34.7	11.8
Grade						
6	36.5	11.1	33.9	14.7	35.2	9.8
7	30.0	5.2	42.9	5.8	36.4	4.1
8	35.9	6.4	45.4	4.8	40.8	4.2
Total	33.2	4.0	41.0	5.0	37.1	3.3
Exercised to lose weight or to keep from gaining weight						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	57.6	4.5	59.4	4.9	58.5	3.7
Hispanic	—	—	—	—	62.5	7.0
Other	—	—	—	—	53.8	13.7
Grade						
6	—	—	45.1	14.0	51.4	9.8
7	56.1	7.3	65.2	5.8	60.7	5.0
8	60.3	6.2	64.7	5.0	62.4	3.7
Total	57.6	4.3	59.0	5.6	58.3	4.0

*95% confidence interval.

†Non-Hispanic.

§Not available.

Table 19i. Percentage of Middle School Students Who Had Ever Engaged in Unhealthy Behaviors Associated with Weight Control To Lose Weight or To Keep from Gaining Weight, by Sex, Race/Ethnicity, and Grade—District of Columbia PS, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Went without eating for ≥ 24 hours to lose weight or to keep from gaining weight						
Race/Ethnicity						
White†	— [§]	—	—	—	—	—
Black†	19.0	4.3	20.1	3.7	19.6	2.9
Hispanic	—	—	—	—	14.1	5.3
Other	—	—	—	—	20.7	9.7
Grade						
6	—	—	14.0	8.5	16.7	7.3
7	17.0	4.6	19.7	5.4	18.4	3.8
8	19.1	5.3	24.5	5.2	21.8	4.1
Total	18.7	3.6	19.6	3.4	19.2	2.8
Took diet pills, powders, or liquids to lose weight or to keep from gaining weight[¶]						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	6.7	2.6	5.8	1.9	6.2	1.7
Hispanic	—	—	—	—	6.7	4.3
Other	—	—	—	—	8.0	4.8
Grade						
6	6.6	5.2	2.7	2.9	4.6	2.9
7	8.3	3.4	8.1	3.4	8.2	2.6
8	7.2	4.0	6.1	2.8	6.6	2.5
Total	7.3	2.2	5.9	1.9	6.6	1.5
Vomited or took laxatives to lose weight or to keep from gaining weight						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	8.7	2.7	7.9	2.5	8.3	2.2
Hispanic	—	—	—	—	8.8	5.1
Other	—	—	—	—	10.7	8.7
Grade						
6	—	—	6.4	5.5	9.0	4.3
7	7.7	3.2	8.8	2.8	8.2	2.1
8	7.7	3.5	7.8	3.0	7.7	2.4
Total	9.4	3.0	7.7	2.2	8.5	2.1

*95% confidence interval.

†Non-Hispanic.

§Not available.

¶Without a doctor's advice.

MIAMI-DADE COUNTY PUBLIC SCHOOLS, FL

MIDDLE SCHOOL YOUTH RISK BEHAVIOR SURVEY

2003

Table 2j. Percentage of Middle School Students Who Had Rarely or Never Worn Seatbelts* and Who Had Ever Ridden in a Car with a Driver Who Had Been Drinking Alcohol, by Sex, Race/Ethnicity, and Grade—Miami-Dade County PS, FL, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [†] (±)	%	CI (±)	%	CI (±)
Rarely or never wore seat belts						
Race/Ethnicity						
White [§]	— [¶]	—	—	—	9.6	4.8
Black [§]	23.5	5.8	16.9	5.9	20.2	4.8
Hispanic	18.7	3.2	15.2	3.3	17.0	2.3
Other	—	—	—	—	—	—
Grade						
6	15.9	4.4	10.0	5.0	13.0	3.1
7	20.6	4.4	15.8	4.0	18.3	3.4
8	21.8	4.0	18.2	3.9	20.1	3.2
Total	19.6	2.6	14.7	2.7	17.2	2.1
Rode with a driver who had been drinking alcohol						
Race/Ethnicity						
White	—	—	—	—	26.5	8.8
Black	24.6	5.4	19.4	4.8	22.2	4.1
Hispanic	31.1	4.2	30.0	5.5	30.5	3.8
Other	—	—	—	—	—	—
Grade						
6	21.2	6.7	19.3	7.4	20.2	5.0
7	31.8	5.6	27.0	5.2	29.6	4.2
8	33.8	4.8	32.3	5.9	33.0	4.2
Total	28.8	3.4	26.3	3.8	27.6	2.9

*When riding in a car.

†95% confidence interval.

§Non-Hispanic.

¶Not available.

Table 3j. Percentage of Middle School Students Who Had Rarely or Never Worn Bicycle Helmets* or Rollerblade or Skateboard Helmets,† by Sex, Race/Ethnicity, and Grade—Miami-Dade County PS, FL, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Rarely or never wore bicycle helmets						
Race/Ethnicity						
White [¶]	—**	—	—	—	60.6	17.1
Black [¶]	93.5	3.0	84.9	6.8	89.7	4.4
Hispanic	85.7	4.5	83.1	3.9	84.5	3.4
Other	—	—	—	—	—	—
Grade						
6	73.8	9.0	73.6	9.0	73.8	7.7
7	89.2	4.6	84.7	5.0	87.2	4.0
8	91.0	3.0	86.7	7.0	89.1	3.7
Total	84.6	4.4	81.3	5.1	83.1	4.2
Rarely or never wore a helmet when using rollerblades or riding a skateboard						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	—	—	—	—	88.8	7.4
Hispanic	81.3	3.8	86.5	4.8	83.8	3.4
Other	—	—	—	—	—	—
Grade						
6	76.7	9.2	—	—	77.3	9.6
7	86.0	5.5	86.4	5.0	86.2	3.8
8	85.6	4.4	88.9	6.2	87.2	4.6
Total	82.2	4.3	84.2	5.4	83.2	4.2

*Among the 81.6% of students who had ridden a bicycle.

†Among the 53.3% of students who had used rollerblades or ridden a skateboard.

§95% confidence interval.

¶Non-Hispanic.

**Not available.

Table 4j. Percentage of Middle School Students Who Had Ever Carried a Weapon,* Who Had Ever Been in a Physical Fight, and Who Had Ever Been Hurt in a Physical Fight,† by Sex, Race/Ethnicity, and Grade—Miami-Dade County PS, FL, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Carried a weapon						
Race/Ethnicity						
White [¶]	—**	—	—	—	21.6	8.8
Black [¶]	28.4	6.7	11.9	5.0	20.4	4.0
Hispanic	32.1	4.7	17.0	4.4	24.6	3.7
Other	—	—	—	—	—	—
Grade						
6	17.3	5.4	9.3	4.5	13.4	3.9
7	38.9	6.2	16.8	5.0	28.2	4.7
8	36.0	4.8	18.1	5.1	27.3	4.4
Total	30.9	3.6	14.7	3.1	23.0	2.9
Were in a physical fight						
Race/Ethnicity						
White	—	—	—	—	43.2	10.1
Black	83.1	4.3	64.0	5.6	74.1	4.0
Hispanic	75.0	4.1	43.1	4.9	59.2	3.2
Other	—	—	—	—	—	—
Grade						
6	71.8	7.7	45.1	6.5	58.8	6.5
7	77.7	5.6	43.2	6.6	61.2	5.7
8	76.5	4.3	54.2	8.1	65.6	4.9
Total	75.4	3.6	47.6	4.2	61.9	3.2
Were hurt in a physical fight						
Race/Ethnicity						
White	—	—	—	—	4.3	4.8
Black	8.5	3.9	4.5	2.4	6.6	2.0
Hispanic	10.4	2.3	4.6	2.2	7.5	1.8
Other	—	—	—	—	—	—
Grade						
6	8.7	5.3	5.1	3.1	7.0	3.0
7	9.2	3.2	3.6	2.4	6.5	2.5
8	9.9	3.5	3.2	1.7	6.6	2.3
Total	9.5	2.3	4.1	1.5	6.9	1.6

*For example, a gun, knife, or club.

†Had to be treated by a doctor or nurse.

§95% confidence interval.

¶Non-Hispanic.

**Not available.

Table 5j. Percentage of Middle School Students Who Had Ever Seriously Thought About Killing Themselves, Who Had Ever Made a Plan About How To Kill Themselves, and Who Had Ever Tried To Kill Themselves, by Sex, Race/Ethnicity, and Grade—Miami-Dade County PS, FL, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Seriously thought about killing themselves						
Race/Ethnicity						
White [†]	— [§]	—	—	—	19.9	8.3
Black [†]	14.7	5.5	13.9	3.8	14.2	3.8
Hispanic	13.9	2.9	25.6	3.8	19.7	2.2
Other	—	—	—	—	—	—
Grade						
6	13.7	5.5	16.6	5.3	15.1	4.0
7	14.8	5.0	24.1	4.9	19.2	3.3
8	15.0	3.2	25.2	4.9	20.0	3.0
Total	14.7	2.4	21.9	3.0	18.2	1.8
Made a plan about how to kill themselves						
Race/Ethnicity						
White	—	—	—	—	14.6	6.9
Black	7.4	2.9	8.9	3.7	8.1	2.3
Hispanic	8.7	2.2	15.8	2.5	12.3	1.7
Other	—	—	—	—	—	—
Grade						
6	7.0	4.8	8.2	3.6	7.5	3.1
7	10.6	4.2	15.4	3.4	12.9	2.7
8	8.4	2.2	18.0	4.1	13.2	2.2
Total	8.6	2.1	13.9	2.6	11.2	1.6
Tried to kill themselves						
Race/Ethnicity						
White	—	—	—	—	6.2	4.2
Black	4.3	3.2	7.6	3.6	5.8	2.8
Hispanic	8.4	2.2	12.2	3.7	10.4	2.3
Other	—	—	—	—	—	—
Grade						
6	5.6	3.2	7.5	3.8	6.5	2.3
7	7.1	3.0	11.1	3.9	9.0	3.1
8	8.2	2.6	11.8	3.4	10.0	1.8
Total	6.9	1.6	10.2	2.4	8.5	1.4

*95% confidence interval.

[†]Non-Hispanic.

[§]Not available.

Table 6j. Percentage of Middle School Students Who Had Ever Smoked Cigarettes, by Sex, Race/Ethnicity, and Grade—Miami-Dade County PS, FL, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Lifetime cigarette use[†]						
Race/Ethnicity						
White [§]	— [‡]	—	—	—	22.4	9.2
Black [§]	30.2	5.9	21.5	5.7	25.9	4.4
Hispanic	31.9	4.4	30.2	4.9	31.0	3.7
Other	—	—	—	—	—	—
Grade						
6	17.4	6.5	20.3	7.9	18.8	6.7
7	32.1	4.3	24.4	6.0	28.3	4.7
8	41.6	5.2	34.4	5.8	38.0	4.3
Total	30.4	3.1	26.4	4.1	28.4	3.2
Lifetime daily cigarette use^{**}						
Race/Ethnicity						
White	—	—	—	—	2.8	2.5
Black	3.8	3.0	1.6	1.5	2.7	1.8
Hispanic	5.2	1.8	4.1	2.0	4.7	1.5
Other	—	—	—	—	—	—
Grade						
6	1.7	0.7	1.7	2.2	1.7	1.1
7	4.3	2.6	3.6	2.2	4.0	2.1
8	8.7	2.4	2.7	1.3	5.7	1.6
Total	4.8	1.3	2.9	1.3	3.9	1.0

*95% confidence interval.

[†]Ever tried cigarette smoking, even one or two puffs.[§]Non-Hispanic.[‡]Not available.^{**}Ever smoked at least one cigarette every day for 30 days.

Table 7j. Percentage of Middle School Students Who Smoked Cigarettes, by Sex, Race/Ethnicity, and Grade—Miami-Dade County PS, FL, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Current cigarette use[†]						
Race/Ethnicity						
White [§]	— [¶]	—	—	—	4.6	3.6
Black [§]	6.5	2.4	0.3	0.7	3.5	1.5
Hispanic	6.9	2.4	8.0	3.4	7.5	2.2
Other	—	—	—	—	—	—
Grade						
6	4.4	3.0	5.7	4.7	5.0	3.0
7	7.0	3.3	5.9	4.0	6.5	2.9
8	8.8	3.0	3.7	1.8	6.3	1.9
Total	6.7	1.7	5.2	2.2	6.0	1.4
Current frequent cigarette use^{**}						
Race/Ethnicity						
White	—	—	—	—	1.6	1.1
Black	0.3	0.7	0.0	0.0	0.2	0.4
Hispanic	1.0	0.8	1.2	1.1	1.1	0.7
Other	—	—	—	—	—	—
Grade						
6	0.0	0.0	1.1	1.4	0.6	0.7
7	1.0	1.3	0.6	1.1	0.8	0.9
8	2.2	1.4	0.5	0.7	1.4	0.8
Total	1.0	0.7	0.8	0.7	0.9	0.5

*95% confidence interval.

[†]Smoked cigarettes on ≥ 1 of the 30 days preceding the survey.[§]Non-Hispanic.[¶]Not available.^{**}Smoked cigarettes on ≥ 20 of the 30 days preceding the survey.

Table 8j. Percentage of Middle School Students Who Used Smokeless Tobacco,* Smoked Cigars,[†] and Used Any Tobacco Product,[§] by Sex, Race/Ethnicity, and Grade—Miami-Dade County PS, FL, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [¶] (±)	%	CI (±)	%	CI (±)
Current smokeless tobacco use						
Race/Ethnicity						
White**	— ^{††}	—	—	—	5.3	4.5
Black**	6.4	2.7	1.3	1.3	4.0	1.5
Hispanic	5.4	2.1	4.2	2.0	4.8	1.5
Other	—	—	—	—	—	—
Grade						
6	4.5	2.9	3.1	2.9	3.8	2.4
7	7.2	2.7	3.4	1.6	5.4	1.8
8	6.1	3.0	2.6	2.1	4.4	2.0
Total	6.1	1.8	3.2	1.4	4.7	1.3
Current cigar use						
Race/Ethnicity						
White	—	—	—	—	3.2	2.4
Black	4.5	2.6	2.3	2.1	3.4	1.9
Hispanic	8.0	2.4	5.8	1.7	6.9	1.5
Other	—	—	—	—	—	—
Grade						
6	1.9	1.8	3.0	2.4	2.4	1.9
7	8.3	3.8	5.7	2.5	7.1	2.6
8	9.8	3.2	3.8	1.8	6.8	2.0
Total	6.8	1.9	4.2	1.3	5.6	1.3
Current tobacco use						
Race/Ethnicity						
White	—	—	—	—	8.2	5.3
Black	12.2	3.8	2.7	2.4	7.6	2.5
Hispanic	10.5	3.1	10.7	3.5	10.5	2.5
Other	—	—	—	—	—	—
Grade						
6	7.1	4.5	7.2	5.2	7.2	3.8
7	12.8	4.2	8.6	4.2	10.7	3.3
8	13.2	4.9	6.7	3.0	10.0	3.2
Total	11.0	2.6	7.7	2.5	9.4	2.0

*Used chewing tobacco, snuff, or dip on ≥ 1 of the 30 days preceding the survey.[†]Smoked cigars, cigarillos, or little cigars on ≥ 1 of the 30 days preceding the survey.[§]Reported current cigarette use, current cigar use, or had used chewing tobacco, snuff, or dip on ≥ 1 of the 30 days preceding the survey.[¶]95% confidence interval.

**Non-Hispanic.

^{††}Not available.

Table 9j. Percentage of Middle School Students Who Had Ever Had a Drink of Alcohol,* Who Had Ever Used Marijuana, and Who Had Ever Used Cocaine,† by Sex, Race/Ethnicity, and Grade—Miami-Dade County PS, FL, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Lifetime alcohol use						
Race/Ethnicity						
White [¶]	—**	—	—	—	27.3	8.4
Black [¶]	44.3	7.2	36.3	6.8	40.8	5.2
Hispanic	42.2	4.9	44.6	6.3	43.4	4.0
Other	—	—	—	—	—	—
Grade						
6	26.1	5.4	29.8	7.9	28.2	4.1
7	43.4	6.1	39.2	6.9	41.5	5.3
8	53.0	5.8	50.9	6.9	51.9	5.0
Total	41.0	3.7	40.2	4.5	40.7	3.3
Lifetime marijuana use						
Race/Ethnicity						
White	—	—	—	—	5.5	3.5
Black	11.6	5.0	7.2	3.9	9.5	4.0
Hispanic	11.7	3.5	8.3	2.5	10.0	2.3
Other	—	—	—	—	—	—
Grade						
6	3.2	2.4	4.3	3.0	3.7	1.9
7	11.8	5.4	8.6	3.5	10.2	3.7
8	19.1	4.5	8.4	2.4	13.7	3.0
Total	11.3	3.0	7.3	2.0	9.3	2.1
Lifetime cocaine use						
Race/Ethnicity						
White	—	—	—	—	2.8	2.5
Black	4.4	2.5	1.8	1.1	3.1	1.5
Hispanic	5.2	2.0	4.8	2.0	5.0	1.6
Other	—	—	—	—	—	—
Grade						
6	2.3	1.9	2.8	2.3	2.6	1.5
7	5.0	2.5	2.7	1.6	3.9	1.7
8	6.6	2.8	5.3	2.6	5.9	2.4
Total	4.6	1.4	3.7	1.4	4.2	1.1

*Ever had a drink of alcohol, other than a few sips.

†Ever used any form of cocaine (e.g., powder, “crack,” or “freebase”).

§95% confidence interval.

¶Non-Hispanic.

**Not available.

Table 10j. Percentage of Middle School Students Who Had Ever Used Inhalants* and Who Had Ever Used Steroids, by Sex, Race/Ethnicity, and Grade—Miami-Dade County PS, FL, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [†] (±)	%	CI (±)	%	CI (±)
Lifetime inhalant use						
Race/Ethnicity						
White [§]	— [¶]	—	—	—	8.8	5.4
Black [§]	12.6	3.6	12.1	3.9	12.5	2.4
Hispanic	12.3	2.9	14.4	2.8	13.3	2.2
Other	—	—	—	—	—	—
Grade						
6	8.7	5.4	15.8	4.5	12.2	3.5
7	16.5	4.9	12.2	3.1	14.6	3.3
8	10.0	3.8	11.9	3.7	10.9	2.7
Total	11.9	2.2	13.2	2.0	12.6	1.5
Lifetime steroid use						
Race/Ethnicity						
White	—	—	—	—	2.2	2.7
Black	2.9	2.0	0.7	1.0	1.8	0.9
Hispanic	2.0	1.1	2.0	1.6	2.0	1.0
Other	—	—	—	—	—	—
Grade						
6	1.4	1.7	2.2	2.3	1.8	1.3
7	2.5	1.9	0.7	0.8	1.6	1.0
8	3.5	1.7	1.8	1.7	2.7	1.3
Total	2.4	1.1	1.6	1.1	2.0	0.8

*Sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high.

†95% confidence interval.

§Non-Hispanic.

¶Not available.

Table 11j. Percentage of Middle School Students Who Had Initiated Drug-Related Behaviors Before Age 11 Years, by Sex, Race/Ethnicity, and Grade—Miami-Dade County PS, FL, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Smoked a whole cigarette before age 11 years						
Race/Ethnicity						
White†	—§	—	—	—	1.9	2.3
Black†	9.1	5.1	3.0	2.4	6.1	3.1
Hispanic	6.5	2.2	5.7	2.3	6.1	1.7
Other	—	—	—	—	—	—
Grade						
6	6.4	4.6	4.6	3.6	5.5	3.5
7	7.6	2.7	4.5	2.4	6.1	2.0
8	7.4	2.6	3.6	1.6	5.5	1.7
Total	7.1	2.0	4.2	1.6	5.7	1.4
Had first drink of alcohol before age 11 years†						
Race/Ethnicity						
White	—	—	—	—	10.3	3.8
Black	26.1	6.1	17.3	5.0	21.7	4.2
Hispanic	18.7	3.3	17.5	5.1	18.1	3.0
Other	—	—	—	—	—	—
Grade						
6	17.9	5.9	16.7	8.6	17.2	4.9
7	23.2	5.4	17.5	4.5	20.4	4.1
8	19.7	3.7	15.5	4.3	17.6	2.6
Total	20.2	2.6	16.7	3.6	18.5	2.2
Tried marijuana before age 11 years						
Race/Ethnicity						
White	—	—	—	—	0.5	1.0
Black	2.1	2.2	1.0	1.1	1.9	1.4
Hispanic	2.7	1.4	1.9	1.2	2.3	1.0
Other	—	—	—	—	—	—
Grade						
6	1.2	1.4	1.1	1.3	1.5	1.5
7	2.0	1.7	1.2	1.2	1.6	0.9
8	3.8	2.2	1.6	1.5	2.7	1.2
Total	2.3	1.1	1.4	0.8	2.0	0.7

*95% confidence interval.

†Non-Hispanic.

§Not available.

¶Other than a few sips.

Table 12j. Percentage of Middle School Students Who Had Engaged in Sexual Behaviors, by Sex, Race/Ethnicity, and Grade—Miami-Dade County PS, FL, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Ever had sexual intercourse						
Race/Ethnicity						
White [†]	— [§]	—	—	—	8.4	7.0
Black [†]	42.1	7.5	9.2	4.2	25.6	5.1
Hispanic	26.0	5.3	10.8	2.8	18.4	3.1
Other	—	—	—	—	—	—
Grade						
6	13.4	6.0	5.3	3.1	9.4	3.8
7	31.8	9.3	8.5	3.3	19.9	5.3
8	42.3	5.8	15.0	4.1	28.4	3.9
Total	29.0	5.0	9.8	2.3	19.4	3.1
Had first sexual intercourse before age 11 years						
Race/Ethnicity						
White	—	—	—	—	2.7	3.5
Black	24.2	3.9	2.6	2.7	13.4	3.3
Hispanic	5.9	2.0	1.5	0.9	3.7	1.1
Other	—	—	—	—	—	—
Grade						
6	7.6	3.6	3.2	2.7	5.4	2.8
7	14.3	4.3	1.5	1.5	7.8	2.3
8	11.2	3.9	1.7	1.2	6.3	2.2
Total	10.9	2.1	2.1	1.1	6.5	1.4
Had ≥ 3 sex partners						
Race/Ethnicity						
White	—	—	—	—	1.3	1.9
Black	22.0	5.8	0.8	1.2	11.6	3.8
Hispanic	11.3	2.9	2.4	1.3	6.8	1.6
Other	—	—	—	—	—	—
Grade						
6	6.4	3.5	1.2	1.5	3.9	2.0
7	15.9	5.3	2.0	1.8	8.9	2.9
8	18.5	4.8	1.7	1.4	10.1	2.8
Total	13.7	3.0	1.6	0.9	7.7	1.7

*95% confidence interval.

[†]Non-Hispanic.[§]Not available.

Table 13j. Percentage of Middle School Students Who Had Used a Condom During Last Sexual Intercourse* and Who Had Ever Been Taught About Acquired Immunodeficiency Syndrome (AIDS) or Human Immunodeficiency Virus (HIV) Infection in School, by Sex, Race/Ethnicity, and Grade—Miami-Dade County PS, FL, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [†] (±)	%	CI (±)	%	CI (±)
Used condom during last sexual intercourse						
Race/Ethnicity						
White [§]	— [¶]	—	—	—	—	—
Black [§]	—	—	—	—	68.6	11.6
Hispanic	72.1	8.0	—	—	70.3	6.7
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	73.9	7.1
8	70.8	7.4	—	—	67.8	5.8
Total	72.1	6.6	—	—	69.9	5.2
Had been taught in school about AIDS or HIV infection						
Race/Ethnicity						
White	—	—	—	—	68.9	11.6
Black	71.0	4.3	88.2	6.2	79.3	4.9
Hispanic	71.4	6.2	72.3	6.7	71.9	6.1
Other	—	—	—	—	—	—
Grade						
6	57.3	10.0	67.4	12.7	62.3	10.4
7	76.7	8.3	78.5	7.2	77.5	7.3
8	79.9	5.8	83.7	6.4	81.8	5.5
Total	70.9	4.7	76.6	5.2	73.7	4.6

*Among the 19.4% of students who ever had sexual intercourse.

[†]95% confidence interval.

[§]Non-Hispanic.

[¶]Not available.

Table 14j. Percentage of Middle School Students Who Had Participated in Sufficient Vigorous Physical Activity,* Who Had Played on Any Sports Teams,† and Who Had Watched ≥ 3 Hours per Day of TV,§ by Sex, Race/Ethnicity, and Grade—Miami-Dade County PS, FL, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [¶] (\pm)	%	CI (\pm)	%	CI (\pm)
Participated in sufficient vigorous physical activity						
Race/Ethnicity						
White**	— ^{††}	—	—	—	56.5	11.1
Black**	60.2	10.1	47.8	9.7	54.0	8.4
Hispanic	68.6	4.9	53.1	4.9	60.8	3.6
Other	—	—	—	—	—	—
Grade						
6	51.9	8.9	45.2	11.4	48.4	7.5
7	74.1	5.3	55.9	6.3	65.2	4.3
8	70.1	4.7	54.4	5.1	62.3	3.4
Total	65.3	4.3	51.7	4.8	58.5	3.6
Played on any sports teams						
Race/Ethnicity						
White	—	—	—	—	41.4	7.6
Black	65.5	6.1	33.8	7.1	49.7	4.8
Hispanic	53.3	4.4	30.4	3.8	41.8	3.2
Other	—	—	—	—	—	—
Grade						
6	54.7	6.9	36.8	8.5	45.9	5.2
7	54.6	4.5	30.8	5.1	42.7	3.3
8	57.1	5.3	31.0	4.2	44.1	3.5
Total	55.5	3.6	32.9	4.0	44.2	2.7
Watched ≥ 3 hours per day of TV						
Race/Ethnicity						
White	—	—	—	—	44.0	10.6
Black	70.7	6.9	72.6	9.1	71.7	6.9
Hispanic	53.8	3.9	56.5	4.7	55.2	3.4
Other	—	—	—	—	—	—
Grade						
6	55.4	6.3	57.5	8.7	56.6	6.9
7	60.2	5.8	60.2	7.1	60.2	4.9
8	59.5	5.4	60.1	6.1	59.9	4.5
Total	58.2	3.4	59.2	4.2	58.8	3.2

*Exercised or participated in physical activities that made them sweat and breathe hard for ≥ 20 minutes on ≥ 3 of the 7 days preceding the survey (e.g., basketball, soccer, running, swimming laps, fast bicycling, fast dancing, or similar aerobic activities).

†Run by their school or community groups.

§On an average school day.

¶95% confidence interval.

**Non-Hispanic.

††Not available.

Table 15j. Percentage of Middle School Students Who Were Enrolled in Physical Education (PE) Class* and Attended PE Class Daily,† by Sex, Race/Ethnicity, and Grade—Miami-Dade County PS, FL, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Were enrolled in PE class						
Race/Ethnicity						
White [¶]	—**	—	—	—	32.2	9.7
Black [¶]	48.4	6.7	38.2	10.1	43.1	6.9
Hispanic	43.0	5.7	28.9	4.0	35.9	4.0
Other	—	—	—	—	—	—
Grade						
6	36.7	13.7	29.1	13.7	32.9	12.7
7	48.2	6.2	36.4	7.3	42.3	5.6
8	46.5	7.7	28.3	6.8	37.5	6.0
Total	43.8	4.8	31.3	5.2	37.6	4.3
Attended PE class daily						
Race/Ethnicity						
White	—	—	—	—	11.2	5.7
Black	10.8	6.5	7.7	7.0	9.2	5.3
Hispanic	15.3	4.7	6.9	2.7	11.1	3.5
Other	—	—	—	—	—	—
Grade						
6	12.7	11.3	9.0	11.5	10.8	11.1
7	11.6	6.2	5.8	2.8	8.7	3.8
8	15.8	5.6	7.5	3.0	11.7	4.1
Total	13.4	4.1	7.6	3.7	10.5	3.6

*On one or more days in an average week when they were in school.

†5 days in an average week when they were in school.

§95% confidence interval.

¶Non-Hispanic.

**Not available.

Table 16j. Percentage of Middle School Students Who Were at Risk for Becoming* or Were Overweight,† by Sex, Race/Ethnicity, and Grade—Miami-Dade County PS, FL, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
At risk for becoming overweight						
Race/Ethnicity						
White [†]	—**	—	—	—	—	—
Black [†]	19.0	6.1	18.2	8.7	18.6	5.4
Hispanic	21.9	4.4	17.2	4.4	19.7	3.4
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	21.0	6.5
7	21.8	5.4	19.6	5.6	20.8	4.5
8	17.7	4.7	14.5	4.3	16.3	3.6
Total	21.3	3.7	16.4	3.3	19.0	2.7
Overweight						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	15.3	6.5	10.1	4.1	12.8	3.7
Hispanic	20.1	4.9	8.1	2.6	14.4	3.2
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	19.3	12.0
7	15.5	5.7	9.3	3.1	12.7	3.5
8	16.9	4.6	8.7	3.3	13.1	2.8
Total	19.2	4.8	8.9	2.0	14.3	3.1

*Students who were \geq 85th percentile but $<$ 95th percentile for body mass index, by age and sex, based on reference data.

†Students who were \geq 95th percentile for body mass index, by age and sex, based on reference data.

§95% confidence interval.

†Non-Hispanic.

**Not available.

Table 17j. Percentage of Middle School Students Who Described Themselves as Slightly or Very Overweight and Who Were Trying To Lose Weight, by Sex, Race/Ethnicity, and Grade—Miami-Dade County PS, FL, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Described themselves as overweight						
Race/Ethnicity						
White [†]	— [§]	—	—	—	24.8	8.5
Black [†]	15.8	5.1	23.8	6.6	20.1	4.4
Hispanic	25.3	3.7	33.8	4.5	29.5	2.9
Other	—	—	—	—	—	—
Grade						
6	25.2	7.1	20.4	5.3	23.1	2.7
7	19.8	6.2	32.8	5.3	26.2	4.2
8	23.4	4.7	35.7	6.2	29.3	4.5
Total	22.9	3.7	29.3	3.6	26.1	2.4
Were trying to lose weight						
Race/Ethnicity						
White	—	—	—	—	51.2	9.8
Black	29.0	5.6	43.5	6.1	36.3	3.5
Hispanic	43.2	5.1	58.7	3.9	50.8	3.6
Other	—	—	—	—	—	—
Grade						
6	39.9	11.2	50.7	6.3	45.4	6.6
7	40.7	5.1	52.9	4.2	46.7	3.4
8	36.7	4.7	57.4	5.9	46.6	4.4
Total	39.1	4.7	53.7	2.8	46.3	2.9

*95% confidence interval.

[†]Non-Hispanic.

[§]Not available.

Table 18j. Percentage of Middle School Students Who Had Ever Engaged in Healthy Behaviors Associated with Weight Control To Lose Weight or To Keep from Gaining Weight, by Sex, Race/Ethnicity, and Grade—Miami-Dade County PS, FL, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI*(±)	%	CI (±)	%	CI (±)
Ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight						
Race/Ethnicity						
White [†]	— [§]	—	—	—	50.8	6.1
Black [†]	32.0	3.9	42.8	6.6	37.1	4.1
Hispanic	40.1	5.2	59.0	3.6	49.4	3.3
Other	—	—	—	—	—	—
Grade						
6	40.0	9.2	46.8	7.0	43.1	6.1
7	36.1	5.7	58.0	3.8	46.9	3.7
8	38.0	4.3	57.5	5.4	47.5	3.7
Total	37.9	3.8	53.9	3.5	45.7	2.8
Exercised to lose weight or to keep from gaining weight						
Race/Ethnicity						
White	—	—	—	—	65.9	6.3
Black	52.6	6.8	63.5	7.0	58.0	5.5
Hispanic	60.2	4.8	73.8	3.8	66.9	3.3
Other	—	—	—	—	—	—
Grade						
6	51.9	9.0	65.4	6.3	58.6	6.5
7	60.5	6.4	76.2	4.7	68.1	3.8
8	59.0	4.2	71.4	5.1	64.9	3.6
Total	57.3	3.9	70.9	3.2	64.0	2.8

*95% confidence interval.

†Non-Hispanic.

§Not available.

Table 19j. Percentage of Middle School Students Who Had Ever Engaged in Unhealthy Behaviors Associated with Weight Control To Lose Weight or To Keep from Gaining Weight, by Sex, Race/Ethnicity, and Grade—Miami-Dade County PS, FL, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Went without eating for ≥ 24 hours to lose weight or to keep from gaining weight						
Race/Ethnicity						
White†	— [§]	—	—	—	19.0	8.7
Black†	19.6	4.8	24.6	7.3	22.1	4.3
Hispanic	12.3	2.4	16.5	3.0	14.4	2.0
Other	—	—	—	—	—	—
Grade						
6	19.5	3.9	21.5	6.2	20.4	3.4
7	12.8	3.5	13.5	4.6	13.3	3.4
8	13.5	3.4	21.7	4.4	17.5	3.0
Total	15.4	2.2	18.8	3.1	17.1	1.9
Took diet pills, powders, or liquids to lose weight or to keep from gaining weight[¶]						
Race/Ethnicity						
White	—	—	—	—	4.5	4.3
Black	4.2	2.3	4.0	2.5	4.1	1.8
Hispanic	7.1	2.1	7.4	2.1	7.3	1.3
Other	—	—	—	—	—	—
Grade						
6	4.6	3.6	2.9	2.7	3.8	2.0
7	7.1	3.2	6.4	2.6	6.7	2.0
8	6.1	2.0	8.6	2.4	7.3	1.4
Total	5.9	1.9	6.0	1.7	6.0	1.1
Vomited or took laxatives to lose weight or to keep from gaining weight						
Race/Ethnicity						
White	—	—	—	—	3.6	3.2
Black	6.2	3.6	8.3	3.6	7.2	2.6
Hispanic	3.4	1.6	8.2	3.0	5.8	1.6
Other	—	—	—	—	—	—
Grade						
6	3.7	2.7	7.8	4.9	5.7	2.5
7	4.8	2.2	5.1	2.5	5.0	1.6
8	4.3	2.0	10.5	3.2	7.3	1.9
Total	4.3	1.5	7.8	2.2	6.0	1.3

*95% confidence interval.

†Non-Hispanic.

§Not available.

¶Without a doctor's advice.

MILWAUKEE PUBLIC SCHOOLS, WI

MIDDLE SCHOOL YOUTH RISK BEHAVIOR SURVEY

2003

Table 2k. Percentage of Middle School Students Who Had Rarely or Never Worn Seatbelts* and Who Had Ever Ridden in a Car with a Driver Who Had Been Drinking Alcohol, by Sex, Race/Ethnicity, and Grade—Milwaukee PS, WI, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [†] (±)	%	CI (±)	%	CI (±)
Rarely or never wore seat belts						
Race/Ethnicity						
White [§]	24.3	6.8	15.1	9.0	20.4	6.4
Black [§]	35.7	6.1	26.0	4.4	30.9	4.2
Hispanic	31.5	6.8	19.6	7.1	25.7	4.9
Other	— [¶]	—	—	—	25.1	7.6
Grade						
6	27.6	7.2	13.9	5.1	20.9	4.6
7	30.8	4.9	28.1	3.9	29.4	3.3
8	39.4	7.4	26.7	6.8	33.1	5.8
Total	32.8	4.1	23.3	4.0	28.1	3.3
Rode with a driver who had been drinking alcohol						
Race/Ethnicity						
White	38.3	6.9	43.7	7.8	40.7	5.2
Black	40.6	5.6	37.9	5.3	39.2	3.6
Hispanic	33.6	10.1	37.1	8.7	35.4	8.0
Other	—	—	—	—	37.0	8.0
Grade						
6	35.9	10.9	35.7	5.8	35.7	7.2
7	36.0	4.7	36.5	7.8	36.0	4.9
8	42.5	4.8	43.5	6.9	43.0	4.5
Total	38.3	4.3	38.8	4.0	38.5	3.1

*When riding in a car.

†95% confidence interval.

§Non-Hispanic.

¶Not available.

Table 3k. Percentage of Middle School Students Who Had Rarely or Never Worn Bicycle Helmets* or Rollerblade or Skateboard Helmets,† by Sex, Race/Ethnicity, and Grade—Milwaukee PS, WI, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Rarely or never wore bicycle helmets						
Race/Ethnicity						
White [¶]	83.7	12.1	—**	—	82.2	7.9
Black [¶]	95.7	3.0	93.9	3.0	94.8	2.6
Hispanic	91.0	4.3	85.2	6.3	88.3	4.3
Other	—	—	—	—	87.9	4.4
Grade						
6	90.4	7.8	83.2	4.9	87.0	5.0
7	93.7	3.2	92.2	3.5	93.0	2.5
8	93.9	2.9	94.5	3.5	94.2	2.9
Total	92.6	2.9	90.1	2.6	91.4	2.1
Rarely or never wore a helmet when using rollerblades or riding a skateboard						
Race/Ethnicity						
White	—	—	—	—	84.5	6.7
Black	88.3	5.3	94.4	3.2	91.6	3.3
Hispanic	84.4	8.4	86.7	6.4	85.2	4.2
Other	—	—	—	—	90.5	6.2
Grade						
6	84.4	8.3	86.1	7.1	85.2	4.9
7	85.3	6.7	92.5	4.1	89.1	4.2
8	90.8	3.5	94.9	3.2	92.9	2.8
Total	86.6	4.0	91.0	2.7	88.8	2.3

*Among the 90.6% of students who had ridden a bicycle.

†Among the 56.8% of students who used rollerblades or ridden a skateboard.

§95% confidence interval.

¶Non-Hispanic.

**Not available.

Table 4k. Percentage of Middle School Students Who Had Ever Carried a Weapon,* Who Had Ever Been in a Physical Fight, and Who Had Ever Been Hurt in a Physical Fight,† by Sex, Race/Ethnicity, and Grade—Milwaukee PS, WI, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Carried a weapon						
Race/Ethnicity						
White [¶]	35.4	8.8	20.7	9.0	29.0	5.7
Black [¶]	36.5	4.4	24.2	4.5	30.3	3.5
Hispanic	31.8	11.5	23.9	8.0	27.9	7.8
Other	—**	—	—	—	31.2	6.8
Grade						
6	31.2	9.1	18.7	5.0	25.1	5.5
7	29.3	5.7	23.4	4.9	26.4	3.4
8	45.4	4.6	28.8	6.2	37.2	3.7
Total	35.3	4.2	23.9	3.3	29.7	2.9
Were in a physical fight						
Race/Ethnicity						
White	75.1	6.3	45.9	10.5	62.6	7.7
Black	78.8	5.1	75.1	4.8	77.0	3.8
Hispanic	74.9	7.0	58.1	9.5	66.7	7.3
Other	—	—	—	—	72.8	7.0
Grade						
6	71.1	8.1	59.8	11.0	65.6	7.7
7	75.6	5.1	68.6	5.7	72.3	4.2
8	84.7	4.6	75.9	5.6	80.4	3.1
Total	77.2	3.7	68.3	4.6	72.9	3.3
Were hurt in a physical fight						
Race/Ethnicity						
White	11.2	4.5	6.3	4.8	9.1	3.1
Black	13.1	4.6	6.6	2.6	9.8	2.8
Hispanic	11.9	5.6	7.0	3.5	9.4	3.9
Other	—	—	—	—	6.1	4.6
Grade						
6	16.6	7.9	5.3	4.1	11.1	4.7
7	9.4	2.5	7.4	3.3	8.3	2.3
8	11.1	3.8	7.3	3.1	9.3	2.7
Total	12.2	3.1	6.7	2.0	9.5	2.0

*For example, a gun, knife, or club.

†Had to be treated by a doctor or nurse.

§95% confidence interval.

¶Non-Hispanic.

**Not available.

Table 5k. Percentage of Middle School Students Who Had Ever Seriously Thought About Killing Themselves, Who Had Ever Made a Plan About How To Kill Themselves, and Who Had Ever Tried To Kill Themselves, by Sex, Race/Ethnicity, and Grade—Milwaukee PS, WI, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Seriously thought about killing themselves						
Race/Ethnicity						
White†	21.7	7.3	31.6	9.6	25.9	5.8
Black†	19.8	3.8	27.5	4.6	23.6	3.1
Hispanic	15.1	8.0	33.2	10.9	24.1	8.7
Other	— [§]	—	—	—	24.8	6.9
Grade						
6	18.2	6.4	24.1	9.5	21.0	6.4
7	15.8	4.8	27.8	5.8	21.5	4.2
8	24.0	4.5	34.9	5.7	29.3	3.4
Total	19.2	2.8	29.0	4.2	24.0	2.9
Made a plan about how to kill themselves						
Race/Ethnicity						
White	7.7	5.6	17.0	10.4	11.7	6.1
Black	8.1	2.5	16.2	3.4	12.1	2.4
Hispanic	10.3	5.6	15.6	7.5	13.2	5.9
Other	—	—	—	—	18.6	6.6
Grade						
6	6.1	3.1	13.3	5.5	9.6	3.4
7	9.2	3.6	15.3	4.2	12.1	3.3
8	10.4	3.4	21.4	5.5	15.8	3.3
Total	8.7	2.1	16.7	3.2	12.6	2.2
Tried to kill themselves						
Race/Ethnicity						
White	5.9	4.4	14.5	7.8	9.6	4.6
Black	8.7	3.4	13.1	3.5	10.9	2.6
Hispanic	6.8	3.7	11.2	4.3	9.0	3.4
Other	—	—	—	—	15.5	7.0
Grade						
6	7.1	4.3	10.9	5.2	9.0	3.6
7	7.8	4.1	12.9	3.5	10.2	3.2
8	8.5	2.8	16.3	4.2	12.3	2.6
Total	8.1	2.3	13.4	2.6	10.6	2.0

*95% confidence interval.

†Non-Hispanic.

§Not available.

Table 6k. Percentage of Middle School Students Who Had Ever Smoked Cigarettes, by Sex, Race/Ethnicity, and Grade—Milwaukee PS, WI, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Lifetime cigarette use[†]						
Race/Ethnicity						
White [§]	32.5	12.7	36.3	8.3	34.2	8.4
Black [§]	49.8	4.9	52.7	4.7	51.2	3.6
Hispanic	35.4	9.2	42.4	12.1	38.9	9.2
Other	— [¶]	—	—	—	43.0	7.1
Grade						
6	34.5	10.7	37.0	10.2	35.6	8.1
7	40.3	6.0	51.5	6.3	45.8	5.2
8	56.3	5.2	56.4	6.0	56.4	4.4
Total	43.9	4.7	48.6	4.3	46.2	3.7
Lifetime daily cigarette use^{**}						
Race/Ethnicity						
White	3.4	3.6	10.6	7.4	6.5	3.4
Black	5.4	1.9	4.0	1.7	4.7	1.6
Hispanic	6.1	4.6	4.6	3.6	5.3	2.9
Other	—	—	—	—	8.4	5.1
Grade						
6	2.7	2.5	4.8	3.9	3.7	2.3
7	7.5	3.2	4.4	2.1	5.9	2.4
8	5.3	2.6	6.5	2.8	5.9	1.7
Total	5.2	1.6	5.3	1.5	5.3	1.2

*95% confidence interval.

[†]Ever tried cigarette smoking, even one or two puffs.[§]Non-Hispanic.[¶]Not available.^{**}Ever smoked at least one cigarette every day for 30 days.

Table 7k. Percentage of Middle School Students Who Smoked Cigarettes, by Sex, Race/Ethnicity, and Grade—Milwaukee PS, WI, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Current cigarette use[†]						
Race/Ethnicity						
White [§]	7.0	5.3	11.8	4.6	9.1	3.6
Black [§]	5.9	2.1	7.2	2.2	6.5	1.5
Hispanic	5.8	3.6	11.2	5.0	8.7	3.1
Other	— [¶]	—	—	—	10.0	5.2
Grade						
6	4.1	3.4	6.5	4.4	5.2	2.7
7	5.9	3.0	8.3	3.2	7.0	2.4
8	8.7	3.7	10.7	3.4	9.7	2.4
Total	6.2	1.8	8.6	1.7	7.4	1.2
Current frequent cigarette use**						
Race/Ethnicity						
White	1.4	2.1	1.8	2.2	1.6	1.6
Black	1.4	1.0	0.8	0.7	1.1	0.6
Hispanic	0.7	1.2	0.9	1.2	0.8	0.9
Other	—	—	—	—	3.6	3.0
Grade						
6	0.0	0.0	0.0	0.0	0.0	0.0
7	2.1	2.2	0.7	0.9	1.4	1.2
8	1.8	1.4	2.3	1.6	2.1	1.1
Total	1.3	0.8	1.1	0.7	1.3	0.5

*95% confidence interval.

†Smoked cigarettes on ≥ 1 of the 30 days preceding the survey.

§Non-Hispanic.

¶Not available.

**Smoked cigarettes on ≥ 20 of the 30 days preceding the survey.

Table 8k. Percentage of Middle School Students Who Used Smokeless Tobacco,* Smoked Cigars,† and Used Any Tobacco Product,§ by Sex, Race/Ethnicity, and Grade—Milwaukee PS, WI, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Current smokeless tobacco use						
Race/Ethnicity						
White**	1.4	2.0	3.1	3.4	2.1	1.9
Black**	2.6	1.7	1.7	1.2	2.1	1.1
Hispanic	6.5	5.1	3.9	3.4	5.2	2.7
Other	— ^{††}	—	—	—	0.9	1.0
Grade						
6	2.5	2.8	2.6	2.4	2.5	2.1
7	2.9	1.9	1.9	1.6	2.4	1.4
8	3.5	2.5	2.7	1.7	3.1	1.4
Total	2.9	1.4	2.4	1.2	2.7	1.0
Current cigar use						
Race/Ethnicity						
White	5.8	4.4	2.9	3.1	4.5	3.3
Black	11.5	2.7	8.4	2.6	9.9	1.8
Hispanic	7.5	3.5	6.7	4.1	7.3	3.0
Other	—	—	—	—	5.8	4.0
Grade						
6	7.8	4.8	4.5	3.5	6.2	3.0
7	12.2	4.1	7.5	3.6	9.8	2.9
8	9.3	2.7	9.9	2.6	9.6	1.6
Total	9.8	1.9	7.3	2.1	8.6	1.5
Current tobacco use						
Race/Ethnicity						
White	10.0	6.5	14.4	6.0	11.9	4.5
Black	12.6	2.4	11.1	2.9	11.9	1.8
Hispanic	11.1	4.6	14.9	5.5	13.2	3.6
Other	—	—	—	—	12.1	5.4
Grade						
6	7.9	4.3	8.6	4.6	8.2	2.6
7	13.2	3.8	11.5	4.2	12.3	2.8
8	14.5	4.4	16.1	3.8	15.2	2.5
Total	11.8	2.1	12.2	2.2	12.1	1.5

*Used chewing tobacco, snuff, or dip on ≥ 1 of the 30 days preceding the survey.†Smoked cigars, cigarillos, or little cigars on ≥ 1 of the 30 days preceding the survey.§Reported current cigarette use, current cigar use, or had used chewing tobacco, snuff, or dip on ≥ 1 of the 30 days preceding the survey.

¶95% confidence interval.

**Non-Hispanic.

††Not available.

Table 9k. Percentage of Middle School Students Who Had Ever Had a Drink of Alcohol,* Who Had Ever Used Marijuana, and Who Had Ever Used Cocaine,† by Sex, Race/Ethnicity, and Grade—Milwaukee PS, WI, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Lifetime alcohol use						
Race/Ethnicity						
White [¶]	48.9	9.6	49.6	9.1	49.2	6.8
Black [¶]	45.6	6.6	51.2	4.7	48.3	3.9
Hispanic	44.9	10.2	51.8	9.3	48.3	7.5
Other	—**	—	—	—	50.0	7.4
Grade						
6	46.2	10.7	42.1	8.0	44.1	6.7
7	38.6	7.6	52.8	5.3	45.4	4.7
8	54.7	5.1	57.4	6.7	56.0	4.1
Total	46.2	5.0	51.1	3.9	48.6	3.3
Lifetime marijuana use						
Race/Ethnicity						
White	12.1	7.2	8.4	6.7	10.5	5.9
Black	30.0	5.0	18.8	3.9	24.2	3.8
Hispanic	22.8	10.2	16.8	8.0	19.8	6.9
Other	—	—	—	—	17.9	6.7
Grade						
6	17.3	6.9	6.1	4.7	11.8	4.6
7	21.6	5.9	15.1	4.8	18.2	4.1
8	36.5	6.5	29.5	5.2	33.0	4.5
Total	25.0	4.6	17.1	3.5	21.1	3.4
Lifetime cocaine use						
Race/Ethnicity						
White	2.2	2.6	2.8	2.9	2.4	2.2
Black	4.2	2.3	2.4	1.0	3.3	1.3
Hispanic	5.4	3.9	4.2	4.0	4.8	2.6
Other	—	—	—	—	5.4	3.7
Grade						
6	4.1	3.5	2.2	2.1	3.2	2.3
7	3.6	2.4	3.4	2.3	3.5	1.7
8	4.5	2.7	2.9	2.0	3.7	1.6
Total	4.3	1.8	2.8	1.1	3.6	1.1

*Ever had a drink of alcohol, other than a few sips.

†Ever used any form of cocaine (e.g., powder, “crack,” or “freebase”).

§95% confidence interval.

¶Non-Hispanic.

**Not available.

Table 10k. Percentage of Middle School Students Who Had Ever Used Inhalants* and Who Had Ever Used Steroids, by Sex, Race/Ethnicity, and Grade—Milwaukee PS, WI, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [†] (±)	%	CI (±)	%	CI (±)
Lifetime inhalant use						
Race/Ethnicity						
White [§]	6.4	4.2	12.5	5.5	9.1	3.5
Black [§]	5.3	2.3	5.5	2.0	5.4	1.6
Hispanic	8.4	6.4	9.8	5.2	9.1	5.6
Other	— [¶]	—	—	—	10.5	4.7
Grade						
6	7.1	4.5	9.7	4.6	8.4	3.7
7	6.5	3.2	4.7	2.4	5.6	2.3
8	5.2	2.3	7.7	3.5	6.5	2.0
Total	6.3	1.9	7.3	2.0	6.8	1.6
Lifetime steroid use						
Race/Ethnicity						
White	0.6	1.1	2.8	3.5	1.5	1.8
Black	2.6	1.8	1.7	1.3	2.2	0.9
Hispanic	1.9	2.0	2.2	2.2	2.1	1.2
Other	—	—	—	—	4.7	3.4
Grade						
6	2.8	3.5	3.0	2.7	2.9	2.1
7	2.0	1.7	2.2	1.6	2.1	1.1
8	2.4	1.7	0.8	0.9	1.6	1.0
Total	2.4	1.3	2.0	1.1	2.2	0.8

*Sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high.

†95% confidence interval.

§Non-Hispanic.

¶Not available.

Table 11k. Percentage of Middle School Students Who Had Initiated Drug-Related Behaviors Before Age 11 Years, by Sex, Race/Ethnicity, and Grade—Milwaukee PS, WI, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Smoked a whole cigarette before age 11 years						
Race/Ethnicity						
White†	13.7	8.2	8.2	4.5	11.3	4.8
Black†	8.2	3.1	9.4	2.8	8.8	2.2
Hispanic	8.1	4.1	11.2	5.1	9.7	3.4
Other	— [§]	—	—	—	9.0	4.6
Grade						
6	8.3	4.3	6.7	4.2	7.5	3.2
7	8.5	3.4	10.4	3.1	9.4	2.6
8	11.3	4.2	10.4	3.3	10.9	2.6
Total	9.4	2.4	9.2	2.0	9.3	1.6
Had first drink of alcohol before age 11 years[†]						
Race/Ethnicity						
White	23.3	9.1	15.1	7.9	19.7	7.2
Black	17.9	4.8	18.6	5.7	18.2	3.9
Hispanic	20.9	7.6	18.0	6.8	19.7	5.2
Other	—	—	—	—	17.5	5.8
Grade						
6	24.0	6.8	21.6	9.5	22.8	5.7
7	14.6	5.6	18.6	7.3	16.7	5.2
8	20.5	4.9	13.2	4.3	16.8	3.4
Total	19.6	3.6	17.7	4.3	18.7	3.0
Tried marijuana before age 11 years						
Race/Ethnicity						
White	0.0	0.0	0.8	1.5	0.3	0.7
Black	4.1	1.6	1.9	1.2	3.0	1.0
Hispanic	4.3	3.2	5.1	3.4	4.9	2.7
Other	—	—	—	—	3.3	2.5
Grade						
6	2.6	2.5	0.9	1.2	1.8	1.5
7	3.8	2.4	3.1	1.8	3.4	1.7
8	4.0	1.9	2.4	1.6	3.2	1.1
Total	3.5	1.2	2.2	1.0	3.0	0.8

*95% confidence interval.

†Non-Hispanic.

§Not available.

¶Other than a few sips.

Table 12k. Percentage of Middle School Students Who Had Engaged in Sexual Behaviors, by Sex, Race/Ethnicity, and Grade—Milwaukee PS, WI, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Ever had sexual intercourse						
Race/Ethnicity						
White†	19.1	9.2	— [§]	—	15.8	6.1
Black†	51.8	6.9	19.7	5.5	35.2	4.9
Hispanic	18.3	10.3	14.6	7.1	16.3	6.8
Other	—	—	—	—	24.3	7.3
Grade						
6	25.0	11.9	6.9	4.6	15.8	5.9
7	40.0	8.1	18.3	4.7	29.2	4.7
8	54.1	7.1	27.3	6.6	40.5	5.7
Total	39.8	6.2	17.8	4.0	28.8	4.1
Had first sexual intercourse before age 11 years						
Race/Ethnicity						
White	9.8	7.7	—	—	7.2	4.3
Black	19.8	4.5	2.9	1.6	11.1	2.5
Hispanic	6.5	4.9	2.9	2.6	4.6	2.7
Other	—	—	—	—	4.3	3.1
Grade						
6	15.1	9.4	2.4	2.4	8.7	4.5
7	16.0	5.8	5.1	2.3	10.6	3.3
8	14.7	4.5	1.1	1.2	7.8	2.1
Total	15.2	3.5	2.9	1.3	9.1	1.8
Had ≥ 3 sex partners						
Race/Ethnicity						
White	4.7	4.3	—	—	3.4	2.4
Black	24.1	5.7	4.4	2.0	13.9	3.1
Hispanic	5.4	2.8	4.5	3.9	4.9	2.5
Other	—	—	—	—	9.3	3.8
Grade						
6	11.5	7.5	2.0	2.0	6.6	4.2
7	16.5	5.5	3.9	2.0	10.2	3.0
8	23.6	6.0	6.0	3.9	14.8	3.6
Total	17.3	4.2	4.0	1.6	10.6	2.4

*95% confidence interval.

†Non-Hispanic.

§Not available.

Table 13k. Percentage of Middle School Students Who Had Used a Condom During Last Sexual Intercourse* and Who Had Ever Been Taught About Acquired Immunodeficiency Syndrome (AIDS) or Human Immunodeficiency Virus (HIV) Infection in School, by Sex, Race/Ethnicity, and Grade—Milwaukee PS, WI, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [†] (±)	%	CI (±)	%	CI (±)
Used condom during last sexual intercourse						
Race/Ethnicity						
White [§]	— [¶]	—	—	—	—	—
Black [§]	79.8	7.0	—	—	77.3	6.2
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	76.7	7.1
8	82.8	5.4	—	—	81.7	5.4
Total	78.1	7.3	71.8	9.6	76.2	5.9
Had been taught in school about AIDS or HIV infection						
Race/Ethnicity						
White	63.1	15.2	67.9	11.3	65.2	12.3
Black	74.5	5.2	74.4	5.7	74.4	4.3
Hispanic	54.5	11.7	56.1	14.6	55.3	11.7
Other	—	—	—	—	67.6	10.0
Grade						
6	48.4	9.5	58.6	9.5	53.3	8.5
7	76.5	6.6	70.0	8.2	73.3	6.3
8	80.3	5.4	82.2	4.4	81.2	4.0
Total	68.7	5.4	70.4	5.2	69.5	4.7

*Among the 28.8% of students who ever had sexual intercourse.

[†]95% confidence interval.

[§]Non-Hispanic.

[¶]Not available.

Table 14k. Percentage of Middle School Students Who Had Participated in Sufficient Vigorous Physical Activity,* Who Had Played on Any Sports Teams,† and Who Had Watched ≥ 3 Hours per Day of TV,§ by Sex, Race/Ethnicity, and Grade—Milwaukee PS, WI, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [¶] (\pm)	%	CI (\pm)	%	CI (\pm)
Participated in sufficient vigorous physical activity						
Race/Ethnicity						
White**	81.2	6.7	71.1	10.0	76.9	5.1
Black**	59.6	5.5	53.3	6.1	56.5	4.1
Hispanic	71.4	8.4	62.0	6.7	66.8	5.4
Other	— ^{††}	—	—	—	58.9	7.5
Grade						
6	60.6	9.3	60.1	9.4	60.3	6.4
7	62.8	7.2	55.6	7.2	59.5	6.4
8	70.9	5.5	56.8	6.7	64.0	4.6
Total	64.5	4.5	57.6	4.3	61.2	3.1
Played on any sports teams						
Race/Ethnicity						
White	51.5	9.3	46.2	14.0	49.2	7.5
Black	59.8	5.7	42.4	4.2	50.9	3.4
Hispanic	52.4	11.8	40.5	7.6	46.6	7.0
Other	—	—	—	—	48.9	8.6
Grade						
6	56.3	9.3	45.6	8.5	50.9	7.0
7	56.9	5.3	41.5	5.6	49.5	4.0
8	57.2	7.3	41.0	5.8	49.2	4.4
Total	56.8	4.5	42.7	3.9	49.9	3.0
Watched ≥ 3 hours per day of TV						
Race/Ethnicity						
White	54.7	10.0	44.5	8.3	50.3	7.0
Black	69.6	5.0	69.2	4.8	69.5	3.5
Hispanic	45.3	8.9	51.2	10.0	48.4	7.3
Other	—	—	—	—	58.1	7.1
Grade						
6	55.6	9.6	56.1	10.2	55.9	7.7
7	64.7	6.6	66.4	5.6	65.7	4.4
8	66.9	6.0	63.7	4.3	65.3	3.8
Total	62.5	3.7	62.2	4.0	62.5	2.8

*Exercised or participated in physical activities that made them sweat and breathe hard for ≥ 20 minutes on ≥ 3 of the 7 days preceding the survey (e.g., basketball, soccer, running, swimming laps, fast bicycling, fast dancing, or similar aerobic activities).

†Run by their school or community groups.

§On an average school day.

¶95% confidence interval.

**Non-Hispanic.

††Not available.

Table 15k. Percentage of Middle School Students Who Were Enrolled in Physical Education (PE) Class* and Attended PE Class Daily,† by Sex, Race/Ethnicity, and Grade—Milwaukee PS, WI, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Were enrolled in PE class						
Race/Ethnicity						
White [†]	81.5	8.7	86.2	6.7	83.6	6.4
Black [†]	73.0	6.3	78.0	5.9	75.5	4.7
Hispanic	77.8	9.0	75.7	9.2	76.8	8.2
Other	—**	—	—	—	72.2	7.4
Grade						
6	73.9	10.8	80.0	7.0	77.0	7.9
7	74.7	7.7	72.4	8.1	73.6	6.1
8	76.0	6.8	83.4	6.6	79.6	5.7
Total	74.7	4.6	78.5	4.5	76.6	3.5
Attended PE class daily						
Race/Ethnicity						
White	26.2	10.2	20.4	9.7	23.6	8.9
Black	28.1	7.1	31.1	7.8	29.6	6.4
Hispanic	27.3	11.5	21.3	10.6	24.3	9.8
Other	—	—	—	—	24.0	8.0
Grade						
6	24.7	16.1	24.1	11.8	24.4	12.7
7	25.1	11.6	23.4	9.8	24.2	9.8
8	31.2	8.4	36.7	15.5	33.9	11.2
Total	26.9	5.7	28.2	5.7	27.5	4.8

*On one or more days in an average week when they were in school.

†5 days in an average week when they were in school.

§95% confidence interval.

†Non-Hispanic.

**Not available.

Table 16k. Percentage of Middle School Students Who Were at Risk for Becoming* or Were Overweight,† by Sex, Race/Ethnicity, and Grade—Milwaukee PS, WI, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
At risk for becoming overweight						
Race/Ethnicity						
White [†]	20.0	9.2	—**	—	19.2	5.9
Black [†]	17.1	5.2	24.9	4.2	21.0	3.6
Hispanic	23.3	6.5	23.6	8.0	23.4	4.6
Other	—	—	—	—	15.4	6.2
Grade						
6	22.3	6.0	17.0	6.9	19.9	5.0
7	18.7	6.6	23.3	5.4	21.0	4.2
8	15.8	4.7	27.2	5.3	21.5	3.5
Total	18.6	3.4	23.3	3.5	20.9	2.5
Overweight						
Race/Ethnicity						
White	18.3	5.8	—	—	12.7	4.0
Black	16.1	4.1	15.2	4.2	15.6	3.0
Hispanic	20.5	8.9	18.5	7.6	19.5	6.3
Other	—	—	—	—	15.8	7.6
Grade						
6	21.4	7.5	15.7	8.5	18.8	6.5
7	15.8	4.3	15.3	5.6	15.6	3.4
8	15.9	3.2	13.1	4.1	14.5	2.7
Total	17.5	3.0	14.5	3.3	16.0	2.4

*Students who were \geq 85th percentile but $<$ 95th percentile for body mass index, by age and sex, based on reference data.

†Students who were \geq 95th percentile for body mass index, by age and sex, based on reference data.

§95% confidence interval.

†Non-Hispanic.

**Not available.

Table 17k. Percentage of Middle School Students Who Described Themselves as Slightly or Very Overweight and Who Were Trying To Lose Weight, by Sex, Race/Ethnicity, and Grade—Milwaukee PS, WI, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Described themselves as overweight						
Race/Ethnicity						
White†	26.0	9.9	30.4	7.8	27.8	7.4
Black†	14.7	3.3	15.8	3.4	15.2	2.5
Hispanic	25.1	5.7	31.8	10.3	28.5	5.2
Other	— [§]	—	—	—	19.5	5.7
Grade						
6	21.4	5.5	16.5	5.2	19.0	4.2
7	17.1	5.6	19.9	4.8	18.3	4.2
8	17.4	3.2	25.1	5.5	21.2	3.2
Total	18.4	2.8	20.6	2.9	19.5	2.1
Were trying to lose weight						
Race/Ethnicity						
White	45.4	8.4	49.8	13.9	47.3	8.5
Black	33.2	5.2	39.9	4.4	36.6	3.2
Hispanic	41.6	8.3	54.7	9.7	48.0	7.1
Other	—	—	—	—	40.1	6.4
Grade						
6	40.5	7.4	41.8	7.3	41.1	5.8
7	36.6	5.6	40.2	4.4	38.2	3.1
8	33.0	4.0	49.6	6.6	41.1	4.0
Total	36.7	3.6	43.8	3.6	40.1	2.5

*95% confidence interval.

†Non-Hispanic.

§Not available.

Table 18k. Percentage of Middle School Students Who Had Ever Engaged in Healthy Behaviors Associated with Weight Control To Lose Weight or To Keep from Gaining Weight, by Sex, Race/Ethnicity, and Grade—Milwaukee PS, WI, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight						
Race/Ethnicity						
White†	37.2	9.5	60.5	10.9	47.3	6.6
Black†	33.7	5.6	37.1	3.9	35.6	3.1
Hispanic	45.8	8.9	52.6	7.5	49.2	5.1
Other	— [§]	—	—	—	45.1	7.1
Grade						
6	47.7	8.8	43.4	7.3	45.6	6.1
7	30.1	6.8	39.4	5.0	34.9	4.0
8	32.8	4.9	47.2	5.9	39.9	4.0
Total	36.8	4.5	43.3	3.2	40.1	2.9
Exercised to lose weight or to keep from gaining weight						
Race/Ethnicity						
White	61.1	9.0	70.1	9.2	65.0	5.8
Black	60.9	5.2	57.0	5.6	59.0	3.6
Hispanic	63.9	7.5	70.5	7.0	67.3	5.8
Other	—	—	—	—	63.9	6.9
Grade						
6	62.0	8.1	60.2	8.7	61.1	6.4
7	57.8	7.0	60.1	6.3	59.1	4.5
8	64.9	4.1	63.4	5.6	64.2	4.1
Total	61.4	3.7	61.3	4.2	61.5	2.9

*95% confidence interval.

†Non-Hispanic.

§Not available.

Table 19k. Percentage of Middle School Students Who Had Ever Engaged in Unhealthy Behaviors Associated with Weight Control To Lose Weight or To Keep from Gaining Weight, by Sex, Race/Ethnicity, and Grade—Milwaukee PS, WI, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Went without eating for ≥ 24 hours to lose weight or to keep from gaining weight						
Race/Ethnicity						
White†	16.3	5.7	27.8	7.4	21.2	4.5
Black†	20.9	4.2	25.6	3.9	23.2	3.3
Hispanic	17.1	6.2	23.7	6.3	20.4	5.1
Other	— [§]	—	—	—	20.2	7.4
Grade						
6	20.4	5.8	25.7	5.5	23.0	4.7
7	17.1	4.5	20.3	4.4	18.6	3.0
8	21.0	4.5	29.8	5.4	25.3	3.9
Total	19.3	3.0	25.3	3.0	22.2	2.5
Took diet pills, powders, or liquids to lose weight or to keep from gaining weight[¶]						
Race/Ethnicity						
White	1.0	1.5	8.4	5.5	4.2	2.5
Black	6.4	2.7	6.6	2.6	6.4	2.0
Hispanic	9.3	4.2	8.5	4.1	8.9	3.5
Other	—	—	—	—	4.4	3.3
Grade						
6	6.2	3.6	3.4	2.6	4.8	2.3
7	4.3	2.7	7.7	4.3	5.9	2.8
8	6.7	3.4	10.2	2.9	8.4	2.3
Total	5.7	2.0	7.2	2.1	6.5	1.5
Vomited or took laxatives to lose weight or to keep from gaining weight						
Race/Ethnicity						
White	0.5	1.0	9.3	6.4	4.3	2.8
Black	4.7	2.1	5.4	1.8	5.0	1.1
Hispanic	7.3	3.8	10.0	4.9	8.6	3.2
Other	—	—	—	—	5.3	4.1
Grade						
6	5.3	3.3	7.8	3.2	6.6	2.2
7	2.7	2.0	5.7	2.2	4.1	1.5
8	4.2	2.0	7.4	2.3	5.8	1.4
Total	4.2	1.6	6.9	1.5	5.5	1.1

*95% confidence interval.

†Non-Hispanic.

§Not available.

¶Without a doctor's advice.

SAN BERNARDINO UNIFIED SCHOOL DISTRICT, CA

MIDDLE SCHOOL YOUTH RISK BEHAVIOR SURVEY

2003

Table 21. Percentage of Middle School Students Who Had Rarely or Never Worn Seatbelts* and Who Had Ever Ridden in a Car with a Driver Who Had Been Drinking Alcohol, by Sex, Race/Ethnicity, and Grade—San Bernardino USD, CA, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [†] (±)	%	CI (±)	%	CI (±)
Rarely or never wore seat belts						
Race/Ethnicity						
White [§]	10.1	8.7	6.2	5.0	8.1	4.9
Black [§]	4.0	3.3	6.6	3.9	5.4	2.5
Hispanic	13.3	3.3	10.4	3.0	11.9	2.6
Other	9.6	5.9	4.3	3.5	7.3	3.3
Grade						
6	8.1	4.4	2.8	3.7	5.4	2.8
7	10.8	3.5	7.7	2.6	9.3	2.4
8	13.1	3.9	14.8	4.5	13.9	3.3
Total	10.8	2.3	8.5	2.4	9.6	1.8
Rode with a driver who had been drinking alcohol						
Race/Ethnicity						
White	21.9	7.7	25.4	11.0	23.5	6.9
Black	28.4	8.1	29.8	8.8	29.1	6.9
Hispanic	33.5	5.3	33.6	4.7	33.6	4.1
Other	26.9	8.0	31.5	8.0	29.8	5.9
Grade						
6	18.9	7.0	22.4	5.1	20.8	5.1
7	28.7	5.4	28.3	6.0	28.5	4.4
8	42.5	7.2	45.8	7.1	44.1	5.5
Total	29.9	4.8	31.4	4.4	30.7	3.9

*When riding in a car.

†95% confidence interval.

§Non-Hispanic.

Table 31. Percentage of Middle School Students Who Had Rarely or Never Worn Bicycle Helmets* or Rollerblade or Skateboard Helmets,† by Sex, Race/Ethnicity, and Grade—San Bernardino USD, CA, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Rarely or never wore bicycle helmets						
Race/Ethnicity						
White [¶]	66.3	9.6	50.7	12.9	59.7	7.8
Black [¶]	70.4	11.1	75.0	9.3	72.6	8.2
Hispanic	75.4	3.8	65.2	6.4	71.2	3.4
Other	66.9	10.8	—**	—	64.2	9.8
Grade						
6	71.3	8.9	55.8	8.5	64.5	6.8
7	66.9	5.7	59.1	7.4	63.5	5.2
8	78.9	6.3	80.4	9.0	79.5	5.1
Total	72.1	4.3	64.5	5.5	68.8	3.7
Rarely or never wore a helmet when using rollerblades or riding a skateboard						
Race/Ethnicity						
White	73.1	9.7	67.6	10.5	70.6	7.2
Black	—	—	—	—	70.3	9.7
Hispanic	75.5	5.4	73.5	5.9	74.7	4.5
Other	—	—	—	—	70.8	9.2
Grade						
6	70.0	10.1	69.5	8.9	70.0	8.8
7	69.7	6.0	69.0	7.4	69.3	4.6
8	81.0	6.7	79.6	9.2	80.4	6.3
Total	73.3	4.6	72.1	4.8	72.8	3.9

*Among the 75.2% of students who had ridden a bicycle.

†Among the 60.1% of students who had used rollerblades or ridden a skateboard.

§95% confidence interval.

¶Non-Hispanic.

**Not available.

Table 4I. Percentage of Middle School Students Who Had Ever Carried a Weapon,* Who Had Ever Been in a Physical Fight, and Who Had Ever Been Hurt in a Physical Fight,† by Sex, Race/Ethnicity, and Grade—San Bernardino USD, CA, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Carried a weapon						
Race/Ethnicity						
White [¶]	43.6	11.3	10.9	7.0	27.5	7.0
Black [¶]	36.4	9.0	12.1	5.3	23.9	5.7
Hispanic	35.9	5.1	17.5	4.9	27.0	4.1
Other	31.5	8.8	14.5	7.4	22.9	6.1
Grade						
6	25.9	6.1	9.1	7.0	17.5	6.0
7	37.4	6.5	13.7	3.5	25.8	4.8
8	49.6	7.0	21.1	5.8	35.7	5.5
Total	37.4	4.6	14.8	3.5	26.2	3.6
Were in a physical fight						
Race/Ethnicity						
White	62.7	12.3	36.3	10.9	50.0	8.8
Black	80.6	7.3	54.3	11.0	67.2	6.8
Hispanic	69.1	5.3	42.3	5.5	56.1	3.9
Other	70.1	8.4	39.9	10.8	55.0	6.4
Grade						
6	67.9	7.2	34.1	9.0	51.4	4.9
7	68.1	5.7	43.2	6.9	55.9	5.2
8	74.3	5.9	53.5	6.1	64.1	4.8
Total	69.8	3.8	43.6	4.5	57.0	3.1
Were hurt in a physical fight						
Race/Ethnicity						
White	7.4	4.2	3.6	3.5	5.5	2.8
Black	5.8	3.6	3.5	3.0	4.6	2.3
Hispanic	7.9	2.8	3.2	1.4	5.6	1.5
Other	10.8	6.9	2.7	2.8	6.8	4.0
Grade						
6	6.5	3.5	2.5	2.0	4.5	2.1
7	8.8	2.8	2.2	1.8	5.6	2.0
8	6.4	2.8	5.4	2.6	5.9	1.8
Total	7.4	1.8	3.3	1.3	5.4	1.2

*For example, a gun, knife, or club.

†Had to be treated by a doctor or nurse.

§95% confidence interval.

¶Non-Hispanic.

Table 5I. Percentage of Middle School Students Who Had Ever Seriously Thought About Killing Themselves, Who Had Ever Made a Plan About How To Kill Themselves, and Who Had Ever Tried To Kill Themselves, by Sex, Race/Ethnicity, and Grade—San Bernardino USD, CA, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Seriously thought about killing themselves						
Race/Ethnicity						
White [†]	17.1	6.7	25.3	9.6	20.9	6.3
Black [†]	25.5	9.2	24.1	7.9	24.8	6.3
Hispanic	18.0	3.7	28.3	5.2	23.0	3.3
Other	25.9	8.1	26.0	8.5	25.6	5.9
Grade						
6	16.6	6.6	19.8	6.8	18.2	4.0
7	20.3	3.5	23.5	5.0	21.9	3.1
8	21.2	5.6	37.0	7.7	28.8	4.6
Total	19.5	3.2	26.7	4.1	23.1	2.5
Made a plan about how to kill themselves						
Race/Ethnicity						
White	11.6	6.0	17.2	7.6	14.3	5.0
Black	9.7	5.8	8.6	4.5	9.1	3.3
Hispanic	10.0	2.6	13.2	3.6	11.6	2.0
Other	11.1	5.6	13.4	7.4	12.0	4.4
Grade						
6	8.7	5.8	7.0	5.5	8.0	3.0
7	10.2	3.0	10.2	2.9	10.2	2.3
8	11.6	3.8	19.9	5.4	15.7	2.9
Total	10.2	2.5	12.7	3.1	11.5	1.9
Tried to kill themselves						
Race/Ethnicity						
White	6.6	5.0	14.8	8.3	10.6	4.6
Black	15.5	8.8	8.3	4.4	11.8	4.7
Hispanic	7.7	3.0	10.4	3.8	9.0	2.3
Other	12.1	7.5	11.4	5.3	11.9	4.2
Grade						
6	7.9	6.1	1.4	1.4	4.7	3.6
7	10.4	3.5	9.4	2.8	9.9	2.5
8	8.3	3.7	20.7	6.9	14.3	4.4
Total	9.2	2.7	10.7	3.3	9.9	2.3

*95% confidence interval.

[†]Non-Hispanic.

Table 6I. Percentage of Middle School Students Who Had Ever Smoked Cigarettes, by Sex, Race/Ethnicity, and Grade—San Bernardino USD, CA, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (\pm)	%	CI (\pm)	%	CI (\pm)
Lifetime cigarette use[†]						
Race/Ethnicity						
White [§]	28.6	9.3	26.6	8.7	28.1	7.2
Black [§]	33.2	9.7	42.3	12.5	37.9	7.4
Hispanic	32.3	6.2	29.4	6.5	31.0	5.2
Other	25.7	9.0	31.8	9.1	28.2	7.8
Grade						
6	18.6	8.0	17.6	6.3	18.5	3.0
7	29.6	6.6	30.5	7.0	30.0	5.4
8	48.2	8.6	46.2	8.2	47.2	7.0
Total	31.5	5.5	31.4	5.2	31.5	4.3
Lifetime daily cigarette use[†]						
Race/Ethnicity						
White	3.0	2.3	3.1	2.4	3.0	1.5
Black	4.9	4.2	5.0	4.7	4.9	2.9
Hispanic	3.7	2.2	2.5	1.3	3.1	1.4
Other	5.9	3.8	1.2	1.8	3.7	2.3
Grade						
6	2.4	2.1	1.9	2.4	2.1	1.4
7	4.1	2.2	4.7	2.4	4.4	1.8
8	4.7	3.5	2.7	1.8	3.8	2.3
Total	3.8	1.7	3.1	1.3	3.5	1.1

*95% confidence interval.

[†]Ever tried cigarette smoking, even one or two puffs.[§]Non-Hispanic.[†]Ever smoked at least one cigarette every day for 30 days.

Table 71. Percentage of Middle School Students Who Smoked Cigarettes, by Sex, Race/Ethnicity, and Grade—San Bernardino USD, CA, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (\pm)	%	CI (\pm)	%	CI (\pm)
Current cigarette use[†]						
Race/Ethnicity						
White [§]	2.9	2.6	11.0	6.7	6.8	3.7
Black [§]	7.4	4.8	6.3	4.7	6.8	3.5
Hispanic	8.1	4.1	8.4	3.1	8.2	2.9
Other	5.0	3.7	4.3	3.6	4.6	2.6
Grade						
6	3.1	3.6	4.2	2.6	3.6	2.3
7	6.7	2.7	8.5	4.9	7.6	3.1
8	11.0	6.0	10.7	6.5	10.9	5.7
Total	6.9	2.8	8.3	3.0	7.5	2.5
Current frequent cigarette use[†]						
Race/Ethnicity						
White	0.9	1.2	0.9	1.2	0.9	0.9
Black	1.1	2.1	0.0	0.0	0.5	1.1
Hispanic	2.0	2.9	0.6	0.7	1.3	1.6
Other	1.8	2.4	0.0	0.0	0.9	1.3
Grade						
6	2.0	3.6	0.2	0.3	1.1	2.0
7	0.2	0.4	0.4	0.5	0.3	0.3
8	2.1	2.5	1.0	1.2	1.6	1.8
Total	1.6	1.8	0.5	0.4	1.1	1.1

*95% confidence interval.

[†]Smoked cigarettes on ≥ 1 of the 30 days preceding the survey.[§]Non-Hispanic.[†]Smoked cigarettes on ≥ 20 of the 30 days preceding the survey.

Table 8I. Percentage of Middle School Students Who Used Smokeless Tobacco,* Smoked Cigars,† and Used Any Tobacco Product,‡ by Sex, Race/Ethnicity, and Grade—San Bernardino USD, CA, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Current smokeless tobacco use						
Race/Ethnicity						
White**	1.2	1.6	4.5	4.3	2.8	2.3
Black**	3.4	3.5	1.2	2.3	2.3	2.1
Hispanic	4.2	2.2	4.3	1.6	4.2	1.5
Other	2.9	3.0	3.9	3.6	3.3	2.9
Grade						
6	1.6	1.9	2.4	2.3	2.0	1.4
7	3.7	2.1	3.9	2.1	3.8	1.5
8	4.8	3.9	3.9	2.0	4.4	2.3
Total	3.4	1.7	3.6	1.3	3.5	1.2
Current cigar use						
Race/Ethnicity						
White	2.8	2.6	4.4	3.2	3.6	1.9
Black	4.5	3.9	7.2	5.0	5.9	3.0
Hispanic	7.8	2.8	6.1	2.1	7.1	1.9
Other	4.9	3.6	4.4	3.8	5.0	2.7
Grade						
6	2.9	2.7	2.8	2.3	3.1	1.5
7	6.5	2.9	7.4	3.6	7.0	2.3
8	9.2	3.6	7.5	2.7	8.3	2.3
Total	6.2	1.9	6.0	1.8	6.2	1.3
Current tobacco use						
Race/Ethnicity						
White	4.4	3.5	13.9	7.6	8.9	4.1
Black	9.2	5.1	7.3	4.9	8.3	3.7
Hispanic	9.3	3.8	9.3	3.1	9.3	2.9
Other	6.2	4.0	6.5	4.7	6.3	3.4
Grade						
6	2.9	2.4	5.0	3.0	3.9	1.9
7	8.4	3.0	10.4	5.0	9.4	3.2
8	13.8	6.3	12.0	5.9	13.0	5.4
Total	8.3	2.8	9.5	3.0	8.9	2.5

*Used chewing tobacco, snuff, or dip on ≥ 1 of the 30 days preceding the survey.

†Smoked cigars, cigarillos, or little cigars on ≥ 1 of the 30 days preceding the survey.

‡Reported current cigarette use, current cigar use, or had used chewing tobacco, snuff, or dip on ≥ 1 of the 30 days preceding the survey.

§95% confidence interval.

**Non-Hispanic.

Table 9I. Percentage of Middle School Students Who Had Ever Had a Drink of Alcohol,* Who Had Ever Used Marijuana, and Who Had Ever Used Cocaine,† by Sex, Race/Ethnicity, and Grade—San Bernardino USD, CA, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Lifetime alcohol use						
Race/Ethnicity						
White [¶]	36.6	10.4	32.7	10.8	34.7	8.0
Black [¶]	38.2	11.1	33.4	9.5	35.7	6.6
Hispanic	46.4	6.6	44.7	6.2	45.6	5.0
Other	35.4	9.5	38.1	10.3	37.2	7.3
Grade						
6	28.1	9.3	27.0	9.9	27.7	7.4
7	43.1	5.3	36.5	7.1	39.9	5.1
8	55.9	6.3	55.7	8.5	55.8	6.1
Total	42.5	4.5	39.6	5.4	41.1	4.1
Lifetime marijuana use						
Race/Ethnicity						
White	10.8	6.6	9.7	5.9	10.2	4.4
Black	23.3	7.6	12.5	6.6	17.8	5.2
Hispanic	18.6	4.3	13.5	4.3	16.1	3.5
Other	16.4	7.8	10.5	6.7	13.3	6.0
Grade						
6	13.8	7.7	1.4	1.3	7.6	4.3
7	15.3	3.7	12.3	4.0	13.9	2.8
8	25.0	6.9	21.9	6.3	23.5	5.0
Total	17.9	4.0	12.4	3.4	15.2	2.9
Lifetime cocaine use						
Race/Ethnicity						
White	2.5	2.5	2.1	2.2	2.3	1.6
Black	1.7	2.4	1.1	1.6	1.4	1.4
Hispanic	4.4	2.0	6.0	2.5	5.2	1.7
Other	3.3	2.5	2.2	2.0	2.7	1.7
Grade						
6	1.7	1.9	1.1	1.3	1.4	1.2
7	3.9	2.4	4.1	1.8	4.0	1.6
8	4.4	2.3	7.3	3.6	5.8	2.3
Total	3.5	1.3	4.1	1.6	3.8	1.1

*Ever had a drink of alcohol, other than a few sips.

†Ever used any form of cocaine (e.g., powder, “crack,” or “freebase”).

§95% confidence interval.

¶Non-Hispanic.

Table 10I. Percentage of Middle School Students Who Had Ever Used Inhalants* and Who Had Ever Used Steroids, by Sex, Race/Ethnicity, and Grade—San Bernardino USD, CA, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [†] (±)	%	CI (±)	%	CI (±)
Lifetime inhalant use						
Race/Ethnicity						
White [§]	10.0	5.1	11.6	6.1	10.7	4.4
Black [§]	7.9	5.0	5.1	3.4	6.5	2.9
Hispanic	12.2	3.3	15.7	4.1	13.9	2.8
Other	8.2	5.1	11.3	5.6	9.6	3.4
Grade						
6	6.7	4.0	7.9	6.1	7.2	3.4
7	12.0	3.7	9.1	3.1	10.6	2.5
8	13.6	4.0	19.6	5.6	16.5	3.4
Total	10.7	2.4	12.6	3.1	11.6	2.2
Lifetime steroid use						
Race/Ethnicity						
White	4.3	3.2	4.9	4.9	4.6	2.9
Black	5.2	4.1	1.2	1.7	3.2	2.2
Hispanic	4.2	2.2	2.8	2.1	3.5	2.0
Other	3.4	3.0	2.8	3.2	3.1	2.1
Grade						
6	2.2	2.0	1.3	2.1	1.7	1.9
7	6.1	2.6	3.0	1.9	4.6	1.6
8	4.4	2.4	3.1	2.6	3.7	2.2
Total	4.3	1.5	2.8	1.5	3.6	1.3

*Sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high.

†95% confidence interval.

§Non-Hispanic.

Table III. Percentage of Middle School Students Who Had Initiated Drug-Related Behaviors Before Age 11 Years, by Sex, Race/Ethnicity, and Grade—San Bernardino USD, CA, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Smoked a whole cigarette before age 11 years						
Race/Ethnicity						
White†	3.4	2.3	3.6	3.3	3.5	1.9
Black†	7.8	5.7	5.6	4.0	6.7	3.4
Hispanic	8.3	3.5	5.5	2.2	7.1	2.1
Other	8.6	5.2	5.7	3.7	7.2	2.9
Grade						
6	5.5	6.1	2.8	2.2	4.4	3.0
7	8.7	3.9	5.2	2.4	7.0	2.7
8	7.3	2.6	7.9	3.8	7.6	2.3
Total	7.2	2.7	5.2	1.6	6.3	1.6
Had first drink of alcohol before age 11 years§						
Race/Ethnicity						
White	17.5	7.0	19.1	9.2	18.3	6.5
Black	20.3	8.0	14.3	8.6	17.3	5.8
Hispanic	25.7	4.2	21.1	4.5	23.5	3.4
Other	17.9	6.9	20.8	8.4	19.3	5.4
Grade						
6	16.2	5.3	18.5	7.0	17.5	4.6
7	24.7	4.4	18.0	5.6	21.5	4.3
8	26.7	4.6	19.3	6.1	23.1	4.6
Total	22.7	2.8	19.0	3.6	20.9	2.5
Tried marijuana before age 11 years						
Race/Ethnicity						
White	2.4	3.0	0.0	0.0	1.2	1.5
Black	7.9	5.2	2.9	2.5	5.3	3.0
Hispanic	4.8	2.0	1.3	0.8	3.1	1.2
Other	3.9	3.8	1.8	2.5	2.8	2.3
Grade						
6	3.4	3.2	0.3	0.4	1.9	1.7
7	6.1	2.7	2.8	2.0	4.5	2.1
8	4.8	2.2	1.1	1.1	3.0	1.4
Total	4.9	1.7	1.4	0.8	3.2	1.1

*95% confidence interval.

†Non-Hispanic.

§Other than a few sips.

Table 12l. Percentage of Middle School Students Who Had Engaged in Sexual Behaviors, by Sex, Race/Ethnicity, and Grade—San Bernardino USD, CA, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Had ever had sexual intercourse						
Race/Ethnicity						
White [†]	17.6	8.9	8.6	6.9	12.9	5.7
Black [†]	26.1	9.2	13.7	7.6	19.6	5.9
Hispanic	21.5	4.4	8.4	2.7	15.0	2.8
Other	14.0	6.8	9.9	5.1	11.8	4.5
Grade						
6	14.5	7.6	5.8	3.7	10.0	4.4
7	17.3	4.7	7.7	3.1	12.6	3.4
8	32.9	5.8	14.6	4.2	23.7	3.5
Total	21.3	4.2	9.5	2.7	15.4	2.7
Had first sexual intercourse before age 11 years						
Race/Ethnicity						
White	2.7	2.9	5.4	6.4	4.1	3.6
Black	10.0	6.3	2.2	2.5	6.0	3.4
Hispanic	6.3	2.4	1.6	1.1	4.0	1.3
Other	4.1	3.4	2.3	2.6	3.5	2.2
Grade						
6	5.7	3.3	2.5	2.6	4.0	2.2
7	7.5	2.7	1.3	1.4	4.5	1.7
8	4.8	3.4	2.3	2.7	3.5	1.8
Total	6.2	1.9	2.4	1.5	4.3	1.2
Had ≥ 3 sex partners						
Race/Ethnicity						
White	9.0	5.4	6.3	6.4	7.6	4.1
Black	9.4	5.1	1.4	1.8	5.2	2.6
Hispanic	7.5	3.4	2.2	1.5	4.9	1.9
Other	3.5	2.9	4.4	4.1	3.9	2.8
Grade						
6	4.5	4.3	2.5	2.7	3.4	2.5
7	7.8	3.1	1.8	1.6	4.8	1.9
8	11.5	4.2	3.2	2.4	7.3	2.7
Total	8.0	2.5	2.9	1.6	5.4	1.6

*95% confidence interval.

†Non-Hispanic.

Table 13i. Percentage of Middle School Students Who Had Used a Condom During Last Sexual Intercourse* and Who Had Ever Been Taught About Acquired Immunodeficiency Syndrome (AIDS) or Human Immunodeficiency Virus (HIV) Infection in School, by Sex, Race/Ethnicity, and Grade—San Bernardino USD, CA, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI†(±)	%	CI (±)	%	CI (±)
Used condom during last sexual intercourse						
Race/Ethnicity						
White [§]	— [¶]	—	—	—	—	—
Black [§]	—	—	—	—	—	—
Hispanic	64.3	9.7	—	—	65.0	8.5
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	73.1	10.7
8	—	—	—	—	70.8	10.3
Total	67.3	8.9	—	—	67.5	7.7
Had been taught in school about AIDS or HIV infection						
Race/Ethnicity						
White	62.7	12.4	76.4	7.8	69.8	8.0
Black	71.1	9.9	67.9	9.5	69.4	7.6
Hispanic	58.0	7.3	57.9	7.9	57.8	7.0
Other	59.4	11.6	53.0	15.8	56.1	10.3
Grade						
6	37.0	8.9	39.7	11.1	38.3	9.2
7	75.6	5.5	74.2	6.3	74.9	4.8
8	74.6	7.0	74.2	6.7	74.4	5.5
Total	61.4	7.2	62.7	6.1	61.9	6.3

*Among the 15.4% of students who ever had sexual intercourse.

†95% confidence interval.

§Non-Hispanic.

¶Not available.

Table 14I. Percentage of Middle School Students Who Had Participated in Sufficient Vigorous Physical Activity,* Who Had Played on Any Sports Teams,† and Who Had Watched ≥ 3 Hours per Day of TV,§ by Sex, Race/Ethnicity, and Grade—San Bernardino USD, CA, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [¶] (\pm)	%	CI (\pm)	%	CI (\pm)
Participated in sufficient vigorous physical activity						
Race/Ethnicity						
White**	70.9	10.6	71.6	10.2	71.4	7.8
Black**	63.9	8.9	54.4	10.0	59.0	7.0
Hispanic	66.1	6.8	66.0	5.4	66.0	5.0
Other	71.5	8.6	65.9	9.8	68.0	7.1
Grade						
6	58.7	9.0	55.8	9.8	57.3	6.7
7	68.3	5.0	66.3	6.3	67.3	4.6
8	74.8	8.1	72.8	8.4	73.8	7.1
Total	66.9	4.8	64.2	5.1	65.6	4.0
Played on any sports teams						
Race/Ethnicity						
White	52.1	9.5	44.6	9.3	48.1	6.9
Black	58.8	9.6	41.8	8.6	49.9	6.7
Hispanic	47.4	5.4	36.2	5.0	42.1	3.5
Other	48.1	10.0	31.2	9.6	40.2	6.6
Grade						
6	49.3	7.6	34.9	9.2	42.4	5.4
7	47.6	7.0	42.5	5.2	45.1	4.6
8	54.3	7.3	38.5	5.7	46.4	4.7
Total	50.3	4.1	38.7	3.9	44.6	2.6
Watched ≥ 3 hours per day of TV						
Race/Ethnicity						
White	50.8	8.9	46.3	11.2	48.9	7.2
Black	54.5	10.0	66.1	8.3	60.4	5.6
Hispanic	59.3	4.3	52.4	4.2	56.1	3.2
Other	58.4	10.3	44.5	9.9	51.1	6.4
Grade						
6	54.9	5.1	48.7	6.3	52.3	4.1
7	57.9	6.4	53.1	5.1	55.5	4.1
8	56.5	5.3	59.2	8.8	57.8	5.7
Total	56.7	3.1	54.1	3.7	55.6	2.6

*Exercised or participated in physical activities that made them sweat and breathe hard for ≥ 20 minutes on ≥ 3 of the 7 days preceding the survey (e.g., basketball, soccer, running, swimming laps, fast bicycling, fast dancing, or similar aerobic activities).

†Run by their school or community groups.

§On an average school day.

¶95% confidence interval.

**Non-Hispanic.

Table 15I. Percentage of Middle School Students Who Were Enrolled in Physical Education (PE) Class* and Attended PE Class Daily,† by Sex, Race/Ethnicity, and Grade—San Bernardino USD, CA, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Were enrolled in PE class						
Race/Ethnicity						
White [¶]	88.2	8.5	94.3	4.7	91.2	5.9
Black [¶]	89.0	6.5	88.4	5.8	88.7	5.3
Hispanic	88.9	3.3	92.1	2.1	90.4	2.1
Other	85.4	8.6	90.3	11.4	87.6	8.2
Grade						
6	82.5	7.3	84.9	5.3	83.7	5.5
7	93.1	3.0	94.2	2.3	93.6	2.2
8	91.9	3.7	95.0	2.6	93.4	2.3
Total	88.7	3.2	91.4	2.1	90.0	2.4
Attended PE class daily						
Race/Ethnicity						
White	76.7	8.9	86.0	7.0	81.3	6.2
Black	76.3	9.6	76.3	8.0	76.3	6.2
Hispanic	76.2	4.7	81.1	4.7	78.6	3.6
Other	72.3	9.1	78.8	12.3	75.5	7.7
Grade						
6	67.0	9.0	73.9	10.5	70.6	7.6
7	79.8	4.4	85.3	4.4	82.5	3.7
8	83.7	5.9	83.5	5.8	83.6	4.8
Total	76.4	4.1	80.7	4.1	78.5	3.3

*On one or more days in an average week when they were in school.

†5 days in an average week when they were in school.

§95% confidence interval.

¶Non-Hispanic.

Table 161. Percentage of Middle School Students Who Were at Risk for Becoming* or Were Overweight,† by Sex, Race/Ethnicity, and Grade—San Bernardino USD, CA, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
At risk for becoming overweight						
Race/Ethnicity						
White [¶]	20.4	9.4	10.0	5.3	15.2	5.3
Black [¶]	13.5	7.4	19.3	7.3	16.3	5.2
Hispanic	18.0	3.9	22.0	4.5	19.9	2.9
Other	25.0	9.8	18.5	8.6	21.9	6.1
Grade						
6	17.6	6.0	18.2	8.7	17.9	4.0
7	22.3	4.3	18.8	4.4	20.5	3.1
8	14.2	5.1	20.2	4.5	17.0	3.1
Total	17.9	3.1	18.9	3.2	18.4	1.9
Overweight						
Race/Ethnicity						
White	22.0	8.0	12.5	8.0	17.2	6.1
Black	12.3	5.5	22.1	7.9	17.0	4.6
Hispanic	27.7	5.4	16.6	5.7	22.4	3.9
Other	16.9	9.4	17.4	6.5	17.1	6.1
Grade						
6	24.4	6.2	22.2	14.8	23.4	8.1
7	25.3	5.7	14.6	3.1	19.9	3.3
8	18.8	7.1	15.2	4.7	17.1	4.1
Total	23.0	3.9	16.9	4.5	20.0	3.0

*Students who were \geq 85th percentile but $<$ 95th percentile for body mass index, by age and sex, based on reference data.

†Students who were \geq 95th percentile for body mass index, by age and sex, based on reference data.

§95% confidence interval.

¶Non-Hispanic.

Table 171. Percentage of Middle School Students Who Described Themselves as Slightly or Very Overweight and Who Were Trying To Lose Weight, by Sex, Race/Ethnicity, and Grade—San Bernardino USD, CA, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Described themselves as overweight						
Race/Ethnicity						
White†	29.6	7.5	34.1	9.4	32.2	5.7
Black†	10.1	5.4	28.8	7.1	19.6	5.2
Hispanic	27.2	4.0	27.9	5.3	27.6	3.5
Other	21.2	8.2	26.8	9.8	24.8	5.3
Grade						
6	18.3	4.2	21.7	9.0	20.4	4.4
7	25.7	4.8	31.9	4.9	28.7	3.4
8	28.6	6.6	35.6	4.9	32.0	4.5
Total	24.3	3.1	29.2	4.1	26.9	2.7
Were trying to lose weight						
Race/Ethnicity						
White	44.8	9.2	50.7	10.1	48.0	7.6
Black	28.9	9.6	49.3	9.0	39.3	6.9
Hispanic	43.4	4.8	55.8	5.2	49.4	3.2
Other	34.0	8.5	43.6	13.1	38.9	7.8
Grade						
6	38.6	5.7	47.5	8.1	43.3	3.4
7	41.8	4.8	53.9	4.6	47.7	3.9
8	41.7	5.2	59.1	6.2	50.2	3.5
Total	40.5	3.1	52.9	3.9	46.7	2.3

*95% confidence interval.

†Non-Hispanic.

Table 18l. Percentage of Middle School Students Who Had Ever Engaged in Healthy Behaviors Associated with Weight Control To Lose Weight or To Keep from Gaining Weight, by Sex, Race/Ethnicity, and Grade—San Bernardino USD, CA, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight						
Race/Ethnicity						
White†	35.7	8.4	54.0	9.2	44.9	6.0
Black†	41.0	8.8	53.9	9.7	47.6	7.2
Hispanic	40.3	4.1	52.7	5.5	46.4	3.7
Other	43.4	8.7	36.6	11.1	40.7	6.5
Grade						
6	39.9	7.8	50.4	10.1	45.3	6.7
7	41.1	4.2	51.9	4.7	46.4	3.0
8	37.1	5.3	56.8	5.3	46.8	3.5
Total	39.5	3.5	52.6	4.2	46.1	2.8
Exercised to lose weight or to keep from gaining weight						
Race/Ethnicity						
White	56.6	11.5	70.7	8.7	63.7	6.8
Black	56.9	9.2	61.0	9.2	59.0	6.5
Hispanic	64.4	4.8	72.1	5.2	68.1	3.9
Other	58.9	10.0	62.5	9.4	61.0	7.1
Grade						
6	55.5	7.0	64.1	8.6	60.0	7.0
7	64.0	5.3	69.9	5.1	66.9	3.0
8	66.0	5.8	76.0	5.4	71.0	3.5
Total	61.4	3.7	69.1	3.9	65.3	3.0

*95% confidence interval.

†Non-Hispanic.

Table 19I. Percentage of Middle School Students Who Had Ever Engaged in Unhealthy Behaviors Associated with Weight Control To Lose Weight or To Keep from Gaining Weight, by Sex, Race/Ethnicity, and Grade—San Bernardino USD, CA, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Went without eating for ≥ 24 hours to lose weight or to keep from gaining weight						
Race/Ethnicity						
White [†]	12.4	6.2	24.7	8.6	18.4	5.3
Black [†]	17.9	6.9	22.2	6.1	20.1	4.1
Hispanic	14.1	3.6	20.2	4.7	17.1	2.9
Other	19.3	8.5	12.6	5.6	16.2	4.9
Grade						
6	12.6	6.3	15.8	6.5	14.3	4.3
7	17.8	4.3	20.7	4.0	19.2	3.5
8	13.5	3.8	27.5	5.7	20.4	3.5
Total	14.6	3.1	21.0	3.2	17.9	2.3
Took diet pills, powders, or liquids to lose weight or to keep from gaining weight[§]						
Race/Ethnicity						
White	3.0	2.6	9.0	5.4	5.9	2.8
Black	8.7	5.5	5.3	4.1	6.9	3.8
Hispanic	6.1	2.2	8.3	2.7	7.2	1.8
Other	6.6	5.6	7.0	5.0	7.0	3.9
Grade						
6	5.3	4.4	2.9	2.2	4.1	2.3
7	5.7	2.2	7.0	2.5	6.3	1.8
8	7.4	3.2	13.7	4.9	10.5	3.2
Total	6.0	2.0	7.7	2.2	6.8	1.6
Vomited or took laxatives to lose weight or to keep from gaining weight						
Race/Ethnicity						
White	1.9	2.3	6.8	4.2	4.3	2.3
Black	8.5	6.0	6.0	4.3	7.2	3.6
Hispanic	5.0	2.1	6.5	2.5	5.9	1.9
Other	7.1	5.5	10.2	7.9	8.8	4.5
Grade						
6	5.0	3.6	3.3	3.0	4.4	1.9
7	5.1	2.8	6.3	2.5	5.7	1.9
8	5.7	3.0	10.2	4.2	7.9	2.9
Total	5.2	1.9	6.5	2.0	5.9	1.4

*95% confidence interval.

[†]Non-Hispanic.

[§]Without a doctor's advice.

SAN FRANCISCO UNIFIED SCHOOL DISTRICT, CA

MIDDLE SCHOOL YOUTH RISK BEHAVIOR SURVEY

2003

Table 2m. Percentage of Middle School Students Who Had Rarely or Never Worn Seatbelts* and Who Had Ever Ridden in a Car with a Driver Who Had Been Drinking Alcohol, by Sex, Race/Ethnicity, and Grade—San Francisco USD, CA, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [†] (±)	%	CI (±)	%	CI (±)
Rarely or never wore seat belts						
Race/Ethnicity						
White [§]	— [†]	—	—	—	2.6	2.6
Black [§]	—	—	—	—	7.5	3.7
Hispanic	15.6	5.4	7.5	4.1	11.6	4.1
Asian**	9.2	2.0	6.4	2.0	7.9	1.5
Other	15.5	6.7	6.7	4.5	11.6	3.7
Grade						
6	9.0	2.6	5.5	2.7	7.4	1.9
7	10.5	3.6	5.5	2.4	8.1	2.4
8	11.8	3.1	7.9	3.2	10.1	2.7
Total	10.7	1.7	6.3	1.6	8.7	1.4
Rode with a driver who had been drinking alcohol						
Race/Ethnicity						
White	—	—	—	—	26.7	6.9
Black	—	—	—	—	27.7	6.1
Hispanic	23.5	6.8	21.6	6.6	22.6	5.5
Asian	11.4	2.6	11.0	2.6	11.3	2.1
Other	12.6	5.7	23.7	9.1	18.0	5.7
Grade						
6	14.8	4.9	12.4	4.4	13.7	3.7
7	18.1	4.2	19.3	3.8	18.7	2.5
8	22.7	4.5	22.2	5.5	22.6	3.7
Total	18.7	2.6	18.0	2.8	18.4	2.1

*When riding in a car.

†95% confidence interval.

§Non-Hispanic.

†Not available.

**Chinese, Filipino, or Other Pacific Islanders.

Table 3m. Percentage of Middle School Students Who Had Rarely or Never Worn Bicycle Helmets* or Rollerblade or Skateboard Helmets,† by Sex, Race/Ethnicity, and Grade—San Francisco USD, CA, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Rarely or never wore bicycle helmets						
Race/Ethnicity						
White [¶]	—**	—	—	—	33.2	9.7
Black [¶]	—	—	—	—	77.6	6.5
Hispanic	65.9	5.8	61.9	8.5	64.1	5.0
Asian ^{††}	49.2	6.3	48.4	5.2	48.9	4.1
Other	—	—	—	—	56.0	8.2
Grade						
6	55.3	7.9	46.8	6.9	51.5	6.0
7	55.7	8.8	54.3	8.5	55.1	7.7
8	66.6	7.4	60.8	8.1	64.1	6.4
Total	59.5	4.3	53.7	4.3	57.0	3.5
Rarely or never wore a helmet when using rollerblades or riding a skateboard						
Race/Ethnicity						
White	—	—	—	—	45.7	10.5
Black	—	—	—	—	—	—
Hispanic	63.7	8.4	63.6	11.0	63.6	7.2
Asian	54.2	7.2	53.8	6.1	54.0	5.4
Other	—	—	—	—	67.1	8.2
Grade						
6	56.6	6.7	42.4	5.9	49.6	4.9
7	61.2	9.7	60.7	10.0	61.0	7.6
8	71.9	7.0	73.3	8.1	72.7	5.4
Total	62.9	4.4	57.9	5.4	60.6	3.8

*Among the 69.0% of students who had ridden a bicycle.

†Among the 53.6% of students who had used rollerblades or ridden a skateboard.

§95% confidence interval.

¶Non-Hispanic.

**Not available.

††Chinese, Filipino, or Other Pacific Islanders.

Table 4m. Percentage of Middle School Students Who Had Ever Carried a Weapon,* Who Had Ever Been in a Physical Fight, and Who Had Ever Been Hurt in a Physical Fight,† by Sex, Race/Ethnicity, and Grade—San Francisco USD, CA, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Carried a weapon						
Race/Ethnicity						
White [†]						
Black [†]						
Hispanic						
Asian**						
Other						
Question Not Asked						
Grade						
6						
7						
8						
Total						
Were in a physical fight						
Race/Ethnicity						
White						
Black						
Hispanic						
Asian						
Other						
Question Not Asked						
Grade						
6						
7						
8						
Total						
Were hurt in a physical fight						
Race/Ethnicity						
White	— ^{††}	—	—	—	7.1	3.5
Black	—	—	—	—	5.9	3.2
Hispanic	10.3	4.8	3.8	2.4	7.2	2.8
Asian	4.9	1.8	5.6	2.1	5.2	1.4
Other	8.0	5.8	7.2	5.4	7.6	3.8
Grade						
6	5.5	2.5	6.5	2.7	5.9	1.7
7	7.5	3.2	6.1	2.6	6.8	2.1
8	7.0	3.1	4.1	1.8	5.6	1.8
Total	6.7	1.7	5.6	1.4	6.2	1.1

*For example, a gun, knife, or club.

†Had to be treated by a doctor or nurse.

§95% confidence interval.

†Non-Hispanic.

**Chinese, Filipino, or Other Pacific Islanders.

††Not available.

Table 5m. Percentage of Middle School Students Who Had Ever Seriously Thought About Killing Themselves, Who Had Ever Made a Plan About How To Kill Themselves, and Who Had Ever Tried To Kill Themselves, by Sex, Race/Ethnicity, and Grade—San Francisco USD, CA, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Seriously thought about killing themselves						
Race/Ethnicity						
White [†]	— [§]	—	—	—	17.8	6.0
Black [†]	—	—	—	—	26.1	6.5
Hispanic	18.9	5.3	20.0	5.6	19.4	4.0
Asian [†]	15.0	3.1	22.1	3.7	18.3	2.3
Other	20.6	8.2	37.0	8.7	28.6	6.2
Grade						
6	15.7	3.9	18.2	5.5	16.9	3.5
7	16.6	4.1	25.2	5.4	20.6	3.2
8	19.3	4.9	29.6	4.7	24.2	3.5
Total	17.5	2.4	24.4	3.3	20.8	2.0
Made a plan about how to kill themselves						
Race/Ethnicity						
White	—	—	—	—	14.9	6.8
Black	—	—	—	—	18.0	5.7
Hispanic	14.8	5.0	14.9	5.1	14.8	3.7
Asian	9.0	2.6	14.8	3.2	11.7	2.0
Other	16.5	7.2	24.6	7.8	20.5	5.4
Grade						
6	9.9	3.8	11.7	3.9	10.7	2.6
7	12.2	3.8	15.7	5.1	13.8	3.1
8	15.2	4.5	21.2	4.7	18.0	3.4
Total	12.5	2.4	16.3	2.9	14.3	1.9
Tried to kill themselves						
Race/Ethnicity						
White	—	—	—	—	3.3	3.0
Black	—	—	—	—	14.7	4.8
Hispanic	6.7	3.5	9.7	3.7	8.2	2.5
Asian	4.9	1.9	8.4	2.4	6.5	1.6
Other	8.0	4.5	16.1	6.0	12.0	3.5
Grade						
6	5.8	3.2	5.8	2.7	5.8	2.3
7	6.8	2.6	10.5	3.3	8.5	2.0
8	8.8	3.1	12.0	3.6	10.4	2.1
Total	7.2	1.7	9.5	2.1	8.3	1.4

*95% confidence interval.

[†]Non-Hispanic.

[§]Not available.

[¶]Chinese, Filipino, or Other Pacific Islanders.

Table 6m. Percentage of Middle School Students Who Had Ever Smoked Cigarettes, by Sex, Race/Ethnicity, and Grade—San Francisco USD, CA, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Lifetime cigarette use[†]						
Race/Ethnicity						
White [§]	— [†]	—	—	—	12.0	5.1
Black [§]	—	—	—	—	34.9	7.0
Hispanic	30.4	7.0	25.5	6.7	27.9	5.5
Asian ^{**}	13.2	3.0	10.5	2.6	12.0	2.3
Other	—	—	23.5	7.0	26.4	7.1
Grade						
6	13.4	4.1	13.1	3.8	13.2	3.1
7	19.7	5.0	18.3	5.0	19.1	3.8
8	30.1	6.2	26.5	7.7	28.6	5.4
Total	21.2	3.0	19.4	3.2	20.4	2.5
Lifetime daily cigarette use^{††}						
Race/Ethnicity						
White	—	—	—	—	2.7	2.6
Black	—	—	—	—	7.0	3.4
Hispanic	4.0	2.5	1.0	1.3	2.5	1.4
Asian	1.7	1.1	2.5	1.3	2.0	0.9
Other	5.5	5.4	3.4	3.6	4.4	3.3
Grade						
6	4.2	2.3	2.5	1.6	3.4	1.5
7	3.3	2.5	3.1	2.1	3.2	1.7
8	5.0	2.6	1.7	1.6	3.6	1.6
Total	4.1	1.4	2.4	1.0	3.4	0.9

*95% confidence interval.

[†]Ever tried cigarette smoking, even one or two puffs.[§]Non-Hispanic.[†]Not available.^{**}Chinese, Filipino, or Other Pacific Islanders.^{††}Ever smoked at least one cigarette every day for 30 days.

Table 7m. Percentage of Middle School Students Who Smoked Cigarettes, by Sex, Race/Ethnicity, and Grade—San Francisco USD, CA, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Current cigarette use[†]						
Race/Ethnicity						
White [§]	— [†]	—	—	—	3.4	2.9
Black [§]	—	—	—	—	9.1	4.3
Hispanic	4.9	3.3	7.5	4.6	6.2	2.6
Asian ^{**}	2.8	1.3	2.8	1.5	2.8	1.1
Other	4.1	3.9	4.8	4.9	4.4	3.1
Grade						
6	2.6	1.8	2.2	1.9	2.4	1.4
7	4.4	2.5	5.7	3.6	5.0	2.0
8	8.4	3.6	5.1	2.8	7.0	2.6
Total	5.1	1.6	4.5	1.7	4.9	1.3
Current frequent cigarette use^{††}						
Race/Ethnicity						
White	—	—	—	—	2.8	2.7
Black	—	—	—	—	1.5	1.5
Hispanic	0.0	0.0	0.0	0.0	0.0	0.0
Asian	0.5	0.6	0.7	0.7	0.6	0.4
Other	1.8	2.5	0.0	0.0	0.9	1.3
Grade						
6	0.0	0.0	0.6	1.2	0.3	0.6
7	0.7	0.9	0.9	1.0	0.8	0.7
8	2.2	1.5	0.5	0.7	1.4	0.8
Total	1.0	0.6	0.7	0.5	0.8	0.4

*95% confidence interval.

[†]Smoked cigarettes on ≥ 1 of the 30 days preceding the survey.

[§]Non-Hispanic.

[†]Not available.

^{**}Chinese, Filipino, or Other Pacific Islanders.

^{††}Smoked cigarettes on ≥ 20 of the 30 days preceding the survey.

Table 8m. Percentage of Middle School Students Who Used Smokeless Tobacco,* Smoked Cigars,† and Used Any Tobacco Product,‡ by Sex, Race/Ethnicity, and Grade—San Francisco USD, CA, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Current smokeless tobacco use						
Race/Ethnicity						
White**						
Black**						
Hispanic						
Asian††						
Other						
Grade						
6						
7						
8						
Total						
Current cigar use						
Race/Ethnicity						
White						
Black						
Hispanic						
Asian						
Other						
Grade						
6						
7						
8						
Total						
Current tobacco use						
Race/Ethnicity						
White						
Black						
Hispanic						
Asian						
Other						
Grade						
6						
7						
8						
Total						

Question Not Asked

Question Not Asked

Question Not Asked

*Used chewing tobacco, snuff, or dip on ≥ 1 of the 30 days preceding the survey.

†Smoked cigars, cigarillos, or little cigars on ≥ 1 of the 30 days preceding the survey.

‡Reported current cigarette use, current cigar use, or had used chewing tobacco, snuff, or dip on ≥ 1 of the 30 days preceding the survey.

§95% confidence interval.

**Non-Hispanic.

††Chinese, Filipino, or Other Pacific Islanders.

Table 9m. Percentage of Middle School Students Who Had Ever Had a Drink of Alcohol,* Who Had Ever Used Marijuana, and Who Had Ever Used Cocaine,† by Sex, Race/Ethnicity, and Grade—San Francisco USD, CA, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Lifetime alcohol use						
Race/Ethnicity						
White [¶]	—**	—	—	—	33.2	9.8
Black [¶]	—	—	—	—	32.5	8.0
Hispanic	45.1	6.9	35.5	8.1	40.2	6.2
Asian ^{††}	21.9	4.6	13.9	3.2	18.2	3.0
Other	—	—	34.5	9.2	36.1	7.9
Grade						
6	20.2	4.9	14.5	4.2	17.4	3.5
7	34.7	8.2	24.3	5.8	29.8	5.9
8	41.3	6.4	32.0	7.3	36.7	5.4
Total	32.4	4.2	23.8	3.6	28.2	3.1
Lifetime marijuana use						
Race/Ethnicity						
White	—	—	—	—	6.6	4.3
Black	—	—	—	—	15.9	6.0
Hispanic	11.5	4.7	12.5	6.1	12.0	4.1
Asian	3.5	1.4	4.2	1.6	3.8	1.1
Other	8.1	6.0	10.1	7.0	9.1	4.4
Grade						
6	4.2	2.4	3.6	2.0	3.9	1.5
7	7.7	3.6	9.3	3.7	8.4	2.4
8	12.9	4.3	11.2	4.9	12.1	3.5
Total	8.4	2.2	8.0	2.3	8.2	1.6
Lifetime cocaine use						
Race/Ethnicity						
White	—	—	—	—	1.2	1.6
Black	—	—	—	—	2.7	2.4
Hispanic	2.8	2.6	6.0	3.4	4.4	2.0
Asian	3.1	1.7	3.1	1.7	3.1	1.3
Other	1.8	2.4	4.0	3.7	2.9	2.2
Grade						
6	3.4	2.1	2.6	1.9	3.0	1.7
7	1.3	1.4	4.5	2.9	2.8	1.4
8	3.5	2.1	3.3	2.1	3.6	1.8
Total	2.8	1.1	3.6	1.4	3.2	0.9

*Ever had a drink of alcohol, other than a few sips.

†Ever used any form of cocaine (e.g., powder, “crack,” or “freebase”).

§95% confidence interval.

¶Non-Hispanic.

**Not available.

††Chinese, Filipino, or Other Pacific Islanders.

Table 10m. Percentage of Middle School Students Who Had Ever Used Inhalants* and Who Had Ever Used Steroids, by Sex, Race/Ethnicity, and Grade—San Francisco USD, CA, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [†] (±)	%	CI (±)	%	CI (±)
Lifetime inhalant use						
Race/Ethnicity						
White [§]	— [†]	—	—	—	12.2	6.3
Black [§]	—	—	—	—	6.3	3.4
Hispanic	16.1	4.8	9.4	5.0	12.8	3.9
Asian**	6.1	1.9	6.3	2.2	6.2	1.4
Other	12.1	6.0	13.9	6.4	12.9	4.9
Grade						
6	7.4	3.0	4.6	2.4	6.0	2.0
7	13.4	4.3	11.3	3.8	12.4	2.9
8	8.5	2.9	6.0	2.9	7.5	2.5
Total	9.9	2.0	7.4	1.9	8.8	1.5
Lifetime steroid use						
Race/Ethnicity						
White	—	—	—	—	2.9	2.3
Black	—	—	—	—	4.5	3.0
Hispanic	2.8	2.4	0.8	1.2	1.8	1.4
Asian	1.9	1.1	1.1	0.8	1.5	0.7
Other	5.2	4.4	0.0	0.0	2.6	2.2
Grade						
6	1.4	1.3	1.3	1.3	1.4	0.9
7	3.1	2.4	1.8	1.3	2.5	1.4
8	3.8	2.0	1.0	0.9	2.8	1.2
Total	2.9	1.2	1.5	0.7	2.3	0.7

*Sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high.

†95% confidence interval.

§Non-Hispanic.

†Not available.

**Chinese, Filipino, or Other Pacific Islanders.

Table 11m. Percentage of Middle School Students Who Had Initiated Drug-Related Behaviors Before Age 11 Years, by Sex, Race/Ethnicity, and Grade—San Francisco USD, CA, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Smoked a whole cigarette before age 11 years						
Race/Ethnicity						
White [†]	— [§]	—	—	—	3.6	3.1
Black [†]	—	—	—	—	11.3	4.5
Hispanic	6.5	2.9	9.3	5.0	7.9	3.1
Asian [†]	4.4	1.7	3.7	1.9	4.1	1.4
Other	—	—	8.7	5.7	7.4	3.7
Grade						
6	5.2	2.5	3.4	2.3	4.3	2.0
7	7.5	3.6	5.8	3.3	6.8	2.5
8	8.1	3.2	7.2	2.9	7.7	2.2
Total	6.9	1.8	5.4	1.5	6.3	1.3
Had first drink of alcohol before age 11 years**						
Race/Ethnicity						
White	—	—	—	—	21.2	7.1
Black	—	—	—	—	19.4	5.7
Hispanic	27.7	6.7	22.0	5.9	24.8	4.4
Asian	13.0	3.4	8.7	2.3	11.1	2.3
Other	—	—	22.4	7.9	21.1	5.7
Grade						
6	15.8	3.7	12.3	4.1	14.1	2.7
7	20.7	6.1	14.8	4.5	18.0	3.9
8	21.4	4.9	16.5	5.3	19.0	3.9
Total	19.6	2.9	14.6	2.6	17.2	2.0
Tried marijuana before age 11 years						
Race/Ethnicity						
White	—	—	—	—	0.7	1.4
Black	—	—	—	—	2.0	2.2
Hispanic	1.9	2.1	2.0	2.0	1.9	1.4
Asian	0.3	0.4	0.6	0.7	0.4	0.4
Other	0.8	1.5	1.7	2.3	1.8	1.7
Grade						
6	0.4	0.5	0.5	1.1	0.5	0.6
7	0.9	1.0	1.8	1.4	1.3	0.8
8	0.8	1.2	2.2	1.9	1.7	1.1
Total	0.7	0.6	1.5	0.9	1.2	0.6

*95% confidence interval.

[†]Non-Hispanic.

[§]Not available.

[†]Chinese, Filipino, or Other Pacific Islanders.

**Other than a few sips.

Table 12m. Percentage of Middle School Students Who Had Engaged in Sexual Behaviors, by Sex, Race/Ethnicity, and Grade—San Francisco USD, CA, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Had ever had sexual intercourse						
Race/Ethnicity						
White [†]	— [§]	—	—	—	6.0	4.3
Black [†]	—	—	—	—	19.3	6.3
Hispanic	19.8	5.9	4.7	3.3	12.2	3.3
Asian ^{††}	3.9	1.7	2.0	1.7	3.0	1.2
Other	—	—	11.1	7.4	10.6	4.5
Grade						
6	8.2	4.1	1.4	1.5	4.9	2.2
7	11.4	4.9	6.5	3.4	9.0	3.1
8	16.3	5.5	5.2	2.7	11.1	3.1
Total	12.1	2.8	4.5	1.6	8.5	1.7
Had first sexual intercourse before age 11 years						
Race/Ethnicity						
White	—	—	—	—	1.5	2.1
Black	—	—	—	—	8.0	4.8
Hispanic	5.8	3.5	1.0	1.5	3.4	2.0
Asian	1.6	1.1	0.8	0.9	1.2	0.7
Other	—	—	3.7	3.5	3.0	2.2
Grade						
6	5.3	4.0	0.8	1.2	3.1	2.0
7	3.8	2.6	1.4	1.6	2.7	1.6
8	3.4	2.5	1.3	1.3	2.4	1.5
Total	4.3	1.8	1.3	0.8	2.8	1.0
Had ≥ 3 sex partners						
Race/Ethnicity						
White	—	—	—	—	2.8	3.4
Black	—	—	—	—	10.4	5.5
Hispanic	4.3	3.2	0.5	1.0	2.4	1.6
Asian	2.3	1.4	1.4	1.6	1.9	1.0
Other	—	—	2.2	2.9	2.0	1.9
Grade						
6	3.0	2.7	0.2	0.5	1.7	1.4
7	4.0	3.7	2.0	2.2	3.1	2.2
8	7.7	4.1	1.4	1.3	4.8	2.2
Total	5.1	2.1	1.4	0.9	3.4	1.2

*95% confidence interval.

†Non-Hispanic.

§Not available.

††Chinese, Filipino, or Other Pacific Islanders.

Table 13m. Percentage of Middle School Students Who Had Used a Condom During Last Sexual Intercourse* and Who Had Ever Been Taught About Acquired Immunodeficiency Syndrome (AIDS) or Human Immunodeficiency Virus (HIV) Infection in School, by Sex, Race/Ethnicity, and Grade—San Francisco USD, CA, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [†] (±)	%	CI (±)	%	CI (±)
Used a condom during last sexual intercourse						
Race/Ethnicity						
White [§]	— [†]	—	—	—	—	—
Black [§]	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Asian**	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	—	—	—	—	—	—
Total	—	—	—	—	76.1	8.4
Had been taught in school about AIDS or HIV infection						
Race/Ethnicity						
White	—	—	—	—	87.5	6.3
Black	—	—	—	—	75.7	8.3
Hispanic	72.4	6.6	72.5	5.9	72.5	4.3
Asian	73.0	6.4	72.7	4.6	72.9	4.7
Other	—	—	75.6	8.4	71.2	6.5
Grade						
6	58.0	9.2	61.0	6.1	59.5	6.8
7	79.6	6.0	78.8	5.3	79.2	4.8
8	82.2	5.7	83.2	4.3	82.5	4.3
Total	74.1	4.6	74.4	3.5	74.2	3.6

*Among the 8.5% of students who ever had sexual intercourse.

[†]95% confidence interval.

[§]Non-Hispanic.

[†]Not available.

**Chinese, Filipino, or Other Pacific Islanders.

Table 14m. Percentage of Middle School Students Who Had Participated in Sufficient Vigorous Physical Activity,* Who Had Played on Any Sports Teams,† and Who Had Watched ≥ 3 Hours per Day of TV,§ by Sex, Race/Ethnicity, and Grade—San Francisco USD, CA, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [¶] (\pm)	%	CI (\pm)	%	CI (\pm)
Participated in sufficient vigorous physical activity						
Race/Ethnicity						
White**	— ^{††}	—	—	—	86.1	5.1
Black**	—	—	—	—	65.1	7.4
Hispanic	71.3	8.6	59.6	6.3	65.5	6.2
Asian ^{§§}	64.1	5.0	62.5	4.8	63.3	3.8
Other	—	—	73.4	8.6	70.5	6.8
Grade						
6	61.5	7.0	59.4	6.7	60.4	6.0
7	68.3	7.2	68.7	5.8	68.4	5.6
8	74.6	4.3	66.1	5.8	70.4	3.7
Total	68.4	3.8	64.9	3.4	66.6	2.9
Played on any sports teams						
Race/Ethnicity						
White	—	—	—	—	55.7	8.3
Black	—	—	—	—	57.0	6.8
Hispanic	50.0	7.2	36.4	6.4	43.2	5.3
Asian	33.4	4.1	31.5	4.1	32.5	2.8
Other	—	—	30.2	9.7	39.0	6.8
Grade						
6	49.2	5.7	33.6	5.4	41.4	4.3
7	42.3	6.6	35.9	5.2	39.3	4.1
8	45.3	5.2	38.7	5.9	42.0	4.2
Total	45.6	3.3	36.2	3.2	41.0	2.3
Watched ≥ 3 hours per day of TV						
Race/Ethnicity						
White	—	—	—	—	27.7	8.8
Black	—	—	—	—	75.3	7.7
Hispanic	59.7	8.3	52.3	7.2	56.0	5.7
Asian	49.5	5.2	44.1	5.1	46.9	3.4
Other	—	—	45.0	10.7	44.7	8.7
Grade						
6	44.4	7.8	43.2	6.6	43.8	6.0
7	53.6	6.9	53.9	8.8	53.6	6.0
8	60.4	7.9	50.9	6.8	55.9	5.7
Total	53.1	4.4	49.4	4.0	51.3	3.2

*Exercised or participated in physical activities that made them sweat and breathe hard for ≥ 20 minutes on ≥ 3 of the 7 days preceding the survey (e.g., basketball, soccer, running, swimming laps, fast bicycling, fast dancing, or similar aerobic activities).

†Run by their school or community groups.

**Non-Hispanic.

§On an average school day.

††Not available.

¶95% confidence interval.

§§Chinese, Filipino, or Other Pacific Islanders.

Table 15m. Percentage of Middle School Students Who Were Enrolled in Physical Education (PE) Class* and Attended PE Class Daily,† by Sex, Race/Ethnicity, and Grade—San Francisco USD, CA, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Were enrolled in PE class						
Race/Ethnicity						
White [¶]	—**	—	—	—	98.6	1.8
Black [¶]	—	—	—	—	96.3	2.9
Hispanic	96.7	2.6	98.0	1.8	97.3	1.6
Asian ^{††}	96.9	1.8	98.3	1.2	97.5	1.2
Other	—	—	96.5	4.1	95.3	3.2
Grade						
6	97.9	1.7	97.0	1.9	97.5	1.4
7	96.4	1.7	98.1	1.6	97.1	1.1
8	95.6	2.6	98.8	1.1	96.9	1.5
Total	96.6	1.2	98.0	0.9	97.2	0.8
Attended PE class daily						
Race/Ethnicity						
White	—	—	—	—	95.7	3.1
Black	—	—	—	—	80.6	6.3
Hispanic	89.5	4.6	90.0	4.4	89.7	3.1
Asian	90.4	3.0	92.6	2.4	91.4	2.2
Other	—	—	93.5	4.9	85.9	6.4
Grade						
6	87.3	4.5	92.2	3.3	89.7	3.3
7	89.7	4.2	93.2	2.9	91.2	2.4
8	88.6	4.1	87.7	5.4	88.0	3.4
Total	88.4	2.4	90.9	2.3	89.4	1.8

*On one or more days in an average week when they were in school.

†5 days in an average week when they were in school.

§95% confidence interval.

¶Non-Hispanic.

**Not available.

††Chinese, Filipino, or Other Pacific Islanders.

Table 16m. Percentage of Middle School Students Who Were at Risk for Becoming* or Were Overweight,† by Sex, Race/Ethnicity, and Grade—San Francisco USD, CA, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
At risk for becoming overweight						
Race/Ethnicity						
White [¶]	—**	—	—	—	15.0	6.2
Black [¶]	—	—	—	—	22.8	6.7
Hispanic	26.6	5.7	25.2	7.9	26.0	4.7
Asian ^{††}	17.9	5.1	12.6	3.5	15.6	3.0
Other	—	—	—	—	17.3	6.1
Grade						
6	21.8	7.3	19.6	6.1	20.8	4.4
7	23.5	5.3	19.6	6.3	21.7	4.6
8	15.8	4.6	16.8	6.0	16.3	3.5
Total	20.1	3.5	18.5	3.6	19.4	2.5
Overweight						
Race/Ethnicity						
White	—	—	—	—	9.8	5.7
Black	—	—	—	—	19.3	6.9
Hispanic	21.7	7.7	18.3	7.2	20.3	6.1
Asian	11.1	3.5	7.8	2.9	9.7	2.3
Other	—	—	—	—	12.6	5.6
Grade						
6	21.9	6.4	17.9	7.8	20.1	5.4
7	17.3	5.8	10.4	5.4	14.2	4.2
8	9.1	3.4	10.7	4.7	9.8	3.0
Total	15.4	3.0	12.3	3.2	14.0	2.3

*Students who were ≥ 85th percentile but < 95th percentile for body mass index, by age and sex, based on reference data.

†Students who were ≥ 95th percentile for body mass index, by age and sex, based on reference data.

§95% confidence interval.

¶Non-Hispanic.

**Not available.

††Chinese, Filipino, or Other Pacific Islanders.

Table 17m. Percentage of Middle School Students Who Described Themselves as Slightly or Very Overweight and Who Were Trying To Lose Weight, by Sex, Race/Ethnicity, and Grade—San Francisco USD, CA, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Described themselves as overweight						
Race/Ethnicity						
White [†]	— [§]	—	—	—	29.2	8.8
Black [†]	—	—	—	—	23.4	7.2
Hispanic	26.0	6.4	26.2	5.7	26.1	4.5
Asian [†]	27.5	3.7	29.7	4.7	28.5	2.6
Other	—	—	30.1	9.5	25.7	5.6
Grade						
6	24.0	5.7	25.4	4.3	24.7	3.2
7	25.4	5.0	28.5	5.7	26.8	4.6
8	25.6	3.8	33.4	6.4	29.4	4.2
Total	25.0	2.7	29.1	3.3	27.0	2.3
Were trying to lose weight						
Race/Ethnicity						
White	—	—	—	—	41.0	7.5
Black	—	—	—	—	39.1	8.1
Hispanic	52.1	7.9	53.1	6.5	52.6	5.5
Asian	34.3	4.2	42.0	4.4	37.9	2.8
Other	—	—	42.0	10.2	37.3	6.8
Grade						
6	40.4	6.7	43.6	5.7	42.0	4.6
7	40.4	6.0	43.0	4.9	41.6	4.3
8	34.2	6.2	50.1	6.9	41.7	4.4
Total	38.3	3.7	45.6	3.4	41.7	2.5

*95% confidence interval.

[†]Non-Hispanic.

[§]Not available.

[†]Chinese, Filipino, or Other Pacific Islanders.

Table 18m. Percentage of Middle School Students Who Had Ever Engaged in Healthy Behaviors Associated with Weight Control To Lose Weight or To Keep from Gaining Weight, by Sex, Race/Ethnicity, and Grade—San Francisco USD, CA, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight						
Race/Ethnicity						
White [†]	— [§]	—	—	—	38.2	8.1
Black [†]	—	—	—	—	37.3	8.5
Hispanic	40.4	6.0	49.1	7.4	44.7	4.7
Asian [†]	31.6	4.5	37.7	4.9	34.4	3.3
Other	—	—	43.5	9.4	39.6	6.4
Grade						
6	38.4	5.4	38.6	5.9	38.5	4.5
7	35.1	5.2	39.1	5.2	36.9	4.2
8	29.6	5.7	48.0	6.4	38.3	4.4
Total	34.4	3.3	42.1	3.6	38.0	2.6
Exercised to lose weight or to keep from gaining weight						
Race/Ethnicity						
White	—	—	—	—	64.4	8.7
Black	—	—	—	—	58.0	8.6
Hispanic	64.1	7.5	64.1	6.0	64.1	4.1
Asian	53.9	3.9	59.8	4.6	56.6	3.1
Other	—	—	58.0	9.7	55.3	6.2
Grade						
6	55.9	5.9	63.3	4.5	59.5	3.7
7	60.9	5.6	59.0	4.1	59.9	3.8
8	55.7	6.2	61.8	6.5	58.5	5.0
Total	57.5	3.3	61.4	3.0	59.3	2.5

*95% confidence interval.

†Non-Hispanic.

§Not available.

†Chinese, Filipino, or Other Pacific Islanders.

Table 19m. Percentage of Middle School Students Who Had Ever Engaged in Unhealthy Behaviors Associated with Weight Control To Lose Weight or To Keep from Gaining Weight, by Sex, Race/Ethnicity, and Grade—San Francisco USD, CA, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Went without eating for ≥ 24 hours to lose weight or to keep from gaining weight						
Race/Ethnicity						
White [†]	— [§]	—	—	—	11.3	5.5
Black [†]	—	—	—	—	15.3	5.3
Hispanic	13.9	5.2	13.7	4.6	13.8	3.5
Asian [†]	6.4	2.1	6.1	1.9	6.2	1.4
Other	—	—	9.5	6.5	11.6	4.7
Grade						
6	14.4	4.9	5.2	2.7	9.9	2.8
7	9.6	3.8	12.2	3.5	10.8	2.6
8	9.3	4.4	10.4	3.9	9.8	3.0
Total	11.0	2.5	9.3	2.1	10.2	1.6
Took diet pills, powders, or liquids to lose weight or to keep from gaining weight**						
Race/Ethnicity						
White	—	—	—	—	2.6	2.7
Black	—	—	—	—	4.5	3.1
Hispanic	8.8	4.1	2.3	2.0	5.6	2.3
Asian	2.2	1.3	2.6	1.5	2.3	0.9
Other	—	—	1.5	1.9	2.0	1.6
Grade						
6	4.1	2.5	2.0	1.6	3.1	1.5
7	2.7	2.2	3.5	2.6	3.1	1.6
8	5.0	2.8	2.8	1.6	3.9	1.6
Total	4.0	1.4	2.8	1.2	3.4	0.9
Vomited or took laxatives to lose weight or to keep from gaining weight						
Race/Ethnicity						
White	—	—	—	—	4.5	2.9
Black	—	—	—	—	5.5	3.7
Hispanic	1.6	1.9	2.3	2.3	2.0	1.5
Asian	1.5	1.0	1.5	1.0	1.5	0.7
Other	—	—	0.0	0.0	1.4	1.6
Grade						
6	2.8	2.1	1.0	1.4	1.9	1.2
7	2.1	1.8	3.9	2.0	2.9	1.3
8	1.6	1.3	3.3	2.6	2.6	1.5
Total	2.1	1.0	2.7	1.2	2.5	0.7

*95% confidence interval.

[†]Non-Hispanic.

[§]Not available.

[†]Chinese, Filipino, or Other Pacific Islanders.

**Without a doctor's advice.

