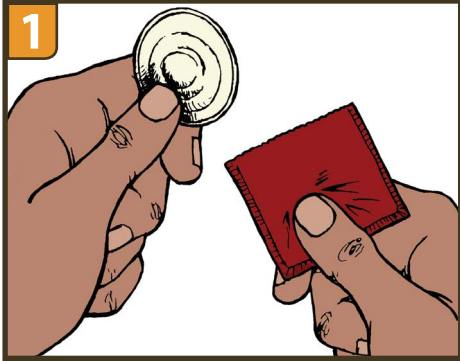


**Ekitabu kino kirimo esyofoto eshikangaya abandu
abali ndumbu, bakadwika. Hanganabya abandu
abatanza ebiring'ebyo.**

Emimbalire y'akapoti oko Abakabala e Ebola



1 Ukingule bolobolo, uimaye akapoti.



2 Esulu yabikosa.



3 Uhire akapoti k'oko mutwe w'esulu.



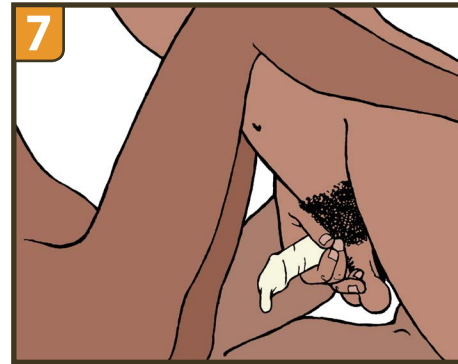
4 Umatiraye ubusongera bw'akapoti ukalusya m'omuka.



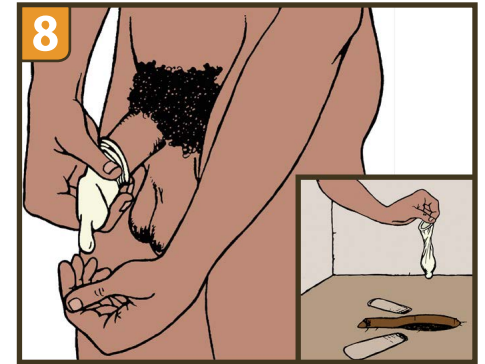
5 Ukunyule akapoti iunemukurako



6 Okobuli mugulu ukadwika iwambala akapoti.



7 Eriteta ryabihwa, oyulya lama okoebola inyahambirir'akapoti ko ndeke inanemukura esulu y'omonzini.



8 Wabilusya akapoti uwagusako.

- Eriteta ryabihwa, oyulya lama Ebola **musa** yukatula oko kapoti.
- Unabe okobyala n'esabuni okondambi ngesyosegonde 40-60. Hamabya isihali esabuni kutse amagetse, wangana naba n'esabuni eyo muhanda we "désinfectant" neryo iwa tsigits'ebwala okoyiringa segonde 20-30. Ebyala ebikinire, iwa naba n'esabuni n'amagetse.
- **Siwangambala** akapoti ko ngendo ibiri. Kandi **isyuwambala** ehipoti hibiri okongendo nguma.
- Wamayisungako ebiminyikalo by'Ebola oko biro 21 wanabi dwika n'omulume oyulyalama Ebola, **iwaluwayasunga abanganga ibakuwatikya aho n'aho.**

Litorere erimbala akapoti kundi hane abakalama ibabya ibakinemo ehiganirya ehy'obukoni. Obuhalya bwanganabika ebihuka by'Ebola oko mwaka.

U.S. Centers for Disease Control and Prevention