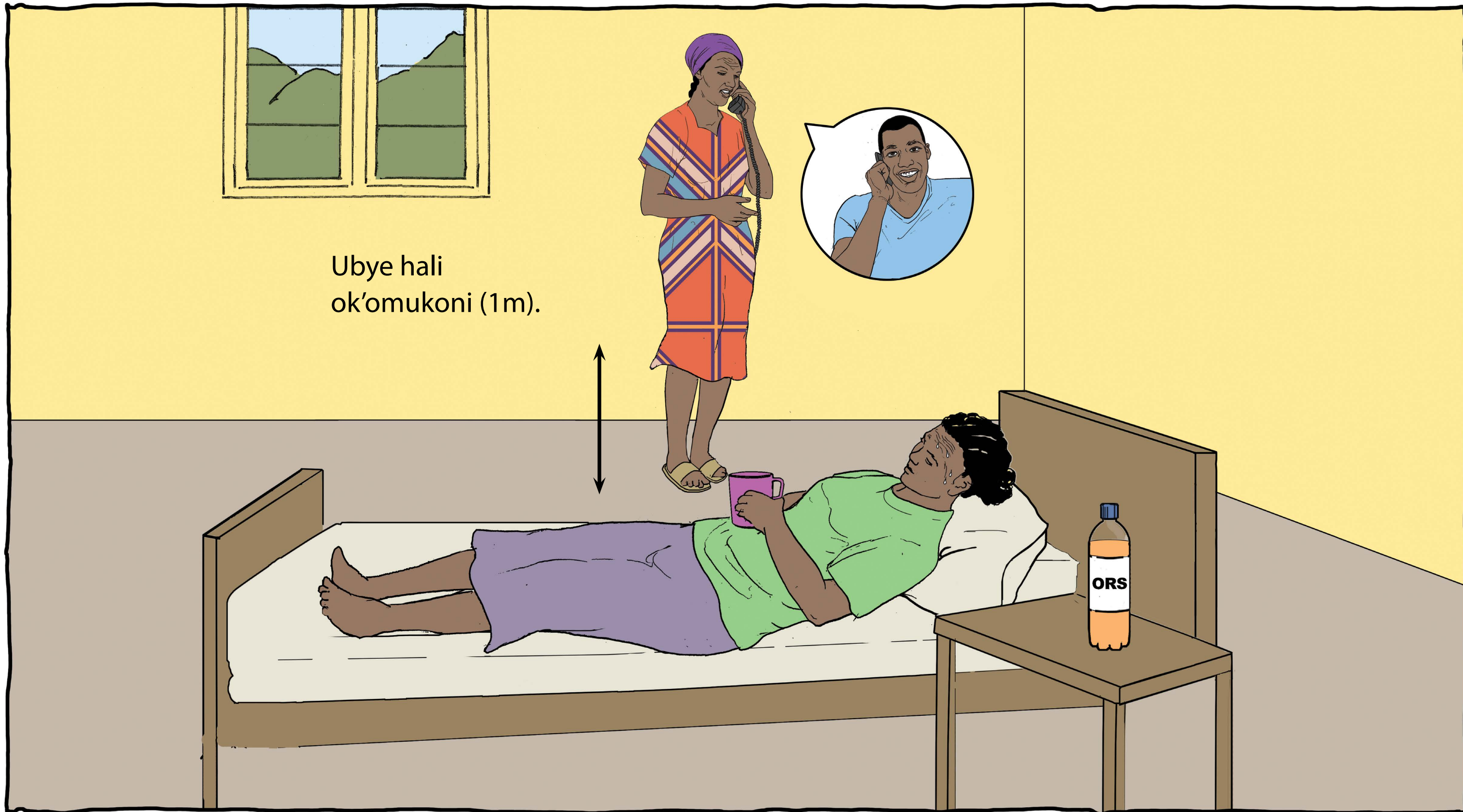
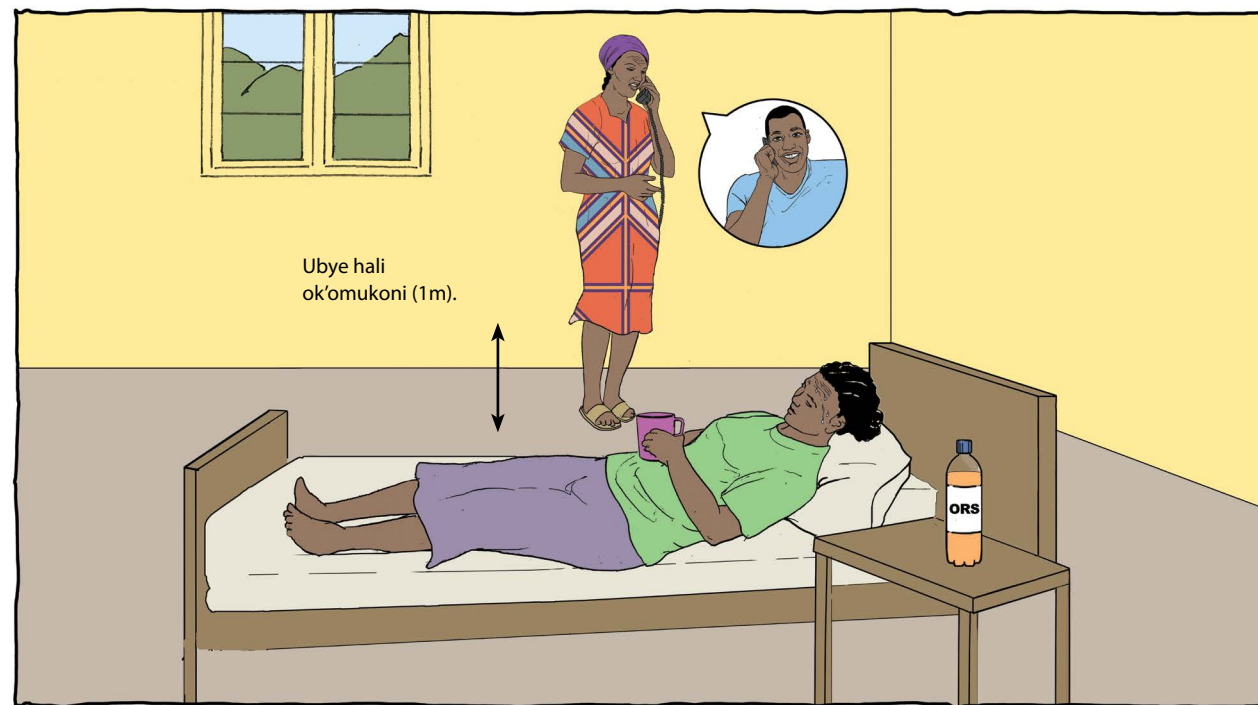


Eritwanir'omukoni oyo abiri eryahiwa ko Ebola : **UTULERE, ULINDE**

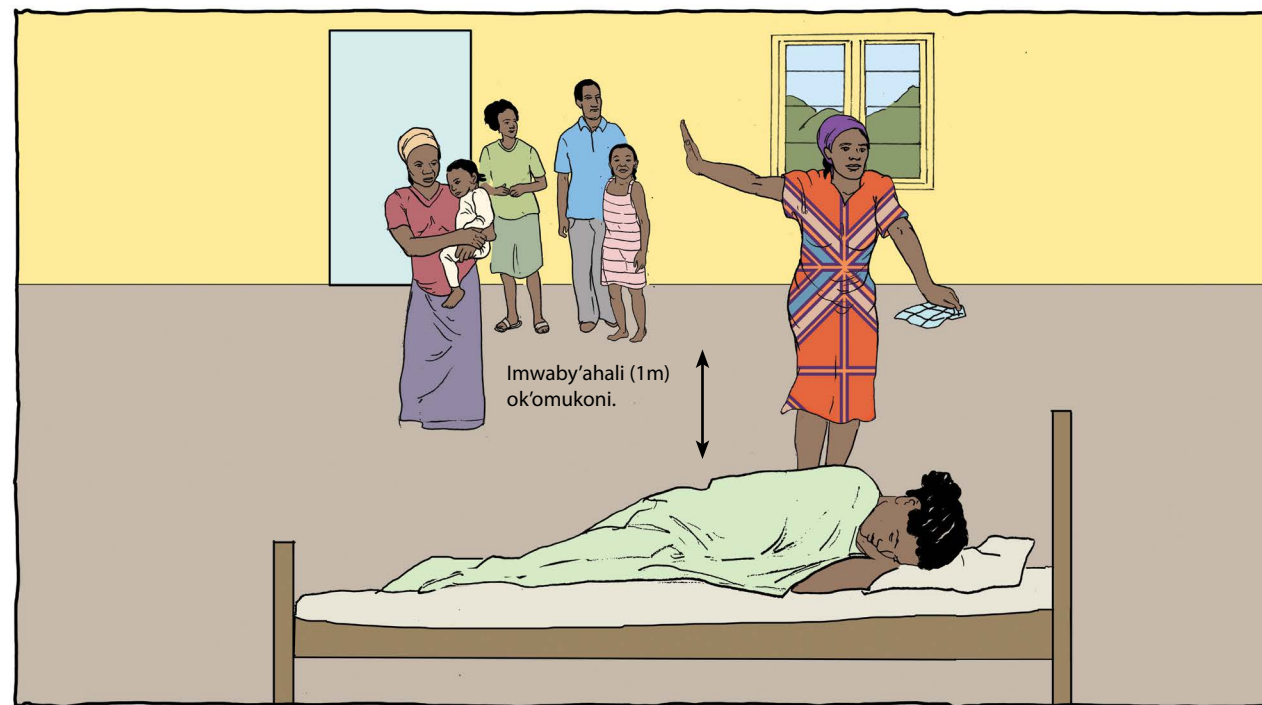






Ow'oko wawe amabibya ng'aka sungika kw'ebiminyikalo eby'Ebola, ubirikire omunganga akuwatikaye. Isuwa tul'oko musasi wuwe kutse oko byosi bika musononokako (ebisalire, amabi, amasu, olunza). Umubwire uti anywe obubalya bunene obwe "SRO" kutse amagetse. Kundi uyukanyw'amanene akabya n'omuyisa munene w'erilama.





Omundu muguma musa yuka twanira omukoni imunemu lindirira omunganga ahike. Isihaswabya gundi mundu oyo akatwanira. Imwabya hali oko mukoni (1m). Ekopo ey'omukoni akanywirammo isiya tulawako. Utule amagetse kutse obubalya omotsupa butatulayo. Obuli kindu ky'omukoni isikya tulawako (engingo n'ebindi ebyo alyatulako).





Omugulu uka twanira omutunga wagu, isuwamutula ko, kandi iwanab'oko byala ne chlore namuhwa nomo syuliwatul'ok'omukoni. Iwambala esyongimba ishaka kukakiraya ndeke isihabwa ahaka langirika ("gant"). Unabe okobyala okobuli ndambi uka sulubirira omukoni.





Omukoni akindi sulubirirwa, ibamutwala elupitali. Omutunga mwanze wagu anawite omuyisa w'erilama abihika elupitali. N'erimutwala elupitali lika kakiryaya ekihandanda kyagu.