Subjective Cognitive Decline

Data from the 2015Behavioral Risk Factor Surveillance System

in Minnesota

people aged 45 and older are experiencing Subjective Cognitive Decline.

SCD is self-reported **MEMORY PROBLEMS**

that have been getting worse over the past year.





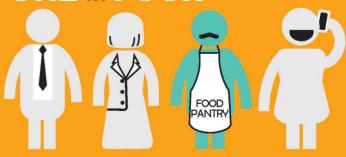
with SCD have talked to a health care provider about it.







ONE in FOUR



say SCD interfered with social activities, work, or volunteering.





for more information: www.alz.org/publichealth

www.cdc.gov/aging