

# Subjective Cognitive Decline

Data from the **2015**  
Behavioral Risk Factor  
Surveillance System

## in Hawaii

**1 in 11** people aged 45 and older are experiencing **Subjective Cognitive Decline**.

**SCD** is self-reported **MEMORY PROBLEMS** that have been getting worse over the past year.



Only **ONE** in **THREE** with SCD have talked to a health care provider about it.



**Nearly 75%** with SCD have at least one chronic condition.

Among those with **SCD...**



**ONE** in **FOUR**



say SCD interfered with social activities, work, or volunteering.