## Subjective Cognitive Decline

Behavioral Risk Factor Surveillance System

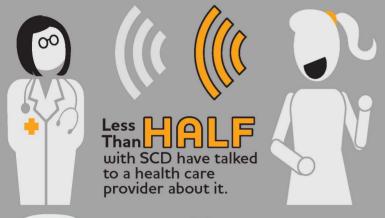
# Data from the 2015 Behavioral Risk Factor In West Virginia

# people aged 45 and older are experiencing Subjective Cognitive Decline.

#### **SCD** is self-reported **MEMORY PROBLEMS**

that have been getting worse over the past year.







with SCD have at least one chronic condition.

## Among those with SCD... 35.2% 45.1% needed help with household chores. had to give up day-to-day activities. TWO in FIVE



say SCD interfered with social activities, work, or volunteering.

alzheimer's association<sup>®</sup>



for more information: www.alz.org/publichealth

www.cdc.gov/aging