Data from the 2015 **Subjective Cognitive Decline Behavioral Risk Factor** Surveillance System in Utah people aged 45 and older are experiencing Subjective Cognitive Decline. Among those with SCD... **SCD** is self-reported MEMORY PROBLEMS that have been getting worse over the past year. 32.2% 28.6% needed help (() ((() (() with household chores. had to give up Only TWO day-to-day activities. in **ONE in FOUR** with SCD have talked to a health care provider about it. early FOOD PANTRY R with SCD R have at least one chronic say SCD interfered with social activities, condition. work, or volunteering. for more www.alz.org/publichealth alzheimer's information:

association

CENTERS FOR DISEASE

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