## **Subjective Cognitive Decline**

Data from the 2015 Behavioral Risk Factor Surveillance System

in Tennessee

people aged 45 and older are experiencing Subjective Cognitive Decline. Among those with SCD... **SCD** is self-reported MEMORY PROBLEMS that have been getting worse over the past year. 46.3% 49.5% needed help 00 with household chores. had to give up day-to-day activities. Only **TWO in FIVE** with SCD have talked to a health care provider about it. Nearly FOOD P with SCD R<sub>x</sub> have at least one chronic say SCD interfered with social activities, condition. work, or volunteering. for more www.alz.org/publichealth alzheimer's information:

association

CENTERS FOR DISEASE

www.cdc.gov/aging