

Subjective Cognitive Decline

Data from the **2015**
Behavioral Risk Factor
Surveillance System

in New Jersey

1 in 11 people aged 45 and older are experiencing **Subjective Cognitive Decline**.

SCD is self-reported **MEMORY PROBLEMS** that have been getting worse over the past year.



Only **TWO** in **FIVE** with SCD have talked to a health care provider about it.



Nearly 80% with SCD have at least one chronic condition.

Among those with **SCD...**



TWO in **FIVE**



say SCD interfered with social activities, work, or volunteering.