## Subjective Cognitive Decline

Data from the 2015 Behavioral Risk Factor Surveillance System

Aggregated across 34 states:

alabama ● Arizona ● Arkansas ● California ● Colorado ● District of Columbia ● Florida ● Georgia ● Hawaii ● Illinois ● Iowa ● Louisiana ● Maryland Michigan ● Minnesota ● Mississippi ● Nebraska ● Nevada ● New Jersey ● New York ● North Dakota ● Ohio ● Oregon Rhode Island • South Carolina • South Dakota • Tennessee • Texas • Utah • Virginia • West Virginia • Wisconsin • Wyoming

## Americans aged 45 and older are experiencing Subjective Cognitive Decline.

**SCD** is self-reported MEMORY PROBLEMS

that have been getting worse over the past year.









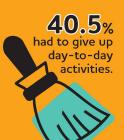




with SCD have talked to a health care provider about it.



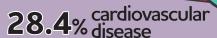
35.7% needed help with household chores.





social activities. work, or volunteering. Many with SCD also have other chronic conditions

**61.3**% arthritis



26.7% diabetes

21.5% COPD

15.1% asthma

14.8% history of cancer

80,2% report at least one of these conditions

OD

alzheimer's association



for more information:

www.alz.org/publichealth

www.cdc.gov/aging