**Questionnaire Intergenerational Transmission of Dieting Behavior**

Did you live with your mother at least part of the time when you were a child?

**Yes**

**No**

While you were growing up, during your first 18 years of life:

1. Did your mother engage in diets specifically to lose weight?

**Yes**

**No**

1. If yes, how often do you recall your mother engaging in a diet?

* None or hardly any of the time
* About a quarter of the time
* About half of the time
* About three-quarters of the time
* Nearly all of the time

1. How old were you when you first recall your mother dieting?

As far back as I can remember

Before grade school

Sometime in grade or elementary school

Middle school/early adolescence

High school

1. Did your mother engage in ‘fat talk,’ that is degrading talk specifically about her weight, shape, or size?

**Yes**

**No**

1. If yes, how often do you recall her engaging in this type of talk?

* None or hardly any of the time
* About a quarter of the time
* About half of the time
* About three-quarters of the time
* Nearly all of the time

1. How old were you when you first recall your mother engaging in fat talk?

As far back as I can remember

Before grade school

Sometime in grade or elementary school

Middle school/early adolescence

High school

1. How many times (approximately) do you remember your mother losing 20 pounds or more - when she wasn’t sick - and then gaining it back?

* Never
* Once or twice
* Three or four times
* Five times or more

1. Did your mother encourage you to diet?

**Yes**

**No**

1. If yes, how often do you recall your mother encouraging you to diet?

* None or hardly any of the time
* About a quarter of the time
* About half of the time
* About three-quarters of the time
* Nearly all of the time

1. How old were you when you first recall your mother encouraging you to diet?

As far back as I can remember

Before grade school

Sometime in grade or elementary school

Middle school/early adolescence

High school

1. Did your mother criticize your weight, shape, or eating behaviors?

**Yes**

**No**

1. If yes, how often do you recall your mother criticizing your weight, shape or eating behaviors?

* None or hardly any of the time
* About a quarter of the time
* About half of the time
* About three-quarters of the time
* Nearly all of the time

1. How old were you when you first recall your mother criticizing your weight, shape, or eating behaviors?

As far back as I can remember

Before grade school

Sometime in grade or elementary school

Middle school/early adolescence

High school

Did you live with your father at least part of the time when you were a child?

**Yes**

**No**

1. Did your father engage in diets specifically to lose weight?

**Yes**

**No**

1. If yes, how often do you recall your father engaging in a diet?

* None or hardly any of the time
* About a quarter of the time
* About half of the time
* About three-quarters of the time
* Nearly all of the time

1. How old were you when you first recall your father dieting?

As far back as I can remember

Before grade school

Sometime in grade or elementary school

Middle school/early adolescence

High school

1. Did your father engage in ‘fat talk,’ that is degrading talk specifically about his weight, shape, or size?

**Yes**

**No**

1. If yes, how often do you recall him engaging in this type of talk?

* None or hardly any of the time
* About a quarter of the time
* About half of the time
* About three-quarters of the time
* Nearly all of the time

1. How old were you when you first recall your father engaging in fat talk?

As far back as I can remember

Before grade school

Sometime in grade or elementary school

Middle school/early adolescence

High school

1. How many times (approximately) do you remember your father losing 20 pounds or more -when he wasn’t sick - and then gaining it back?

* Never
* Once or twice
* Three or four times
* Five times or more

1. Did your father encourage you to diet?

**Yes**

**No**

1. If yes, how often do you recall your father encouraging you to diet?

* None or hardly any of the time
* About a quarter of the time
* About half of the time
* About three-quarters of the time
* Nearly all of the time

1. How old were you when you first recall your father encouraging you to diet?

As far back as I can remember

Before grade school

Sometime in grade or elementary school

Middle school/early adolescence

High school

1. Did your father criticize your weight, shape, or eating behaviors?

**Yes**

**No**

1. If yes, how often do you recall your father criticizing your weight, shape or eating behaviors?

* None or hardly any of the time
* About a quarter of the time
* About half of the time
* About three-quarters of the time
* Nearly all of the time

1. How old were you when you first recall your mother criticizing your weight, shape, or eating behaviors?

As far back as I can remember

Before grade school

Sometime in grade or elementary school

Middle school/early adolescence

High school

1. How old were you the first time you lost at least 10 pounds by dieting, or in some way by limiting how much you ate? If you are not sure, what is your best guess?

As far back as I can remember

Before grade school

Sometime in grade or elementary school

Middle school/early adolescence

High school

Never

1. Now that you are an adult (over 18), does your mother encourage you to diet?

**Yes**

**No**

1. Now that you are an adult (over 18), does your mother criticize your weight, shape, or eating behaviors?

**Yes**

**No**

1. Now that you are an adult (over 18), does your father encourage you to diet?

**Yes**

**No**

1. Now that you are an adult (over 18), does your father criticize your weight, shape, or eating behaviors?

**Yes**

**No**