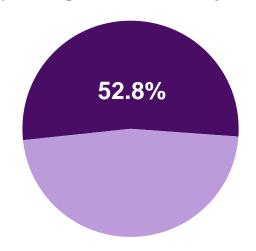


DATA FROM THE 2016 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

In North Dakota, <u>more than half</u> of all adults providing unpaid care to loved ones with Alzheimer's or another dementia have been doing so for at least two years.

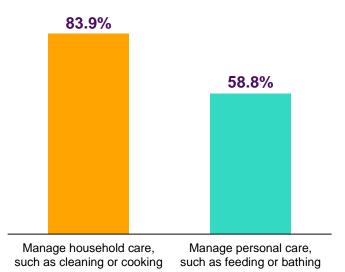
More than one-third of Alzheimer's and dementia caregivers provide 20 or more hours of care per week.

Among Alzheimer's and dementia caregivers, more than half provide care to their parent or their parent-in-law. Percent of dementia caregivers providing care for at least 2 years

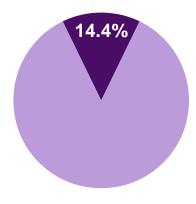


Characteristics of Alzheimer's and Other Dementias Caregivers						
<u>Gender</u>		<u>Age</u>		Hours of Care per Week		Caring for Parent or
<u>Women</u>	<u>Men</u>	<u>45-64</u>	<u>65+</u>	<u>20+</u>	<u>40+</u>	Parent-in-law
51.3%	48.7%	51.9%	30.6%	34.0%	27.1%	53.7%

Percent of dementia caregivers providing help with specific tasks



Percent of dementia caregivers with a history of depression



This Fact Sheet is supported by Cooperative Agreement #NU58DP006115 from the Centers for Disease Control and Prevention (CDC). Its contents are solely the responsibility of the Alzheimer's Association and do not necessarily represent the official views of the CDC.