**APPENDIX:**

 **Included articles in “Methodological Quality of Behavioral Weight Loss Studies: A**

**Systematic Review”**

1. Admiraal WM, Vlaar EM, Nierkens V, et al. Intensive lifestyle intervention in general practice to prevent type 2 diabetes among 18 to 60-year-old South Asians: 1-year effects on the weight status and metabolic profile of participants in a randomized controlled trial. *PLoS One* 2010; **8***:* e68605.

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