

A man with a beard and short hair, wearing a dark blue V-neck sweater and blue corduroy pants, is sitting on a light-colored couch. He is holding a clear plastic water bottle in his right hand and resting his head on his left hand. The background shows green foliage and a window.

// We need to throw away the stigma and fear about HIV testing. It's time we make HIV testing a part of our health routine. //

— Jay Ellis, Actor

# I'M DOING IT

Testing for **HIV**

#DoingIt

Testing is Fast, Free, and Confidential | [cdc.gov/DoingIt](https://cdc.gov/DoingIt)

