National Latino AIDS Awareness Day — October 15, 2014

National Latino AIDS Awareness Day is observed each year on October 15 to focus on the continuing and disproportionate effects of human immunodeficiency virus (HIV) infection and acquired immune deficiency syndrome (AIDS) on the Hispanic or Latino population in the United States. Two of the three goals of the National HIV/AIDS Strategy are to reduce HIV incidence and to reduce HIV-related disparities (1).

Estimates of HIV incidence for 2010 indicate that Hispanics or Latinos had a rate of 27.5 per 100,000 population compared with 8.7 for non-Hispanic or Latino whites (2). In 2010, male-to-male sexual contact was attributed to an estimated 68% of new infections among all Hispanics or Latinos and an estimated 79% of new infections among Hispanic or Latino males. Among Hispanic or Latino females, high-risk heterosexual contact was attributed to an estimated 86% of new infections. Data from CDC's National HIV Behavioral Surveillance System show that, in 2011, 37% of Hispanic or Latino men who have sex with men did not know they were infected compared with 14% of non-Hispanic or Latino white men who have sex with men (*3*).

National Latino AIDS Awareness Day is an opportunity to encourage increased HIV prevention activities, such as HIV testing, for Hispanics or Latinos. CDC supports testing, access to care and treatment, and a range of other efforts to reduce HIV infection among Hispanics or Latinos. Additional information about CDC resources and activities for National Latino AIDS Awareness Day is available at http://www.cdc. gov/hiv/risk/racialethnic/hispaniclatinos.

References

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- CDC. Estimated HIV incidence in the United States, 2007–2010. HIV surveillance supplemental report 2012;17(No. 4). Available at http:// www.cdc.gov/hiv/pdf/statistics_hssr_vol_17_no_4.pdf.
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Global Handwashing Day — October 15, 2014

The 7th annual Global Handwashing Day will be observed October 15, 2014. This observance increases awareness and understanding of handwashing with soap as an effective and affordable way to prevent disease around the world.

Handwashing with soap has an important role to play in child survival and health. Approximately 2.2 million children aged <5 years die each year from diarrheal diseases and pneumonia, the top two causes of death among young children globally (1). Handwashing with soap can reduce the incidence of diarrhea among children aged <5 years by 30% (2) and the incidence of respiratory infections by 21% (3).

Although persons around the world clean their hands with water, few use soap to wash their hands. Washing hands with soap removes bacteria much more effectively (4).

Additional information on Global Handwashing Day is available from CDC at http://www.cdc.gov/features/ globalhandwashing. General handwashing information is available from at http://www.cdc.gov/handwashing. Information on water-related hygiene is available at http:// www.cdc.gov/healthywater/hygiene/index.html.

References

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