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## Connecting the Dots: State Health Department Approaches to Addressing Shared Risk and Protective Factors Across Multiple Forms of Violence

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### Abstract

Violence takes many forms, including intimate partner violence, sexual violence, child abuse and neglect, bullying, suicidal behavior, and elder abuse and neglect. These forms of violence are interconnected and often share the same root causes. They can also co-occur together in families and communities and can happen at the same time or at different stages of life. Often, due to a variety of factors, separate, “siloeed” approaches are used to address each form of violence.

However, understanding and implementing approaches that prevent and address the overlapping root causes of violence (risk factors) and promote factors that increase the resilience of people and communities (protective factors) can help practitioners more effectively and efficiently use limited resources to prevent multiple forms of violence and save lives. This article presents approaches used by 2 state health departments, the Maryland Department of Health and Mental Hygiene and the Colorado Department of Public Health and Environment, to integrate a shared risk and protective factor approach into their violence prevention work and identifies key lessons learned that may serve to inform crosscutting violence prevention efforts in other states.

### Keywords

injury; prevention; protective factors; risk factors; violence

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Violence takes many forms, including intimate partner violence, sexual violence, child abuse and neglect, bullying, suicidal behavior, and elder abuse and neglect. These forms of violence are interconnected and often share the same root causes. They can also co-occur

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together in families and communities and can happen to individuals at the same time or at different stages of their lives.<sup>1-4</sup>

In practice, different forms of violence are often addressed separately without a coordinated approach that considers these connections.<sup>5,6</sup> There are many factors that contribute to this “siloeing” of violence prevention, including separate funding streams, organizational structures that separate staff addressing different forms of violence, and different stakeholder groups. For example, practitioners working in the area of child abuse and neglect prevention may collaborate substantially with maternal and child health programs within state health departments, whereas youth violence prevention practitioners may work more closely with partners in juvenile justice. Gaining an understanding of the ways in which different forms of violence are intertwined, however, can help public health practitioners, and others working in the field of violence prevention, identify ways to coordinate across some of these historical siloes and better address violence in all its forms.

### **Rationale for a Shared Risk and Protective Factor Approach**

Most people who are victims of violence do not act violently. However, people who experience or are exposed to one form of violence are at a higher risk for both being a victim of other forms of violence and for inflicting harm on others. For example, children who experience physical abuse or neglect early in their lives are at greater risk for committing violence against peers (particularly for boys),<sup>7-9</sup> bullying,<sup>10</sup> teen dating violence,<sup>10,11</sup> and committing child abuse,<sup>12</sup> elder abuse,<sup>13</sup> intimate partner violence,<sup>14,15</sup> and sexual violence<sup>15-18</sup> later in life. In fact, exposure to violence is one of many shared risk factors linked to multiple forms of violence. There are also a number of common protective factors that make it less likely a community, family, or individual will experience violence or buffer the effects of risk factors on violence outcomes. Risk and protective factors can occur across the social ecology<sup>19</sup> and can affect entire communities (eg, neighborhood poverty) or occur in interactions between family and friends (eg, family conflict, association with deviant peers). Individuals’ experiences or traits are also nested within these larger contexts of risk and protection and can place people at higher or lower risk for experiencing violence (eg, substance abuse, lack of nonviolent problem-solving skills). Research has suggested that it is not just the mere presence of risk factors or protective factors that influences whether or not a person experiences violence; it is the type and ratio of risk to protective factors that are critical.<sup>8,20</sup> This is vital for prevention, as it provides opportunities to develop buffering or protective factors that can be instrumental, particularly in communities and with families who were or are exposed to a multitude of risk factors.<sup>8,20,21</sup>

A shared risk and protective factor approach refers to prioritizing risk and protective factors linked to multiple forms of violence in prevention planning, partnership, and programmatic efforts (vs focusing on different violence outcomes separately). This approach provides state health departments and other state and local agencies and organizations with the opportunity to streamline and scale up prevention approaches and services. Breaking down some of the traditional “siloes” across different forms of violence and moving toward a shared risk and protective factor approach can help states and communities better coordinate with partners and agencies that have traditionally focused on a single form of violence and leverage and

coordinate resources to bring efficiencies to programs and strategies as they are scaled up for population-level impact. At the national level, federal agencies and funders have the opportunity to facilitate this coordinated approach in states and communities by supporting a shared risk and protective factor approach in funding opportunities/grants, coordinating reporting structures, and identifying performance and evaluation measures and metrics that can be used to demonstrate impact on shared risk and protective factors and across multiple forms of violence. For example, the Centers for Disease Control and Prevention's (CDC's) National Center for Injury Prevention and Control has engaged in a number of efforts to begin to facilitate a shared risk and protective factor approach to violence prevention. The National Center for Injury Prevention and Control's Division of Violence Prevention has developed a strategic vision for preventing multiple forms of violence to help support CDC's efforts to better address the connections among different forms of violence, shape future funding initiatives, and guide collaborative efforts with partners across the country.<sup>22</sup> Also, the National Center for Injury Prevention and Control's Division of Analysis, Research, and Practice Integration currently funds 23 state health departments through the Core State Violence and Injury Prevention Program to decrease injury and violence-related morbidity and mortality by decreasing risk factors and increasing protective factors linked to multiple forms of injury and violence.

### **Risk and Protective Factors Across the Social Ecology\***

Community and societal risk and protective factors are critical because they make it more or less likely that entire populations and communities will suffer from violence. These risk and protective factors are not evenly distributed, and often a community experiences an overwhelming number of risk factors without an equal balance of protective factors to buffer their effects. This means that individuals and families living in some communities where there are many risk factors and structural causes of disparity (eg, high poverty, unemployment, and crime) are more likely than those living in other communities to experience multiple forms of violence.<sup>23–25</sup> For example, in neighborhoods where there is low cohesion, or where residents do not support and trust each other, risk for perpetration of child abuse and neglect,<sup>26</sup> intimate partner violence,<sup>27</sup> sexual violence,<sup>28</sup> teen dating violence,<sup>29</sup> youth violence,<sup>30</sup> and suicide<sup>31–33</sup> is higher than in neighborhoods with high support and cohesion between residents. Diminished economic opportunities in neighborhoods and high unemployment are also associated with perpetration of child abuse and neglect,<sup>34</sup> intimate partner violence,<sup>24</sup> self-directed violence,<sup>35,36</sup> sexual violence,<sup>37,38</sup> and youth violence.<sup>39</sup> Also, norms in societies or communities that support strict gender roles for men and women are associated with perpetration of child abuse and neglect,<sup>40,41</sup> intimate partner violence,<sup>42–45</sup> sexual violence,<sup>16,18,38,42,46,47</sup> teen dating violence,<sup>48,49</sup> youth violence,<sup>50</sup> suicide,<sup>51</sup> and bullying,<sup>52,53</sup> and norms supporting aggression or coercion are associated with almost all forms of violence.<sup>24,40,49,52,54–56</sup>

While the research is less well developed on protective factors that can increase communities' resilience to violence, there are a few things that have been shown to make it

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\*For a synthesis of risk and protective factors linked to multiple forms of violence, see *Connecting the Dots: An Overview of the Links Between Multiple Forms of Violence*.

less likely that an entire community will experience violence. For example, neighborhood support and connectedness (eg, high levels of community cohesion and a strong sense of community or community identity) have been shown to protect communities from perpetration of child abuse and neglect,<sup>26,34</sup> intimate partner violence,<sup>24,57–59</sup> sexual violence,<sup>60,61</sup> youth violence,<sup>62,63</sup> and suicide.<sup>64–66</sup> Access to mental health services has also been found to be associated with lower levels of child abuse and neglect<sup>67</sup> and suicide.<sup>21</sup> Also, some emerging, primarily qualitative research indicates that coordination of resources and services among community agencies can help increase protection from violence at the community level.<sup>68,69</sup>

In addition to the risk and protective factors that occur within the broader community context, aspects of individuals' relationships and interactions with others can also place them at higher or lower risk for experiencing violence. For example, people who are socially isolated and who do not have social support from family, friends, or neighbors (eg, poor relationships with peers) are more likely to perpetrate child abuse and neglect,<sup>34</sup> intimate partner violence,<sup>29</sup> teen dating violence,<sup>29</sup> sexual violence,<sup>38</sup> suicide,<sup>70,71</sup> bullying,<sup>72</sup> youth violence,<sup>72</sup> and elder abuse.<sup>13,73</sup> Also, conflict within the family (eg, poor family management, violence between parents) is linked to almost all forms of violence perpetration including child abuse and neglect (children in homes with high conflict are at higher risk for being victims),<sup>74,75</sup> teen dating violence,<sup>76</sup> intimate partner violence,<sup>42,77</sup> sexual violence,<sup>18</sup> youth violence,<sup>78,79</sup> bullying,<sup>80</sup> and elder abuse and neglect.<sup>13</sup> Youth who associate with delinquent peers or friends are also at a higher risk of harming others through bullying,<sup>52,80,81</sup> youth violence,<sup>79,82–84</sup> teen dating violence,<sup>29,48,85</sup> later in life sexual violence,<sup>18,28,48,60</sup> and intimate partner violence.<sup>49</sup>

However, individuals' relationships can also help *protect* them from violence and even buffer the potential negative effects of risk in their communities.<sup>8</sup> For example, there is evidence that individuals who live in high-risk communities are less likely to perpetrate violence or engage in other destructive behaviors such as substance use if they have nonviolent, supportive relationships with family, friends, and other groups, such as schools or faith organizations.<sup>8,86</sup> More specifically, youth who feel connected and committed to school are at a lower risk of harming others through dating violence,<sup>29,76</sup> youth violence,<sup>20,82,87–89</sup> sexual violence,<sup>28</sup> and bullying,<sup>72</sup> and are at lower risk for suicide,<sup>89,90</sup> and strong family support and connectedness can be protective against perpetration of child abuse and neglect,<sup>91–93</sup> teen dating violence,<sup>29</sup> youth violence,<sup>8,94,95</sup> bullying,<sup>96</sup> and suicide.<sup>65,97–100</sup> Also, youths' association with prosocial peers has been shown to be protective against perpetration of teen dating violence,<sup>101</sup> youth violence,<sup>20</sup> bullying,<sup>81</sup> and suicide.<sup>102</sup>

Risk and protective factors at the individual level operate within the context of those factors in communities and relationships that have been previously described. In other words, while risk and protective factors at the individual level (typically individual-level behaviors and traits) place people at higher or lower risk for perpetrating violence, these individual-level factors are often also “outcomes” in their own right and linked to experiencing risk and protective factors in communities and relationships.<sup>103,104</sup> For example, substance abuse is an individual-level behavior that is a risk factor for all forms of violence<sup>8,13,15,42,72,76,105,106</sup> and also a health *outcome* that is linked to risk factors at the community and relationship

levels such as neighborhood poverty<sup>107</sup> and lack of social support.<sup>108</sup> Other risk factors at the individual level that are associated with increased risk for perpetration of almost all forms of violence include low educational achievement<sup>5,42,76,79,109,110</sup> lack of nonviolent coping skills,<sup>5,18,27,75,76,79,80,111</sup> poor behavioral control/impulsiveness,<sup>5,18,29,52,75,76,79,111</sup> history of violent victimization,<sup>8,10–13,18,42,112</sup> witnessing violence,<sup>18,29,52,76,94,113,114</sup> and psychological or mental health problems.<sup>8,12,13,18,42,76,115</sup> Conversely, improvements in nonviolent problem-solving skills have been found to be protective against perpetration of some forms of violence including child abuse and neglect,<sup>116</sup> teen dating violence,<sup>117</sup> youth violence,<sup>118</sup> and suicide.<sup>119</sup>

The “nesting” of risk and protection across the various contexts and relationships in people’s lives is complex and interrelated. For example, parents may have a harder time preventing their children from associating with delinquent peers when there are high levels of community violence in their neighborhood, putting youth already exposed to violence in their community at even higher risk for experiencing other forms of violence.<sup>120</sup> This overlaying of risk and protection within the “real world” lives of individuals, families, and communities is what necessitates a shared risk and protective factor approach to preventing violence. Moreover, addressing shared risk and protective factors broadens the potential impact of prevention strategies by increasing the likelihood that they will impact not just one form of violence but many.

While it is important to articulate *why* a shared risk and protective approach to violence prevention is important, it is equally if not more important to also describe *how* this kind of approach might be implemented. What follows are 2 case studies, 1 from the Maryland Department of Health and Mental Hygiene (MDHMH) and another from the Colorado Department of Public Health and Environment (CDPHE), which demonstrate some of the concrete ways that state health departments have taken on the challenge of addressing shared risk and protective factors in their violence prevention work.

## Case Study 1: MDHMH

### Background—How did a shared risk and protective factor approach get started?

The Maryland Violence Prevention Initiative is a state agency–led approach to addressing shared risk and protective factors of violence. This initiative engages existing programs, data sources, coalitions, funding resources, and leadership to mobilize violence prevention efforts around selected shared risk and protective factors. The initiative began in 2015 after the United Healthcare Foundation released state rankings, which highlighted Maryland’s progress in many health areas but stressed violence as an area where little improvement had been observed over the previous 10 years. This, combined with the recent publication of the CDC’s *Connecting the Dots: An Overview of the Links Among Multiple Forms of Violence*, prompted the MDHMH to conduct a scan of violence prevention programming, data sources, coalitions, and funding that exist across the State oriented by the life course.<sup>6</sup>

### **Action—the Maryland State Environmental Scan**

The Maryland State Environmental Scan was framed from a life course perspective. The environmental scan focused on state and local health department agency programs. It was conducted by interviewing representatives from 16 state agencies and Maryland's 24 local health departments. Representatives were selected by their connection to a program or data set that addressed 1 or more forms of violence. Representatives were identified and contacted by cold calling, e-mail introduction, and through Web site searches. Each representative was asked: (1) What violence prevention programming, data sources, or other initiatives does the agency lead?; (2) Who is the target population for the agency's programs, data sources, or initiatives?; (3) What funding resources are harnessed to implement the agency's programs, data sources, or initiatives?; and (4) What partners, state or otherwise, does the agency work with on these programs, data sources, or initiatives?

The environmental scan revealed that state agencies' efforts are often not explicitly tied to violence as their primary outcome (eg, health, housing, reentry, parks and recreation) but overlap on the basis of their target population (eg, youth, older adults, veterans) and the shared risk and protective factors that each program addresses (eg, substance abuse, economic stress, community support/connectedness). For example, MDHMH's program focused on decreasing suicide among veterans and the Department of Aging's program for minimizing financial fraud among the elderly are programs that seem unrelated, yet are linked both in target population (individuals older than 65 years) and by the shared risk and protective factors that each program addresses, such as economic stress and family connectedness.<sup>6</sup> Identifying the shared risk and protective factors of violence that are being addressed in different programs across state agencies provides an opportunity to ultimately address violence outcomes through collaboration around these common risk and protective factors of interest.

### **Next steps—statewide violence prevention summit**

The Maryland State Environmental Scan highlighted that within different state agencies, there are opportunities to coordinate and integrate programs, data sets, and funding streams on the basis of shared risk and protective factors. To facilitate this opportunity for coordination and integration, the MDHMH planned a statewide Violence Prevention Summit. The summit gathered key state agency stakeholders together to inspire agency-level change for a more coordinated approach to addressing violence in the state of Maryland.<sup>121</sup> Stakeholders from each state agency presented on panels focused on individual, family/relationship, and community-/neighborhood-level programs to highlight the shared risk and protective factors that link programs across state agencies. This structure facilitated conversations that explored opportunities to coordinate and partner across state agencies on the basis of shared risk and protective factors. Moving forward, the conversations from the summit serve as the foundation for partnership, knowledge sharing, and the initial step toward agencies adopting a statewide violence prevention strategy. For example, the MDHMH is working internally to develop mechanisms for effective dissemination of violence prevention data to local and state agency partners. This includes integrating data sources on violence outcomes (eg, child abuse and neglect, suicide) as well as risk and protective factors (eg, affordable housing, emergency department visits for mental health



issues) and developing more interactive, public-facing platforms and mechanisms for sharing these data, such as the creation of an interactive Web site and data-driven policy briefs. The health department is also promoting communication and opportunities for collaboration between violence prevention programs, with a focus on local-level implementation and partnership. For example, the department's violence prevention programming—directed by the Environmental Health Bureau—is incorporating nontraditional partners into grant efforts to increase coordination around violence prevention efforts and shared risk and protective factors. Also, local health improvement coalitions are reforming their reporting requirements, with technical assistance and guidance from the MDHMH, to align resources on the basis of risk and protective factors for violence, among and other health priorities.

## Case Study 2: CDPHE

### Background—How did a shared risk and protective factor approach get started?

In 2004, CDC awarded the CDPHE a 2-year grant to enhance child and adolescent health through violence prevention. As a result of this funding, CDPHE formed a violence prevention advisory council, comprising national violence prevention experts, state agency leaders, and members of statewide prevention groups. This council completed a state assessment of child and adolescent violence efforts and identified risk and protective factors that were associated with multiple forms of violence based on available research.<sup>122</sup> The CDPHE used this information to publish a statewide violence prevention strategic plan, *Bold Steps Toward Child and Adolescent Health, A Plan for Youth Violence Prevention in Colorado*.<sup>123</sup> This plan was designed to improve the overall health and safety of Colorado's children and youth by recommending “bold steps” toward decreasing risk and increasing protective factors that are shared across multiple forms of violence at each level of the social ecology.

In 2007, CDPHE received additional funds from the CDC to fund 5, 2-year local pilot projects to implement strategies outlined in the plan. These successful pilot projects at the local level helped CDPHE recognize that applying a shared risk and protective factor approach to address violence prevention was possible in practice. For example, a pilot project that integrated violence prevention lessons into a school-based curricula designed to improve academic achievement among third graders found positive impacts on students' prosocial problem-solving skills and ability to regulate emotions, which are protective factors for multiple forms of violence. Other pilot projects improved connectedness between youth and adults, another shared protective factor, by increasing youth involvement in community-based activities and organizations (reports detailing these findings are available from the authors upon request). These pilots also created new opportunities to develop partnerships and leverage funding sources to have a larger impact (J. Hindman, unpublished data, 2010).

### Action—Leveraging funding streams to address shared risk and protective factors

For the last 10 years, CDPHE has used the concept of shared risk and protective factors to justify leveraging funding to support innovative programs. For example, CDPHE used CDC

Rape Prevention Education (RPE) Program funding, as well as in-kind staff time funded through CDC's Core Violence and Injury Prevention Program (CoreVIPP) to create a state grant program that funded community-based agencies to select and implement prevention strategies that were community-driven, evidence-informed, and addressed risk and protective factors that impacted multiple forms of violence. The Colorado RPE and CoreVIPP programs also partnered with Colorado State University to develop an evaluation tool to measure the impact these local grantees were having on shared risk and protective factors including (1) life and interpersonal skills; (2) information, knowledge, and skills for healthy sexuality; (3) antisocial, delinquent, and violent behavior; (4) attitudes and beliefs about gender roles; and (5) school connectedness. Results from this evaluation indicated improved conflict resolution skills, a decrease in attitudes supporting rigid gender stereotypes, sexual harassment, and abuse, an increase in attitudes supporting consent for sexual activity, and increased understanding of behaviors that led to healthy dating relationships (eg, lower acceptance of jealous behaviors in a relationship) among individual youth at posttest compared with pretest (Colorado Department of Public Health and Environment, unpublished data, 2016).

Similar to the original state grant program, CDPHE also leveraged RPE funds and state funding from the Colorado Office of Suicide Prevention and the Colorado Child Fatality Prevention System to support the implementation of *Sources of Strength*, an evidence-based youth suicide prevention program. Implementation occurred in 10 schools in 2015–2017 and is in the process of being evaluated for effects on school connectedness, a shared protective factor for both sexual violence and suicide prevention, using the evaluation tool Colorado State University created. As a result of this pilot project, CDPHE was positioned to partner with the University of Florida and the University of Rochester on a research grant that will rigorously evaluate *Sources of Strength* for its impact on sexual violence, suicide, and bullying outcomes, as well protective factors such as youth-adult connectedness and school connectedness. The CDPHE is leveraging RPE and state funds to support the implementation of *Sources of Strength* in 24 schools across Colorado.

### **Next steps—Expanding a shared risk and protective factor approach beyond violence**

As part of its CDC-funded CoreVIPP work, CDPHE developed and published a statewide violence and injury prevention strategic plan that expands the shared risk and protective factor approach beyond violence prevention to include unintentional injury prevention.<sup>124</sup> This 5-year plan prioritizes common risk and protective factors associated with suicide, prescription drug overdose, older adult falls, motor vehicle crashes, interpersonal violence, child maltreatment, and traumatic brain injury. It identifies the connections across injury and violence prevention programs and leverage points. For example, the plan identifies evidence-based strategies for each major form of injury and violence, along with the state agencies that fund that work, and highlights the connection to other forms of injury and violence. The CDPHE used this plan as the basis for its application for funding from the current round of the Core State Violence and Injury Prevention Program. As part of its current and future Core State Violence and Injury Prevention Program work, CDPHE and its partners will implement the plan by focusing on shared protective factors at the community level to: improve connectedness; promote positive social norms; increase individual, family, and



community resiliency; increase access to strong behavioral health systems; and increase economic opportunity. The CDPHE will also develop community-level indicators to evaluate these new strategies.

## Discussion

Shifting focus to a shared risk and protective factor approach to violence prevention presents many opportunities for the field of violence prevention. A summary of the lessons learned through the 2 case studies presented in this paper can be found in the Table. The strategic planning process that the MDHMH is engaging in provides an example of how state health departments can take a leadership role in the very beginning stages of a shared risk and protective factor approach to violence prevention. By assessing how state agencies and their partners are already addressing shared risk and protective factors, MDHMH has set the stage for building upon those activities to more purposefully organize the state's work to impact all forms of violence.

In addition, the CDPHE provides an example of how state public health departments can produce a paradigm shift toward a shared risk and protective factor approach within their injury and violence prevention units and with key partners. Leaders within the Violence and Injury Prevention-Mental Health Promotion Branch at CDPHE have built a culture that encourages staff to innovate and think outside of traditional program lines and have purposefully hired staff on the basis of their ability and willingness to understand violence prevention through a shared risk and protective factor lens. The CDPHE has also cultivated extensive partnerships with state and community-based agencies that have been willing to test the application of the shared risk and protective factor approach to effectively break down issue-specific silos within agencies and enhance the sustainability of these initiatives.

Shifting toward addressing violence through shared risk and protective factors is not without its challenges and limitations. This approach can conflict with more traditionally siloed views of violence prevention and often pushes violence prevention programs to think further “upstream” than they may be used to, in order to address shared root causes and opportunities for building resilience to prevent multiple forms of violence. This change in perspective takes time and requires building relationships and developing trust with a variety of partners and stakeholder groups, identifying common goals, and finding opportunities to leverage resources. States may also face varying challenges dependent on their specific context. For example, there is wide variation in the way in which state health departments are structured, and some organizational structures may be more or less conducive to bridging across siloed topic areas and forming partnerships on the basis of shared risk and protective factors of interest (eg, substance abuse, mental health, etc). It is also worth noting that while addressing shared risk and protective factors holds great promise for increasing the efficiency and effectiveness of violence prevention efforts, it is an approach that is still emerging and its public health impact has yet to be fully evaluated. Further research and evaluation provide opportunities for measuring not only the impact of a shared risk and protective factor approach on violence-related outcomes but also other important social, public health, and economic outcomes (eg, substance abuse, education, housing, employment).

Despite these challenges and uncertainties, this article outlines the ways in which state health departments are implementing a shared risk and protective factor approach to violence prevention to strengthen public health practice. The case studies presented from the MDHMH and the CDPHE illustrate how shifting focus toward addressing shared risk and protective factors enables public health practitioners and their partners to address violence in ways that are more integrated, responsive, and consistent with the realities of individuals, families, and communities experiencing multiple forms of violence. These case studies also demonstrate the tremendous opportunity this approach provides for local, state, and national public health systems to increase the coordination, reach, and potential impact of their violence prevention efforts across traditional “silos” and organizational divides. It is hoped that other states and communities may build upon the lessons presented here to help guide the integration of a shared risk and protective factor approach to their own violence prevention work and to strengthen the valuable role public health systems play in facilitating multisector, responsive, and broad-scale responses to some of the nation’s most challenging issues.

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### Implications for Policy & Practice

- Understanding and implementing approaches that prevent and address shared risk and protective factors linked to multiple forms of violence can help practitioners more effectively and efficiently use limited resources to prevent violence and save lives.
- State public health departments can produce a paradigm shift toward a shared risk and protective factor approach within their injury and violence prevention units, and with key partners (eg, braiding funding streams, hiring staff who are committed to addressing shared risk and protective factors, measuring impact of programs on shared risk and protective factors, and multiple violence outcomes).
- State public health departments are also well positioned to lead the coordination and integration of work across state agencies to focus more purposefully on shared risk and protective factors linked to multiple forms of violence (eg, convening and coordinating key state agencies and partners working on common risk and protective factors, linking and coordinating data sets).
- As a new and emerging approach to violence prevention, providing opportunities for states to share lessons learned will be critical for scaling up a shared risk and protective factor approach across state and local contexts.
- Shifting away from programs siloed by specific violence outcomes and toward a shared risk and protective factor approach takes time, requires building relationships and developing trust with a variety of partners and stakeholder groups, identifying common goals, and finding opportunities to leverage resources.

**TABLE****Implementing a Shared Risk and Protective Factor Approach to Violence Prevention: Lessons Learned From Colorado and Maryland**


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*Identify opportunities for coordination:* MDHMH's environmental scan revealed key overlaps in state agencies' efforts such as the same/similar populations of focus (eg, veterans) and shared risk and protective factors addressed (eg, substance abuse).

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*Invest time in partnership development:* MDHMH convened a statewide Violence Prevention Summit to facilitate conversations and connections between state agencies across the state.

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Demonstrate *early applications and successes:* CDPHE implemented 2 early local-level pilot projects focused on addressing shared risk and protective factors that helped demonstrate that this approach to violence prevention was possible in practice.

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*Measure impact on multiple outcomes:* CDPHE partnered with Colorado State University to evaluate the impact of their work, across multiple programs and funding streams, on shared risk and protective factors and multiple forms of violence.

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*Engage in strategic planning:* CDPHE developed and published a statewide violence and injury prevention strategic plan that prioritizes common risk and protective factors associated with multiple forms of injury and violence, identifies connections across injury and violence prevention programs, and outlines leverage points for coordination and achieving impact on multiple injury and violence outcomes.

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Abbreviations: CDPHE, Colorado Department of Public Health and Environment; MDHMH, Maryland Department of Health and Mental Hygiene.