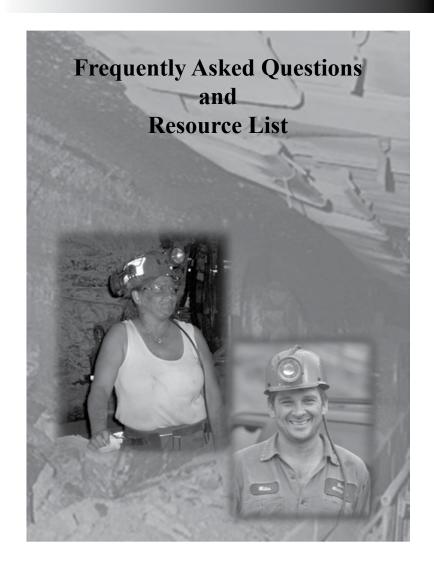
# **Coal Workers' Health Surveillance Program**









### **NIOSH**

http://www.cdc.gov/niosh/topics/surveillance/ords/coalworkershealthsurvprogram.html

National Institute for Occupational Safety and Health

Coal Workers' Health Surveillance Program

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### What is Coal Workers' Pneumoconiosis?

Coal Workers' Pneumoconiosis is a lung disease caused by inhaling coal mine dust. Although some miners never develop the disease, others may develop the early signs after less than 10 years of mining experience. According to recent studies by the National Institute for Occupational Safety and Health (NIOSH), about one of every 20 miners participating in our program has X-ray evidence of some pneumoconiosis.

In its early stages, called simple pneumoconiosis, the disease may not prevent you from working or carrying on most normal activities. In some miners, the disease progresses from simple to complicated pneumoconiosis, a condition called progressive massive fibrosis.

Unfortunately, there is no cure for the damage that the dust has already done to your lungs. However, preventing Coal Workers' Pneumoconiosis is among the highest priorities in protecting the health of the coal miner. It is an effort that requires the commitment of you, the miner, as well as the coal mine operator.

## How can I know whether I have Black Lung?

Pneumoconiosis may be detected on chest x-rays. The Federal Coal Mine Health and Safety Act of 1969, as amended by the Federal Mine Safety and Health Act of 1977, has created two x-ray programs.

The first program is for new coal miners and requires that when you begin working in underground coal mining, you must be offered a chest X-ray, either as part of a preplacement physical examination or within six months after being hired. Three years later you must be offered a second chest X-ray. If this second examination reveals evidence of pneumoconiosis, you must be offered a third chest X-ray two years after the second.

The second program is for all miners working in an underground coal mine. You must be offered a chest X-ray approximately every five years during a six-month time period arranged by the coal mine and approved by NIOSH.

## What else might the X-ray examination tell me?

In addition to providing an indication of whether or not you have pneumoconiosis, the X-ray examination may also reveal evidence of other medical disorders. Heart problems and certain other diseases such as tuberculosis and lung cancer may be detected through a chest X-ray.

## To whom does NIOSH send the medical report?

No one will be notified of the results without your written permission.

## How can I learn more about my transfer options?

If your chest X-ray indicates definite evidence of "BLACK LUNG," you will receive a letter offering you a transfer option. The transfer option gives you the right to work at a job in the mine where the dust concentration is not more than 1.0 milligram per cubic meter of air. It is possible that the dust exposure on your current job already meets that level and you would not be entitled to a transfer.

If you exercise this transfer option, the coal company that you work for will be notified by MSHA. Before you exercise your transfer option, we recommend that you contact the MSHA District Office nearest you to discuss specifics and details about transfer options (see enclosed resource list).

## What if I have any symptoms or health concerns?

If you have shortness of breath, cough or any other health concerns, we suggest you ask your doctor about them right away. Also, contact your doctor if the X-ray report mentions a health condition that requires medical follow-up, testing or treatment.

If you don't have a regular doctor, you can find a doctor who knows about mining-related health problems at one of the U.S. Government-supported Black Lung Clinics. These clinics typically offer benefits counseling, treatment and testing, including chest X-rays, laboratory services, pulmonary function testing and education about respiratory diseases for miners and their families. Active, inactive and retired coal miners who suffer from chronic respiratory diseases are eligible for such services. Services vary from clinic to clinic, so check with your nearest Black Lung Clinic (listed in this booklet) for specifics.

## How can I learn about Federal disability benefits or compensation?

If you have been told by a physician that you have pneumoconiosis or other lung problems, you may have questions about whether you are eligible for any compensation from the Federal Government.

The Federal Black Lung Benefits Program is completely separate from the State Workers' Compensation programs. Some miners may qualify for one program and not the other. The Federal program provides payments and medical treatment to coal miners who are totally disabled from pneumoconiosis (Black Lung) arising from their employment in or around the nation's coal mines. In select cases, payments may be paid to eligible surviving dependents.

To find out about your eligibility for Federal Black Lung Benefits, contact the nearest Black Lung Benefits Office (see listing in the back of this booklet)

## How can I learn about State disability benefits or compensation?

If you have been told by a physician that you have pneumoconiosis or other lung problems, you may have questions about whether you are eligible for any compensation from the State Government. Workers' Compensation programs are different in every state, so you should contact your State Office of Workers' Compensation (see listing in the back of this booklet).

Call now- if you don't apply in time, you could lose your benefits forever.

## How can I get a copy of my X-ray or find out more about my X-ray report?

NIOSH arranges for experts to review you chest X-ray and stores the film for future comparisons. If you need a copy or want more information about your chest X-ray, contact NIOSH (see contact info on page 2 of this booklet).

### **MSHA District Offices**

#### DISTRICT 1 (ANTHRACITE COAL MINING IN PA)

Wilkes-Barre, Pennsylvania (570) 826-6321

#### DISTRICT 2 (BITUMINOUS COAL MINING IN PA)

Hunker, Pennsylvania (724) 925-5150

#### DISTRICT 3 (MD, OH, & NORTHERN WV)

Morgantown, West Virginia (304) 225-6800

#### DISTRICT 4 (SOUTHERN WV)

Mt. Hope, West Virginia (304) 877-3900

#### DISTRICT 5 (VA)

Norton, Virginia (276) 679-0230

#### **DISTRICT 6 (EASTERN KY)**

Pikeville, Kentucky (606) 432-0944

On the MSHA home page, under Quick Links, select District Pages. http://www.msha.gov

#### DISTRICT 7 (CENTRAL KY, NC, SC, TN, NORTHEASTERN CORNER OF AL & NORTHERN OF GA)

Barbourville, Kentucky (606) 546-5123

#### DISTRICT 8 (IL, IN, IA, IN, MN, NORTHERN MO & WI)

Vincennes, Indiana (812) 882-7617

#### DISTRICT 9 (STATES WEST OF THE MISSISSIPPI RIVER, EXCEPT FOR MN, IA & NORTHERN MO)

Denver, Colorado (303) 231-5458

#### DISTRICT 10 (WESTERN KY)

Madisonville, Kentucky (270) 821-4180

#### DISTRICT 11 (CENTRAL & SOUTHERN GA, FL, MS, PR & VI)

Birmingham, Alabama (205) 290-7300

#### DISTRICT 12 (SOUTHERN WV)

Pineville WV (304) 253-5237

### **Black Lung Benefits Offices**

http://www.dol.gov/owcp/dcmwc/blcontac.htm

Denver, Colorado

(800) 366-4612

(800) 347-3753

#### NATIONAL OFFICE

U.S. Department of Labor- OWCP/DCMWC Washington, DC

202-693-0824 or 800-638-7072

Charleston, West Virginia (800) 347-3753

Greensburg, Pennsylvania

Parkersburg, West Virginia

(800) 347-3751

Pikeville, Kentucky (800) 366-4599

Johnstown, Pennsylvania Wilkes-Barre, Pennsylvania (800) 347-3754 (800) 347-3755

Columbus, Ohio Mount Sterling, Kentucky

(800) 347-3771 (800) 366-4628

### **Black Lung Clinics**

http://www.hrsa.gov/gethealthcare/conditions/blacklung

#### **ALABAMA**

Birmingham Health Care, Inc. Birmingham, Alabama (205) 212-5653

#### **COLORADO**

National Jewish Health Denver, Colorado (303) 398-1867

#### **ILLINOIS**

J. H. Stroger Hospital Black Lung Clinics Program Chicago, Illinois (312) 864-2901

Shawnee Health Services & Development Corporation Carterville, Illinois (618) 985-8221

#### **KENTUCKY**

Mountain Comprehensive Health Corporation Whitesburg, Kentucky (606) 633-4823

Coal Miner Respiratory Clinic Greenville, Kentucky (270) 338-8000 x 301

#### **NEW MEXICO**

Miners' Colfax Medical Center Raton, New Mexico (575) 445-4585

#### OHIO

Ohio Black Lung Clinics Program Ohio Department of Health Columbus, Ohio (614) 644-8063

#### PENNSYLVANIA

Altoona Regional Health System Altoona, Pennsylvania (814) 889-2853

Alveoli, Inc.- Lungs at Work McMurray, Pennsylvania (724) 941-1650

Centerville Clinics, Inc. Fredericktown, Pennsylvania (724) 632-6801 x2258

#### **TENNESSEE**

Community Health of East Tennessee Jacksboro, Tennessee (423) 563-1009

#### **VIRGINIA**

St. Charles Health Council Pennington Gap, Virginia (276) 546-5310 x 3103

#### WEST VIRGINIA

Black Lung Clinics Program West Virginia Department of Health Charleston, West Virginia (304) 558-7127

#### **WYOMING**

NOWCAP Worland, Wyoming (307) 672-0046

### **State Offices of Workers' Compensation**

http://www.dol.gov/owcp/dfec/regs/compliance/wc.htm

#### **ALABAMA**

Workers' Compensation Division Montgomery, Alabama (334) 242-2868 (800) 528-5166

#### <u>ALASKA</u>

Division Workers' Compensation Juneau, Alaska (877) 783-4980

#### **ARIZONA**

Industrial Commission Phoenix, Arizona (602) 542-4661

#### **ARKANSAS**

Workers' Compensation Commission Little Rock, Arkansas (501) 682-3930 (800) 622-4472

#### **CALIFORNIA**

Division of Workers' Compensation San Francisco, California (415) 703-5011 (800) 736-7401

#### **COLORADO**

Division of Workers' Compensation Denver, Colorado (303) 318-8700 (888) 390-7936

#### **CONNECTICUT**

Workers' Compensation Commission Hartford, Connecticut (860) 493-1500 (800) 223-9675

#### **DELAWARE**

Office of Workers' Compensation Wilmington, Delaware (302) 761-8200

#### **DISTRICT OF COLUMBIA**

Office of Workers' Compensation Washington, District of Columbia (202) 671-1000

#### **FLORIDA**

Division of Workers' Compensation Tallahassee, Florida (800) 342-1741

#### **GEORGIA**

Board of Workers' Compensation Atlanta, Georgia (404) 656-3818 (800) 533-0682

#### **HAWAII**

Disability Compensation Division Honolulu, Hawaii (808) 586-9161

#### **IDAHO**

Industrial Commission Boise, Idaho (208) 334-6000 (800) 950-2110

#### **ILLINOIS**

Workers' Compensation Commission Chicago, Illinois (312) 814-6611 (866) 352-3033

#### **INDIANA**

Workers' Compensation Board Indianapolis, Indiana (317) 232-3808 (800) 824-2667

#### **IOWA**

Division of Workers' Compensation Des Moines, Iowa (515) 281-5387 (800) 562-4692

#### **KANSAS**

Division of Workers' Compensation Topeka, Kansas (785) 296-2996 (800) 322-0353

#### **KENTUCKY**

Office of Workers' Claims Frankfort, Kentucky (502) 564-5550 (800) 554-8601

#### **LOUISIANA**

Office of Workers' Compensation Baton Rouge, Louisiana (225) 342-7555

#### MAINE

Workers' Compensation Board Augusta, Maine (207) 287-3751 (888) 801-9087

#### **MARYLAND**

Workers' Compensation Commission Baltimore, Maryland (410) 864-5100 (800) 492-0479

#### **MASSACHUSETTS**

Department of Industrial Accidents Boston, Massachusetts (617) 727-4900 (800) 323-3249

#### **MICHIGAN**

Workers' Compensation Agency Lansing, Michigan (888) 396-5041

#### **MINNESOTA**

Workers' Compensation Division St. Paul, Minnesota (651) 284-5005 (800) 342-5354

#### **MISSISSIPPI**

Workers' Compensation Commission Jackson, Mississippi (601) 987-4200 (866) 473-6922

#### **MISSOURI**

Division of Workers' Compensation Jefferson City, Missouri (573) 751-4231 (800) 775-2667

#### **MONTANA**

Employment Relations Division Helena, Montana (406) 444-6543

#### **NEBRASKA**

Workers' Compensation Court Lincoln, Nebraska (402) 471-6468 (800) 599-5155

#### **NEVADA**

Division of Industrial Relations Carson City, Nevada (775) 684-7260

#### **NEW HAMPHSHIRE**

Workers' Compensation Division Concord, New Hampshire (603) 271-3176 (800) 272-4353

#### **NEW JERSEY**

Division of Workers' Compensation Trenton, New Jersey (609) 292-2515

#### NEW MEXICO

Workers' Compensation Administration Albuquerque, New Mexico (505) 841-6000 (800) 255-7965

#### **NEW YORK**

Workers' Compensation Board Albany, New York (518) 462-8880 (877) 632-4996

#### NORTH CAROLINA

Industrial Commission Raleigh, North Carolina (919) 807-2501 (800) 688-8349

#### NORTH DAKOTA

Workforce Safety and Insurance Bismarck, North Dakota (701) 328-3800 (800) 777-5033

#### OHIO

Bureau of Workers' Compensation Columbus, Ohio (800) 644-6292

#### **OKLAHOMA**

Workers' Compensation Court Oklahoma City, Oklahoma (405) 522-8600 (800) 522-8210

#### **OREGON**

Workers' Compensation Division Salem, Oregon (503) 947-7810 (800) 452-0288

#### **PENNSYLVANIA**

Bureau of Workers' Compensation Harrisburg, Pennsylvania (717) 783-5421 (800) 482-2383

#### **PUERTO RICO**

Industrial Commission San Juan, Puerto Rico (787) 781-0545

#### **RHODE ISLAND**

Division of Workers' Compensation Cranston, Rhode Island (401) 462-8100

#### **SOUTH CAROLINA**

Workers' Compensation Commission Columbia, South Carolina (803) 737-5700

#### **SOUTH DAKOTA**

Division of Labor & Management Pierre, South Dakota (605) 773-3681

#### **TENNESSEE**

Division of Workers' Compensation Nashville, Tennessee (615) 741-2395 (800) 332-2667

#### **TEXAS**

Division of Workers' Compensation Austin, Texas (512) 804-4000 (800) 252-7031

#### <u>UTAH</u>

Labor Commission Division of Industrial Accidents Salt Lake City, Utah (801) 530-6800 (800) 530-5090

#### **VERMONT**

Workers' Compensation Division Montpelier, Vermont (802) 828-2286 (800) 734-2286

#### **VIRGINIA**

Workers' Compensation Commission Richmond, Virginia (877) 664-2566

#### VIRGIN ISLANDS

Workers' Compensation Administration St. Thomas, Virgin Islands (340) 776-3700 (800) 809-8477

#### **WASHINGTON**

Insurance Services Division Tumwater, Washington (360) 902-5800 (800) 547-8367

#### **WEST VIRGINIA**

OFFICES OF INSURANCE COMMISSION Charleston, West Virginia (304) 558-3386 (888) 879-9842

#### **WISCONSIN**

Workers' Compensation Division Madison, Wisconsin (608) 266-1340

#### WYOMING

Workers' Compensation Division Cheyenne, Wyoming (307) 777-5476

Cincinnati, OH 45226-1998 4676 Columbia Parkway National Institute for Occupational Safety and Health Centers for Disease Control and Prevention Department of Health and Human Services



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