**Table S6.** Prevalence of participating in enough moderate and/or vigorous physical activity in a usual week to meet the recommended levels of physical activity among reproductive aged women, overall, and by age group, race/ethnicity, and insurance status—Behavioral Risk Factor Surveillance System, United States, 2013 and 2015\*

|  |  | | | **Age Group** | | | | | | | | | **Race-Ethnicity**§ | | | | | | | | | | | | **Insurance Status**¶ | | | | | |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **State** | **Overall** | | | **18-24** | | | **25-34** | | | **35-44** | | | **White** | | | **Black** | | | **Other** | | | **Hispanic** | | | **Yes** | | | **No** | | |
|  | **% (95% CI)** † | | | **% (95% CI)** | | | **% (95% CI)** | | | **% (95% CI)** | | | **% (95% CI)** | | | **% (95% CI)** | | | **% (95% CI)** | | | **% (95% CI)** | | | **% (95% CI)** | | | **% (95% CI)** | | |
| Alabama | | 44.7 (41.8 – 47.6) | | | 46.9 (40.7 – 53.2) | | | 46.0 (41.0 – 50.9) | | | 42.0 (37.9 – 46.2) | | | 47.0 (43.4 – 50.6) | | | 39.4 (34.3 – 44.5) | | | NR | | | NR | | | 46.1 (42.9 – 49.2) | | | 39.2 (32.1 – 46.2) | | |
| Alaska | | 57.3 (52.9 – 61.7) | | | 57.0 (46.5 – 67.5) | | | 63.3 (56.9 – 69.7) | | | 51.1 (44.9 – 57.3) | | | 61.7 (56.6 – 66.9) | | | NR | | | 50.2 (41.4 – 59.0) | | | NR | | | 57.3 (52.7 – 61.9) | | | 56.6 (44.6 – 68.6) | | |
| Arizona | | 52.1 (48.1 – 56.1) | | | 51.5 (43.0 – 60.1) | | | 53.3 (46.5 – 60.1) | | | 51.3 (45.5 – 57.1) | | | 54.1 (48.9 – 59.4) | | | NR | | | 47.1 (34.6 – 59.5) | | | 52.4 (45.2 – 59.7) | | | 51.1 (46.6 – 55.5) | | | 56.0 (46.8 – 65.3) | | |
| Arkansas | | 43.9 (40.1 – 47.8) | | | 53.4 (44.8 – 61.9) | | | 45.5 (39.0 – 52.0) | | | 36.0 (30.7 – 41.3) | | | 45.8 (41.3 – 50.4) | | | 38.8 (29.6 – 48.1) | | | NR | | | NR | | | 44.4 (40.0 – 48.8) | | | 39.9 (32.0 – 47.7) | | |
| California | | 56.2 (54.1 – 58.2) | | | 62.6 (58.3 – 66.8) | | | 53.8 (50.6 – 57.0) | | | 53.8 (50.5 – 57.1) | | | 61.2 (58.1 – 64.4) | | | 58.2 (49.2 – 67.1) | | | 53.3 (47.7 – 58.8) | | | 53.5 (50.5 – 56.6) | | | 57.0 (54.7 – 59.3) | | | 52.5 (47.7 – 57.2) | | |
| Colorado | | 60.7 (58.5 – 62.8) | | | 60.3 (55.4 – 65.2) | | | 60.6 (57.0 – 64.2) | | | 61.0 (57.9 – 64.0) | | | 65.3 (62.8 – 67.9) | | | NR | | | 58.0 (49.5 – 66.5) | | | 52.4 (47.7 – 57.2) | | | 62.3 (60.0 – 64.7) | | | 53.3 (48.0 – 58.6) | | |
| Connecticut | | 50.8 (47.8 – 53.8) | | | 52.0 (44.8 – 59.1) | | | 52.0 (47.1 – 56.8) | | | 48.9 (45.1 – 52.8) | | | 56.2 (52.5 – 59.9) | | | 43.9 (35.5 – 52.4) | | | 47.5 (37.2 – 57.8) | | | 41.3 (34.0 – 48.6) | | | 51.5 (48.4 – 54.6) | | | 44.2 (34.5 – 53.9) | | |
| Delaware | | 48.2 (44.3 – 52.0) | | | 47.6 (38.9 – 56.3) | | | 47.5 (41.3 – 53.7) | | | 49.3 (43.7 – 54.9) | | | 50.6 (45.4 – 55.8) | | | 48.0 (39.8 – 56.2) | | | 58.1(44.5 – 71.8)\*\* | | | 32.9(23.5 – 42.4)\*\* | | | 48.8 (44.6 – 53.0) | | | 46.1(35.3 – 56.9)\*\* | | |
| District of Columbia | | 58.7 (54.2 – 63.2) | | | 55.8 (44.5 – 67.2) | | | 61.4 (54.7 – 68.1) | | | 56.0 (49.5 – 62.5) | | | 70.8 (64.6 – 77.0) | | | 44.1 (36.9 – 51.3) | | | NR | | | NR | | | 58.8 (54.1 – 63.5) | | | NR | | |
| Florida | | 52.4 (49.8 – 55.0) | | | 56.1 (50.6 – 61.6) | | | 52.7 (48.3 – 57.1) | | | 49.7 (45.7 – 53.6) | | | 55.4 (52.1 – 58.8) | | | 43.9 (37.4 – 50.3) | | | 60.2 (50.3 – 70.1) | | | 51.8 (45.8 – 57.8) | | | 55.3 (52.3 – 58.3) | | | 44.1 (38.6 – 49.6) | | |
| Georgia | | 48.6 (45.5 – 51.6) | | | 51.5 (44.5 – 58.5) | | | 47.5 (42.3 – 52.6) | | | 47.5 (43.1 – 52.0) | | | 54.2 (50.2 – 58.2) | | | 44.7 (38.9 – 50.5) | | | 49.2 (36.4 – 62.0) | | | 36.4 (26.9 – 45.9) | | | 51.2 (47.6 – 54.8) | | | 41.4 (35.5 – 47.2) | | |
| Hawaii | | 54.2 (51.3 – 57.1) | | | 55.2 (49.5 – 61.0) | | | 54.4 (49.6 – 59.2) | | | 53.2 (48.5 – 57.9) | | | 67.3 (61.2 – 73.4) | | | NR | | | 49.5 (45.9 – 53.1) | | | 58.0 (49.8 – 66.2) | | | 54.0 (51.0 – 57.1) | | | 55.7 (46.7 – 64.6) | | |
| Idaho | | 58.1 (54.8 – 61.3) | | | 58.1 (51.0 – 65.3) | | | 56.7 (51.2 – 62.2) | | | 59.4 (54.8 – 63.9) | | | 60.0 (56.5 – 63.5) | | | NR | | | NR | | | 46.9 (37.4 – 56.4) | | | 60.6 (57.0 – 64.3) | | | 49.2 (42.1 – 56.3) | | |
| Illinois | | 49.5 (46.3 – 52.7) | | | 52.8 (46.0 – 59.5) | | | 50.2 (44.8 – 55.6) | | | 46.4 (41.6 – 51.3) | | | 53.5 (49.7 – 57.3) | | | 41.1 (31.9 – 50.3) | | | 54.3 (42.5 – 66.2) | | | 40.3 (31.9 – 48.6) | | | 50.7 (47.3 – 54.1) | | | 41.4 (32.3 – 50.4) | | |
| Indiana | | 44.1 (41.1 – 47.2) | | | 45.7 (38.6 – 52.7) | | | 43.9 (39.0 – 48.7) | | | 43.2 (38.9 – 47.4) | | | 46.1 (42.6 – 49.6) | | | 42.0 (31.4 – 52.6) | | | NR | | | 34.8(25.5 – 44.0)\*\* | | | 45.2 (41.8 – 48.7) | | | 40.2 (33.5 – 46.8) | | |
| Iowa | | 49.6 (46.5 – 52.7) | | | 52.0 (45.1 – 58.9) | | | 50.5 (45.4 – 55.6) | | | 46.7 (42.5 – 51.0) | | | 51.7 (48.4 – 54.9) | | | NR | | | NR | | | NR | | | 50.1 (46.8 – 53.4) | | | 46.5 (37.3 – 55.7) | | |
| Kansas | | 50.6 (49.1 – 52.1) | | | 52.5 (49.1 – 55.8) | | | 48.2 (45.8 – 50.5) | | | 51.5 (49.3 – 53.7) | | | 52.9 (51.3 – 54.6) | | | 45.6 (38.1 – 53.1) | | | 50.3 (43.8 – 56.9) | | | 40.8 (36.8 – 44.9) | | | 52.4 (50.7 – 54.0) | | | 43.9 (40.4 – 47.3) | | |
| Kentucky | | 49.2 (46.3 – 52.1) | | | 48.4 (42.1 – 54.8) | | | 51.4 (46.6 – 56.2) | | | 47.8 (43.5 – 52.1) | | | 48.4 (45.3 – 51.4) | | | 47.9 (36.4 – 59.3) | | | NR | | | NR | | | 49.0 (45.9 – 52.2) | | | 50.6 (43.3 – 57.9) | | |
| Louisiana | | 45.3 (41.8 – 48.9) | | | 50.6 (42.4 – 58.9) | | | 48.3 (42.5 – 54.0) | | | 38.4 (33.7 – 43.2) | | | 51.2 (46.7 – 55.8) | | | 35.1 (29.4 – 40.9) | | | NR | | | NR | | | 46.9 (42.9 – 50.9) | | | 39.9 (32.4 – 47.5) | | |
| Maine | | 56.3 (53.4 – 59.3) | | | 56.4 (49.6 – 63.3) | | | 59.9 (55.1 – 64.8) | | | 53.1 (49.1 – 57.2) | | | 56.5 (53.5 – 59.6) | | | NR | | | NR | | | NR | | | 56.8 (53.8 – 59.9) | | | 53.0 (43.3 – 62.7) | | |
| Maryland | | 51.9 (48.8 – 54.9) | | | 54.6 (47.6 – 61.5) | | | 53.9 (48.8 – 59.1) | | | 48.2 (44.1 – 52.3) | | | 57.3 (53.4 – 61.3) | | | 46.6 (41.1 – 52.1) | | | 59.4 (49.5 – 69.3) | | | 42.3 (32.3 – 52.3) | | | 54.8 (51.6 – 57.9) | | | 31.3 (22.1 – 40.5) | | |
| Massachusetts | | 51.7 (49.2 – 54.1) | | | 56.5 (51.4 – 61.6) | | | 48.9 (45.0 – 52.9) | | | 50.5 (46.8 – 54.1) | | | 55.6 (52.7 – 58.6) | | | 45.1 (35.5 – 54.7) | | | 44.9 (37.4 – 52.3) | | | 41.5 (35.4 – 47.6) | | | 52.2 (49.7 – 54.7) | | | 39.5 (29.6 – 49.3) | | |
| Michigan | | 53.4 (51.1 – 55.7) | | | 54.2 (49.5 – 58.9) | | | 51.7 (47.7 – 55.7) | | | 54.4 (51.0 – 57.9) | | | 56.7 (54.1 – 59.3) | | | 42.0 (35.8 – 48.1) | | | 46.8 (37.1 – 56.6) | | | 48.9(38.5 – 59.3)\*\* | | | 54.2 (51.8 – 56.7) | | | 48.6 (41.8 – 55.5) | | |
| Minnesota | | 53.7 (51.6 – 55.9) | | | 53.7 (48.8 – 58.5) | | | 53.1 (49.7 – 56.5) | | | 54.4 (51.2 – 57.7) | | | 55.7 (53.4 – 58.1) | | | 47.6 (39.0 – 56.2) | | | 50.5 (42.2 – 58.9) | | | 41.7 (32.9 – 50.4) | | | 54.2 (52.0 – 56.5) | | | 49.2 (41.3 – 57.1) | | |
| Mississippi | | 39.6 (36.5 – 42.6) | | | 42.2 (35.1 – 49.3) | | | 42.4 (37.5 – 47.3) | | | 34.9 (30.7 – 39.2) | | | 39.7 (35.4 – 43.9) | | | 37.7 (33.1 – 42.3) | | | NR | | | NR | | | 39.5 (36.0 – 43.1) | | | 38.5 (32.6 – 44.4) | | |
| Missouri | | 50.9 (47.9 – 54.0) | | | 53.7 (47.2 – 60.1) | | | 52.5 (47.4 – 57.6) | | | 47.5 (42.8 – 52.1) | | | 52.7 (49.1 – 56.4) | | | 42.0 (32.3 – 51.8) | | | NR | | | NR | | | 50.9 (47.5 – 54.3) | | | 50.4 (43.2 – 57.6) | | |
| Montana | | 60.0 (56.8 – 63.1) | | | 59.7 (53.1 – 66.3) | | | 62.5 (57.5 – 67.6) | | | 57.5 (52.4 – 62.7) | | | 60.7 (57.2 – 64.1) | | | NR | | | 58.7 (49.9 – 67.5) | | | NR | | | 58.7 (55.0 – 62.3) | | | 65.2 (58.5 – 71.8) | | |
| Nebraska | | 51.9 (49.7 – 54.1) | | | 55.1 (50.4 – 59.7) | | | 49.8 (46.2 – 53.4) | | | 51.4 (48.1 – 54.6) | | | 53.9 (51.5 – 56.2) | | | NR | | | 48.8 (38.0 – 59.5) | | | 38.7 (32.0 – 45.4) | | | 53.3 (50.9 – 55.7) | | | 46.0 (40.6 – 51.4) | | |
| Nevada | | 51.5 (46.9 – 56.1) | | | 55.9 (45.4 – 66.3) | | | 51.2 (43.8 – 58.6) | | | 49.2 (42.3 – 56.0) | | | 55.9 (50.0 – 61.9) | | | NR | | | 58.3 (45.6 – 71.0) | | | 46.9 (38.5 – 55.4) | | | 53.6 (48.5 – 58.7) | | | 43.9 (34.4 – 53.4) | | |
| New Hampshire | | 57.9 (54.5 – 61.2) | | | 63.3 (55.4 – 71.2) | | | 55.8 (50.2 – 61.4) | | | 55.9 (51.5 – 60.3) | | | 58.6 (55.1 – 62.1) | | | NR | | | NR | | | NR | | | 59.0 (55.4 – 62.6) | | | 51.4 (42.0 – 60.8) | | |
| New Jersey | | 46.7 (44.1 – 49.2) | | | 50.7 (44.4 – 57.0) | | | 43.7 (39.7 – 47.8) | | | 46.6 (43.1 – 50.2) | | | 55.8 (52.4 – 59.3) | | | 41.9 (36.2 – 47.6) | | | 36.7 (28.9 – 44.5) | | | 38.9 (33.4 – 44.5) | | | 48.0 (45.3 – 50.8) | | | 40.1 (33.3 – 46.8) | | |
| New Mexico | | 53.0 (49.9 – 56.1) | | | 52.8 (45.9 – 59.8) | | | 51.9 (47.0 – 56.8) | | | 54.2 (49.6 – 58.7) | | | 53.2 (47.5 – 58.8) | | | NR | | | 60.9 (53.7 – 68.0) | | | 51.1 (46.8 – 55.5) | | | 54.7 (51.1 – 58.2) | | | 45.7 (39.5 – 51.9) | | |
| New York | | 47.4 (45.1 – 49.7) | | | 55.9 (50.5 – 61.3) | | | 45.4 (41.7 – 49.0) | | | 43.4 (40.0 – 46.8) | | | 53.2 (50.1 – 56.4) | | | 43.8 (37.6 – 50.0) | | | 38.7 (31.1 – 46.3) | | | 42.0 (37.2 – 46.8) | | | 47.9 (45.4 – 50.4) | | | 42.2 (35.7 – 48.8) | | |
| North Carolina | | 48.4 (45.9 – 50.9) | | | 49.7 (43.8 – 55.6) | | | 50.3 (46.3 – 54.3) | | | 45.7 (42.1 – 49.4) | | | 50.6 (47.2 – 53.9) | | | 44.3 (39.0 – 49.6) | | | 53.8 (43.7 – 64.0) | | | 43.0 (36.5 – 49.4) | | | 50.5 (47.6 – 53.4) | | | 40.9 (36.0 – 45.8) | | |
| North Dakota | | 49.1 (45.7 – 52.5) | | | 47.7 (40.6 – 54.8) | | | 50.6 (45.3 – 55.9) | | | 48.8 (43.9 – 53.6) | | | 49.9 (46.4 – 53.5) | | | NR | | | 42.5 (30.7 – 54.3) | | | NR | | | 49.6 (46.1 – 53.2) | | | 46.2 (35.2 – 57.2) | | |
| Ohio | | 50.6 (47.8 – 53.3) | | | 51.5 (45.2 – 57.9) | | | 51.5 (47.0 – 56.0) | | | 49.0 (45.1 – 52.8) | | | 52.4 (49.4 – 55.4) | | | 37.0 (28.7 – 45.4) | | | 41.5 (28.5 – 54.4) | | | NR | | | 52.0 (49.1 – 54.9) | | | 39.3 (31.2 – 47.4) | | |
| Oklahoma | | 47.9 (45.1 – 50.7) | | | 45.1 (38.2 – 52.0) | | | 51.8 (47.4 – 56.2) | | | 46.0 (42.0 – 49.9) | | | 47.2 (43.7 – 50.6) | | | 40.2 (29.8 – 50.5) | | | 51.1 (43.8 – 58.4) | | | 50.8 (42.6 – 58.9) | | | 49.2 (46.0 – 52.4) | | | 44.2 (38.1 – 50.3) | | |
| Oregon | | 61.8 (58.5 – 65.0) | | | 62.3 (55.2 – 69.5) | | | 60.7 (55.3 – 66.1) | | | 62.4 (57.5 – 67.2) | | | 64.5 (61.1 – 67.9) | | | NR | | | 61.4 (49.5 – 73.3) | | | 49.0(38.0 – 60.0)\*\* | | | 62.0 (58.5 – 65.5) | | | 60.6 (51.7 – 69.5) | | |
| Pennsylvania | | 49.6 (46.7 – 52.4) | | | 48.2 (41.9 – 54.6) | | | 48.5 (44.1 – 52.9) | | | 51.7 (47.4 – 55.9) | | | 51.4 (48.1 – 54.6) | | | 34.6 (27.0 – 42.3) | | | 49.7(38.4 – 61.0)\*\* | | | 53.7(41.7 – 65.7)\*\* | | | 49.7 (46.6 – 52.8) | | | 47.6 (39.7 – 55.6) | | |
| Rhode Island | | 50.0 (46.6 – 53.5) | | | 52.1 (44.2 – 60.0) | | | 50.3 (44.8 – 55.8) | | | 48.0 (43.4 – 52.6) | | | 55.8 (51.7 – 59.8) | | | NR | | | NR | | | 38.8 (30.4 – 47.2) | | | 50.9 (47.2 – 54.6) | | | 44.0 (34.2 – 53.8) | | |
| South Carolina | | 48.9 (46.5 – 51.3) | | | 50.5 (45.0 – 55.9) | | | 48.8 (44.9 – 52.7) | | | 47.9 (44.3 – 51.4) | | | 51.2 (48.1 – 54.3) | | | 43.8 (39.7 – 48.0) | | | 58.2 (47.0 – 69.3) | | | 46.7(35.1 – 58.3)\*\* | | | 49.9 (47.2 – 52.6) | | | 44.9 (39.4 – 50.4) | | |
| South Dakota | | 56.6 (53.1 – 60.2) | | | 60.0 (52.1 – 67.9) | | | 56.8 (51.4 – 62.2) | | | 53.9 (48.2 – 59.6) | | | 54.4 (50.5 – 58.4) | | | NR | | | 63.3 (53.8 – 72.8) | | | NR | | | 56.5 (52.7 – 60.3) | | | 57.4 (47.3 – 67.6) | | |
| Tennessee | | 41.8 (38.4 – 45.2) | | | 38.4 (30.7 – 46.1) | | | 42.5 (37.0 – 48.0) | | | 43.4 (38.4 – 48.4) | | | 43.7 (39.9 – 47.6) | | | 36.3 (28.6 – 44.0) | | | NR | | | NR | | | 41.3 (37.5 – 45.0) | | | 44.5 (36.3 – 52.7) | | |
| Texas | | 42.5 (40.0 – 45.0) | | | 44.1 (38.3 – 49.9) | | | 39.1 (35.4 – 42.9) | | | 44.7 (40.8 – 48.5) | | | 49.2 (45.4 – 53.0) | | | 40.8 (32.9 – 48.7) | | | 51.9 (39.6 – 64.3) | | | 35.6 (32.0 – 39.2) | | | 45.7 (42.6 – 48.9) | | | 36.1 (32.0 – 40.1) | | |
| Utah | | 54.4 (52.6 – 56.2) | | | 56.9 (52.9 – 60.8) | | | 52.0 (49.1 – 54.8) | | | 54.9 (52.2 – 57.6) | | | 57.0 (55.1 – 58.9) | | | NR | | | 55.7 (47.1 – 64.3) | | | 41.5 (36.3 – 46.7) | | | 55.8 (53.9 – 57.8) | | | 48.3 (43.5 – 53.0) | | |
| Vermont | | 59.8 (56.6 – 63.0) | | | 60.2 (52.9 – 67.4) | | | 55.7 (50.5 – 60.9) | | | 63.1 (59.0 – 67.2) | | | 60.1 (56.8 – 63.4) | | | NR | | | NR | | | NR | | | 60.0 (56.7 – 63.4) | | | 57.0(45.1 – 68.9)\*\* | | |
| Virginia | | 50.5 (47.9 – 53.1) | | | 51.7 (45.8 – 57.6) | | | 49.4 (45.4 – 53.5) | | | 50.7 (46.8 – 54.6) | | | 53.4 (50.3 – 56.5) | | | 44.0 (38.1 – 50.0) | | | 52.6 (42.7 – 62.5) | | | 44.9 (36.2 – 53.6) | | | 52.9 (50.1 – 55.7) | | | 39.3 (32.7 – 45.8) | | |
| Washington | | 55.2 (53.1 – 57.4) | | | 61.5 (56.8 – 66.2) | | | 53.6 (50.0 – 57.2) | | | 52.4 (49.2 – 55.7) | | | 58.6 (56.1 – 61.1) | | | NR | | | 53.3 (47.3 – 59.3) | | | 44.9 (38.7 – 51.1) | | | 56.4 (54.1 – 58.8) | | | 49.7 (44.0 – 55.4) | | |
| West Virginia | | 51.7 (49.0 – 54.4) | | | 55.5 (49.4 – 61.5) | | | 52.2 (47.7 – 56.7) | | | 48.6 (44.7 – 52.6) | | | 51.5 (48.7 – 54.3) | | | NR | | | NR | | | NR | | | 52.3 (49.3 – 55.3) | | | 48.5 (42.0 – 55.0) | | |
| Wisconsin | | 56.0 (52.6 – 59.4) | | | 60.6 (53.6 – 67.7) | | | 55.7 (49.9 – 61.5) | | | 52.6 (47.4 – 57.9) | | | 57.8 (54.2 – 61.4) | | | NR | | | 54.4(36.7 – 72.1)\*\* | | | NR | | | 56.2 (52.6 – 59.9) | | | 54.2 (42.8 – 65.6) | | |
| Wyoming | | 55.0 (51.4 – 58.7) | | | 56.6 (47.6 – 65.6) | | | 54.9 (49.2 – 60.6) | | | 54.1 (49.0 – 59.1) | | | 58.0 (54.2 – 61.8) | | | NR | | | NR | | | NR | | | 57.5 (53.5 – 61.6) | | | 44.1 (35.9 – 52.3) | | |
| **Median** | | | 51.5 | | | 53.7 | | | 51.7 | | | 49.7 | | | 54.2 | | | 43.8 | | | 52.2 | | | 43.0 | | | 52.3 | | | 45.8 | | |
| **Minimum** | | | 39.6 | | | 38.4 | | | 39.1 | | | 34.9 | | | 39.7 | | | 34.6 | | | 36.7 | | | 32.9 | | | 39.5 | | | 31.3 | | |
| **Maximum** | | | 61.8 | | | 63.3 | | | 63.3 | | | 63.1 | | | 70.8 | | | 58.2 | | | 63.3 | | | 58.0 | | | 62.3 | | | 65.2 | | |

**Abbreviations:** NR = not reported (if <50 respondents), CI = 95% confidence interval

\* Participation in enough moderate and/or vigorous physical activity in a usual week was defined as meeting the U.S. Department of Health and Human Services recommended levels of aerobic physical activity. Respondents were classified as meeting recommendations if they reported at least 150 minutes per week of moderate-intensity activity, or at least 75 minutes per week of vigorous-intensity activity, or a combination of moderate-intensity and vigorous-intensity activity (where vigorous activity minutes are multiplied by two) totaling at least 150 minutes per week. (*32*)

† Percentages and their associated confidence intervals are weighted to adjust for complex survey design and non response

§ White = non-Hispanic white; Black = non-Hispanic black; Other = non-Hispanic other

¶ Defined ashaving any kind of health care coverage, including prepaid plans such as health maintenance organizations, government plans such as Medicare, or Indian Health Service (IHS)

\*\* Represents 50-59 respondents; might not be reliable