

Table S5. Prevalence of being normal weight based on body mass index among reproductive aged women—overall—and by age group, race/ethnicity, and insurance status—Behavioral Risk Factor Surveillance System, United States, 2014-2015*

	Age Group				Race-Ethnicity [§]				Insurance Status [¶]	
State	Overall	18-24	25-34	35-44	White	Black	Other	Hispanic	Yes	No
	% (95% CI) [†]	% (95% CI)	% (95% CI)	% (95% CI)	% (95% CI)	% (95% CI)	% (95% CI)	% (95% CI)	% (95% CI)	% (95% CI)
Alabama	36.9 (34.3 – 39.6)	45.6 (39.8 – 51.4)	35.8 (31.6 – 40.1)	31.5 (27.8 – 35.3)	40.5 (37.2 – 43.8)	27.6 (23.2 – 31.9)	NR	NR	36.8 (33.9 – 39.7)	36.4 (30.2 – 42.6)
Alaska	41.0 (36.9 – 45.1)	54.1 (44.3 – 63.9)	37.9 (31.9 – 43.8)	34.4 (29.1 – 39.7)	44.7 (39.6 – 49.8)	NR	38.0 (30.1 – 45.9)	NR	41.4 (37.0 – 45.7)	38.3 (26.8 – 49.8)
Arizona	42.1 (39.2 – 44.9)	53.6 (47.0 – 60.2)	39.4 (34.8 – 44.1)	35.6 (32.1 – 39.1)	47.4 (43.5 – 51.2)	NR	44.7 (35.8 – 53.6)	34.9 (29.9 – 39.9)	43.2 (40.1 – 46.4)	37.3 (30.3 – 44.2)
Arkansas	34.1 (30.2 – 38.0)	45.4 (36.3 – 54.5)	30.1 (24.1 – 36.0)	30.5 (25.0 – 36.1)	36.5 (31.9 – 41.1)	NR	NR	NR	32.8 (28.7 – 36.9)	NR
California	48.0 (45.8 – 50.1)	61.2 (56.8 – 65.6)	42.8 (39.5 – 46.1)	42.9 (39.4 – 46.4)	54.6 (51.3 – 57.9)	37.5 (28.6 – 46.3)	65.9 (60.4 – 71.3)	35.5 (32.3 – 38.7)	49.9 (47.6 – 52.3)	36.4 (31.1 – 41.7)
Colorado	52.5 (50.3 – 54.8)	63.7 (58.9 – 68.5)	51.0 (47.3 – 54.7)	46.3 (43.3 – 49.4)	57.0 (54.3 – 59.6)	NR	60.1 (51.9 – 68.3)	38.1 (33.5 – 42.7)	53.9 (51.6 – 56.3)	44.1 (38.2 – 50.0)
Connecticut	50.8 (47.9 – 53.7)	66.8 (60.8 – 72.8)	44.2 (39.6 – 48.8)	44.4 (40.6 – 48.2)	57.5 (53.8 – 61.1)	32.1 (23.6 – 40.6)	55.6 (46.2 – 65.0)	39.5 (33.1 – 46.0)	51.7 (48.7 – 54.7)	40.2 (28.8 – 51.6)**
Delaware	43.1 (39.0 – 47.2)	54.0 (44.7 – 63.2)	43.2 (36.9 – 49.6)	33.9 (28.3 – 39.5)	42.8 (37.5 – 48.2)	42.4 (33.6 – 51.2)	58.3 (43.3 – 73.4)**	NR	43.7 (39.3 – 48.1)	NR
District of Columbia	51.7 (47.0 – 56.5)	58.3 (47.3 – 69.4)	50.0 (42.9 – 57.1)	49.5 (42.8 – 56.3)	64.8 (57.8 – 71.7)	31.5 (24.4 – 38.5)	NR	NR	52.8 (48.0 – 57.7)	NR
Florida	45.9 (43.3 – 48.6)	55.1 (49.8 – 60.5)	41.9 (37.6 – 46.2)	43.2 (39.1 – 47.2)	49.9 (46.4 – 53.5)	32.8 (26.5 – 39.1)	56.6 (46.1 – 67.0)	45.8 (40.5 – 51.2)	48.1 (45.1 – 51.0)	37.2 (31.5 – 42.9)
Georgia	43.0 (39.8 – 46.2)	56.8 (49.9 – 63.8)	36.9 (31.8 – 42.0)	38.3 (33.9 – 42.7)	50.8 (46.5 – 55.1)	32.8 (27.4 – 38.2)	NR	NR	44.1 (40.5 – 47.7)	39.3 (32.4 – 46.3)
Hawaii	50.1 (47.2 – 53.0)	60.0 (54.5 – 65.4)	50.1 (45.3 – 54.8)	43.4 (38.7 – 48.2)	59.4 (52.7 – 66.1)	NR	48.3 (44.8 – 51.8)	47.8 (39.5 – 56.1)	49.0 (46.0 – 52.0)	60.0 (50.4 – 69.6)
Idaho	44.3 (41.0 – 47.6)	54.0 (46.7 – 61.3)	39.8 (34.7 – 44.9)	40.9 (36.3 – 45.6)	46.4 (42.9 – 50.0)	NR	NR	35.0 (26.0 – 44.1)**	45.2 (41.5 – 48.9)	40.4 (33.2 – 47.7)
Illinois	46.2 (43.0 – 49.4)	59.2 (52.5 – 65.8)	47.3 (41.9 – 52.6)	35.3 (30.8 – 39.7)	51.9 (47.9 – 55.9)	NR	63.5 (52.1 – 75.0)	34.2 (26.8 – 41.5)	47.4 (44.0 – 50.8)	38.1 (28.4 – 47.8)**
Indiana	40.2 (37.3 – 43.1)	46.4 (39.9 – 52.8)	37.9 (33.1 – 42.7)	37.2 (33.0 – 41.3)	42.8 (39.4 – 46.1)	NR	NR	NR	41.0 (37.8 – 44.3)	36.7 (30.1 – 43.3)
Iowa	43.2 (40.2 – 46.3)	57.2 (50.5 – 63.9)	40.4 (35.5 – 45.3)	34.0 (29.9 – 38.0)	43.5 (40.3 – 46.8)	NR	NR	NR	44.5 (41.3 – 47.7)	NR
Kansas	41.8 (40.1 – 43.5)	55.6 (51.9 – 59.3)	37.8 (35.1 – 40.5)	34.5 (32.2 – 36.9)	44.2 (42.3 – 46.2)	28.8 (21.8 – 35.9)	44.8 (37.8 – 51.9)	32.4 (27.7 – 37.2)	43.0 (41.2 – 44.9)	33.7 (29.5 – 38.0)
Kentucky	39.2 (36.3 – 42.2)	50.5 (44.2 – 56.8)	36.1 (31.6 – 40.7)	33.9 (29.3 – 38.5)	40.4 (37.3 – 43.6)	NR	NR	NR	38.5 (35.5 – 41.6)	44.6 (33.9 – 55.3)
Louisiana	37.2 (34.4 – 40.0)	45.5 (39.3 – 51.7)	40.4 (35.8 – 45.0)	27.3 (23.6 – 31.1)	43.2 (39.4 – 47.0)	24.7 (20.3 – 29.0)	NR	NR	37.1 (33.9 – 40.3)	37.1 (31.2 – 42.9)
Maine	43.4 (40.4 – 46.3)	54.1 (47.1 – 61.1)	41.0 (36.3 – 45.7)	37.8 (33.9 – 41.6)	44.0 (40.9 – 47.1)	NR	NR	NR	43.3 (40.2 – 46.5)	44.2 (35.4 – 53.1)
Maryland	42.0 (38.8 – 45.2)	54.3 (46.8 – 61.8)	39.8 (34.4 – 45.1)	35.9 (32.0 – 39.8)	49.3 (44.9 – 53.8)	26.2 (21.3 – 31.0)	63.1 (53.1 – 73.0)	39.1 (27.9 – 50.3)	42.8 (39.5 – 46.1)	36.1 (24.4 – 47.8)**
Massachusetts	53.9 (51.5 – 56.3)	61.8 (56.9 – 66.8)	52.5 (48.7 – 56.3)	48.6 (44.9 – 52.2)	56.3 (53.5 – 59.1)	33.6 (25.0 – 42.1)	66.0 (58.9 – 73.0)	39.4 (32.8 – 46.1)	54.3 (51.9 – 56.7)	NR
Michigan	43.8 (41.3 – 46.2)	61.2 (56.3 – 66.1)	38.8 (34.7 – 42.8)	34.3 (30.7 – 37.9)	47.6 (44.7 – 50.5)	29.2 (22.8 – 35.6)	48.0 (38.7 – 57.3)	NR	43.2 (40.6 – 45.8)	48.0 (40.2 – 55.9)
Minnesota	49.4 (47.6 – 51.1)	60.2 (56.5 – 64.0)	48.7 (45.9 – 51.4)	41.8 (39.4 – 44.3)	52.1 (50.3 – 54.0)	35.2 (28.0 – 42.3)	43.1 (36.5 – 49.6)	40.5 (33.2 – 47.8)	49.5 (47.7 – 51.2)	47.4 (40.2 – 54.5)
Mississippi	33.0 (29.7 – 36.3)	43.0 (35.5 – 50.5)	31.8 (26.5 – 37.1)	26.3 (22.0 – 30.6)	41.2 (36.4 – 45.9)	22.6 (18.3 – 27.0)	NR	NR	35.3 (31.5 – 39.1)	25.2 (19.0 – 31.4)
Missouri	44.5 (41.5 – 47.6)	59.4 (53.0 – 65.7)	41.1 (35.9 – 46.2)	37.1 (32.6 – 41.6)	44.1 (40.6 – 47.5)	38.1 (29.0 – 47.2)	NR	NR	44.8 (41.4 – 48.2)	42.9 (35.5 – 50.3)
Montana	48.3 (44.7 – 51.8)	59.2 (52.0 – 66.3)	45.2 (39.4 – 51.0)	42.8 (37.4 – 48.2)	50.2 (46.3 – 54.0)	NR	36.6 (27.2 – 45.9)	NR	49.7 (45.8 – 53.6)	40.6 (32.3 – 48.9)
Nebraska	42.0 (40.0 – 44.0)	51.8 (47.5 – 56.2)	39.6 (36.3 – 43.0)	36.4 (33.5 – 39.4)	43.9 (41.7 – 46.1)	NR	41.8 (31.3 – 52.3)	33.6 (27.3 – 39.8)	43.7 (41.5 – 45.9)	33.4 (28.3 – 38.5)
Nevada	44.5 (39.9 – 49.2)	60.6 (49.8 – 71.5)	41.7 (34.1 – 49.3)	36.9 (30.4 – 43.4)	53.0 (46.9 – 59.1)	NR	46.1 (32.5 – 59.7)**	35.1 (26.6 – 43.6)	47.6 (42.5 – 52.8)	NR
New Hampshire	50.1 (46.5 – 53.7)	57.6 (49.4 – 65.9)	50.5 (44.7 – 56.3)	43.5 (38.9 – 48.2)	50.5 (46.7 – 54.2)	NR	NR	NR	49.7 (45.9 – 53.5)	46.9 (36.4 – 57.4)

State	Age Group				Race-Ethnicity [§]				Insurance Status [¶]	
	Overall	18-24	25-34	35-44	White	Black	Other	Hispanic	Yes	No
	% (95% CI) [†]	% (95% CI)	% (95% CI)	% (95% CI)	% (95% CI)	% (95% CI)	% (95% CI)	% (95% CI)	% (95% CI)	% (95% CI)
New Jersey	49.4 (46.8 – 52.0)	65.6 (60.0 – 71.1)	46.2 (42.1 – 50.3)	40.9 (37.3 – 44.5)	57.3 (53.9 – 60.7)	30.1 (24.7 – 35.5)	64.9 (56.7 – 73.2)	34.2 (29.0 – 39.3)	50.0 (47.3 – 52.8)	44.7 (37.2 – 52.3)
New Mexico	40.7 (37.5 – 43.8)	56.2 (49.5 – 62.9)	36.9 (32.0 – 41.8)	32.0 (27.6 – 36.4)	46.9 (41.2 – 52.6)	NR	30.7 (23.4 – 38.0)	39.4 (35.0 – 43.9)	41.3 (37.8 – 44.7)	36.1 (28.4 – 43.8)
New York	52.8 (50.3 – 55.2)	68.1 (62.9 – 73.3)	50.8 (46.9 – 54.6)	43.5 (40.0 – 47.0)	59.2 (55.9 – 62.5)	37.5 (31.5 – 43.4)	64.7 (57.4 – 72.0)	40.6 (35.5 – 45.7)	53.3 (50.7 – 55.9)	49.2 (41.8 – 56.6)
North Carolina	41.6 (39.0 – 44.1)	54.3 (48.6 – 60.0)	38.7 (34.6 – 42.7)	35.4 (31.9 – 38.9)	47.3 (43.9 – 50.6)	27.3 (22.7 – 32.0)	52.5 (42.0 – 63.1)	33.4 (26.7 – 40.2)	44.8 (42.0 – 47.7)	28.8 (23.7 – 33.8)
North Dakota	46.2 (42.7 – 49.8)	62.2 (55.1 – 69.3)	44.3 (38.5 – 50.1)	32.7 (28.0 – 37.4)	48.0 (44.2 – 51.8)	NR	NR	NR	47.2 (43.5 – 50.9)	NR
Ohio	43.4 (40.6 – 46.2)	51.5 (45.3 – 57.8)	43.9 (39.4 – 48.5)	36.5 (32.6 – 40.4)	43.6 (40.5 – 46.7)	34.9 (26.0 – 43.8)**	48.9 (37.3 – 60.4)**	NR	43.5 (40.6 – 46.4)	43.1 (33.2 – 53.0)
Oklahoma	38.7 (36.0 – 41.4)	45.5 (39.1 – 52.0)	38.5 (34.3 – 42.7)	33.7 (30.0 – 37.5)	40.2 (36.9 – 43.6)	NR	37.5 (31.1 – 43.8)	37.2 (28.8 – 45.5)	39.1 (36.2 – 42.1)	35.9 (29.3 – 42.6)
Oregon	44.2 (40.8 – 47.6)	56.5 (49.1 – 64.0)	42.7 (37.2 – 48.2)	36.6 (32.0 – 41.2)	46.1 (42.4 – 49.9)	NR	47.1 (35.9 – 58.2)	NR	45.2 (41.6 – 48.7)	NR
Pennsylvania	46.2 (43.2 – 49.2)	59.3 (52.5 – 66.0)	45.5 (41.0 – 50.0)	36.1 (32.1 – 40.1)	49.5 (46.1 – 52.9)	27.5 (19.6 – 35.4)**	60.8 (48.6 – 73.0)	NR	46.5 (43.3 – 49.7)	42.8 (33.4 – 52.2)
Rhode Island	50.7 (47.2 – 54.2)	62.2 (54.7 – 69.6)	49.3 (43.5 – 55.1)	41.9 (37.5 – 46.3)	51.0 (46.8 – 55.2)	NR	NR	54.1 (45.5 – 62.7)	50.6 (47.0 – 54.2)	NR
South Carolina	40.0 (37.7 – 42.3)	50.0 (45.0 – 54.9)	37.6 (33.9 – 41.3)	35.0 (31.7 – 38.2)	47.1 (44.1 – 50.2)	26.6 (23.1 – 30.2)	50.8 (38.7 – 62.9)	36.7 (27.0 – 46.5)**	40.7 (38.2 – 43.2)	37.2 (31.8 – 42.6)
South Dakota	47.7 (44.0 – 51.4)	58.2 (50.0 – 66.4)	43.4 (37.8 – 49.0)	43.3 (38.0 – 48.7)	49.2 (45.3 – 53.1)	NR	43.0 (32.6 – 53.4)	NR	48.5 (44.6 – 52.3)	40.5 (28.7 – 52.3)
Tennessee	37.8 (34.2 – 41.4)	54.4 (46.0 – 62.8)	35.5 (30.1 – 41.0)	28.0 (23.7 – 32.3)	40.4 (36.3 – 44.5)	NR	NR	NR	37.6 (33.7 – 41.5)	38.4 (29.4 – 47.4)
Texas	41.7 (39.2 – 44.1)	53.4 (47.9 – 59.0)	41.8 (38.1 – 45.5)	32.8 (29.3 – 36.3)	51.0 (47.4 – 54.7)	27.3 (20.4 – 34.1)	60.2 (49.8 – 70.6)	33.6 (30.1 – 37.2)	44.2 (41.2 – 47.1)	36.3 (32.1 – 40.6)
Utah	51.0 (49.3 – 52.7)	60.9 (57.3 – 64.5)	48.2 (45.5 – 50.9)	45.5 (43.0 – 48.0)	52.7 (50.8 – 54.5)	NR	56.4 (48.9 – 63.9)	38.9 (34.1 – 43.7)	51.8 (50.0 – 53.7)	46.7 (42.0 – 51.4)
Vermont	50.2 (47.1 – 53.2)	60.6 (54.1 – 67.1)	46.6 (41.8 – 51.4)	43.8 (39.6 – 47.9)	50.7 (47.6 – 53.8)	NR	NR	NR	50.5 (47.4 – 53.6)	NR
Virginia	44.9 (42.4 – 47.4)	52.5 (47.0 – 58.1)	46.3 (42.5 – 50.2)	37.5 (33.9 – 41.1)	48.8 (45.8 – 51.9)	32.5 (27.1 – 37.8)	51.9 (43.2 – 60.7)	39.6 (30.9 – 48.4)	46.0 (43.3 – 48.6)	39.7 (32.8 – 46.5)
Washington	45.5 (43.2 – 47.8)	56.3 (51.4 – 61.3)	42.2 (38.5 – 45.9)	40.8 (37.4 – 44.2)	46.5 (43.9 – 49.2)	NR	55.5 (49.1 – 61.9)	30.1 (24.5 – 35.6)	46.1 (43.6 – 48.5)	41.5 (34.7 – 48.4)
West Virginia	37.9 (35.2 – 40.6)	54.1 (48.2 – 60.0)	34.8 (30.6 – 39.0)	28.9 (25.1 – 32.6)	38.0 (35.2 – 40.7)	NR	NR	NR	38.6 (35.8 – 41.5)	32.2 (24.2 – 40.2)**
Wisconsin	45.1 (41.9 – 48.3)	59.7 (53.0 – 66.5)	41.9 (36.4 – 47.4)	36.5 (32.0 – 41.0)	47.7 (44.2 – 51.2)	NR	NR	NR	45.3 (41.9 – 48.7)	NR
Wyoming	44.0 (39.9 – 48.1)	54.1 (43.8 – 64.3)	46.0 (39.4 – 52.5)	34.3 (29.3 – 39.3)	48.6 (44.2 – 53.0)	NR	NR	NR	45.2 (40.8 – 49.7)	37.4 (26.7 – 48.1)**
Median	44.2	56.3	41.9	36.5	47.7	31.5	51.9	37.2	45.2	38.8
Minimum	33.0	43.0	30.1	26.3	36.5	22.6	30.7	30.1	32.8	25.2
Maximum	53.9	68.1	52.5	49.5	64.8	42.4	66.0	54.1	54.3	60.0

Abbreviations: NR = not reported (if <50 respondents), CI = 95% confidence interval
 * Normal weight was based on self-reported height and weight and defined as having a body mass index 18.5-24.9 kg/m²
[†] Percentages and their associated confidence intervals are weighted to adjust for complex survey design and non response
[§] White = non-Hispanic white; Black = non-Hispanic black; Other = non-Hispanic other
[¶] Defined as having any kind of health care coverage, including prepaid plans such as health maintenance organizations, government plans such as Medicare, or Indian Health Service (IHS)
 ** Represents 50-59 respondents; might not be reliable