**Suppl Table A –** Characteristics of the 19 Trials

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| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Trial | N original publication | N in our data | Latest follow up point available to us (months) | # of intervention arms | Type: IPT, CBT, Family Parenting | Target: Parent (P), Child (C), Conjoint (Cj) | Focus: depression or Other problem behavior or general mental health | Citation |
| ADEPT | 94 | 94 | 24 | 2 | CBT | P, C | Depression | Clarke AGP 2001 |
| CATCH-IT | 83 | 50 | 30 | 2 | CBT, IPT | P, C  | Depression | Van Voorhees et al., 2009 |
| Family Talk | 121 | 72 | 48 | 2 | Family | P, C, CJ | Depression | Beardslee et al., 2003 |
| IPT-AST vs CBT  | 380 | 379 | 18 | 3 | CBT, IPT | C | Depression | Horowitz et al., 2007 |
| K-IPT AST | 57 | 57 | 18 | 3 | IPT | C, CJ | Depression | Young, Mufson, & Gallop 2010 |
| NARSAD IPT | 41 | 41 | 6 | 2 | IPT | C | Depression | Young, Mufson, & Davies 2006 |
| Penn Resiliency Program (PRP) I | 697 | 690 | 36 | 3 | CBT | C | Depression | Gillham et al., 2007 |
| Penn Resiliency Program (PRP) II | 408 | 407 | 24 | 3 | CBT, Family | P, C  | Depression | Gillham et al., 2012 |
| Prevention of Depression Study (PODS) | 316 | 316 | 6 | 2 | CBT | P, C | Depression | Garber et al., 2009 |
| Bridges (Puentes) | 516 | 542 | 14 | 2 | Family | P, C, CJ | Other | Gonzales et al., 2012 |
| Familias Unidas I | 266 | 257 | 36 | 3 | Family | P, CJ | Other | Prado et al., 2007 |
| Familias Unidas II | 213 | 213 | 30 | 2 | Family | P, CJ | Other | Pantin et al., 2009 |
| Familias Unidas DJJ | 242 | 242 | 12 | 2 | Family | P, CJ | Other | Prado et al., 2011 |
| Familias Unidas CDC | n/a | 160 | 12 | 2 | Family | P, CJ | Other | Estrada et al., 2015 |
| Family Bereavement | 244 | 141 | 72 | 2 | CBT, Family | P, C, CJ | Other | Sandler et al., 2003 |
| New Beginnings | 240 | 99 | 72 | 3 | CBT, Family | P, C, CJ | Other | Wolchik et al. 2000 |
| Preparing for the Drug Free Years (PDFY) and Iowa Strengthening Families Program (ISP) | 667 | 659 | 80 | 3 | Family | P, C, CJ | Other | Spoth et al., 1995; Spoth et al., 2001 |
| Project Alliance I | 672 (998) | 178 | 72 | 2 | Family | C, CJ | Other | Dishion et al., 2002; Connell et al., 2007 |
| Project Alliance II | 593 | 581 | 60 | 2 | Family | P, C, CJ | Other | Stormshak et al. 2011 |