

FLU VACCINE

Protects You And Your Family

Flu Can Be Serious

The flu is a contagious respiratory illness caused by influenza viruses that infect the nose, throat, and lungs. It can cause mild to severe illness and, at times, can lead to death.

Every flu season is different, and the flu can affect people differently. Every flu season millions of people get the flu, hundreds of thousands of people are hospitalized and thousands or tens of thousands of people die from flu-related causes.

Flu Vaccine Is The Best Protection

Everyone 6 months and older should get a flu vaccine each year. Flu vaccines...

- **Can keep** you from getting sick with flu
- **Can reduce** the risk of flu-associated hospitalizations including among children and older adults
- **Are very important for people with chronic health conditions** like diabetes and heart and lung disease
- **Help protect** both pregnant women and their babies for several months after birth from the flu
- **May make** your illness milder if you do get sick

Benefits Of Flu Vaccines

Each year, CDC reports the number of flu illnesses, medical visits, and hospitalizations prevented by flu vaccination. During the 2015-2016 flu season:



Denver

The estimated number of flu illnesses that were prevented by flu vaccination =

5.1 million.

As many people use the Denver International Airport in one month.

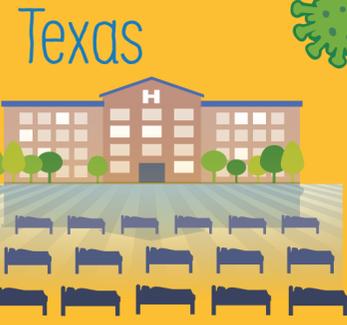
The estimated number of flu medical visits that were prevented by flu vaccination =

2.5 million.

Equal to the population of Portland, Oregon.



Portland



Texas

The estimated number of flu hospitalizations that were prevented by flu vaccination =

71,000.

Enough people to fill every registered hospital bed in the state of Texas.

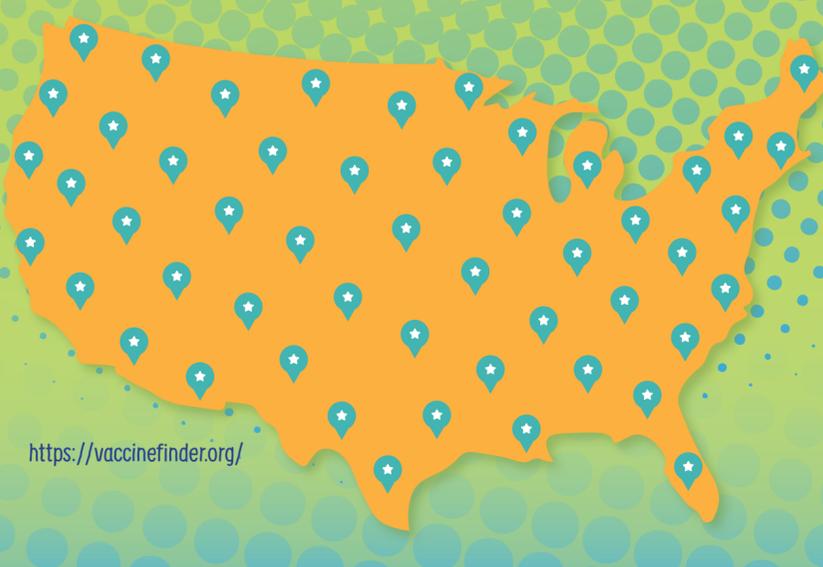
Get Vaccinated Every Flu Season

CDC recommends that people get a flu vaccine by the end of October, if possible. However, getting vaccinated later can still be beneficial. Ongoing flu vaccination is recommended as long as flu viruses are circulating, even into January or later.



Find a flu vaccine with HealthMap Vaccine Finder.

Flu vaccines are offered by many doctor's offices, clinics, health departments, pharmacies and college health centers, as well as by many employers, and even by some schools.



<https://vaccinefinder.org/>

#FIGHT FLU

For more information visit: <https://www.cdc.gov/flu/protect/keyfacts.htm>



Centers for Disease Control and Prevention
National Center for Immunization and Respiratory Diseases