

IMPACT OF FOLIC ACID FORTIFICATION IN THE U.S.

 **Folic acid** has been added to foods labeled as “enriched,” such as breads, pastas, rice and cereals.

This has led to...

600-700

babies born without a spina bifida birth defect each year



Resulting in...

\$400-\$600

million saved each year



www.cdc.gov/folicacid