



Zika virus testing is recommended only for certain people. If you have questions or think you should be tested, talk to your healthcare provider.

Zika testing is recommended if you have symptoms of Zika and:

- You live in or traveled to [an area with risk of Zika](#) or
- You had sex without a condom with a partner who lives in or traveled to an area with risk of Zika.

Zika testing is recommended for pregnant women who don't have Zika symptoms in certain cases. You should be tested for Zika if you are pregnant and:

- You have ongoing exposure to Zika because you live in or frequently travel to an area with risk of Zika or
- Your doctor sees Zika-associated abnormalities on an ultrasound or you deliver a baby with birth defects that may be related to Zika.