

Supplemental Table 2. Risk of Bias Assessment Checklist

	Were subject's assessed ^a and excluded if they did not adhere to PABA?		Did studies utilizing the colorimetric method for PABA assessment exclude participants taking medications? (paracetamol, sulphonamides)		If participants >60 years, was the collection time period >24 hours?	
Study	Reviewer 1	Reviewer 2	Reviewer 1	Reviewer 2	Reviewer 1	Reviewer 2
Fu ¹⁸	Yes	Yes	NA	Yes/NA	NA	NA
Subar et al ²⁴	No	No	Maybe	Maybe ^b	No	No
De Keyzer et al ²³	Yes	Yes	Yes	Yes	No	No
Murakami et al ²⁰	Yes	Yes	Yes	Yes	NA	NA
Bingham et al ²⁵	Yes	Yes	Yes	Yes	No	No
Leclercq et al ²¹	Yes	Yes	Yes	Yes	Yes	Yes
Williams and Bingham ¹⁹	Yes	No	Yes	Yes	NA	NA
Knuiman et al ²²	Unclear/No	No	No	No	NA	NA

^aAdherence assessment for studies was based on self-report with the exception of Bingham et al²⁵ who assessed based on PABA recovery of 0%.

^bPABA was assessed more completely through the use of HPLC method for colorimetric results >110%; however, no exclusions were based on HPLC results.