

THE CENTERS FOR DISEASE CONTROL AND PREVENTION'S  
NATIONAL CENTER FOR

# CHRONIC DISEASE PREVENTION AND HEALTH PROMOTION (NCCDPHP)



1 IN 2

Adults in the US  
has a chronic disease



1 IN 4

Adults in the US  
has two or more

## CHRONIC DISEASES

Leading Causes of Death, Disability, and Health Care Costs



HEART  
DISEASE



CANCER



CHRONIC LUNG  
DISEASES



STROKE



ALZHEIMER'S  
DISEASE



TYPE 2  
DIABETES

## KEY RISK FACTORS for Chronic Disease



TOBACCO  
USE



POOR  
NUTRITION



LACK OF  
PHYSICAL ACTIVITY



EXCESSIVE  
ALCOHOL USE

NCCDPHP PREVENTS  
CHRONIC DISEASE  
AND PROMOTES HEALTH  
for all ages



IMPROVING  
QUALITY OF LIFE



INCREASING HEALTHY  
LIFE EXPECTANCY



REDUCING HEALTH  
CARE COSTS

# NATIONAL CENTER FOR CHRONIC DISEASE PREVENTION AND HEALTH PROMOTION

## Improving Health Across the Lifespan

### INFANTS

Reduce the leading causes of infant death and illness.

### CHILDREN AND ADOLESCENTS

Help build healthy communities, child care, and schools so children can eat well, stay active, and avoid risky behaviors.

### ADULTS

Help adults lead healthy and active lives and increase the use of preventive services like cancer screenings.

### OLDER ADULTS

Promote quality of life and independence for people as they age.

Where People Live, Learn, Work, and Play



## WHAT WE DO



### TRACK

Chronic diseases and risk factors through surveys and research.



### PARTNER

With states, communities, tribes, and territories to make it easier for people to make healthy choices.



### SUPPORT

Health care to deliver prevention services to keep people well and diagnose diseases early.



### CONNECT

Community programs to clinical services that help people prevent and manage their chronic diseases.

## OUR IMPACT



Since 2012, the *Tips From Former Smokers*<sup>®</sup> campaign has motivated at least **500,000** cigarette smokers to quit for good.



The percentage of adults who have their high blood pressure under control increased from **48.5%** in 2008 to **54%** in 2014.



**100,000+** people have participated in the National Diabetes Prevention Program since 2010.



The National Breast and Cervical Cancer Early Detection Program has served more than **5.2 million** women and found **60,000** cases of breast cancer and **176,000** precancerous cervical lesions.



Obesity among children 2 to 5 years old fell from **13.9%** in 2003–2004 to **9.4%** in 2013–2014.



Teen birth rates fell **46%** from 2007 to 2015—an all-time low.



From 1999–2004 to 2011–2014, the percentage of low-income children with dental sealants increased from **23%** to **39%**.



From 2000 to 2014, **30%** more schools offered at least 2 vegetables at lunch.



**Centers for Disease Control and Prevention**  
National Center for Chronic Disease Prevention and Health Promotion

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