Maps of Trends in Diagnosed Diabetes and Obesity

April 2017

CDC's Division of Diabetes Translation. United States Diabetes Surveillance System available at http://www.cdc.gov/diabetes/data

The maps show the trend in the age—adjusted prevalence of obesity and diagnosed diabetes among US adults aged 18 years or older from 1994 through 2015. During this period, the prevalence of obesity and the prevalence of diagnosed diabetes rose in all states. In 1994, all but two states had prevalence of obesity less than 18% and no state exceeded 22%. In 2015, no state had less than 18% and all but one state exceeded 22%. Similarly for diagnosed diabetes, in 1994, no state had prevalence less than 6.0%. In 2015, all states exceeded 6.0%; 27 of these exceeded 9.0%. Because there were major changes in the survey methods in 2011, caution should be taken when compare estimates across 2011 (please refer to

http://www.cdc.gov/surveillancepractice/reports/brfss/brfss.html for more detailed information).

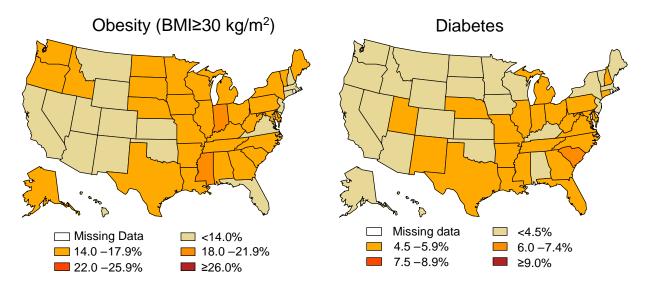
Data Source and Methodology

The prevalence of obesity and diagnosed diabetes among US adults aged 18 years or older were determined using data from the Behavioral Risk Factor Surveillance System (BRFSS), available at http://www.cdc.gov/brfss. An ongoing, yearly, state—based telephone survey of the non—institutionalized adult population in each state, the BRFSS provides state—specific information on behavioral risk factors for disease and on preventive health practices. Respondents who reported that a physician told them they had diabetes (other than during pregnancy) were considered to have diagnosed diabetes. Self reported weight and height were used to calculate body mass index (BMI): weight in kilograms divided by the square of height in meters. A BMI greater than or equal to 30 was considered to be obese. Rates were age—adjusted to the 2000 U.S. standard population based on age groups 18–44, 45–64, 65–74, and 75 years or older.

Additional information on overweight and obesity and additional obesity trend data are available at http://www.cdc.gov/nccdphp/dnpa/obesity/index.htm.

Data for the Maps

1994



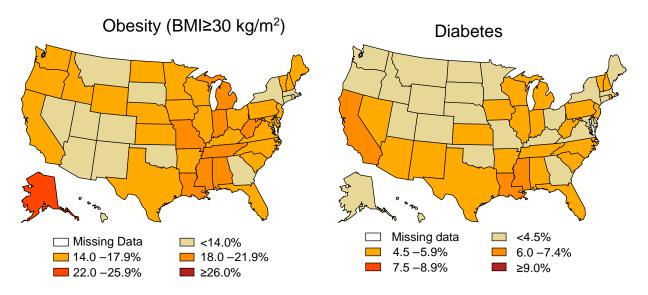




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1995



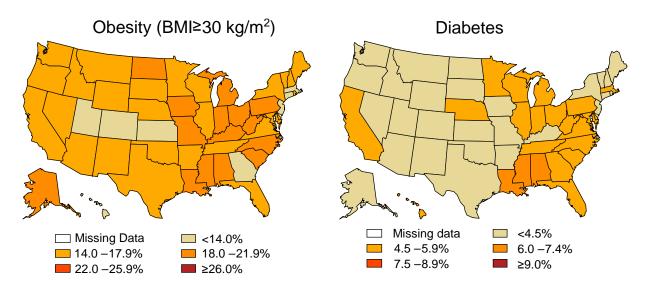




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Missing Data	<14.0%	14.0%-17.9%	18.0%-21.9%	22.0%-25.9%	26.0%+
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	Connecticut	Delaware	Louisiana		
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	Massachusetts	Illinois	Missouri		
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1996



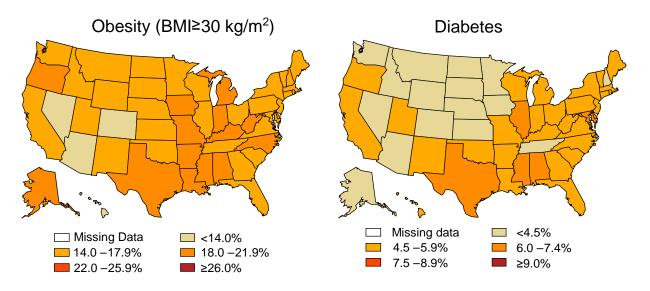




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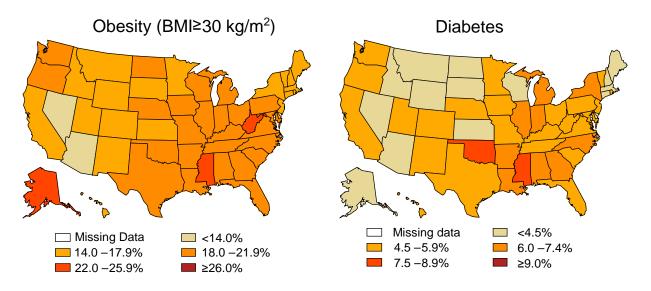




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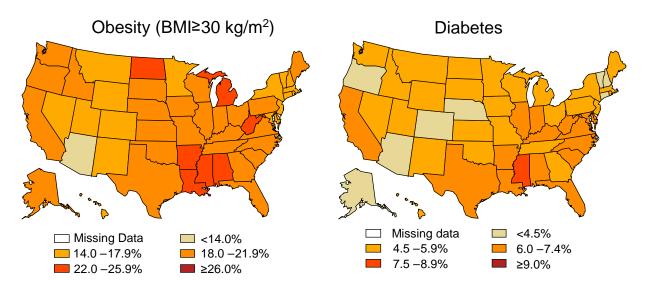




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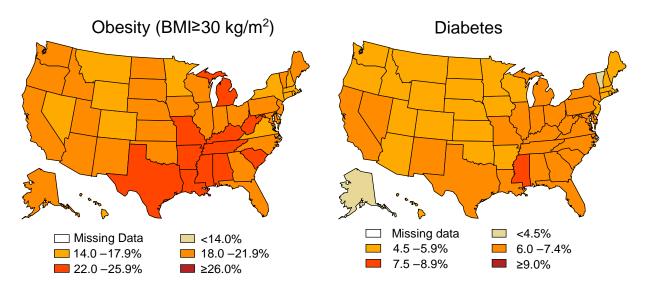




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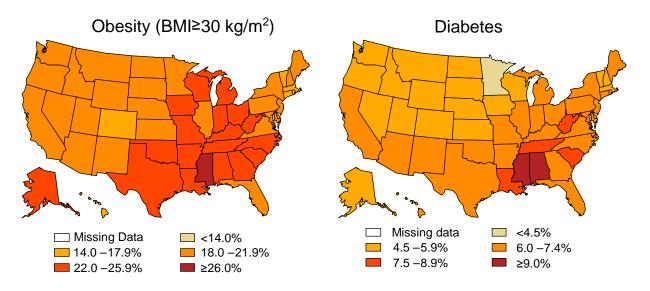




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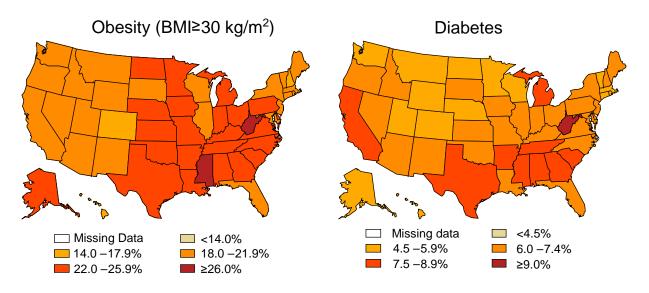




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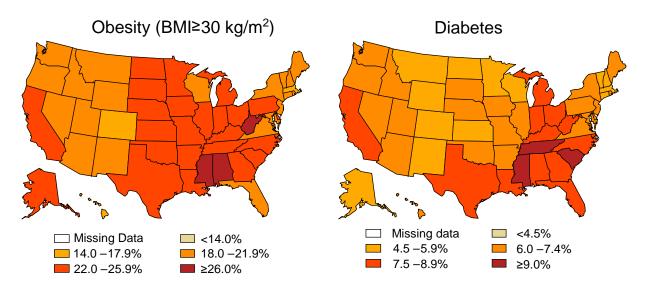




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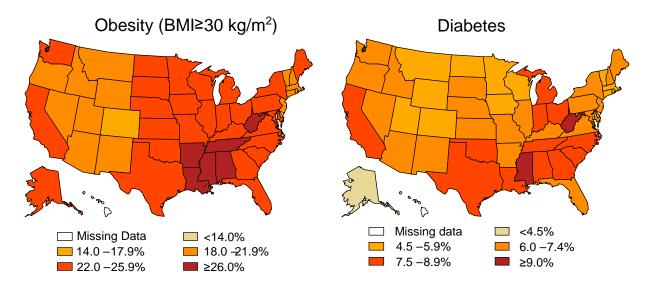




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Missing Data	<14.0%	14.0%-17.9%	18.0%-21.9%	22.0%-25.9%	26.0%+
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2004



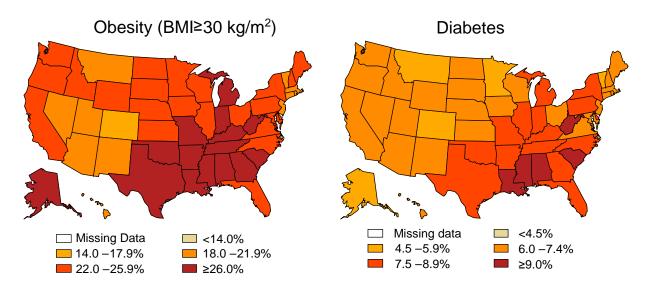




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Missing Data	<14.0%	14.0%-17.9%	18.0%-21.9%	22.0%-25.9%	26.0%+
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2005





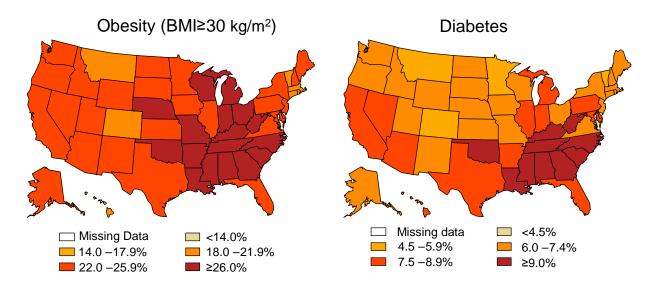


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			Virginia		
			Washington		
			Wisconsin		
			Wyoming		

Missing Data	<14.0%	14.0%-17.9%	18.0%-21.9%	22.0%-25.9%	26.0%+
		Colorado	Arizona	California	Alabama
			Connecticut	Delaware	Alaska
			Hawaii	District of Columbia	Arkansas
			Massachusetts	Florida	Georgia
			Montana	Idaho	Indiana
			Nevada	Illinois	Kentucky
			New Jersey	Iowa	Louisiana
			New Mexico	Kansas	Michigan
			Rhode Island	Maine	Mississippi
			Utah	Maryland	Missouri
			Vermont	Minnesota	Oklahoma
				Nebraska	South Carolina
				New Hampshire	Tennessee
				New York	Texas
				North Carolina	West Virginia
				North Dakota	
				Ohio	
				Oregon	
				Pennsylvania	
				South Dakota	
				Virginia	
				Washington	
				Wisconsin	
				Wyoming	

Age-Adjusted Prevalence of Obesity and Diagnosed Diabetes Among US Adults

2006





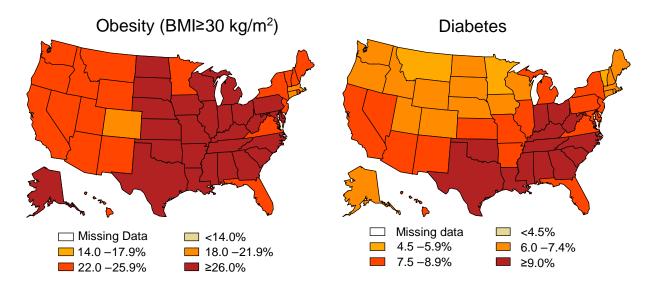


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		Colorado	Alaska	Arizona	Alabama
		Minnesota	Connecticut	Arkansas	Georgia
		Montana	Idaho	California	Kentucky
		Vermont	Iowa	Delaware	Louisiana
			Kansas	District of Columbia	Mississippi
			Maine	Florida	North Carolina
			Massachusetts	Hawaii	Oklahoma
			Missouri	Illinois	South Carolina
			Nebraska	Indiana	Tennessee
			New Hampshire	Maryland	West Virginia
			New Jersey	Michigan	
			New Mexico	Nevada	
			New York	Pennsylvania	
			North Dakota	Texas	
			Ohio		
			Oregon		
			Rhode Island		
			South Dakota		
			Utah		
			Virginia		
			Washington		
			Wisconsin		
			Wyoming		

Missing Data	<14.0%	14.0%-17.9%	18.0%-21.9%	22.0%-25.9%	26.0%+
			Colorado	Alaska	Alabama
			Connecticut	Arizona	Arkansas
			Hawaii	California	Georgia
			Massachusetts	Delaware	Indiana
			Montana	District of Columbia	Kentucky
			Rhode Island	Florida	Louisiana
			Vermont	Idaho	Michigan
				Illinois	Mississippi
				Iowa	Missouri
				Kansas	Nebraska
				Maine	North Carolina
				Maryland	Ohio
				Minnesota	Oklahoma
				Nevada	South Carolina
				New Hampshire	Tennessee
				New Jersey	West Virginia
				New Mexico	Wisconsin
				New York	
				North Dakota	
				Oregon	
				Pennsylvania	
				South Dakota	
				Texas	
				Utah	
				Virginia	
				Washington	
				Wyoming	

Age-Adjusted Prevalence of Obesity and Diagnosed Diabetes Among US Adults

2008





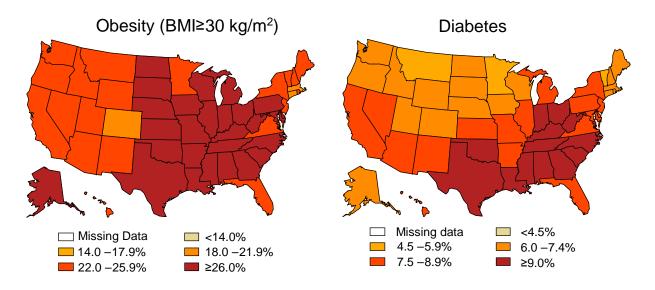


Missing Data	<4.5%	4.5%-5.9%	6.0%-7.4%	7.5%-8.9%	9.0%+
		Colorado	Alaska	Arizona	Alabama
		Minnesota	Connecticut	Arkansas	Georgia
		North Dakota	Hawaii	California	Kentucky
			Iowa	Delaware	Louisiana
			Kansas	District of Columbia	Mississippi
			Maine	Florida	Oklahoma
			Massachusetts	Idaho	South Carolina
			Montana	Illinois	Tennessee
			Nebraska	Indiana	Texas
			New Hampshire	Maryland	West Virginia
			Oregon	Michigan	
			Rhode Island	Missouri	
			South Dakota	Nevada	
			Utah	New Jersey	
			Vermont	New Mexico	
			Washington	New York	
			Wisconsin	North Carolina	
			Wyoming	Ohio	
				Pennsylvania	
				Virginia	

Missing Data	<14.0%	14.0%-17.9%	18.0%-21.9%	22.0%-25.9%	26.0%+
			Colorado	California	Alabama
			Connecticut	District of Columbia	Alaska
			Hawaii	Florida	Arizona
			Massachusetts	Idaho	Arkansas
			Rhode Island	Illinois	Delaware
			Vermont	Maine	Georgia
				Minnesota	Indiana
				Montana	Iowa
				Nevada	Kansas
				New Hampshire	Kentucky
				New Jersey	Louisiana
				New Mexico	Maryland
				New York	Michigan
				Utah	Mississippi
				Virginia	Missouri
				Washington	Nebraska
				Wisconsin	North Carolina
				Wyoming	North Dakota
					Ohio
					Oklahoma
					Oregon
					Pennsylvania
					South Carolina
					South Dakota
					Tennessee
					Texas
					West Virginia

Age-Adjusted Prevalence of Obesity and Diagnosed Diabetes Among US Adults

2008



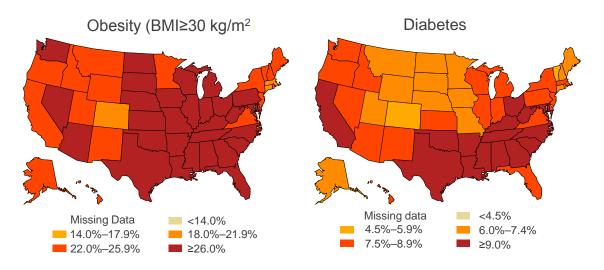




Missing Data	<4.5%	4.5%-5.9%	6.0%-7.4%	7.5%-8.9%	9.0%+
		Minnesota	Alaska	Arizona	Alabama
		Montana	Colorado	Arkansas	Georgia
		Vermont	Connecticut	California	Indiana
			Idaho	Delaware	Kentucky
			Iowa	District of Columbia	Louisiana
			Maine	Florida	Mississippi
			Massachusetts	Hawaii	North Carolina
			Nebraska	Illinois	Ohio
			New Hampshire	Kansas	Oklahoma
			North Dakota	Maryland	South Carolina
			Oregon	Michigan	Tennessee
			Rhode Island	Missouri	Texas
			South Dakota	Nevada	West Virginia
			Utah	New Jersey	
			Washington	New Mexico	
			Wisconsin	New York	
			Wyoming	Pennsylvania	
				Virginia	

Missing Data	<14.0%	14.0%-17.9%	18.0%-21.9%	22.0%-25.9%	26.0%+
			Colorado	Arizona	Alabama
			Connecticut	California	Alaska
			Massachusetts	District of Columbia	Arkansas
				Florida	Delaware
				Hawaii	Georgia
				Idaho	Illinois
				Maine	Indiana
				Minnesota	Iowa
				Montana	Kansas
				Nevada	Kentucky
				New Hampshire	Louisiana
				New Jersey	Maryland
				New Mexico	Michigan
				New York	Mississippi
				Oregon	Missouri
				Rhode Island	Nebraska
				Utah	North Carolina
				Vermont	North Dakota
				Virginia	Ohio
				Washington	Oklahoma
				Wyoming	Pennsylvania
					South Carolina
					South Dakota
					Tennessee
					Texas
					West Virginia
					Wisconsin

2009



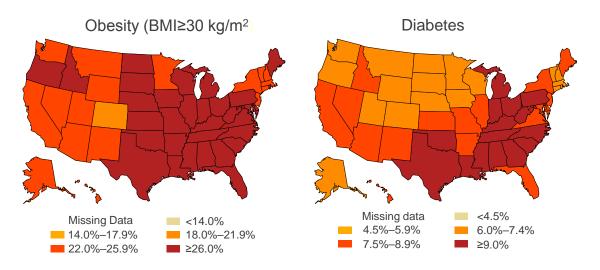




Missing Data	<4.5%	4.5%-5.9%	6.0%-7.4%	7.5%-8.9%	9.0%+
		Colorado	Alaska	Arizona	Alabama
		Vermont	Connecticut	Delaware	Arkansas
			Iowa	District of Columbia	California
			Maine	Florida	Georgia
			Minnesota	Hawaii	Kentucky
			Missouri	Idaho	Louisiana
			Montana	Illinois	Maryland
			Nebraska	Indiana	Mississippi
			New Hampshire	Kansas	North Carolina
			North Dakota	Massachusetts	Ohio
			Rhode Island	Michigan	Oklahoma
			South Dakota	Nevada	South Carolina
			Utah	New Jersey	Tennessee
			Wyoming	New Mexico	Texas
				New York	West Virginia
				Oregon	
				Pennsylvania	
				Virginia	
				Washington	
				Wisconsin	

Missing Data	<14.0%	14.0%-17.9%	18.0%-21.9%	22.0%-25.9%	26.0%+
			Colorado	Alaska	Alabama
			Connecticut	California	Arizona
			District of Columbia	Hawaii	Arkansas
			Massachusetts	Idaho	Delaware
				Maine	Florida
				Minnesota	Georgia
				Montana	Illinois
				New Hampshire	Indiana
				New Jersey	Iowa
				New Mexico	Kansas
				New York	Kentucky
				Oregon	Louisiana
				Rhode Island	Maryland
				Utah	Michigan
				Vermont	Mississippi
				Virginia	Missouri
				Wyoming	Nebraska
					Nevada
					North Carolina
					North Dakota
					Ohio
					Oklahoma
					Pennsylvania
					South Carolina
					South Dakota
					Tennessee
					Texas
					Washington
					West Virginia
					Wisconsin

2010







Missing Data	<4.5%	4.5%-5.9%	6.0%-7.4%	7.5%-8.9%	9.0%+
			Alaska	Arizona	Alabama
			Colorado	Arkansas	Georgia
			Connecticut	California	Indiana
			Iowa	Delaware	Kentucky
			Massachusetts	District of Columbia	Louisiana
			Minnesota	Florida	Michigan
			Montana	Hawaii	Mississippi
			Nebraska	Idaho	North Carolina
			New Hampshire	Illinois	Ohio
			North Dakota	Kansas	Oklahoma
			Oregon	Maine	Pennsylvania
			Rhode Island	Maryland	South Carolina
			South Dakota	Missouri	Tennessee
			Utah	Nevada	Texas
			Vermont	New Jersey	West Virginia
			Washington	New Mexico	
			Wisconsin	New York	
			Wyoming	Virginia	

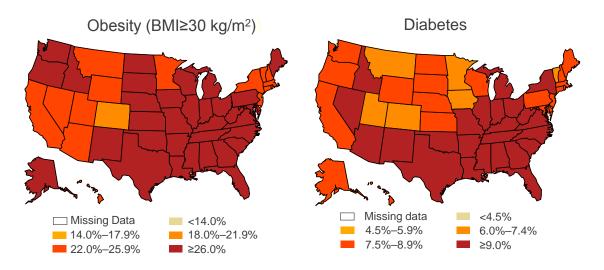
Missing Data	<14.0%	14.0%-17.9%	18.0%-21.9%	22.0%-25.9%	26.0%+
			Colorado	Alaska	Alabama
			District of Columbia	Arizona	Arkansas
				California	Delaware
				Connecticut	Florida
				Hawaii	Georgia
				Massachusetts	Idaho
				Minnesota	Illinois
				Montana	Indiana
				Nevada	Iowa
				New Hampshire	Kansas
				New Jersey	Kentucky
				New Mexico	Louisiana
				New York	Maine
				Utah	Maryland
				Vermont	Michigan
				Washington	Mississippi
				Wyoming	Missouri
					Nebraska
					North Carolina
					North Dakota
					Ohio
					Oklahoma
					Oregon
					Pennsylvania
					Rhode Island
					South Carolina
					South Dakota
					Tennessee
					Texas
					Virginia
					West Virginia
					Wisconsin

Major changes to the survey method in 2011

more details at

http://www.cdc.gov/surveillancepractice/reports/brfss/brfss.html

2011





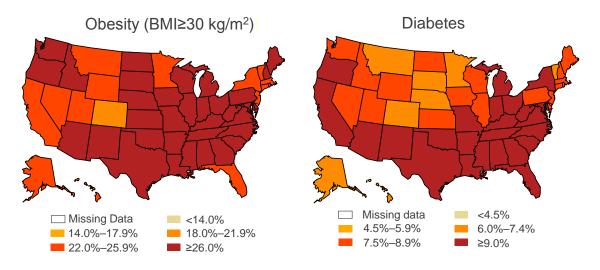


	4.5%-5.9%	6.0%-7.4%	7.5%-8.9%	9.0%+
	11.0 / 0 01.5 / 0	Colorado	Alaska	Alabama
				Arizona
				Arkansas
				District of Columbia
				Florida
				Georgia
		Vermont		Idaho
				Illinois
			-	Indiana
				Kentucky
				Louisiana
			_	Michigan
			-	Mississippi
				Missouri
				Nevada
			-	New Mexico
				New York
				North Carolina
				Ohio
				Oklahoma
			,, jonning	South Carolina
				Tennessee
				Texas
				Virginia
				West Virginia
			Colorado Iowa Minnesota Montana Utah Vermont	Iowa California Minnesota Connecticut Montana Delaware Utah Hawaii

Missing Data	~14 0°/ ₀	14.0%-17.9%	18 0%_21 0%	22.0%-25.9%	26.0%+
Data	\14.0 / 0	14.0 /0-17.2 /0	Colorado	Arizona	Alabama
			20101440	California	Alaska
				Connecticut	Arkansas
				District of Columbia	Delaware
				Hawaii	Florida
				Massachusetts	Georgia
				Minnesota	Idaho
				Montana	Illinois
				Nevada	Indiana
				New Hampshire	Iowa
				New Jersey	Kansas
				New York	Kentucky
				Rhode Island	Louisiana
				Utah	Maine
				Vermont	Maryland
				Wyoming	Michigan
					Mississippi
					Missouri
					Nebraska
					New Mexico
					North Carolina
					North Dakota
					Ohio
					Oklahoma
					Oregon
					Pennsylvania
					South Carolina
					South Dakota
					Tennessee

Missing Data	<14.0%	14.0%-17.9%	18.0%-21.9%	22.0%-25.9%	26.0%+
					Texas
					Virginia
					Washington
					West Virginia
					Wisconsin

2012





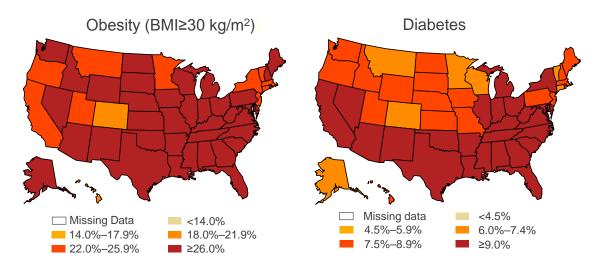


Missing Data	<4.5%	4.5%-5.9%	6.0%-7.4%	7.5%-8.9%	9.0%+
			Alaska	Connecticut	Alabama
			Colorado	Delaware	Arizona
			Hawaii	Idaho	Arkansas
			Minnesota	Illinois	California
			Montana	Iowa	District of Columbia
			Nebraska	Kansas	Florida
			South Dakota	Maine	Georgia
			Vermont	Massachusetts	Indiana
				Nevada	Kentucky
				New Hampshire	Louisiana
				New Jersey	Maryland
				North Dakota	Michigan
				Pennsylvania	Mississippi
				Rhode Island	Missouri
				Utah	New Mexico
				Washington	New York
				Wisconsin	North Carolina
				Wyoming	Ohio
					Oklahoma
					Oregon
					South Carolina
					Tennessee
					Texas
					Virginia
					West Virginia

Missing Data	<14.0%	14.0%-17.9%	18.0%-21.9%	22.0%-25.9%	26.0%+
		100,0 100,0	Colorado	Alaska	Alabama
				California	Arizona
				Connecticut	Arkansas
				District of Columbia	Delaware
				Florida	Georgia
				Hawaii	Idaho
				Massachusetts	Illinois
				Minnesota	Indiana
				Montana	Iowa
				Nevada	Kansas
				New Jersey	Kentucky
				New York	Louisiana
				Rhode Island	Maine
				Utah	Maryland
				Vermont	Michigan
				Wyoming	Mississippi
					Missouri
					Nebraska
					New Hampshire
					New Mexico
					North Carolina
					North Dakota
					Ohio
					Oklahoma
					Oregon
					Pennsylvania

Missing Data	<14.0%	14.0%-17.9%	18.0%-21.9%	22.0%-25.9%	26.0%+
					South Carolina
					South Dakota
					Tennessee
					Texas
					Virginia
					Washington
					West Virginia
					Wisconsin

2013







Missing Data	<4.5%	4.5%-5.9%	6.0%-7.4%	7.5%-8.9%	9.0%+
			Alaska	District of Columbia	Alabama
			Colorado	Hawaii	Arizona
			Connectic ut	Idaho	Arkansas
			Minnesota	Iowa	California
			Montana	Kansas	Delaware
			Vermont	Maine	Florida
			Wisconsin	Massachusetts	Georgia
				Missouri	Illinois
				Nebraska	Indiana
				New Hampshire	Kentucky
				New Jersey	Louisiana
				North Dakota	Maryland
				Oregon	Michigan
				Pennsylvania	Mississippi
				Rhode Island	Nevada
				South Dakota	New Mexico
				Utah	New York
				Washington	North Carolina
				Wyoming	Ohio
					Oklahoma
					South Carolina
					Tennessee
					Texas
					Virginia

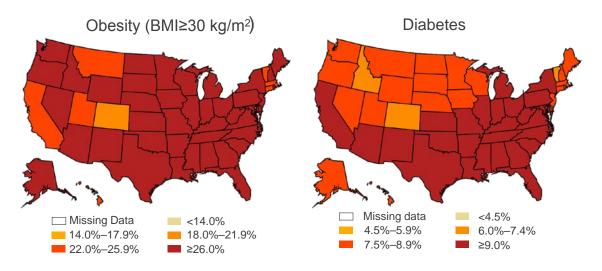
Missing Data	<4.5%	4.5%-5.9%	6.0%-7.4%	7.5%-8.9%	9.0%+
					West Virginia

Missing Data	<14.0%	14.0%-17.9%	18.0%-21.9%	22.0%-25.9%	26.0%+
			Colorado	California	Alabama
			Hawaii	Connecticut	Alaska
				District of Columbia	Arizona
				Massachusetts	Arkansas
				Minnesota	Delaware
				Montana	Florida
				New Jersey	Georgia
				New York	Idaho
				Oregon	Illinois
				Utah	Indiana
				Vermont	Iowa
					Kansas
					Kentucky
					Louisiana
					Maine
					Maryland
					Michigan
					Mississippi
					Missouri
					Nebraska
					Nevada
					New Hampshire
					New Mexico
					North Carolina
					North Dakota
					Ohio

Missing Data	<14.0%	14.0%-17.9%	18.0%-21.9%	22.0%-25.9%	26.0%+
					Oklahoma
					Pennsylvania
					Rhode Island
					South Carolina
					South Dakota
					Tennessee
					Texas
					Virginia
					Washington
					West Virginia
					Wisconsin
					Wyoming

Age—Adjusted Prevalence of Obesity and Diagnosed Diabetes Among US Adults

2014







Missing Data	<4.5%	4.5%-5.9%	6.0%-7.4%	7.5%-8.9%	9.0%+
			Colorado	Alaska	Alabama
			Idaho	Connecticut	Arizona
			Vermont	Hawaii	Arkansas
				Iowa	California
				Maine	Delaware
				Massachusetts	District of Columbia
				Minnesota	Florida
				Montana	Georgia
				Nebraska	Illinois
				Nevada	Indiana
				New Hampshire	Kansas
				New Jersey	Kentucky
				North Dakota	Louisiana
				Oregon	Maryland
				Rhode Island	Michigan
				South Dakota	Mississippi
				Utah	Missouri
				Washington	New Mexico
				Wisconsin	New York
				Wyoming	North Carolina
					Ohio
					Oklahoma
					Pennsylvania
					South Carolina
					Tennessee
					Texas
					Virginia

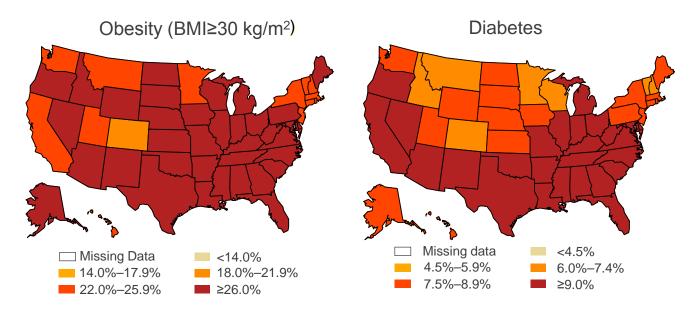
Missing Data	<4.5%	4.5%-5.9%	6.0%-7.4%	7.5%-8.9%	9.0%+
					West Virginia

Missing Data	<14.0%	14.0%-17.9%	18.0%-21.9%	22.0%-25.9%	26.0%+
			Colorado	California	Alabama
			District of Columbia	Connecticut	Alaska
				Hawaii	Arizona
				Massachusetts	Arkansas
				Montana	Delaware
				Utah	Florida
				Vermont	Georgia
					Idaho
					Illinois
					Indiana
					Iowa
					Kansas
					Kentucky
					Louisiana
					Maine
					Maryland
					Michigan
					Minnesota
					Mississippi
					Missouri
					Nebraska
					Nevada
					New Hampshire
					New Jersey
					New Mexico
					New York

Missing Data	<14.0%	14.0%-17.9%	18.0%-21.9%	22.0%-25.9%	26.0%+
			10.00 / 0 21.00 / 0	22.0 / 0 25.5 / 0	North Carolina
					North Dakota
					Ohio
					Oklahoma
					Oregon
					Pennsylvania
					Rhode Island
					South Carolina
					South Dakota
					Tennessee
					Texas
					Virginia
					Washington
					West Virginia
					Wisconsin
					Wyoming

Age-adjusted Percentage of U.S. Adults Who Were Obese or Who Had Diagnosed Diabetes

2015







Age-adjusted Percent of U.S. Adults Who Have Diagnosed Diabetes, 2015

Missing Data	<4.5%	4.5%-5.9%	6.0%-7.4%	7.5%-8.9%	9.0%+
			Colorado	Alaska	Alabama
			Idaho	Connecticut	Arizona
			Minnesota	Hawaii	Arkansas
			Montana	Iowa	California
			New Hampshire	Kansas	Delaware
			Vermont	Maine	District of Columbia
			Wisconsin	Massachusetts	Florida
				Nebraska	Georgia
				New Jersey	Illinois
				New York	Indiana
				North Dakota	Kentucky
				Pennsylvania	Louisiana
				Rhode Island	Maryland
				South Dakota	Michigan
				Utah	Mississippi
				Washington	Missouri
				Wyoming	Nevada
					New Mexico
					North Carolina
					Ohio
					Oklahoma
					Oregon
					South Carolina
					Tennessee
					Texas
					Virginia
					West Virginia

Age-adjusted Percent of U.S. Adults Who Are Obese, 2015

Missing Data	<14.0%	14.0%-17.9%	18.0%-21.9%	22.0%-25.9%	26.0%+
			Colorado	California	Alabama
				Connecticut	Alaska
				District of Columbia	Arizona
				Hawaii	Arkansas
				Massachusetts	Delaware
				Minnesota	Florida
				Montana	Georgia
				New Hampshire	Idaho
				New Jersey	Illinois
				New York	Indiana
				Rhode Island	Iowa
				Utah	Kansas
				Vermont	Kentucky
				Washington	Louisiana
					Maine
					Maryland
					Michigan
					Mississippi
					Missouri
					Nebraska
					Nevada
					New Mexico
					North Carolina
					North Dakota
					Ohio
					Oklahoma
					Oregon
					Pennsylvania
					South Carolina
					South Dakota
					Tennessee
					Texas
					Virginia
					West Virginia
					Wisconsin
					Wyoming