

In a school with 300 students, **600 feet** will be outside playing on the playground every day.

Students are active for an average of **1,062 steps** during a recess period. The playground could see **318,600 or more** steps each day during recess.

Over the course of the school year, that means **57 million footsteps** could run across the playground at recess.

If there is no recess, that is **0 steps** on the playground.

If students are active half of the time at recess, that is a conservative **29 million or more** footsteps in one school year.