

Appendix 1: Benchmark averages for each of the top five causes of death by age group; United States, 2008-2010

Diseases of the heart benchmark averages by age group; United States, 2008-2010

Age group	1st state	2nd state	3rd state	Benchmark average
0-29	New Hampshire	Minnesota	Rhode Island	1.6
30-39	Rhode Island	Utah	Oregon	8.4
40-49	Colorado	Utah	Minnesota	30.6
50-59	Minnesota	Utah	New Hampshire	76.7
60-69	Minnesota	Utah	Colorado	169.4
70-79	Minnesota	Utah	Colorado	486.7

Cancer benchmark averages by age group; United States, 2008-2010

Age group	1st state	2nd state	3rd state	Benchmark average
0-19	Connecticut	Utah	Colorado	1.8
20-29	Massachusetts	Maryland	Wisconsin	4.3
30-39	North Dakota	Utah	Rhode Island	11.1
40-49	Utah	Wyoming	Colorado	44.7
50-59	Utah	Colorado	North Dakota	140.8
60-69	Utah	Hawaii	Colorado	352.7
70-79	Utah	Hawaii	Arizona	766.0

Cerebrovascular diseases (stroke) benchmark averages by age group; United States, 2008-2010

Age group	1st state	2nd state	3rd state	Benchmark average
0-49	New Hampshire	Utah	Massachusetts	1.6
50-59	Vermont	Maine	New Hampshire	10.8
60-69	Massachusetts	Vermont	New Hampshire	30.6
70-79	New York	Connecticut	Arizona	112.4

Chronic lower respiratory diseases benchmark averages by age group; United States, 2008-2010

Age group	1st state	2nd state	3rd state	Benchmark average
0-49	Massachusetts	Utah	New Jersey	0.8
50-59	Hawaii	New Jersey	Massachusetts	11.3
60-69	Hawaii	District of Columbia	New Jersey	45.8

70-79	Hawaii	District of Columbia	Connecticut	155.6
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Unintentional injuries benchmark averages by age group; United States, 2008-2010

Age group	1st state	2nd state	3rd state	Benchmark average
0-9	Massachusetts	Connecticut	New Jersey	3.0
10-19	Massachusetts	New Jersey	New York	7.8
20-29	District of Columbia	New York	Maryland	21.8
30-39	District of Columbia	Maryland	New York	19.4
40-49	Maryland	New Jersey	New York	25.2
50-59	Maryland	New Jersey	New York	25.9
60-69	New Jersey	New York	Delaware	24.3
70-79	New York	New Jersey	California	44.8