

**Table 4. Level of Difficulty Implementing Selected Postpartum and Newborn Care Practices Recommended by CDC Guidance Among Those Who Reported Implementing the Practice *Most of the Time*, *Sometimes* and *Rarely* During the Pandemic**

Practices Recommended by CDC during the Pandemic	Frequency of Implementation <sup>a</sup>	Level of Difficulty*					
		Very difficult		Moderately or somewhat difficult		Not difficult	
		n	%	n	%	n	%
Temporary separation of healthy newborns from mothers with suspected or confirmed influenza until CDC-recommended criteria for close contact <sup>b</sup> were met.	<i>most of the time</i> (N = 252)	25	9.9	128	50.8	99	39.3
	<i>sometimes</i> (N = 112)	14	12.5	89	79.5	9	8.0
	<i>rarely</i> (N = 110)	44	40.0	51	46.4	15	13.6
Testing newborns for influenza virus infection if signs of influenza were observed.	<i>most of the time</i> (N = 248)	6	2.4	41	16.6	201	81.0
	<i>sometimes</i> (N = 93)	3	3.2	46	49.5	44	47.3
	<i>rarely</i> (N= 67)	9	13.4	34	50.8	24	35.8
Provision of infant care (e.g., diapering, bathing) and feeding by a healthy family or staff member.	<i>most of the time</i> (N= 504)	3	0.6	101	18.1	410	81.3
	<i>sometimes</i> (N= 137)	5	3.6	55	40.2	77	56.2
	<i>rarely</i> (N= 40)	4	10.0	18	45.0	18	45.0
Supporting mothers with suspected or confirmed influenza who wished to breastfeed to express milk/colostrum until criteria for close contact were met	<i>most of the time</i> (N= 553)	6	1.1	79	14.3	468	84.6
	<i>sometimes</i> (N= 89)	2	2.2	38	42.7	49	55.1
	<i>rarely</i> (N= 37)	6	16.2	18	48.7	143	35.1

NOTE: Percentages were estimated excluding missing data.

<sup>a</sup> Includes those who indicated implementing the practice *most of the time*, *sometimes*, or *rarely*; excluded those who reported *never* or *unsure*.

<sup>b</sup> Criteria for close contact recommended by CDC included the following: mother had received antiviral medications for at least 48 hours, was without fever for 24 hours without antipyretics and could control cough and respiratory secretions.

\*All chi-square tests (or Fischer's exact test where cell sizes <5) comparing the distribution of level of difficulty with implementation by frequency of implementation were statistically significant at  $P < .001$ .