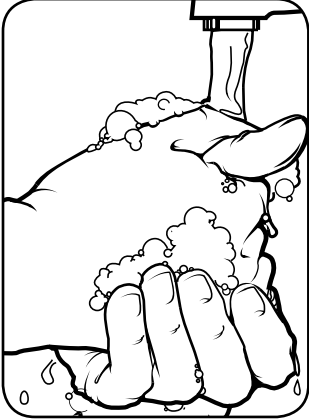


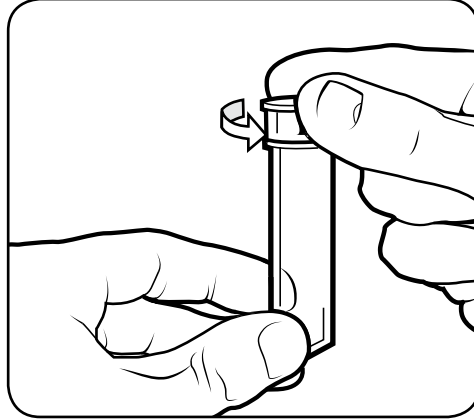
Self-Collected Oral Rinse Instructions

To collect the oral specimen yourself in a private location, you should have: a 50 mL container of saline (salt water) mouthwash labeled with your personal study ID number barcode, and a plastic biohazard bag.

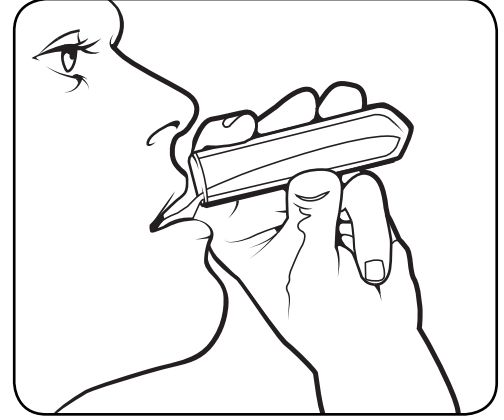
1. Read all of the instructions before beginning.



2. Wash your hands.



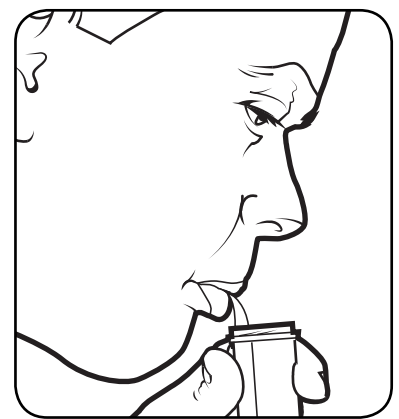
3. Open the screwcap container of saline (salt water) mouthwash, without touching the edge or the inside of the container or the top.



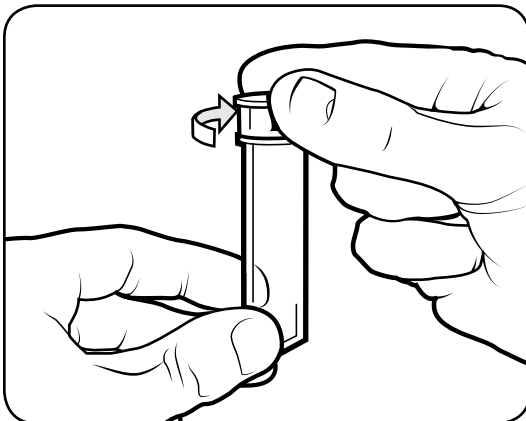
4. Pour 10 mL of saline liquid into your mouth, without touching your lips.



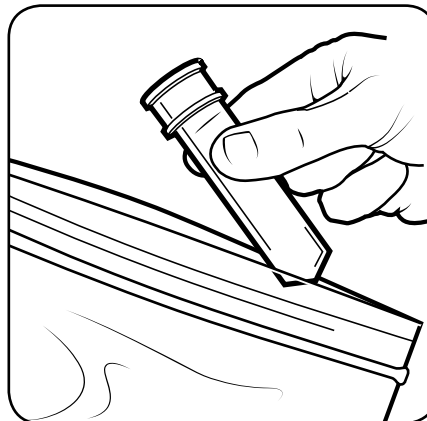
5. Swish and gargle the liquid in your mouth for 30 seconds.



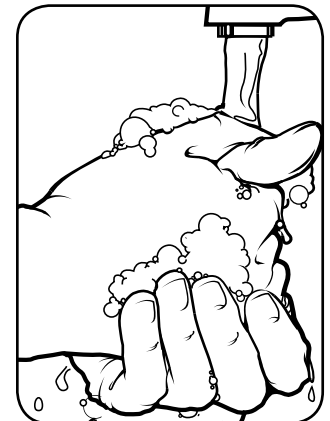
5. At the end of the 30 seconds, spit all of the liquid back into the same container.



6. Close the specimen container carefully and close it tightly to prevent leaks.



7. Put the container inside the plastic biohazard bag. Hand the bag with the labeled container inside it to the study coordinator.



8. Wash your hands again.