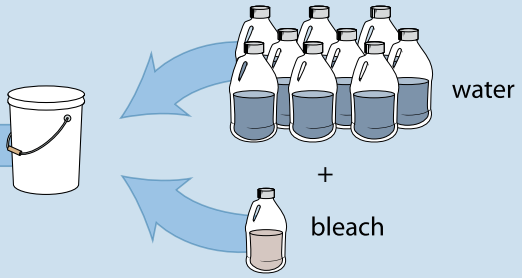
How to practice safe sanitation and cleaning

Use latrines, chemical toilets, or other systems of sanitation.

Wash your hands with soap and treated water after using the latrine.

Clean latrines and surfaces soiled with feces (poop).



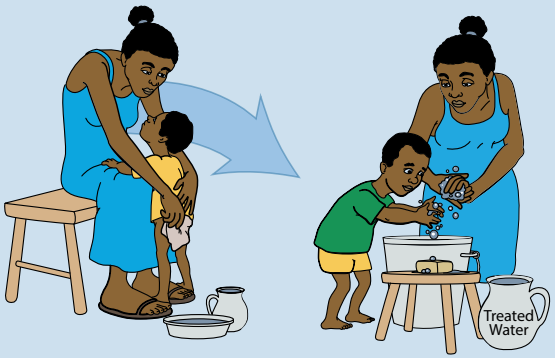
Use a solution of 1 measure of household bleach and 9 measures of water.

or

Dump your child's feces (poop) in a latrine.

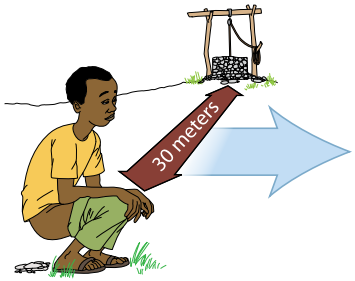
No latrine? Bury the feces (poop) at least 30 meters from any source of water.

Wash your hands with soap and treated water.



Wash your hands and your child's hands after cleaning your child's bottom.

No latrines? Go to the toilet no closer than 30 meters from any source of water.



Bury your feces (poop) or cover it with soil.

Wash your hands with soap and treated water after going to the toilet.

U.S. Department of Health and Human Services
Centers for Disease Control and Prevention

CS 219282