**Supplementary Table 3:** Scoring system adapted from the Juni scoring criteria

**Method of quality assessment.** To qualify as “high quality” needed 2 or more of the following:

|  |  |
| --- | --- |
| Criterion 1: Methods to minimize bias Any of the following  | * Used an intention to treat analysis
* Achieved an attrition rate < 20%
* Compared characteristics of completers and non-completers
 |
| Criterion 2: Methods clearly describe translation Included 4+ of the following  | * description of the process of designing the program
* description of the enrollment process
* documentation of session attendance, reporting costs and/or resource inputs
* documentation of the training process or qualifications of personnel
* description of the qualitative feedback from participants or providers
 |
| Criterion 3: presence of a control group  | * had an arm of randomized, matched, or unmatched comparison
 |