



Mosquitoes carry viruses
and can make you sick

Prevent mosquito bites



Use insect repellent



Wear long-sleeved shirts
and long pants



Keep mosquitoes outside

Control mosquitoes around your home.
Once a week, empty and scrub, turn over,
cover, or throw out any items that hold water.
Use screens on windows and doors.

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**U.S. Department of
Health and Human Services**
Centers for Disease
Control and Prevention



Protect yourself and your family from mosquito bites

Use insect repellent

Use an Environmental Protection Agency (EPA)-registered insect repellent with one of the following active ingredients. When used as directed, EPA-registered insect repellents are proven safe and effective, even for pregnant and breastfeeding women.

Active ingredient		Some brand name examples*
Higher percentages of active ingredient provide longer protection		
DEET		Off!, Cutter, Sawyer, Ultrathon
Picaridin , also known as KBR 3023 , Bayrepel , and icaridin		Cutter Advanced, Skin So Soft Bug Guard Plus, Autan (outside the United States)
Oil of lemon eucalyptus (OLE) or para-menthane-diol (PMD)		Repel
IR3535		Skin So Soft Bug Guard Plus Expedition, SkinSmart

Always Follow the Product Label Instructions



Insect Repellent Use

- Reapply insect repellent every few hours
- Do not spray repellent on the skin under clothing.

Insect Repellent Use on Children

- Adults: Spray insect repellent onto your hands and then apply to a child's face.

Do not

- use insect repellent on babies younger than 2 months of age.
- apply insect repellent into a child's hands, eyes, mouth, and cut or irritated skin.
- use products containing oil of lemon eucalyptus (OLE) or para-menthane-diol (PMD) on children under 3 years of age.



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