CDC's Response to **Zika**

Zika and Sex: Information for men who have pregnant partners and live in or recently traveled to areas with Zika

What we know

- Zika virus can be spread by a man with Zika to his sex partners.
- In known cases of sexual transmission, the men had Zika virus symptoms. From these cases, we know the virus can be spread when the man has symptoms, before symptoms start, and after symptoms end.
- The virus can stay in semen longer than in blood.

What we don't know

- How long Zika virus can stay in the semen of infected men or spread through sex.
- If men infected with Zika who never develop symptoms can have Zika virus in their semen or spread Zika through sex.
- If a woman can spread Zika virus to her sex partners.

What you should know about Zika and sex

Because Zika can cause certain birth defects, take steps to prevent your partner from getting Zika during her pregnancy.

If you have vaginal, anal, or oral (mouth-to-penis) sex, use a condom from start to finish, every time you have sex during your partner's pregnancy.

OR

Don't have sex with your partner during the pregnancy.

If you think you may have or had Zika, tell your doctor or healthcare provider

- About your symptoms.
- If you have taken steps to prevent mosquito bites.
- If you had sex without a condom with your pregnant partner.

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